

# Hypoglycemia and Automated Insulin Pumps

## What is hypoglycemia (low blood sugar)?

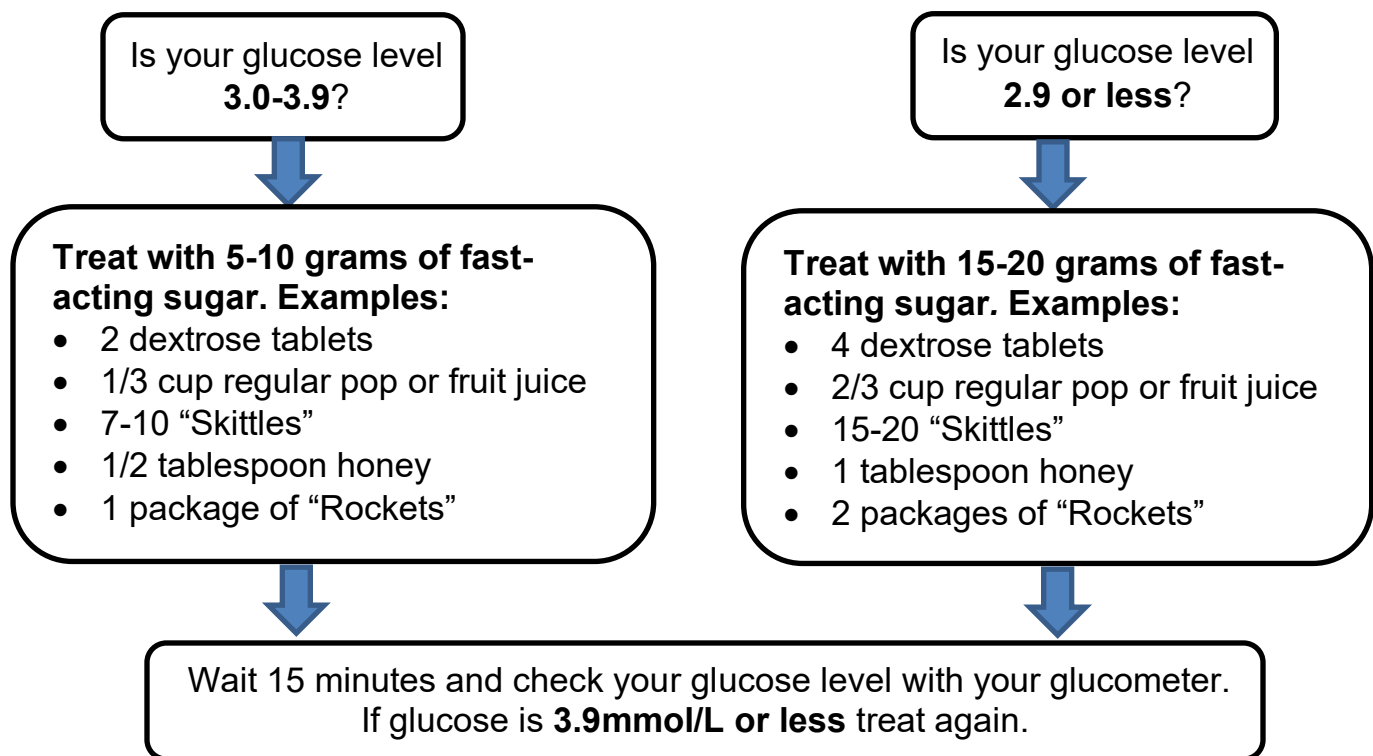
Hypoglycemia happens when your blood sugar (or glucose) is less than 4 mmol/L.

## Common symptoms

- Shaking/trembling
- Sudden hunger
- Sweating
- Confusion
- Dizziness
- Irritability

If you're unsure about your sensor reading, always check your blood glucose with a glucometer.

## What to do if your blood glucose is low:



**If you are unconscious or can't swallow, someone nearby should use your nasal glucagon (Baqsimi) to treat the low blood sugar.**

**Reminder:** Wait at least 40 minutes and have a glucose level of 5mM before driving.

Contact your diabetes team if you have frequent or unexpectedly low glucose levels. Your pump settings may need to be adjusted.

For more information, visit [www.diabetes.ca/safety-tips](http://www.diabetes.ca/safety-tips)