| WEEK 1 | | Monday - Day 1 | Tuesday - Day 2 | Wednesday - Day 3 | Thursday - Day 4 | Friday - Day 5 | Saturday - Day 6 | Sunday - Day 7 |
|------------------------------|------------------|--|---|---|---|---|---|--|
| Beverages | | | | | AKFAST e, Orange Juice, 2% Milk, Co | offee, or Tea | | |
| Hot Cereal | | | | I | Oatmeal or Cream of Whea | t T | | |
| Cold Cereal | | Shreddies | Rice Krispies | Corn Flakes Diced Pears | Cheerios Strawberry Kiwi | Shreddies | Corn Flakes Apple Slices | Rice Krispies |
| Fruit | | Mandarin Oranges | Banana Breakfast Egg & Cheese | | Applesauce | Banana | | Banana |
| | REG | Boiled Egg | Sandwich | Scrambled Eggs | Western Omelette | Grilled Egg Patty | Gouda Cheese | Scrambled Eggs & Bacon |
| Breakfast Entrée | MINCED | Custard | Grilled Egg Patty | Scrambled Eggs | Scrambled Eggs | Grilled Egg Patty | Gouda Cheese | Scrambled Eggs Pureed Egg Patty & Pureed |
| | PUREED | Vanilla Cottage Cheese | Pureed Egg Patty | Vanilla Greek Yogurt | Vanilla Cottage Cheese | Pureed Egg Patty | Vanilla Greek Yogurt | Bacon |
| Yogurt | | Vanilla Activia | Strawberry or Raspberry Activia | Fat Free Assorted Flavour | Blueberry Greek | Strawberry or Raspberry Activia | Vanilla Greek | Fat Free Assorted Flavour |
| | REG | Cinnamon Raisin Bread Brown or White Toast | Brown or White Toast | Whole Wheat Mini Bagel with Cream Cheese Brown or White Toast | Brown or White Toast | Cinnamon Raisin Bread Brown or White Toast | Lemon Cranberry Muffin Brown or White Toast | Toasted English Muffin Brown or White Toast |
| Bread | MINCED | Cinnamon Raisin Bread Brown or White Toast | Brown or White Toast | Brown or White Toast | Brown or White Toast | Cinnamon Raisin Bread Brown or White Toast | Lemon Cranberry Muffin Brown or White Toast | Brown or White Toast Pureed Bread with Diet |
| | PUREED | Pureed Bread with Diet Syrup or Apple Jelly Strawberry Jam | Pureed Bread with Diet Syrup or Apple Jelly Marmalade | Pureed Bread with Diet Syrup or Apple Jelly Apple Jelly | Pureed Bread with Diet Syrup or Apple Jelly Strawberry Jam | Pureed Bread with Diet Syrup or Apple Jelly Marmalade | Pureed Bread with Diet Syrup or Apple Jelly Apple Jelly | Syrup, Apple Jelly, or Honey |
| Condiments | | Marmalade | Strawberry Jam | Strawberry Jam | Marmalade | Strawberry Jam | Strawberry Jam | Strawberry Jam |
| Soup | | Three Sisters Soup | Cream of Mushroom | LU Tomato Bisque | NCH Homemade Beef & Veg | Cream of Broccoli | Smoked Turkey & Wild | Tomato |
| Сопр | | Creamy Vegetable | | Turkey & Swiss Cheese | | | Rice Cod Fish Nuggets with | Hamburger with |
| Estato A | REG | Lasagna Creamy Vegetable | Shaved Steak on a Bun | Sandwich | Alfredo Pasta Primavera Minced Alfredo Pasta | Crispy Chicken Drumstick | Tartar Sauce Cod Fish Nuggets with | Condiments, Diced Onions & Sliced Tomatoes |
| Entrée 1 | MINCED | Lasagna Pureed Creamy Vegetable | Minced Beef | Chicken Salad Sandwich Pureed Hot Turkey | Primavera | Minced Chicken | Tartar Sauce | Minced Beef |
| | PUREED | Lasagna Salmon Salad Sandwich | Pureed Beef Cheddar Mushroom Egg | Sandwich | Pureed Macaroni & Cheese Sliced Beef Sandwich on | Pureed Chicken | Pureed Ham | Pureed Beef Garden Vegetable Egg |
| Entráo 2 | REG | with Sweet Pickle Slices Salmon Salad Sandwich | Bake | Fajita Pork | 14 Grain Bread w Dill Pickle Spear Beef Salad Sandwich on | Tuna Salad Sandwich | Sliced Ham Sandwich | Bake Garden Vegetable Egg |
| Entrée 2 | MINCED | with Sweet Pickle Slices Poultry Trepuree Variety | Cheese Omelette TP Macaroni & Cheese | Minced Fajita Pork Pork Trepuree Variety | Brown Bread Beef Trepuree Variety | Tuna Salad Sandwich Beef Trepuree Variety | Ham Salad Sandwich Poultry Trepuree Variety | Bake Pork Trepuree Variety |
| Starch | | Mashed Potatoes | Herbed Tomatoes Hashbrowns | Rice | Mashed Potatoes | Chick Pea Salad | Red Skin Potato Wedges | Country Style Diced |
| Gravy | REG | Turkey Gravy Sugar Snap Peas | Beef Gravy Coleslaw | Turkey Gravy Shredded Lettuce & | Beef Gravy Broccoli | Turkey Gravy Four Blend Vegetables | Turkey Gravy Green Beans | Beef Gravy Coleslaw |
| Vegetables and | | Minced Sugar Snap Peas | Colesiaw | Tomato Slices | Minced Broccoli | Minced Four Blend | Minced Green Beans | Colesiaw |
| Salads 1 | PUREED | Pureed Peas | Pureed Sunrise Carrot | Minced Tossed Salad Pureed Fajita Vegetables | Pureed Broccoli | Vegetables Pureed Four Blend | Pureed Green Beans | Pureed Coleslaw |
| | REG | Sliced Pickled Beets | Blend Sunrise Carrot Blend | Fajita Vegetables | Caesar Salad | Vegetables Creamy Cucumber Salad | Tossed Salad with Cherry | Peas |
| Vegetables and Salads 2 | MINCED | Minced Pickled Beets | Minced Sunrise Carrot | Minced Fajita Vegetables | Minced Caesar Salad | Minced Creamy Cucumber | Tomatoes Minced Tossed Salad | Minced Peas |
| | REG | Diced Peaches | Blend Grapes | Mandarin Oranges | Tropical Fruit Salad | Salad Peach Compote | Fruit Cocktail | Diced Pears |
| Dessert 1 | MINCED | Diced Peaches | Diced Pears | Mandarin Oranges | Diced Peaches | Minced Peach Compote | Mandarin Oranges | Diced Pears |
| | PUREED | Pureed Peaches | Pureed Pineapple | Pureed Mandarins | Pureed Fruit Cocktail | Pureed Peach Compote | Pureed Fruit Cocktail | Pureed Pears |
| | REG MINCED | Butterscotch Pudding | Jello Jewels | Vanilla Mousse | Chocolate Pudding | Vanilla Cream Yogurt | Chocolate Ice Cream | Tangerine Mousse |
| Dessert 2 | DIAB | Diet Butterscotch Pudding | Jello Jewels | Vanilla Mousse | Diet Chocolate Pudding | Vanilla Cream Yogurt | Chocolate Ice Cream | Tangerine Mousse |
| Yogurt | PUREED | Butterscotch Pudding 0% Fat Assorted Flavour | Jello Jewels Blueberry Greek | Vanilla Mousse Berry Activia | Chocolate Pudding Vanilla Activia | Vanilla Cream Yogurt 0% Fat Assorted Flavour | Chocolate Ice Cream Berry Activia | Tangerine Mousse Vanilla Greek |
| Bread Beverages | | | | Crack | xers, Whole Wheat or White 2% Milk, Coffee, or Tea | Bread | | |
| | REG | Homebaked Fudge Brownie Cookie | Blueberry Turnover | Homebaked Chocolate Chip Cookie | Apple Slices | Oatmeal Cookie | Homebaked Shortbread Cookie | Strawberry Turnover |
| PM SNACK | DIAB | Shortcake Cookie | Blueberry Turnover | Choc Chip Cookie NSA | Apple Slices | Digestive Cookie | Homebaked Shortbread Cookie | Strawberry Turnover |
| | MINCED | Homebaked Fudge Brownie Cookie | Blueberry Turnover | Homebaked Chocolate Chip Cookie | Apple Turnover | Oatmeal Cookie | Homebaked Shortbread Cookie | Strawberry Turnover |
| | PUREED | Chocolate Pudding | Strawberry Applesauce | Butterscotch Pudding | Strawberry Applesauce | Lemon Meringue Pudding | Vanilla Pudding | Strawberry Applesauce |
| Juice | | Cranberry Juice | Apple Juice | Tomato Juice | Apple Juice | Cranberry Juice | Tomato Juice | Apple Juice |
| | REG | Sesame Garlic Beef Tips | Country Sausage with Mustard and Sauerkraut | Chicken & Rotisserie Sauce | Meatloaf | Grilled Salmon | Beef Pot Roast with Horseradish | Baked Ham |
| Entrée 1 | MINCED | Minced Sesame Garlic Beef Tips | Minced Country Sausage | Minced Chicken & Rotisserie Sauce | Meatloaf | Grilled Salmon | Minced Beef Pot Roast | Minced Ham |
| | PUREED | Pureed Sesame Garlic Beef | Pureed Pork | Pureed Chicken & Rotisserie Sauce | Pureed Beef | Pureed Turkey | Pureed Beef | Pureed Ham |
| | REG | Cheese Pizza | Breaded Haddock | Shepherd's Pie | Chicken and Leek Pie | Beef Teriyaki Stir Fry | Creamy Vegetable Lasagna | Hot Turkey Sandwich on Brown |
| Entrée 2 | MINCED | Minced Pork | Breaded Haddock | Shepherd's Pie | Chicken and Leek Pie | Minced Beef Teriyaki Stir Fry | Creamy Vegetable Lasagna | Hot Minced Turkey Sandwich on Brown |
| | PUREED | Pork Trepuree Variety | TP Fish Newburg Carrots & Potatoes | Beef Trepuree Variety | Poultry Trepuree Variety | Beef Trepuree Variety | Poultry Trepuree Variety | Pureed Hot Turkey Sandwich on Brown |
| Starch | | Vegetable Rice Beef Gravy | Roasted Sweet Potato | Mashed Potatoes Beef Gravy | Cheesy Scalloped Potatoes Beef Gravy | Rice Turkey Gravy | Baked Potato with Sour Cream Beef Gravy | Parisienne Potatoes Turkey Gravy |
| Gravy | REG | Cauliflower & Broccoli | Turkey Gravy Warm Brown Beans | Carrot Turnip Mash | Roasted Fall Vegetables | Grilled Gourmet Vegetables | Butternut Squash | Baby Carrots |
