



Self-Referral Care of the Human Spirit

(A free service from St. Joseph's Health Care, London)

Centre for Diabetes, Endocrinology and Metabolism

Support for BODY, MIND & SPIRIT when facing investigation, disease and treatment and you are

... feeling:

- alone
- disappointed
- depressed/frustrated/helpless/
anxious/afraid/distressed
- vulnerable and uncertain, or
- loss and grief within your life.

...in need of:

- reassurance in the midst of uncertainty, change or challenge
- help with meditation, or
- a visit and/or prayer before surgery.

...worried about:

- health issues
- body image
- coping
- job, family
- meaning and purpose in life
- getting back to normal, or
- disability...

....please don't hesitate to contact us. It helps to talk with someone about the issues you are facing or the struggles you are experiencing.

If you would like support from the Spiritual Care Department, please submit this form to the Diabetes, Endocrinology and Metabolism clinic reception area.

Name: _____

Address: _____

City: _____

Phone: _____

Email: _____

If we are unable to contact you while you are here in the hospital, how would you like us to contact you at home for support?

By telephone

By email

**Spiritual Care Department
519-646-6100 Ext. 66029
24 hour pager #10389**