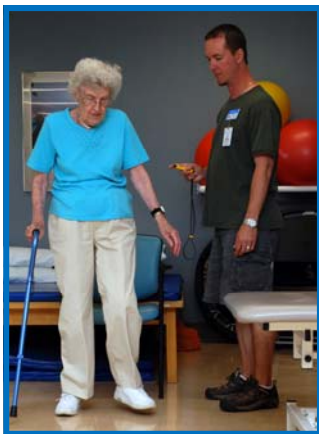


### Privacy

In accordance with the Personal Health Information Protection Act (PHIPA), St. Joseph's Health Care, London is committed to keeping your personal and health information safe and confidential.

### We'd love to hear from you!

We encourage you to bring forward your comments or feedback about our services directly to the Day Hospital by calling (519) 685-4046 or the Patient Relations Coordinator at (519) 685-4000 extension 64727.



As part of our role in promoting a healthy community, and to better support those we serve, St. Joseph's is a smoke-free organization. Smoking is not permitted on hospital property, including parking lots and the parking garage. Those who wish to smoke must do so off hospital property.

### Location

Hours: 8 am - 4 pm  
Monday to Friday

Location: Parkwood Institute  
Main Building  
Day Hospital  
550 Wellington Road  
London, ON N6C 0A7  
Telephone: 519 685-4046

### Parking:

Patients may be dropped off at the Day Hospital/  
Ambulance entrance (drop off parking only)

### OR

Park in the visitor's parking lot #1 - the cost is \$4  
(toonies or loonies) upon exit.

*Parking rates are subject to change.*

If you park in the visitor's lot, enter through  
Parkwood Institute's main entrance - the Day  
Hospital is to the left of the lobby.

Visit us at:

[www.sjhc.london.on.ca/geriatricdayhospital](http://www.sjhc.london.on.ca/geriatricdayhospital)

CARING FOR THE  
BODY, MIND & SPIRIT  
SINCE 1869



[sjhc.london.on.ca](http://sjhc.london.on.ca)

Renowned for compassionate care, St. Joseph's is one of the best academic health care organizations in Canada dedicated to helping people live to their fullest by minimizing the effects of injury, disease and disability through excellence in care, teaching and research.

# Geriatric Rehabilitation Day Hospital



Providing outpatient  
rehabilitation for frail older  
adults

CARING FOR THE  
BODY, MIND & SPIRIT  
SINCE 1869



## Do you have frail, elderly patients who are:

- Being discharged from hospital?
- or
- Struggling to maintain their ability to stay at home:
  - following a surgery
  - after an illness
  - because of declining health?

If so, the Geriatric Rehabilitation Day Hospital's specialized rehabilitation service can help these patients to optimize their health, functional independence and quality of life.

The Geriatric Rehabilitation Day Hospital works to:

- Improve and optimize independence for older adults
- Facilitate earlier discharge from inpatient care areas
- Create an individualized treatment plan specific to the reason for referral and patient goals
- Provide health teaching in wound care, medications, pain, sleep, nutrition, and other health issues
- Provide a continuum of care to patients with an emphasis on discharge referrals so the patient is provided with follow-up service and support in the community

After the referral is received, patients will be contacted within 3 business days to arrange for an assessment for eligibility. If eligible, a six to eight week rehabilitation program will be developed. Patients generally attend 2 times per week, for 2 to 3 hours a day. Once they have completed the program, we facilitate referrals to community services such as the Community Care Access Centre (CCAC), so needs continue to be met.

## Eligibility Criteria

Those who are frail, over 60 years of age and who can benefit from an interdisciplinary approach to care from two or more services (clinical nutrition, nursing, occupational therapy, physiotherapy, speech language pathology, social work, therapeutic recreation) and have:

- recent functional decline and/or required emergency support in the last three months
- Sub-optimal health status
- Identified functional rehabilitation goals
- Ability to participate in the program safely

## Ineligibility

Those who are under 60 years of age or who:

- Are unable to benefit from functional rehabilitation
- Are medically unstable
- Require 1:1 supervision
- Require two person transfer

## Transportation

Transportation is the responsibility of the patient or their family.

Paratransit, the City of London's Specialized Transit Service, is available to most Day Hospital patients. An application process and ridership fee is required.

For information call (519) 451-1347 or to book call (519) 453-3444.

Meals On Wheels London provides transportation - a fee is charged per trip. For information call (519) 660-1430.

## Referral Process

Referrals can be initiated by any health professional and require the signature of the family physician, nurse practitioner or specialist.

Referrals can be phoned in or faxed. Referral forms are available at [www.sjhc.london.on.ca/geriatricdayhospital](http://www.sjhc.london.on.ca/geriatricdayhospital) or by calling 519-685-4809. A nurse case manager will discuss the referral with the referring source to establish needed information, priority, and patient needs.

The patient or designated caregiver will be contacted and given an appointment date for the nursing assessment.

There is no cost to attend. The purchase of equipment or therapeutic recreational supplies/equipment may incur some cost on an individual basis.

**For more information:**  
**(519) 685-4809**

**To fax a referral:**  
**(519) 685-4804**