| Vegetables and Salads 1 | MINCED | Minced Cauliflower & Broccoli | Warm Brown Beans | Carrot Turnip Mash | Minced Roasted Fall Vegetables | Minced Grilled Gourmet Vegetables | Butternut Squash | Minced Carrots |
| | PUREED | Pureed Cauliflower & Broccoli | Pureed Four Blend Vegetables | Pureed Carrot Turnip Mash | Pureed Roasted Fall Vegetables | Pureed Grilled Gourmet Vegetables | Pureed Butternut Squash | Pureed Carrots |
| Vegetables and | REG | Spinach | Four Blend Vegetables | Diced Asparagus | Corn | Diced Beets | Cauliflower & Broccoli | Creamed Corn |
| Salads 2 | MINCED | Spinach | Minced Four Blend Vegetables | Minced Asparagus | Creamed Corn | Diced Beets | Minced Cauliflower & Broccoli | Creamed Corn |
| | REG | Date Square | Vanilla lee Cream | Lemon Meringue Pie | Butter Tart Smooth Vanilla Cottage | Chocolate Brownie Diet Chocolate Mousse | Triple Berry Crumble | Vanilla Caramel Swirl Cake |
| Dessert 1 | DIAB | Carrot Loaf Carrot Loaf | Vanilla Ice Cream Vanilla Ice Cream | Diet Cheesecake Lemon Meringue Pie | Cheese Butter Tart | Cake Diet Chocolate Mousse | Mixed Berries Triple Berry Crumble | Pound Cake Vanilla Caramel Swirl Cake |
| | PUREED | Pureed Date Square | Vanilla Ice Cream | Pureed Lemon Meringue | Pureed Butter Tart | Cake Pureed Chocolate Brownie | Strawberry Fruit Sauce | Pureed Vanilla Caramel Swirl Cake |
| | REG MINCED | Fresh Apple Slices Diced Pears | Strawberry Rhubarb Compote | Pie Diced Peaches | Mixed Berries Strawberry Fruit Sauce | Mango Chunks Diced Pears | Diced Peaches | Tropical Fruit Salad Mandarin Oranges |
| Dessert 2 | DIAB | Diced Pears | Strawberry Rhubarb Compote | Diced Peaches | Mixed Berries | Mango Chunks | Diced Peaches | Tropical Fruit Salad |
| | PUREED | Pureed Pears | Pureed Strawberry Rhubarb Compote | Pureed Peaches | Strawberry Fruit Sauce | Pureed Pineapple | Pureed Peaches | Pureed Fruit Cocktail |
| Yogurt Bread Beverages | | Vanilla Greek Brown or White Bread | Fat Free Assorted Flavour Brown or White Bread | Vanilla Activia Brown or White Bread | Fat Free Assorted Flavour Brown or White Bread 2% Milk, Coffee, or Tea | Blueberry Greek Brown or White Bread | Fat Free Assorted Flavour Brown or White Bread | Strawberry or Raspberry Activia Dinner Roll |
| | REG DIAB | Oatmeal Muffin with Gouda Cheese | Blueberry Greek Yogurt | Cinnamon Raisin Bread with Cheese Whiz | Lemon Cranberry Muffin | Pumpkin Oatmeal Loaf with Cream Cheese | Nutrigrain Bar | Blueberry Bran Muffin with Cheddar Cheese |
| HS SNACK | MINCED PUREED | Blueberry Applesauce | Key Lime Greek Yogurt | Fruit Cream Yogurt | with Cheddar Cheese Vanilla Pudding | Blueberry Applesauce | Tropical Applesauce | Butterscotch Pudding |

| WEEK 2 | | Monday - Day 8 | Tuesday - Day 9 | Wednesday - Day 10 | Thursday - Day 11 | Friday - Day 12 | Saturday - Day 13 | Sunday - Day 14 |
|----------------------------|----------------|--|---|---|---|---|--|---|
| Beverages | L | | | | KFAST e, Orange Juice, 2% Milk, Co | | | |
| Hot Cereal Cold Cereal | | Shreddies | Rice Krispies | Corn Flakes | Oatmeal or Cream of Wheat Cheerios | t Shreddies | Corn Flakes | Rice Krispies |
| Fruit | | Mandarin Oranges | Banana | Diced Pears | Strawberry Kiwi Applesauce | Banana | Apple Slices | Banana |
| | REG | Boiled Egg | Cheese Omelette | Scrambled Eggs | Western Omelette | Breakfast Egg & Cheese Sandwich | Pancake & Sausage | Scrambled Eggs & Bacon |
| Breakfast Entrée | MINCED | Vanilla Cottage Cheese | Cheese Omelette | Scrambled Eggs | Scrambled Eggs | Grilled Egg Patty | Pancakes & Minced Sausage | Scrambled Eggs |
| | PUREED | Vanilla Cottage Cheese | Pureed Egg Patty | Vanilla Greek Yogurt | Vanilla Cottage Cheese | Pureed Egg Patty | Pureed Sausage | Pureed Egg Patty & Pureed Bacon |
| Yogurt | | Vanilla Activia | Strawberry or Raspberry Activia | Fat Free Assorted Flavour | Blueberry Greek | Strawberry or Raspberry Activia | Vanilla Greek | Fat Free Assorted Flavour |
| | REG | Cinnamon Raisin Bread Brown or White Toast | Brown or White Toast | Whole Wheat Mini Bagel with Cream Cheese Brown or White Toast | Brown or White Toast | Brown or White Toast | Cinnamon Raisin Bread Brown or White Toast | Toasted English Muffin Brown or White Toast |
| Bread | MINCED | Cinnamon Raisin Bread Brown or White Toast | Brown or White Toast | Brown or White Toast | Brown or White Toast | Brown or White Toast | Cinnamon Raisin Bread Brown or White Toast | Brown or White Toast |
| | PUREED | Pureed Bread with Diet Syrup or Apple Jelly | Pureed Bread with Diet Syrup or Apple Jelly | Pureed Bread with Diet Syrup or Apple Jelly | Pureed Bread with Diet Syrup or Apple Jelly | Pureed Bread with Diet Syrup or Apple Jelly | Pureed Bread with Diet Syrup or Apple Jelly | Pureed Bread with Diet Syrup, Apple Jelly, or Honey |
| Condiments | | Strawberry Jam Marmalade | Marmalade Strawberry Jam | Apple Jelly Strawberry Jam | Strawberry Jam Marmalade | Marmalade Strawberry Jam | Apple Jelly Strawberry Jam | Honey Strawberry Jam |
| 0 | | Minostrono | There Cirture Cours | | NCH | Corres of Market | Hamamada Daaf 8 Van | Towarts |
| Soup | REG | Minestrone Sweet & Sour Pork | Three Sisters Soup Beef Cabbage Rolls | Cream of Broccoli Corned Beef Sandwich with | Chicken Noodle Butter Chicken | Cream of Mushroom Beef & Macaroni Casserole | Sliced Deli Ham & Swiss | Tomato Smoked Pulled Beef on a Potato Roll |
| Entrée 1 | MINCED | Minced Sweet & Sour Pork | Beef & Cabbage Casserole | Dill Pickle Spear Minced Corned Beef Salad Sandwich | Minced Butter Chicken | Beef & Macaroni Casserole | Cheese with a Roll Ham Salad & Swiss Cheese with a Roll | Minced Beef |
| | PUREED | Pureed Sweet & Sour Pork | Pureed Beef & Cabbage Casserole | Pureed Hot Beef Sandwich | Pureed Butter Chicken | Pureed Beef & Macaroni Casserole | Pureed Turkey | Pureed Beef |
| | REG | Chicken Caesar Salad with Potato Roll | Salmon Salad Sandwich with Sweet Pickle Slices | Spinach & Cheese Ravioli | Fish Burger with Tartar Sauce | Tuna Salad Sandwich | Turkey Pot Pie | Breaded Chicken Strips with Plum Sauce |
| Entrée 2 | MINCED | Chicken Salad Sandwich | Salmon Salad Sandwich with Sweet Pickle Slices | Spinach & Cheese Ravioli | Fish Patty with Tartar Sauce | Tuna Salad Sandwich | Minced Turkey | Minced Chicken |
| | PUREED | Poultry Trepuree Variety | Beef Trepuree Variety | TP Macaroni & Cheese Herbed Tomatoes | TP Fish Newburg Carrots & Potatoes | Pork Trepuree Variety | Beef Trepuree Variety | Poultry Trepuree Variety |
| Starch Gravy | | Rice Beef Gravy | Mashed Potatoes Turkey Gravy | Mashed Potatoes Beef Gravy | Rice Turkey Gravy | Mashed Potatoes Beef Gravy | Macaroni Salad Turkey Gravy | Mashed Potatoes Beef Gravy |
| J. w. j | REG | Broccoli | Four Blend Vegetable Medlev | Coleslaw | Green Beans | Peas | Creamy Cucumber Salad | Fajita Vegetables |
| Vegetables and Salads 1 | MINCED | Minced Broccoli | Minced Four Blend Vegetable Medley | Coleslaw | Minced Green Beans | Minced Peas | Minced Creamy Cucumber Salad | Minced Fajita Vegetables |
| Callado I | PUREED | Pureed Broccoli | Pureed Four Blend Vegetable Medley | Pureed Coleslaw | Pureed Green Beans | Pureed Peas | Pureed Sunrise Carrot Blend | Pureed Fajita Vegetables |
| Vegetables and | REG | Caesar Salad with Croutons | Sliced Pickled Beets | Diced Carrots | Tossed Salad with Cherry Tomatoes | Caesar Salad with Croutons | Sunrise Carrot Blend | Tossed Salad with Cherry Tomatoes |
| Salads 2 | MINCED | Minced Caesar Salad | Minced Pickled Beets | Minced Carrots | Minced Tossed Salad | Minced Caesar Salad | Minced Sunrise Carrot Blend | Minced Tossed Salad |
| | REG | Diced Peaches | Grapes | Mandarin Oranges | Tropical Fruit Salad | Strawberry Rhubarb Compote | Fruit Cocktail | Diced Pears |
| Dessert 1 | MINCED | Diced Peaches | Diced Pears | Mandarin Oranges | Diced Peaches | Strawberry Rhubarb Compote | Mandarin Oranges | Diced Pears |
| | PUREED | Pureed Peaches | Pureed Pineapple | Pureed Mandarins | Pureed Fruit Cocktail | Pureed Strawberry Rhubarb Compote | Pureed Fruit Cocktail | Pureed Pears |
| | REG MINCED | Prune Whip | Orange Fruit Jello | Raspberry Mousse | Vanilla Pudding | Vanilla Cream Yogurt | Vanilla Ice Cream | Lemon Pudding |
| Dessert 2 | DIAB | Prune Whip | Orange Fruit Jello | Raspberry Mousse | Diet Vanilla Pudding | Vanilla Cream Yogurt | Vanilla Ice Cream | Diet Lemon Pudding |
