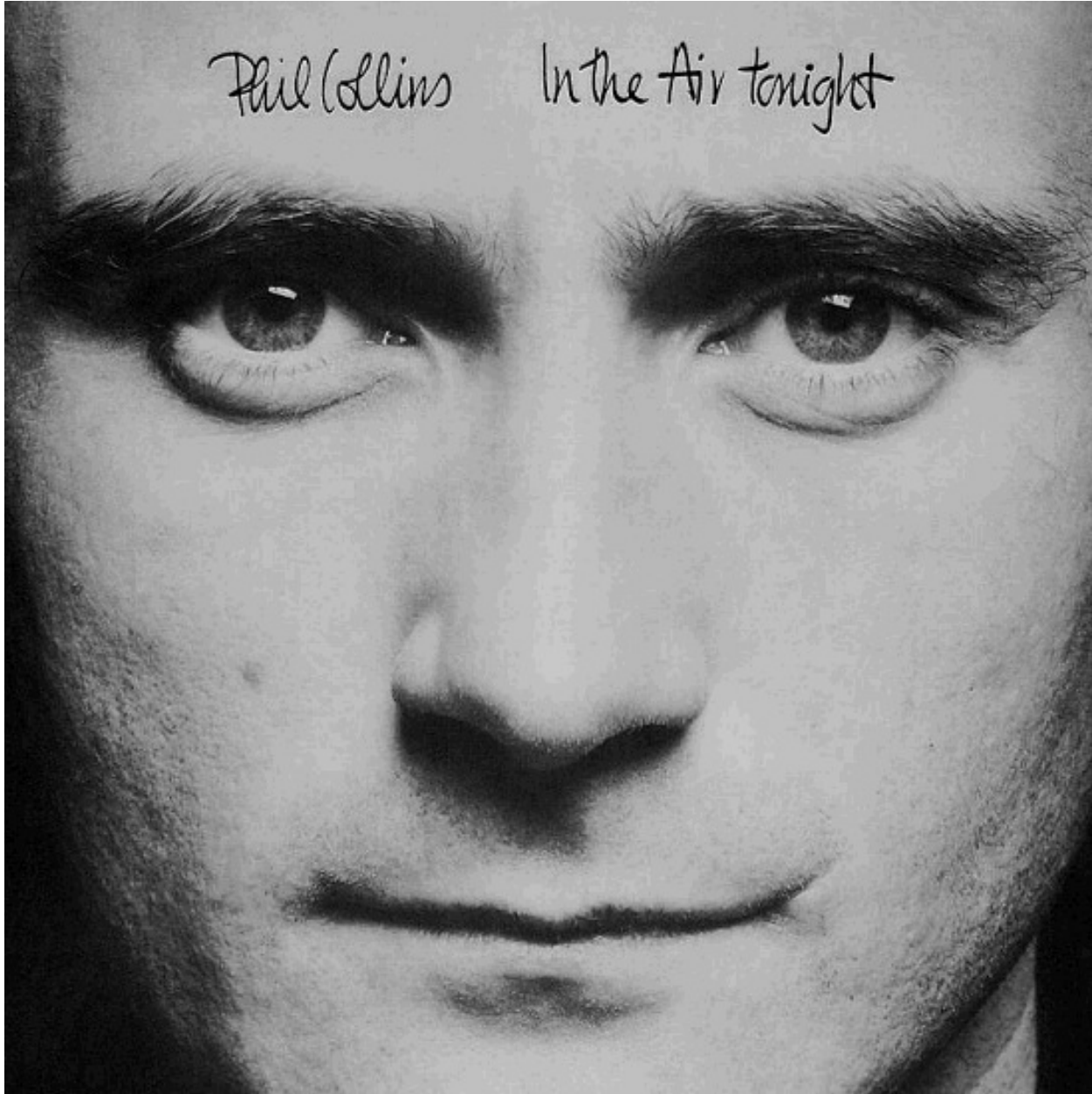


The Schulich Learner Wellness Office and You



Donald Farquhar, MD, SM, FRCPC
Professor of Medicine, Divisions of Internal Medicine and
Respirology
Assistant Dean, Resident Well Being
Office of Learner Equity and Wellness
Schulich School of Medicine, Western University

Phil Collins In the Air tonight



*I can feel it coming in the air tonight,
I've been waiting for this moment all my life.*

