

Community Stroke and Neurological Rehabilitation Program

Please note that services provided through the program are **time-limited*

Community care: Community Stroke Rehabilitation Team

The Community Stroke Rehabilitation Team provides coordinated stroke care in the home and community. Services are delivered by an interdisciplinary team that includes social workers, physiotherapists, occupational therapists, speech-language pathologists, nurses, therapeutic recreation specialists and rehabilitation assistants.

Inclusion Criteria	Exclusion Criteria
Individuals are eligible to attend if ALL of the following apply: • They are 18 years or older • They have an <u>acute/recent stroke</u> (less than 1 year) and require a <u>specialized interdisciplinary rehabilitation team</u> • They live in the London-Middlesex, Oxford, Elgin and Southwest Norfolk regions • They are <u>medically stable</u> and can be safely managed at home • They have a fully completed referral form and have consented to the program • They have <u>restorative potential</u> to achieve defined functional realistic rehab goals with short-term, time-limited treatment • They are <u>motivated and have the tolerance level</u> to actively participate in a minimum of 60 minutes of rehab and incorporate recommendations • They have the <u>cognitive ability</u> to demonstrate carry-over of learned activities • Goals are specific, measurable, realistic and timely and can be achieved: • Independently in collaboration with the rehab team • With caregiver education, training and support • Through self-management strategies	Individuals are not eligible to attend if any of the following apply: • They have a transient ischemic attack (TIA) or other neurological condition • They have access to other services funded through motor vehicle accident insurance, Workplace Safety and Insurance Board (WSIB) or other government funded health programs addressing the same goals • They require a <u>bedded level of care</u> • They require <u>maintenance level</u> of rehabilitation as defined by the Rehabilitative Care Alliance (RCA) • They have already participated in outpatient rehabilitation for the same condition and have no new identified functional goals • They have received recent inpatient rehabilitation for their condition but have not demonstrated progress towards goals (restorative potential unlikely) • They have <u>severe cognitive impairment</u> that prevents the individual from learning and actively participating in therapy • They live in a long-term care home • They are in a transitional care bed

Outpatient care: Outpatient Stroke and Neurological Rehabilitation Team

Provides interdisciplinary rehabilitation services for people with stroke or other neurological conditions in the clinic setting. The team includes a social worker, physiotherapists, occupational therapists, a speech-language pathologist, a therapeutic recreation specialist, and physical and occupational therapy assistants.

Inclusion Criteria	Exclusion Criteria
Individuals are eligible to attend if ALL of the following apply:	Individuals are not eligible to attend if any of the following apply:

• They are 18 years or older • They have a recent onset (less than 1 year) and a diagnosis of stroke or other neurological condition requiring a specialized interdisciplinary rehabilitation team. • They have reliable transportation • They are <u>medically stable</u> • They have a fully completed referral form and have consented to the program • They have <u>restorative potential</u> to achieve defined functional realistic rehab goals with short term, time limited treatment • They are <u>motivated and have the tolerance level</u> to actively participate in a minimum of 60 minutes of rehab and incorporate recommendations • They have the <u>cognitive ability</u> to demonstrate carry-over of learned activities • Goals are specific, measurable, realistic and timely and can be achieved: • Independently in collaboration with the rehab team • With caregiver education, training and support • Through self-management strategies • They must have caregiver support for personal care while attending therapy sessions, if required	• They have a TIA • They have a <u>degenerative or progressive</u> neurological condition (e.g. multiple sclerosis and Parkinson's disease) • They have a childhood-onset condition • Individuals with an orthopedic injury, routine postoperative surgery, unmanaged chronic pain • They have a spinal cord injury • They have an acquired brain injury (including tumor or tumor resection without a bleed) • They have access to other services funded through motor vehicle accident insurance, Workplace Safety and Insurance Board (WSIB) or other government funded health programs addressing the same goals • They require a <u>bedded</u> level of care • They require <u>maintenance level</u> of rehabilitation as defined by the RCA • They have already participated in outpatient rehabilitation for the same condition and have no new identified functional goals • They have received recent inpatient rehabilitation for their condition but have not demonstrated progress towards goals (restorative potential unlikely) • Individuals <u>with severe cognitive impairment</u> that prevents the individual from learning and actively participate in therapy • They live in long-term care • They are in a transitional care bed
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**Restorative potential: The individual's condition is likely to undergo functional improvement*

***Maintenance level: Maintaining an individual's current function or preventing further decline*

****Bedded level of care: The individual requires admission to an inpatient bed*