| V | PUREED | Prune Whip Fat Free Assorted Flavour | Orange Fruit Jello Blueberry Greek | Raspberry Mousse Strawberry or Raspberry Activia | Vanilla Pudding Vanilla Activia | Vanilla Cream Yogurt Fat Free Assorted Flavour | Vanilla Ice Cream Strawberry or Raspberry Activia | Lemon Pudding Vanilla Greek |
| Yogurt Bread | | Tat Tee Assuted Havour | Didebelly Greek | | ers, Whole Wheat or White | | Glawberry of Raspoerry Activia | varina Greek |
| Beverages | | Harris de la Characteria | | | 2% Milk, Coffee, or Tea | I | L. Harriston and Observations of | |
| | REG | Homebaked Chocolate Chip Cookie | Blueberry Turnover | Homebaked Fudge Brownie Cookie | Apple Slices | Oatmeal Cookie | Homebaked Shortbread Cookie Homebaked Shortbread | Strawberry Turnover |
| PM SNACK | DIAB | Shortcake Cookies Homebaked Chocolate | Blueberry Turnover Blueberry Turnover | Shortcake Cookies Homebaked Fudge | Apple Slices Apple Turnover | Digestive Cookies Oatmeal Cookie | Cookie Homebaked Shortbread | Strawberry Turnover Strawberry Turnover |
| | PUREED | Chip Cookie Vanilla Pudding | Lemon Meringue Pudding | Brownie Cookie Chocolate Pudding | Strawberry Applesauce | Butterscotch Pudding | Cookie Chocolate Pudding | Strawberry Applesauce |
| | | | | ū | INER | | | |
| Juice | | Cranberry Juice | Apple Juice | Tomato Juice | Apple Juice | Cranberry Juice | Tomato Juice | Apple Juice |
| | REG | Lemon Crusted Sole | Homemade Turkey Tetrazzini Minced Homemade Turkey | Chicken & Rotisserie Sauce Minced Chicken & | Country Sausage with Mustard and Sauerkraut | Mediterranean Glazed Haddock Mediterranean Glazed | Beef Pot Roast with Horseradish Minced Beef Pot Roast with | Baked Ham |
| Entrée 1 | MINCED | Lemon Crusted Sole | Tetrazzini | Rotisserie Sauce Pureed Chicken & | Minced Country Sausage | Haddock | Horseradish | Minced Ham |
| | PUREED | Pureed Beef | Pureed Turkey | Rotisserie Sauce | Pureed Pork Creamy Vegetable | Pureed Chicken | Pureed Beef Homemade Vegetarian | Pureed Ham Hot Turkey Sandwich on |
| Entrée 2 | MINCED | Minced Garlic Sesame Beef Tips | Beef Meat Pie Beef Meat Pie | Beef Chili with Potato Roll Beef Chili with Potato Roll | Lasagna Creamy Vegetable Lasagna | Stuffed Chicken Minced Boneless Chicken Thigh | Chili Minced Homemade Vegetarian Chili | Brown Hot Minced Turkey Sandwich on Brown |
| | PUREED | TP Fish Newburg Carrots & Potatoes | Beef Trepuree Variety | Beef Trepuree Variety | TP Macaroni & Cheese Herbed Tomatoes | TP Fish Newburg Carrots & Potatoes | Pork Trepuree Variety | Beef Trepuree Variety |
| Starch | | Mashed Potatoes | Mashed Potato | Country Style Diced Potatoes | Red Skin Potato Wedges | Herb Roasted Potatoes | Baked Potato with Sour Cream | Cheesy Scalloped Potatoes |
| Gravy | REG | Beef Gravy Diced Asparagus | Beef Gravy Sunrise Carrot Blend | Turkey Gravy Roasted Fall Vegetables | Beef Gravy Warm Brown Beans | Turkey Gravy Butternut Squash | Beef Gravy Diced Asparagus | Turkey Gravy Spinach |
| Vegetables and | | Minced Asparagus | Minced Sunrise Carrot | Minced Roasted Fall | Warm Brown Beans | Butternut Squash | Minced Asparagus | Spinach |
| Salads 1 | PUREED | Pureed Asparagus | Blend Pureed Sunrise Carrot Blend | Vegetables Pureed Roasted Fall Vegetables | Pureed Carrots | Pureed Butternut Squash | Pureed Asparagus | Pureed Spinach |
| Vegetables and | REG | Carrot Turnip Mash | Tossed Salad with Cherry Tomatoes | Corn | Baby Carrots | Cauliflower & Broccoli | Diced Beets | Roasted Fall Vegetable |
| Salads 2 | MINCED | Carrot Turnip Mash Strawberry Shortcake | Minced Tossed Salad Butterscotch Ice Cream | Creamed Corn Cherry Pie | Minced Baby Carrots Rice Pudding | Minced Caulilflower & Broccoli Orange Citrus Cake | Diced Beets Chocolate Brownie | Minced Roasted Fall Vegetable Pumpkin Pie |
| | DIAB | Diet Cheesecake | Butterscotch Ice Cream | Pound Cake | Diet Rice Pudding | Diet Lemon Mousse Cake | Diet Chocolate Mousse | Pumpkin Mousse |
| Dessert 1 | MINCED | Strawberry Shortcake | Butterscotch Ice Cream | Pound Cake | Rice Pudding | Orange Citrus Cake | Cake Diet Chocolate Mousse Cake | Pumpkin Pie |
| | PUREED | Pureed Strawberry Shortcake | Butterscotch Ice Cream | Pureed Cherry Pie | Butterscotch Pudding IND | Pureed Orange Citrus Cake | Pureed Diet Chocolate Mousse Cake | Pureed Pumpkin Pie |
| | REG MINCED | Fresh Apple Slices Diced Pears | Fruit Cocktail Mandarin oranges | Diced Peaches | Mixed Berries Strawberry Fruit Sauce | Mango Chunks Diced Pears | Diced Peaches | Tropical Fruit Salad Mandarin Oranges |
| Dessert 2 | DIAB | Fresh Apple Slices | Fruit Cocktail | Diced Peaches | Mixed Berries | Mango Chunks | Diced Peaches | Tropical Fruit Salad |
| | PUREED | Pureed Pears | Pureed Fruit Cocktail | Pureed Peaches | Strawberry Fruit Sauce | Pureed Pineapple | Pureed Peaches | Pureed Fruit Cocktail |
| Yogurt Bread | | Vanilla Greek Brown or White Bread | Fat Free Assorted Flavour Brown or White Bread | Vanilla Activia Brown or White Bread | Fat Free Assorted Flavour Brown or White Bread | Blueberry Greek Brown or White Bread | Fat Free Assorted Flavour Dinner Roll | Strawberry or Raspberry Activia Dinner Roll |
| Bread Beverages | REG | | | | 2% Milk, Coffee, or Tea | | | |
| HS SNACK | DIAB MINCED | Carrot Muffin with Gouda Cheese | Blueberry Passion Muffin with Brick Cheese | Cinnamon Raisin Bread with Cheese Whiz | 1/2 PB & J Sandwich | Smooth Lemon Cottage Cheese | Blueberry Passion Muffin with Cheddar Cheese | Oatmeal Muffin with Brick Cheese |
| it. | PUREED | Chocolate Pudding | Blueberry Applesauce | Fruit Cream Yogurt | Pureed PB & J Sandwich | Smooth Lemon Cottage Cheese | Peach Applesauce | Butterscotch Pudding |

| WEEK 3 | | Monday - Day 15 | Tuesday - Day 16 | Wednesday - Day 17 | Thursday - Day 18 | Friday - Day 19 | Saturday - Day 20 | Sunday - Day 21 |
|--|---|--|--|---|---|---|--|--|
| Beverages | | | | | AKFAST e, Orange Juice, 2% Milk, Co | | | |
| Hot Cereal Cold Cereal | | Shreddies | Rice Krispies | Corn Flakes | Oatmeal or Cream of Wheat Cheerios Strawberry Kiwi | Shreddies | Corn Flakes | Rice Krispies |
| Fruit | | Mandarin Oranges | Banana Breakfast Egg & Cheese | Diced Pears | Applesauce | Banana | Apple Slices | Banana |
| | REG | Boiled Egg | Sandwich | Scrambled Eggs | Western Omelette | Pancakes & Sausage | Brick Cheese | Scrambled Eggs & Bacon |
| Breakfast Entrée | MINCED | Vanilla Cottage Cheese | Grilled Egg Patty | Scrambled Eggs | Scrambled Eggs | Pancakes & Minced Sausage | Brick Cheese | Scrambled Eggs |
| | PUREED | Vanilla Cottage Cheese | Pureed Egg Patty | Vanilla Greek Yogurt | Vanilla Cottage Cheese | Pureed Sausage | Vanilla Greek Yogurt | Pureed Egg Patty & Pureed Bacon |
| Yogurt | | Vanilla Activia | Strawberry or Raspberry Activia | Fat Free Assorted Flavour | Blueberry Greek | Strawberry or Raspberry Activia | Vanilla Greek | Fat Free Assorted Flavour |
| | REG | Cinnamon Raisin Bread Brown or White Toast | Brown or White Toast | Whole Wheat Mini Bagel with Cream Cheese Brown or White Toast | Brown or White Toast | Brown or White Toast | Croissant Brown or White Toast | Toasted English Muffin Brown or White Toast |
| Bread | MINCED | Cinnamon Raisin Bread Brown or White Toast | Brown or White Toast | Brown or White Toast | Brown or White Toast | Brown or White Toast | Brown or White Toast | Brown or White Toast |
| | PUREED | Pureed Bread with Diet Syrup or Apple Jelly | Pureed Bread with Diet Syrup or Apple Jelly | Pureed Bread with Diet Syrup or Apple Jelly | Pureed Bread with Diet Syrup or Apple Jelly | Pureed Bread with Diet Syrup or Apple Jelly | Pureed Bread with Diet Syrup or Apple Jelly | Pureed Bread with Diet Syrup, Apple Jelly, or Honey |
| Condiments | | Strawberry Jam Marmalade | Marmalade Strawberry Jam | Apple Jelly Strawberry Jam | Strawberry Jam Marmalade | Marmalade Strawberry Jam | Apple Jelly Strawberry Jam | Honey Strawberry Jam |
| | | | | LU | NCH | | | |
| Soup | | Cream of Chicken | Tomato Bisque | (Seasonal Soup) | Smoked Turkey & Wild Rice | Cream of Broccoli | Chicken Noodle Soup | Homemade Cream of Potato Soup |
| | REG | Rotini & Meat Sauce | Turkey Burger with Swiss Cheese & Mayo | Sliced Beef Sandwich on 14 Grain with Mustard & Dill Pickle Spear | Cod Fish Nuggets with Tartar Sauce | Chicken Salad Sandwich | Pulled Pork Sandwich on Potato Roll | Beef & Cabbage Casserole |
