

Turn Your Poop Into Power

Fecal transplants save lives. Don't let your poop go to waste.

Fecal microbiota transplantation (FMT) is a way to restore healthy gut bacteria by transferring stool from a donor to a recipient. It's the gold standard treatment for recurring *C. difficile* (a serious bowel infection) and at the forefront of research for treating cancer, metabolic disorders, neurological conditions, autoimmune diseases and more.

Your poop could be the key to someone's health

The FMT program requires healthy stool donors for treatment and research. Suitable donors are healthy adults ages 18-50 who:

- *have not taken antibiotics in the past six months*
- *are not immunocompromised*
- *do not have chronic gastrointestinal disorders, such as inflammatory bowel disease*

Screening – Three Steps

1. *Pre-screening questionnaire*
2. *Blood, urine and stool screening to test for pathogens/risk factors*
3. *In-person health assessment*

If you pass: Donors can give as often as they poop. Repeat screening is required every six months and a brief screening is done at each stool drop off.

Compensation: Eligible donors whose samples are used for research will be compensated for time and travel.



For more about eligibility and how to donate

Call: 519 646-6100, ext. 65739 **Email:** Liesl.DeSilva@sjhc.london.on.ca