

Brought to you by the Mental Health Promotions Committee

Lunch and Learn Series 2010 Monthly Line-up



Wednesdays

12 – 1 pm

Regional Mental Health Care, London

850 Highbury Ave. North

Wickware Amphitheatre (across from the main entrance)

Bring your bag lunch!



January 6, 2010	Couples Therapy: A Positive Treatment Approach By: Dale Munroe, Regional Support Associates
February 3, 2010	Introducing Primary Health Care Services into a Community Mental Health Setting <i>By: Christine Sansome, WOTCH Community Mental Health Services</i>
March 3, 2010	“Theory of a Crisis” By: Dawn White, CMHA, London Mental Health Crisis Service
April 7, 2010	Recovery and Wellness: A Lived Experience By: Krista Vanderhoeven
May 5, 2010	Children’s Mental Health in the Education System By: Dr. Barrie Evans, Coordinator, Psychological Services, Thames Valley District School Board
June 2, 2010	Health Literacy, and How to Find Appropriated Health Related Info on the Internet By: Heather McDonald, London Public Library
October 6, 2010	FASD – A Clinical Perspective By: Dr Paul Kerr, Elgin Pediatric Group, St Thomas
November 3, 2010	School Supports for Children with FASD By: Carleen Dolmage, Learning Coordinator, Thames Valley District School Board
December 1, 2010	Working with the System for their Children, A Parents Perspective Al Fewster, Regional Support Associates

Find out if this workshop is being televised in your area through VideoCare, the Southwestern Ontario Telehealth Network.
For further information, please contact Beth Muia at (519) 455-5110 x 47323 or beth.muia@sjhc.london.on.ca or visit “*What’s New*” at www.sjhc.london.on.ca

Sponsor: Eli Lilly

Mental Health Promotions Committee Membership:

St. Joseph’s Regional Mental Health Care (London and St. Thomas) ~ Canadian Mental Health Association (London-Middlesex) ~ Centre for Addiction and Mental Health ~ PEPP, London Health Science Centre ~ Addiction Services of Thames Valley ~ WOTCH Community Mental Health Services ~ Schizophrenia Society of Ontario ~ City Art Centre ~Patient Council ~Southern Network of Specialized Care ~ London and District Distress Centre ~ community volunteers ~ mental health consumers