| Entrée 1 | MINCED | Rotini & Meat Sauce | Minced Turkey | Beef Salad Sandwich on Brown Bread | Cod Fish Nuggets with Tartar Sauce | Chicken Salad Sandwich | Pulled Pork | Beef & Cabbage Casserole |
| | PUREED | Pureed Rotini & Meat Sauce | Pureed Hot Turkey Sandwich | Pureed Hot Beef Sandwich | Pureed Chicken | Pureed Beef | Pureed Pork | Pureed Beef & Cabbage Casserole |
| | REG | Salmon Salad Sandwich with Sweet Pickle Slices | Macaroni & Cheese | Lemon Herb Chicken | Cobb Salad with Potato Roll | Sweet & Sour Beef Meatballs | Breaded Chicken Strips with Plum Sauce | Sliced Ham & Swiss Sandwich Sandwich |
| Entrée 2 | MINCED | Salmon Salad Sandwich with Sweet Pickle Slices | Macaroni & Cheese | Minced Lemon Herb Chicken | Egg Salad Sandwich | Minced Sweet & Sour Beef Meatballs | Minced Chicken | Ham Salad Sandwich |
| | PUREED | TP Fish Newburg | TP Macaroni & Cheese | Poultry Trepuree Variety | TP Fish Newburg | Poultry Trepuree Variety | Beef Trepuree Variety | Pork Trepuree Variety |
| Starch | | Carrots & Potatoes Mashed Potatoes | Herbed Tomatoes Mashed Potatoes | Vegetable Rice | Carrots & Potatoes Red Skin Potato Wedges | Rice | Mashed Potatoes | Mashed Potatoes |
| Gravy | REG | Beef Gravy Caesar Salad with Croutons | Turkey Gravy Shredded Lettuce & Tomato Slices | Beef Gravy (Seasonal Vegetable) | Turkey Gravy Peas | Beef Gravy Coleslaw | Turkey Gravy Fajita Vegetables | Beef Gravy Baby Carrots |
| Vegetables and Salads | MINCED | Minced Caesar Salad | Minced Pickled Beets | (Seasonal Vegetable) | Minced Peas | Coleslaw | Minced Fajita Vegetables | Minced Carrots |
| | PUREED | Pureed Peas | Pureed Four Blend Vegetables | Pureed Carrots | Pureed Peas | Pureed Coleslaw | Pureed Fajita Vegetables | Pureed Carrots |
| Vegetables and Salads 2 | REG | Peas | Four Blend Vegetables | Diced Carrots | Tossed Salad | Grilled Gourmet Vegetables | Caesar Salad | Tossed Salad with Cherry Tomatoes |
| Salads 2 | MINCED | Minced Peas | Minced Four Blend Vegetables | Minced Carrots | Minced Tossed Salad | Minced Grilled Gourmet Veg | Minced Caesar Salad | Minced Tossed Salad |
| | REG | Diced Peaches | Grapes | Mandarin Oranges | Tropical Fruit Salad | Apple Compote | Fruit Cocktail | Diced Pears |
| Dessert 1 | MINCED | Diced Peaches Pureed Peaches | Diced Pears Pureed Pineapple | Mandarin Oranges Pureed Mandarins | Diced Peaches Pureed Fruit Cocktail | Minced Apple Compote Pureed Apple Compote | Mandarin Oranges Pureed Fruit Cocktail | Diced Pears Pureed Pears |
| | REG | Chocolate Pudding | Cherry Jello | Chocolate Mousse | Banana Pudding | Vanilla Cream Yogurt | Butterscotch Ice Cream | Tangerine Mousse |
| Dessert 2 | DIAB | Diet Chocolate Pudding | Cherry Jello | Chocolate Mousse | Diet Banana Pudding | Vanilla Cream Yogurt | Butterscotch Ice Cream | Tangerine Mousse |
| DUGGERT Z | PUREED | Charaleta Duddina | 01 | | | | | |
| | | Chocolate Pudding | Cherry Jello | Chocolate Mousse | Banana Pudding | Vanilla Cream Yogurt | Butterscotch Ice Cream | Tangerine Mousse |
| Yogurt | | Fat Free Assorted Flavour | Blueberry Greek | Strawberry or Raspberry Activia | Vanilla Activia | Fat Free Assorted Flavour | Butterscotch Ice Cream Strawberry or Raspberry Activia | Tangerine Mousse Vanilla Greek |
| Yogurt Bread Beverages | | | | Strawberry or Raspberry Activia | | Fat Free Assorted Flavour | | |
| Bread | REG | Fat Free Assorted Flavour Homebaked Fudge | | Strawberry or Raspberry Activia Cract Homebaked Chocolate | Vanilla Activia kers, Whole Wheat or White I | Fat Free Assorted Flavour | Strawberry or Raspberry Activia Homebaked Shortbread | |
| Bread Beverages | | Fat Free Assorted Flavour Homebaked Fudge Brownie Cookie Shortcake Cookies | Blueberry Greek | Strawberry or Raspberry Activia Craci Homebaked Chocolate Chip Cookie Chocolate Chip NSA Cookie | Vanilla Activia kers, Whole Wheat or White I 2% Milk, Coffee, or Tea | Fat Free Assorted Flavour Bread | Strawberry or Raspberry Activia Homebaked Shortbread Cookie Homebaked Shortbread Cookie | Vanilla Greek |
| Bread | REG DIAB MINCED | Fat Free Assorted Flavour Homebaked Fudge Brownie Cookie | Blueberry Greek Blueberry Turnover | Strawberry or Raspberry Activia Craci Homebaked Chocolate Chip Cookie Chocolate Chip NSA | Vanilla Activia kers, Whole Wheat or White I 2% Milk, Coffee, or Tea Apple Slices | Fat Free Assorted Flavour Bread Oatmeal Cookie | Strawberry or Raspberry Activia Homebaked Shortbread Cookie Homebaked Shortbread | Vanilia Greek Strawberry Turnover Strawberry Turnover Strawberry Turnover |
| Bread Beverages | REG DIAB | Fat Free Assorted Flavour Homebaked Fudge Brownie Cookie Shortcake Cookies Homebaked Fudge | Blueberry Turnover Blueberry Turnover | Strawberry or Raspberry Activia Crack Homebaked Chocolate Chip Cookie Chocolate Chip NSA Cookie Homebaked Chocolate | Vanilla Activia kers, Whole Wheat or White I 2% Milk, Coffee, or Tea Apple Slices Apple Slices | Fat Free Assorted Flavour Bread Oatmeal Cookie Digestive Cookie | Strawberry or Raspberry Activia Homebaked Shortbread Cookie Homebaked Shortbread Cookie Homebaked Shortbread | Vanilla Greek Strawberry Turnover Strawberry Turnover |
| Bread Beverages | REG DIAB MINCED | Fat Free Assorted Flavour Homebaked Fudge Brownie Cookie Shortcake Cookies Homebaked Fudge Brownie Cookie | Blueberry Turnover Blueberry Turnover Blueberry Turnover | Strawberry or Raspberry Activia Craci Homebaked Chocolate Chip Cookie Chocolate Chip NSA Cookie Homebaked Chocolate Chip Cookie Butterscotch Pudding | Vanila Activia eers, Whole Wheat or White I 2% Milk, Coffee, or Tea Apple Slices Apple Slices Apple Turnover | Fat Free Assorted Flavour Gread Oatmeal Cookie Digestive Cookie Oatmeal Cookie | Strawberry or Raspberry Activia Homebaked Shortbread Cookie Homebaked Shortbread Cookie Homebaked Shortbread Cookie | Vanilia Greek Strawberry Turnover Strawberry Turnover Strawberry Turnover |
| Bread Beverages PM SNACK | REG DIAB MINCED | Fat Free Assorted Flavour Homebaked Fudge Brownie Cookie Shortcake Cookies Homebaked Fudge Brownie Cookie Vanilla Pudding Cranberry Juice Sliced Turkey with | Blueberry Turnover Blueberry Turnover Blueberry Turnover Peach Applesauce | Strawberry or Raspberry Activia Craci Homebaked Chocolate Chip Cookie Chocolate Chip NSA Cookie Homebaked Chocolate Chip Cookie Butterscotch Pudding | Vanila Activia vers, Whole Wheat or White I 2% Milk, Coffee, or Tea Apple Slices Apple Slices Apple Turnover Lemon Meringue Pudding | Fat Free Assorted Flavour Bread Oatmeal Cookie Digestive Cookie Oatmeal Cookie Chocolate Pudding Cranberry Juice Cheesy Tuna Noodle | Strawberry or Raspberry Activia Homebaked Shortbread Cookie Homebaked Shortbread Cookie Homebaked Shortbread Cookie Peach Applesauce Tomato Julice Beef Pot Roast with | Strawberry Turnover Strawberry Turnover Strawberry Turnover Strawberry Applesauce Apple Juice Chicken Stew and Potato |
| Bread Beverages PM SNACK | REG DIAB MINCED PUREED | Fat Free Assorted Flavour Homebaked Fudge Brownie Cookie Shortcake Cookies Homebaked Fudge Brownie Cookie Vanilla Pudding Cranberry Juice Sliced Turkey with Cranberry Sauce Minced Fresh Turkey with | Blueberry Turnover Blueberry Turnover Blueberry Turnover Peach Applesauce Apple Juice Homemade Beef Stew Minced Homemade Beef | Strawberry or Raspberry Activia Craci Homebaked Chocolate Chip Cookie Chocolate Chip NSA Cookie Homebaked Chocolate Chip Cookie Butterscotch Pudding Tomato Juice | Vanila Activia kers, Whole Wheat or White I 2% Milk, Coffee, or Tea Apple Slices Apple Slices Apple Turnover Lemon Meringue Pudding INER Apple Juice Pork Loin with BBQ Sauce Minced Pork with BBQ | Pat Free Assorted Flavour Bread Oatmeal Cookie Digestive Cookie Oatmeal Cookie Chocolate Pudding Cranberry Juice Cheesy Tuna Noodle Casserole Minced Cheesy Tuna | Strawberry or Raspberry Activia Homebaked Shortbread Cookie Homebaked Shortbread Cookie Homebaked Shortbread Cookie Peach Applesauce Tomato Juice Beef Pot Roast with Horseradish Minced Beef Pot Roast with | Vanila Greek Strawberry Turnover Strawberry Turnover Strawberry Turnover Strawberry Applesauce Apple Juice |
