

PREPARATION FOR INTRAVENOUS PYELOGRAM



Diagnostic Imaging

This is an x-ray examination of the kidneys and bladder area after contrast (x-ray dye) has been injected into a vein in the arm. It is very important that the bowels are cleansed for this examination so that the kidneys can be seen clearly.

BOWEL PREPARATION:

Fleet Phospho-Soda (oral solution) 45 ml

Day Before the Examination:

1. Eat a normal breakfast and lunch.
2. Clear fluids for the rest of the day (no solid food or milk products).
3. 1/2 hour after lunch, drink entire contents of preparation (oral solution) over ice.
A strong cleansing action should be expected in 3-6 hours after drinking the preparation.
4. Drink one glass of fluid (225 ml) hourly until you go to bed to prevent dehydration (water preferred).
5. Liquid dinner of clear fluids (clear fluids can be consommé, Jell-o, popsicles, pop, plain coffee/tea).
6. **NOTHING TO EAT OR DRINK AFTER MIDNIGHT (UNTIL THE TEST IS FINISHED)**