| Bread Beverages PM SNACK Juice | REG DIAB MINCED PUREED | Fat Free Assorted Flavour Homebaked Fudge Brownie Cookie Shortcake Cookies Homebaked Fudge Brownie Cookie Vanilla Pudding Cranberry Juice Sliced Turkey with Cranberry Sauce | Blueberry Turnover Blueberry Turnover Blueberry Turnover Peach Applesauce Apple Juice Homemade Beef Stew | Strawberry or Raspberry Activia Craci Homebaked Chocolate Chip Cookie Chocolate Chip NSA Cookie Homebaked Chocolate Chip Cookie Butterscotch Pudding Tomato Juice Breaded Chicken Cutlet | Vanila Activia vers, Whole Wheat or White I 2% Milk, Coffee, or Tea Apple Slices Apple Slices Apple Turnover Lemon Meringue Pudding INER Apple Juice Pork Loin with BBQ Sauce | Fat Free Assorted Flavour Gread Oatmeal Cookie Digestive Cookie Oatmeal Cookie Chocolate Pudding Cranberry Juice Cheesy Tuna Noodle Casserole | Strawberry or Raspberry Activia Homebaked Shortbread Cookie Homebaked Shortbread Cookie Homebaked Shortbread Cookie Peach Applesauce Tomato Juice Beef Pot Roast with Horseradish | Strawberry Turnover Strawberry Turnover Strawberry Turnover Strawberry Applesauce Apple Juice Chicken Stew and Potato Roll |
| Bread Beverages PM SNACK Juice | REG DIAB MINCED PUREED REG MINCED | Fat Free Assorted Flavour Homebaked Fudge Brownie Cookie Shortcake Cookies Homebaked Fudge Brownie Cookie Vanilla Pudding Cranberry Juice Sliced Turkey with Cranberry Sauce Minced Fresh Turkey with Cranberry Sauce | Blueberry Greek Blueberry Turnover Blueberry Turnover Peach Applesauce Apple Juice Homemade Beef Stew Minced Homemade Beef Stew Pureed Homemade Beef | Strawberry or Raspberry Activia Craci Homebaked Chocolate Chip Cookie Chocolate Chip NSA Cookie Homebaked Chocolate Chip Cookie Butterscotch Pudding Tomato Juice Breaded Chicken Cutlet Minced Chicken | Vanila Activia kers, Whole Wheat or White I 2% Milk, Coffee, or Tea Apple Slices Apple Slices Apple Turnover Lemon Meringue Pudding INER Apple Juice Pork Loin with BBQ Sauce Minced Pork with BBQ Sauce | Pat Free Assorted Flavour Bread Oatmeal Cookie Digestive Cookie Oatmeal Cookie Chocolate Pudding Cranberry Juice Cheesy Tuna Noodle Casserole Minced Cheesy Tuna Noodle Casserole | Strawberry or Raspberry Activia Homebaked Shortbread Cookie Homebaked Shortbread Cookie Homebaked Shortbread Cookie Peach Applesauce Tomato Juice Beef Pot Roast with Horseradish Minced Beef Pot Roast with Horseradish | Strawberry Turnover Strawberry Turnover Strawberry Turnover Strawberry Applesauce Apple Juice Chicken Stew and Potato Roll Minced Chicken Stew |
| Bread Beverages PM SNACK Juice | REG DIAB MINCED PUREED REG MINCED PUREED | Fat Free Assorted Flavour Homebaked Fudge Brownie Cookie Shortcake Cookies Homebaked Fudge Brownie Cookie Vanilla Pudding Cranberry Juice Sliced Turkey with Cranberry Sauce Pureed Turkey | Blueberry Greek Blueberry Turnover Blueberry Turnover Peach Applesauce Apple Juice Homemade Beef Stew Minced Homemade Beef Stew Pureed Homemade Beef Stew | Strawberry or Raspberry Activia Craci Homebaked Chocolate Chip Cookie Chocolate Chip NSA Cookie Homebaked Chocolate Chip Cookie Butterscotch Pudding Tomato Juice Breaded Chicken Cutlet Minced Chicken Pureed Chicken | Vanila Activia kers, Whole Wheat or White I 2% Milk, Coffee, or Tea Apple Slices Apple Slices Apple Turnover Lemon Meringue Pudding INER Apple Juice Pork Loin with BBQ Sauce Minced Pork with BBQ Sauce Pureed Pork | Fat Free Assorted Flavour Gread Oatmeal Cookie Digestive Cookie Oatmeal Cookie Chocolate Pudding Cranberry Juice Cheesy Tuna Noodle Casserole Minced Cheesy Tuna Noodle Casserole Pureed Macaroni & Cheese | Strawberry or Raspberry Activia Homebaked Shortbread Cookie Homebaked Shortbread Cookie Homebaked Shortbread Cookie Peach Applesauce Tomato Juice Beef Pot Roast with Horseradish Minced Beef Pot Roast with Horseradish Pureed Beef | Strawberry Turnover Strawberry Turnover Strawberry Turnover Strawberry Turnover Strawberry Applesauce Apple Juice Chicken Stew and Potato Roll Minced Chicken Stew Pureed Chicken Stew |
| Bread Beverages PM SNACK Juice Entrée 1 | REG DIAB MINCED PUREED REG MINCED PUREED | Fat Free Assorted Flavour Homebaked Fudge Brownie Cookie Shortcake Cookies Homebaked Fudge Brownie Cookie Vanilla Pudding Cranberry Juice Sliced Turkey with Cranberry Sauce Minced Fresh Turkey with Cranberry Sauce Pureed Turkey Cheese Pizza | Blueberry Greek Blueberry Turnover Blueberry Turnover Peach Applesauce Apple Juice Homemade Beef Stew Minced Homemade Beef Stew Pureed Homemade Beef Stew Lemon Crusted Sole | Strawberry or Raspberry Activia Craci Homebaked Chocolate Chip Cookie Chocolate Chip NSA Cookie Homebaked Chocolate Chip Cookie Butterscotch Pudding Tomato Juice Breaded Chicken Cutlet Minced Chicken Pureed Chicken Beef Lasagna | Vanila Activia vers, Whole Wheat or White! 2% Milk, Coffee, or Tea Apple Slices Apple Slices Apple Turnover Lemon Meringue Pudding INER Apple Juice Pork Loin with BBQ Sauce Minced Pork with BBQ Sauce Pureed Pork Chicken and Leek Pie | Fat Free Assorted Flavour Bread Oatmeal Cookie Digestive Cookie Oatmeal Cookie Chocolate Pudding Cranberry Juice Cheesy Tuna Noodle Casserole Minced Cheesy Tuna Noodle Casserole Pureed Macaroni & Cheese Salisbury Steak | Strawberry or Raspberry Activia Homebaked Shortbread Cookie Homebaked Shortbread Cookie Homebaked Shortbread Cookie Peach Applesauce Tomato Juice Beef Pot Roast with Horseradish Minced Beef Pot Roast with Horseradish Pureed Beef Breaded Haddock | Strawberry Turnover Strawberry Turnover Strawberry Turnover Strawberry Applesauce Apple Juice Chicken Stew and Potato Roll Minced Chicken Stew Pureed Chicken Stew Tourtiere IND Pie |
| Bread Beverages PM SNACK Juice Entrée 1 | REG DIAB MINCED PUREED REG MINCED REG MINCED | Fat Free Assorted Flavour Homebaked Fudge Brownie Cookie Shortcake Cookies Homebaked Fudge Brownie Cookie Vanilla Pudding Cranberry Juice Sliced Turkey with Cranberry Sauce Minced Fresh Turkey with Cranberry Sauce Pureed Turkey Cheese Pizza Minced Beef | Blueberry Greek Blueberry Turnover Blueberry Turnover Blueberry Turnover Peach Applesauce Apple Juice Homemade Beef Stew Minced Homemade Beef Stew Pureed Homemade Beef Stew Lemon Crusted Sole Lemon Crusted Sole TP Fish Newburg | Strawberry or Raspberry Activia Craci Homebaked Chocolate Chip Cookie Chocolate Chip NSA Cookie Homebaked Chocolate Chip Cookie Butterscotch Pudding Tomato Juice Breaded Chicken Cutlet Minced Chicken Pureed Chicken Beef Lasagna Beef Lasagna | Vanilla Activia kers, Whole Wheat or White I 2% Milk, Coffee, or Tea Apple Slices Apple Slices Apple Turnover Lemon Meringue Pudding INER Apple Juice Pork Loin with BBQ Sauce Minced Pork with BBQ Sauce Pureed Pork Chicken and Leek Pie | Fat Free Assorted Flavour Bread Oatmeal Cookie Digestive Cookie Oatmeal Cookie Chocolate Pudding Cranberry Juice Cheesy Tuna Noodle Casserole Minced Cheesy Tuna Noodle Casserole Pureed Macaroni & Cheese Salisbury Steak Minced Beef | Strawberry or Raspberry Activia Homebaked Shortbread Cookie Homebaked Shortbread Cookie Homebaked Shortbread Cookie Peach Applesauce Tomato Juice Beef Pot Roast with Horseradish Minced Beef Pot Roast with Horseradish Pureed Beef Breaded Haddock Breaded Haddock TP Fish Newburg | Strawberry Turnover Strawberry Turnover Strawberry Turnover Strawberry Turnover Strawberry Applesauce Apple Juice Chicken Stew and Potato Roll Minced Chicken Stew Pureed Chicken Stew Tourtiere IND Pie |
| Bread Beverages PM SNACK Juice Entrée 1 | REG DIAB MINCED PUREED REG MINCED REG MINCED PUREED | Homebaked Flavour Homebaked Fudge Brownie Cookie Shortcake Cookies Homebaked Fudge Brownie Cookie Vanilla Pudding Cranberry Juice Sliced Turkey with Cranberry Sauce Minced Fresh Turkey with Cranberry Sauce Pureed Turkey Cheese Pizza Minced Beef Beef Trepuree Variety Herb Roasted Potatoes Turkey Gravy | Blueberry Greek Blueberry Turnover Blueberry Turnover Blueberry Turnover Peach Applesauce Apple Juice Homemade Beef Stew Minced Homemade Beef Stew Pureed Homemade Beef Stew Lemon Crusted Sole Lemon Crusted Sole TP Fish Newburg Carrots & Potatoes Potato Roll Beef Gravy | Strawberry or Raspberry Activia Craci Homebaked Chocolate Chip Cookie Chocolate Chip NSA Cookie Homebaked Chocolate Chip Cookie Butterscotch Pudding Tomato Juice Breaded Chicken Cutlet Minced Chicken Pureed Chicken Beef Lasagna Beef Lasagna Beef Trepuree Variety Sweet Potato Turkey Gravy | Vanila Activia kers, Whole Wheat or White I 2% Milk, Coffee, or Tea Apple Slices Apple Slices Apple Turnover Lemon Meringue Pudding INER Apple Juice Pork Loin with BBQ Sauce Minced Pork with BBQ Sauce Pureed Pork Chicken and Leek Pie Chicken and Leek Pie Poultry Trepuree Variety Potato Salad Turkey Gravy | Fat Free Assorted Flavour Gread Oatmeal Cookie Digestive Cookie Oatmeal Cookie Chocolate Pudding Cranberry Juice Cheesy Tuna Noodle Casserole Minced Cheesy Tuna Noodle Casserole Pureed Macaroni & Cheese Salisbury Steak Minced Beef Beef Trepuree Variety Mashed Potatoes Beef Gravy | Homebaked Shortbread Cookie Homebaked Shortbread Cookie Homebaked Shortbread Cookie Homebaked Shortbread Cookie Peach Applesauce Tomato Juice Beef Pot Roast with Horseradish Pureed Beef Breaded Haddock Breaded Haddock TP Fish Newburg Carrots & Potatoes Baked Potato 1/2 with Sour Cream Beef Gravy | Strawberry Turnover Strawberry Turnover Strawberry Turnover Strawberry Turnover Strawberry Applesauce Apple Juice Chicken Stew and Potato Roll Minced Chicken Stew Pureed Chicken Stew Tourtiere IND Pie Tourtiere IND Pie Pork Trepuree Variety Mashed Potato Turkey Gravy |
| Bread Beverages PM SNACK Juice Entrée 1 Entrée 2 Starch | REG DIAB MINCED PUREED REG MINCED REG MINCED PUREED REG REG | Fat Free Assorted Flavour Homebaked Fudge Brownie Cookie Shortcake Cookies Homebaked Fudge Brownie Cookie Vanilla Pudding Cranberry Juice Sliced Turkey with Cranberry Sauce Minced Fresh Turkey with Cranberry Sauce Pureed Turkey Cheese Pizza Minced Beef Beef Trepuree Variety Herb Roasted Potatoes Turkey Gravy Carrot Turnip Mash | Blueberry Greek Blueberry Turnover Blueberry Turnover Blueberry Turnover Peach Applesauce Apple Juice Homemade Beef Stew Minced Homemade Beef Stew Lemon Crusted Sole Lemon Crusted Sole TP Fish Newburg Carrots & Potatoes Potato Roll Beef Gravy Sugar Snap Peas | Strawberry or Raspberry Activia Craci Homebaked Chocolate Chip Cookie Chocolate Chip NSA Cookie Homebaked Chocolate Chip Cookie Butterscotch Pudding Tomato Juice Breaded Chicken Cutlet Minced Chicken Pureed Chicken Beef Lasagna Beef Lasagna Beef Trepuree Variety Sweet Potato Turkey Gravy Diced Asparagus | Vanilla Activia kers, Whole Wheat or White I 2% Milk, Coffee, or Tea Apple Slices Apple Slices Apple Turnover Lemon Meringue Pudding INER Apple Juice Pork Loin with BBQ Sauce Minced Pork with BBQ Sauce Pureed Pork Chicken and Leek Pie Chicken and Leek Pie Pouttry Trepuree Variety Potato Salad Turkey Gravy Warm Brown Beans | Fat Free Assorted Flavour Gread Oatmeal Cookie Digestive Cookie Oatmeal Cookie Chocolate Pudding Cranberry Juice Cheesy Tuna Noodle Casserole Minced Cheesy Tuna Noodle Casserole Pureed Macaroni & Cheese Salisbury Steak Minced Beef Beef Trepuree Variety Mashed Potatoes | Strawberry or Raspberry Activia Homebaked Shortbread Cookie Homebaked Shortbread Cookie Homebaked Shortbread Cookie Peach Applesauce Tomato Juice Beef Pot Roast with Horseradish Minced Beef Pot Roast with Horseradish Pureed Beef Breaded Haddock Breaded Haddock TP Fish Newburg Carrots & Potatoes Baked Potato 1/2 with Sour Cream Beef Gravy Roasted Fall Vegetables Minced Roasted Fall | Strawberry Turnover Strawberry Turnover Strawberry Turnover Strawberry Turnover Strawberry Applesauce Apple Juice Chicken Stew and Potato Roll Minced Chicken Stew Pureed Chicken Stew Tourtiere IND Pie Tourtiere IND Pie Pork Trepuree Variety Mashed Potato Turkey Gravy Diced Asparagus |
| Bread Beverages PM SNACK Juice Entrée 1 Entrée 2 Starch Gravy | REG DIAB MINCED PUREED REG MINCED PUREED REG MINCED PUREED | Homebaked Flavour Homebaked Fudge Brownie Cookie Shortcake Cookies Homebaked Fudge Brownie Cookie Vanilla Pudding Cranberry Juice Sliced Turkey with Cranberry Sauce Minced Fresh Turkey with Cranberry Sauce Pureed Turkey Cheese Pizza Minced Beef Beef Trepuree Variety Herb Roasted Potatoes Turkey Gravy | Blueberry Greek Blueberry Turnover Blueberry Turnover Blueberry Turnover Peach Applesauce Apple Juice Homemade Beef Stew Minced Homemade Beef Stew Pureed Homemade Beef Stew Lemon Crusted Sole Lemon Crusted Sole TP Fish Newburg Carrots & Potatoes Potato Roll Beef Gravy | Strawberry or Raspberry Activia Craci Homebaked Chocolate Chip Cookie Chocolate Chip NSA Cookie Homebaked Chocolate Chip Cookie Butterscotch Pudding Tomato Juice Breaded Chicken Cutlet Minced Chicken Pureed Chicken Beef Lasagna Beef Lasagna Beef Trepuree Variety Sweet Potato Turkey Gravy | Vanilla Activia kers, Whole Wheat or White I 2% Milk, Coffee, or Tea Apple Slices Apple Slices Apple Turnover Lemon Meringue Pudding INER Apple Juice Pork Loin with BBQ Sauce Minced Pork with BBQ Sauce Pureed Pork Chicken and Leek Pie Chicken and Leek Pie Poultry Trepuree Variety Potato Salad Turkey Gravy Warm Brown Beans Pureed Cauliflower & | Fat Free Assorted Flavour Gread Oatmeal Cookie Digestive Cookie Oatmeal Cookie Chocolate Pudding Cranberry Juice Cheesy Tuna Noodle Casserole Minced Cheesy Tuna Noodle Casserole Pureed Macaroni & Cheese Salisbury Steak Minced Beef Beef Trepuree Variety Mashed Potatoes Beef Gravy Sunrise Carrot Blend Minced Sunrise Carrot Blend Pureed Sunrise Carrot | Breaded Haddock Breaded Haddoc | Strawberry Turnover Strawberry Turnover Strawberry Turnover Strawberry Turnover Strawberry Applesauce Apple Juice Chicken Stew and Potato Roll Minced Chicken Stew Pureed Chicken Stew Tourtiere IND Pie Tourtiere IND Pie Pork Trepuree Variety Mashed Potato Turkey Gravy |
| Bread Beverages PM SNACK Juice Entrée 1 Entrée 2 Starch Gravy Vegetables and Salads 1 | REG DIAB MINCED PUREED REG MINCED PUREED REG MINCED PUREED | Fat Free Assorted Flavour Homebaked Fudge Brownie Cookie Shortcake Cookies Homebaked Fudge Brownie Cookie Vanilla Pudding Cranberry Juice Sliced Turkey with Cranberry Sauce Minced Fresh Turkey with Cranberry Sauce Pureed Turkey Cheese Pizza Minced Beef Beef Trepuree Variety Herb Roasted Potatoes Turkey Gravy Carrot Turnip Mash Carrot Turnip Mash | Blueberry Greek Blueberry Turnover Blueberry Turnover Blueberry Turnover Peach Applesauce Apple Juice Homemade Beef Stew Minced Homemade Beef Stew Pureed Homemade Beef Stew Lemon Crusted Sole TP Fish Newburg Carrots & Potatoes Potato Roll Beef Gravy Sugar Snap Peas Minced Sugar Snap Peas | Strawberry or Raspberry Activia Craci Craci Homebaked Chocolate Chip Cookie Chocolate Chip NSA Cookie Homebaked Chocolate Chip Cookie Butterscotch Pudding Tomato Juice Breaded Chicken Cutlet Minced Chicken Pureed Chicken Beef Lasagna Beef Lasagna Beef Trepuree Variety Sweet Potato Turkey Gravy Diced Asparagus Minced Asparagus | Vanilla Activia kers, Whole Wheat or White I 2% Milk, Coffee, or Tea Apple Slices Apple Slices Apple Turnover Lemon Meringue Pudding INER Apple Juice Pork Loin with BBQ Sauce Minced Pork with BBQ Sauce Pureed Pork Chicken and Leek Pie Chicken and Leek Pie Poultry Trepuree Variety Potato Salad Turkey Gravy Warm Brown Beans Warm Brown Beans | Fat Free Assorted Flavour Gread Oatmeal Cookie Digestive Cookie Oatmeal Cookie Chocolate Pudding Cranberry Juice Cheesy Tuna Noodle Casserole Minced Cheesy Tuna Noodle Casserole Pureed Macaroni & Cheese Salisbury Steak Minced Beef Beef Trepuree Variety Mashed Potatoes Beef Gravy Sunrise Carrot Blend Minced Sunrise Carrot Blend | Strawberry or Raspberry Activia Homebaked Shortbread Cookie Homebaked Shortbread Cookie Homebaked Shortbread Cookie Peach Applesauce Tomato Juice Beef Pot Roast with Horseradish Minced Beef Pot Roast with Horseradish Pureed Beef Breaded Haddock Breaded Haddock TP Fish Newburg Carrots & Potatoes Baked Potato 1/2 with Sour Cream Beef Gravy Roasted Fall Vegetables Minced Roasted Fall Vegetables | Strawberry Turnover Strawberry Turnover Strawberry Turnover Strawberry Turnover Strawberry Applesauce Apple Juice Chicken Stew and Potato Roll Minced Chicken Stew Pureed Chicken Stew Tourtiere IND Pie Tourtiere IND Pie Pork Trepuree Variety Mashed Potato Turkey Gravy Diced Asparagus Minced Asparagus |
| Bread Beverages PM SNACK Juice Entrée 1 Entrée 2 Starch Gravy Vegetables and | REG DIAB MINCED PUREED REG MINCED REG MINCED PUREED REG PUREED | Fat Free Assorted Flavour Homebaked Fudge Brownie Cookie Shortcake Cookies Homebaked Fudge Brownie Cookie Vanilla Pudding Cranberry Juice Sliced Turkey with Cranberry Sauce Minced Fresh Turkey with Cranberry Sauce Pureed Turkey Cheese Pizza Minced Beef Beef Trepuree Variety Herb Roasted Potatoes Turkey Gravy Carrot Turnip Mash Carrot Turnip Mash | Blueberry Greek Blueberry Turnover Blueberry Turnover Blueberry Turnover Peach Applesauce Apple Juice Homemade Beef Stew Minced Homemade Beef Stew Pureed Homemade Beef Stew Lemon Crusted Sole Lemon Crusted Sole TP Fish Newburg Carrots & Potatoes Potato Roll Beef Gravy Sugar Snap Peas Minced Sugar Snap Peas | Strawberry or Raspberry Activia Craci Homebaked Chocolate Chip Cookie Chocolate Chip NSA Cookie Homebaked Chocolate Chip Cookie Butterscotch Pudding Tomato Juice Breaded Chicken Cutlet Minced Chicken Pureed Chicken Beef Lasagna Beef Lasagna Beef Trepuree Variety Sweet Potato Turkey Gravy Diced Asparagus Minced Asparagus Pureed Asparagus | Vanilla Activia kers, Whole Wheat or White I 2% Milk, Coffee, or Tea Apple Slices Apple Slices Apple Turnover Lemon Meringue Pudding INER Apple Juice Pork Loin with BBQ Sauce Minced Pork with BBQ Sauce Pureed Pork Chicken and Leek Pie Chicken and Leek Pie Poultry Trepuree Variety Potato Salad Turkey Gravy Warm Brown Beans Pureed Cauliflower & Broccoli | Fat Free Assorted Flavour Gread Oatmeal Cookie Digestive Cookie Oatmeal Cookie Chocolate Pudding Cranberry Juice Cheesy Tuna Noodle Casserole Minced Cheesy Tuna Noodle Casserole Pureed Macaroni & Cheese Salisbury Steak Minced Beef Beef Trepuree Variety Mashed Potatoes Beef Gravy Sunrise Carrot Blend Minced Sunrise Carrot Blend | Strawberry or Raspberry Activia Homebaked Shortbread Cookie Homebaked Shortbread Cookie Homebaked Shortbread Cookie Peach Applesauce Tomato Juice Beef Pot Roast with Horseradish Minced Beef Pot Roast with Horseradish Pureed Beef Breaded Haddock Breaded Haddock TP Fish Newburg Carrots & Potatoes Baked Potato 1/2 with Sour Cream Beef Gravy Roasted Fall Vegetables Minced Roasted Fall Vegetables Pureed Roasted Fall Vegetables | Strawberry Turnover Strawberry Turnover Strawberry Turnover Strawberry Turnover Strawberry Turnover Strawberry Turnover Strawberry Applesauce Apple Juice Chicken Stew and Potato Roll Minced Chicken Stew Pureed Chicken Stew Tourtiere IND Pie Tourtiere IND Pie Pork Trepuree Variety Mashed Potato Turkey Gravy Diced Asparagus Minced Asparagus |
| Bread Beverages PM SNACK Juice Entrée 1 Entrée 2 Starch Gravy Vegetables and Salads 1 | REG DIAB MINCED PUREED REG MINCED PUREED REG MINCED PUREED REG MINCED PUREED | Fat Free Assorted Flavour Homebaked Fudge Brownie Cookie Shortcake Cookies Homebaked Fudge Brownie Cookie Vanilla Pudding Cranberry Juice Sliced Turkey with Cranberry Sauce Pureed Fresh Turkey with Cranberry Sauce Pureed Turkey Cheese Pizza Minced Beef Beef Trepuree Variety Herb Roasted Potatoes Turkey Gravy Carrot Turnip Mash Carrot Turnip Mash Pureed Carrot Turnip Mash Broccoli | Blueberry Greek Blueberry Turnover Blueberry Turnover Blueberry Turnover Peach Applesauce Apple Juice Homemade Beef Stew Minced Homemade Beef Stew Pureed Homemade Beef Stew Lemon Crusted Sole Lemon Crusted Sole TP Fish Newburg Carrots & Potatoes Potato Roll Beef Gravy Sugar Snap Peas Minced Sugar Snap Peas Pureed Peas Coleslaw | Strawberry or Raspberry Activia Craci Homebaked Chocolate Chip Cookie Chocolate Chip NSA Cookie Homebaked Chocolate Chip Cookie Butterscotch Pudding Tomato Juice Breaded Chicken Cutlet Minced Chicken Pureed Chicken Beef Lasagna Beef Lasagna Beef Trepuree Variety Sweet Potato Turkey Gravy Diced Asparagus Minced Asparagus Pureed Asparagus Creamed Corn | Vanilla Activia kers, Whole Wheat or White I 2% Milk, Coffee, or Tea Apple Slices Apple Slices Apple Turnover Lemon Meringue Pudding INER Apple Juice Pork Loin with BBQ Sauce Minced Pork with BBQ Sauce Pureed Pork Chicken and Leek Pie Chicken and Leek Pie Poultry Trepuree Variety Potato Salad Turkey Gravy Warm Brown Beans Pureed Cauliflower & Broccoli Cauliflower & Broccoli Minced Cauliflower & | Fat Free Assorted Flavour Gread Oatmeal Cookie Digestive Cookie Oatmeal Cookie Chocolate Pudding Cranberry Juice Cheesy Tuna Noodle Casserole Minced Cheesy Tuna Noodle Casserole Pureed Macaroni & Cheese Salisbury Steak Minced Beef Beef Trepuree Variety Mashed Potatoes Beef Grawy Sunrise Carrot Blend Minced Sunrise Carrot Blend Pureed Sunrise Carrot Blend Diced Beets | Homebaked Shortbread Cookie Homebaked Shortbread Cookie Homebaked Shortbread Cookie Homebaked Shortbread Cookie Peach Applesauce Tomato Juice Beef Pot Roast with Horseradish Pureed Beef Breaded Haddock Breaded Haddock TP Fish Newburg Carrots & Potatoes Baked Potato 1/2 with Sour Cream Beef Grayy Roasted Fall Vegetables Minced Roasted Fall Vegetables Pureed Roasted Fall Vegetables Pureed Roasted Fall Vegetables Corn | Strawberry Turnover Strawberry Turnover Strawberry Turnover Strawberry Turnover Strawberry Turnover Strawberry Applesauce Apple Juice Chicken Stew and Potato Roll Minced Chicken Stew Pureed Chicken Stew Tourtiere IND Pie Tourtiere IND Pie Pork Trepuree Variety Mashed Potato Turkey Gravy Diced Asparagus Minced Asparagus Pureed Asparagus Butternut Squash |
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| Bread Beverages PM SNACK Juice Entrée 1 Entrée 2 Starch Gravy Vegetables and Salads 1 Vegetables and Salads 2 Dessert 1 | REG DIAB MINCED PUREED REG MINCED REG MINCED PUREED REG MINCED REG MINCED | Fat Free Assorted Flavour Homebaked Fudge Brownie Cookie Shortcake Cookies Homebaked Fudge Brownie Cookie Vanilla Pudding Cranberry Juice Sliced Turkey with Cranberry Sauce Minced Fresh Turkey with Cranberry Sauce Pureed Turkey Cheese Pizza Minced Beef Beef Trepuree Variety Herb Roasted Potatoes Turkey Gravy Carrot Turnip Mash Carrot Turnip Mash Pureed Carrot Turnip Mash Broccoli Minced Broccoli Cinnamon Coffee Cake Carrot Loaf Cinnamon Coffee Cake Pureed Cinnamon Coffee Cake Pureed Cinnamon Coffee Cake Fresh Apple Slices Diced Pears | Blueberry Greek Blueberry Turnover Blueberry Turnover Blueberry Turnover Peach Applesauce Apple Juice Homemade Beef Stew Minced Homemade Beef Stew Pureed Homemade Beef Stew Lemon Crusted Sole TP Fish Newburg Carrots & Potatoes Potato Roll Beef Gravy Sugar Snap Peas Minced Sugar Snap Peas Coleslaw Coleslaw Chocolate Ice Cream | Strawberry or Raspberry Activia Craci Homebaked Chocolate Chip Cookie Chocolate Chip NSA Cookie Homebaked Chocolate Chip NSA Cookie Butterscotch Pudding Tomato Juice Breaded Chicken Cutlet Minced Chicken Pureed Chicken Beef Lasagna Beef Lasagna Beef Trepuree Variety Sweet Potato Turkey Gravy Diced Asparagus Minced Asparagus Pureed Asparagus Creamed Corn Creamed Corn Vanilla Caramel Swirl Cake Pureed Vanilla Caramel Swirl Cake Diced Peaches | Vanilla Activia vers, Whole Wheat or White I 2% Milk, Coffee, or Tea Apple Slices Apple Slices Apple Turnover Lemon Meringue Pudding INER Apple Juice Pork Loin with BBQ Sauce Minced Pork with BBQ Sauce Pureed Pork Chicken and Leek Pie Chicken and Leek Pie Poultry Trepuree Variety Potato Salad Turkey Gravy Warm Brown Beans Pureed Cauliflower & Broccoli Cauliflower & Broccoli Minced Cauliflower & Broccoli Triple Chocolate Fudge Cake Pureed Triple Chocolate Fudge Cake Pureed Triple Chocolate Fudge Cake Pureed Triple Chocolate Fudge Cake Mixed Berries Strawberry Fruit Sauce | Fat Free Assorted Flavour Gread Oatmeal Cookie Digestive Cookie Oatmeal Cookie Chocolate Pudding Cranberry Juice Cheesy Tuna Noodle Casserole Minced Cheesy Tuna Noodle Casserole Pureed Macaroni & Cheese Salisbury Steak Minced Beef Beef Trepuree Variety Mashed Potatoes Beef Grawy Sunrise Carrot Blend Minced Sunrise Carrot Blend Pureed Sunrise Carrot Blend Diced Beets Diced Beets Lemon Cream Shortcake Pureed Lemon Cream Shortcake Mango Chunks Diced Pears | Homebaked Shortbread Cookie Homebaked Shortbread Cookie Homebaked Shortbread Cookie Homebaked Shortbread Cookie Peach Applesauce Tomato Juice Beef Pot Roast with Horseradish Minced Beef Pot Roast with Horseradish Pureed Beef Breaded Haddock Breaded Haddock TP Fish Newburg Carrots & Potatoes Baked Potato 1/2 with Sour Cream Beef Gray Roasted Fall Vegetables Minced Roasted Fall Vegetables Pureed Roasted Fall Vegetables Corn Creamed Corn Rice Pudding Diet Rice Pudding Rice Pudding Vanilla Pudding IND Diced Peaches | Strawberry Turnover Strawberry Turnover Strawberry Turnover Strawberry Turnover Strawberry Applesauce Apple Juice Chicken Stew and Potato Roll Minced Chicken Stew Pureed Chicken Stew Tourtiere IND Pie Tourtiere IND Pie Pork Trepuree Variety Mashed Potato Turkey Gravy Diced Asparagus Minced Asparagus Pureed Asparagus Butternut Squash Carrot Cake Pound Cake Pureed Carrot Cake Propical Fruit Salad Mandarin Oranges |
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| Bread Beverages PM SNACK Juice Entrée 1 Entrée 2 Starch Gravy Vegetables and Salads 1 Vegetables and Salads 2 Dessert 1 Dessert 2 Yogurt Bread | REG DIAB MINCED PUREED REG MINCED REG MINCED PUREED REG | Homebaked Fludge Brownie Cookie Shortcake Cookies Homebaked Fudge Brownie Cookie Shortcake Cookies Homebaked Fudge Brownie Cookie Vanilla Pudding Cranberry Juice Sliced Turkey with Cranberry Sauce Minced Fresh Turkey with Cranberry Sauce Pureed Turkey Cheese Pizza Minced Beef Beef Trepuree Variety Herb Roasted Potatoes Turkey Gravy Carrot Turnip Mash Carrot Turnip Mash Broccoli Minced Broccoli Cinnamon Coffee Cake Carrot Loaf Cinnamon Coffee Cake Pureed Cinnamon Coffee Cake Fresh Apple Slices Diced Pears Diced Pears Pureed Pears Brown or White Bread | Blueberry Turnover Blueberry Turnover Blueberry Turnover Blueberry Turnover Peach Applesauce Apple Juice Homemade Beef Stew Minced Homemade Beef Stew Pureed Homemade Beef Stew Lemon Crusted Sole TP Fish Newburg Carrots & Potatoes Potato Roll Beef Gravy Sugar Snap Peas Minced Sugar Snap Peas Coleslaw Coleslaw Chocolate Ice Cream Chocolate Ice Cream Chocolate Ice Cream Peach Compote Minced Peach Compote Peach Compote Peach Compote Pureed Peach Compote Fat Free Assorted Flavour Brown or White Bread | Strawberry or Raspberry Activia Craci Homebaked Chocolate Chip Cookie Chocolate Chip NSA Cookie Homebaked Chocolate Chip Cookie Butterscotch Pudding Tomato Juice Breaded Chicken Cutlet Minced Chicken Pureed Chicken Beef Lasagna Beef Lasagna Beef Trepuree Variety Sweet Potato Turkey Gravy Diced Asparagus Minced Asparagus Pureed Asparagus Creamed Corn Creamed Corn Vanilla Caramel Swirl Cake Pureed Vanilla Caramel Swirl Cake Diced Peaches Diced Peaches Pureed Peaches Vanilla Activia Brown or White Bread | Vanilla Activia vers, Whole Wheat or White I 2% Milk, Coffee, or Tea Apple Slices Apple Slices Apple Iturnover Lemon Meringue Pudding INER Apple Juice Pork Loin with BBQ Sauce Minced Pork with BBQ Sauce Pureed Pork Chicken and Leek Pie Chicken and Leek Pie Chicken and Leek Pie Poultry Trepuree Variety Potato Salad Turkey Gravy Warm Brown Beans Warm Brown Beans Pureed Cauliflower & Broccoli Minced Cauliflower & Broccoli Minced Cauliflower & Broccoli Triple Chocolate Fudge Cake Diet Chocolate Fudge Cake Pureed Triple Chocolate Fudge Cake Pureed Triple Chocolate Strawberry Fruit Sauce Fat Free Assorted Flavour Brown or White Bread 2% Milk, Coffee, or Tea | Fat Free Assorted Flavour Gread Oatmeal Cookie Digestive Cookie Oatmeal Cookie Chocolate Pudding Cranberry Juice Cheesy Tuna Noodle Casserole Minced Cheesy Tuna Noodle Casserole Minced Cheesy Tuna Noodle Casserole Pureed Macaroni & Cheese Salisbury Steak Minced Beef Beef Trepuree Variety Mashed Potatoes Beef Gravy Sunrise Carrot Blend Minced Sunrise Carrot Blend Pureed Sunrise Carrot Blend Diced Beets Diced Beets Lemon Cream Shortcake Lemon Cream Shortcake Pureed Lemon Cream Shortcake Mango Chunks Diced Pears Mango Chunks Diced Piesepple Bluebery Greek Brown or White Bread | Homebaked Shortbread Cookie Homebaked Shortbread Cookie Homebaked Shortbread Cookie Homebaked Shortbread Cookie Peach Applesauce Tomato Juice Beef Pot Roast with Horseradish Minced Beef Pot Roast with Horseradish Pureed Beef Breaded Haddock Breaded Haddock TP Fish Newburg Carrots & Potatoes Baked Potato 1/2 with Sour Cream Beef Gravy Roasted Fall Vegetables Minced Roasted Fall Vegetables Pureed Roasted Fall Vegetables Corn Creamed Corn Rice Pudding Diet Rice Pudding Vanilla Pudding IND Diced Peaches Diced Peaches Pureed Peaches Fat Free Assorted Flavour Brown or White Bread | Strawberry Turnover Strawberry Turnover Strawberry Turnover Strawberry Turnover Strawberry Applesauce Apple Juice Chicken Stew and Potato Roll Minced Chicken Stew Pureed Chicken Stew Tourtiere IND Pie Tourtiere IND Pie Pork Trepuree Variety Mashed Potato Turkey Gravy Diced Asparagus Minced Asparagus Pureed Asparagus Butternut Squash Carrot Cake Pound Cake Pound Cake Propical Fruit Salad Mandarin Oranges Tropical Fruit Salad Pureed Fruit Cocktail Strawberry or Raspberry Activia Dinner Roll |
| Bread Beverages PM SNACK Juice Entrée 1 Entrée 2 Starch Gravy Vegetables and Salads 1 Vegetables and Salads 2 Dessert 1 Dessert 2 Yogurt Bread | REG DIAB MINCED PUREED REG MINCED PUREED REG MINCED PUREED REG MINCED PUREED REG DIAB MINCED PUREED DIAB PUREED DIAB PUREED DIAB PUREED | Homebaked Flavour Homebaked Fudge Brownie Cookie Shortcake Cookies Homebaked Fudge Brownie Cookie Vanilla Pudding Cranberry Juice Sliced Turkey with Cranberry Sauce Pureed Fresh Turkey with Cranberry Sauce Pureed Turkey Cheese Pizza Minced Beef Beef Trepuree Variety Herb Roasted Potatoes Turkey Gravy Carrot Turnip Mash Carrot Turnip Mash Pureed Carrot Turnip Mash Broccoli Cinnamon Coffee Cake Carrot Loaf Cinnamon Coffee Cake Pureed Cinnamon Coffee Cake Pureed Cinnamon Coffee Cake Fresh Apple Slices Diced Pears Diced Pears Pureed Pears | Blueberry Greek Blueberry Turnover Blueberry Turnover Blueberry Turnover Peach Applesauce Apple Juice Homemade Beef Stew Minced Homemade Beef Stew Pureed Homemade Beef Stew Lemon Crusted Sole TP Fish Newburg Carrots & Potatoes Potato Roll Beef Gravy Sugar Snap Peas Minced Sugar Snap Peas Coleslaw Coleslaw Chocolate Ice Cream Peach Compote Minced Peach Compote Peach Compote Peach Compote Peach Compote | Strawberry or Raspberry Activia Craci Homebaked Chocolate Chip Cookie Chocolate Chip NSA Cookie Homebaked Chocolate Chip Cookie Butterscotch Pudding Tomato Juice Breaded Chicken Cutlet Minced Chicken Pureed Chicken Beef Lasagna Beef Lasagna Beef Trepuree Variety Sweet Potato Turkey Gravy Diced Asparagus Minced Asparagus Pureed Asparagus Creamed Corn Creamed Corn Vanilla Caramel Swirl Cake Pureed Vanilla Caramel Swirl Cake Diced Peaches Pureed Peaches Vanilla Activia | Vanilla Activia kers, Whole Wheat or White I 2% Milk, Coffee, or Tea Apple Slices Apple Slices Apple Turnover Lemon Meringue Pudding INER Apple Juice Pork Loin with BBQ Sauce Minced Pork with BBQ Sauce Pureed Pork Chicken and Leek Pie Chicken and Leek Pie Chicken and Leek Pie Poultry Trepuree Variety Potato Salad Turkey Gravy Warm Brown Beans Warm Brown Beans Pureed Cauliflower & Broccoli Minced Cauliflower & Broccoli Triple Chocolate Fudge Cake Diet Chocolate Fudge Cake Diet Chocolate Fudge Cake Pureed Triple Chocolate Fudge Cake Strawberry Fruit Sauce Mixed Berries Strawberry Fruit Sauce Fat Free Assorted Flavour Brown or White Bread | Fat Free Assorted Flavour Gread Oatmeal Cookie Digestive Cookie Oatmeal Cookie Chocolate Pudding Cranberry Juice Cheesy Tuna Noodle Casserole Minced Cheesy Tuna Noodle Casserole Pureed Macaroni & Cheese Salisbury Steak Minced Beef Beef Trepuree Variety Mashed Potatoes Beef Gravy Sunrise Carrot Blend Minced Sunrise Carrot Blend Pureed Sunrise Carrot Blend Diced Beets Diced Beets Lemon Cream Shortcake Pureed Lemon Cream Shortcake Pureed Lemon Cream Shortcake Mango Chunks Diced Pears Mango Chunks Pureed Pineapple Blueberry Greek | Homebaked Shortbread Cookie Homebaked Shortbread Cookie Homebaked Shortbread Cookie Homebaked Shortbread Cookie Peach Applesauce Tomato Juice Beef Pot Roast with Horseradish Pureed Beef Pot Roast with Horseradish Pureed Beef Grave Breaded Haddock Freaded Haddock TP Fish Newburg Carrots & Potatoes Baked Potato 1/2 with Sour Cream Beef Gravy Roasted Fall Vegetables Minced Roasted Fall Vegetables Pureed Roasted Fall Vegetables Corn Creamed Corn Rice Pudding Diet Rice Pudding Vanilla Pudding IND Diced Peaches Diced Peaches Fat Free Assorted Flavour | Strawberry Turnover Strawberry Turnover Strawberry Turnover Strawberry Turnover Strawberry Applesauce Apple Juice Chicken Stew and Potato Roll Minced Chicken Stew Pureed Chicken Stew Tourtiere IND Pie Tourtiere IND Pie Pork Trepuree Variety Mashed Potato Turkey Gravy Diced Asparagus Minced Asparagus Pureed Asparagus Butternut Squash Carrot Cake Pound Cake Pound Cake Pried Carrot Cake Tropical Fruit Salad Mandarin Oranges Tropical Fruit Salad Pureed Fruit Cocktail Strawberry or Raspberry Activia |