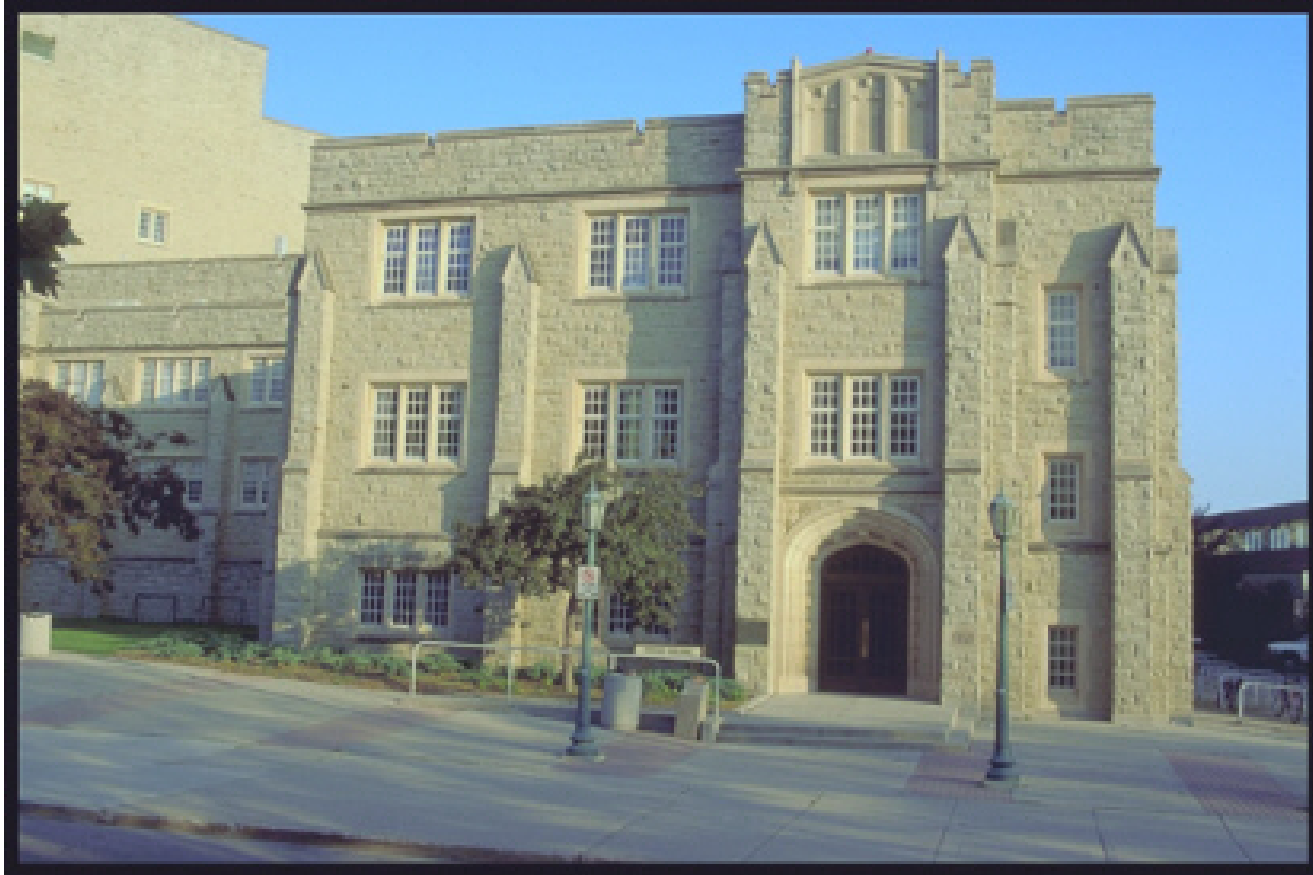
WE MAKE A
LIVING BY
WHAT WE GET,
BUT WE MAKE A
LIFE BY
WHAT WE GIVE.

~WINSTON CHURCHILL



*I was told when I got older all my fears would shrink,
But now I'm insecure and I care what people think.*

The Schulich Learner Wellness Office



Kresge Building, Western Campus

Who We Are



Dr. Terri Paul
Associate Dean, Learner
Equity & Wellness



Dr. Michael Rieder
Assistant Dean,
Undergraduate



Dr. Donald Farquhar
Assistant Dean, Postgraduate

Who We Are



Ms. Pam Bere
Manager/Counsellor
Learner Equity & Wellness



Ms. Margaret Wegrzyn
Administrative Assistant,
Learner Equity & Wellness

Who We Are



Dr. Arthur Kidd
Assistant Director
Learner Equity & Wellness, Windsor
Program



Stephanie Coccimiglio
Coordinator, Learner Equity &
Wellness, Windsor Program

What We Do

- Provide counselling, coaching and, where necessary, referrals to specialist physicians and other health care professionals
 - Physical or mental health concerns
 - Career transitions, workplace issues
 - Stress related to academic difficulty, performance issues, remediation, exam anxiety, learning needs, personal issues
- Collaborate with PARO, PGME office, residency programs, clinical departments and Medical Affairs to foster and promote a healthy workplace and work-life balance

Confidentiality

- We work at arm's length from residency programs, program directors, PGME office, and hospital Medical Affairs
- All information disclosed is held in strictest confidence, unless
 - You consent or request to have certain information shared (e.g. with the program director)
 - The situation is potentially harmful to you or others

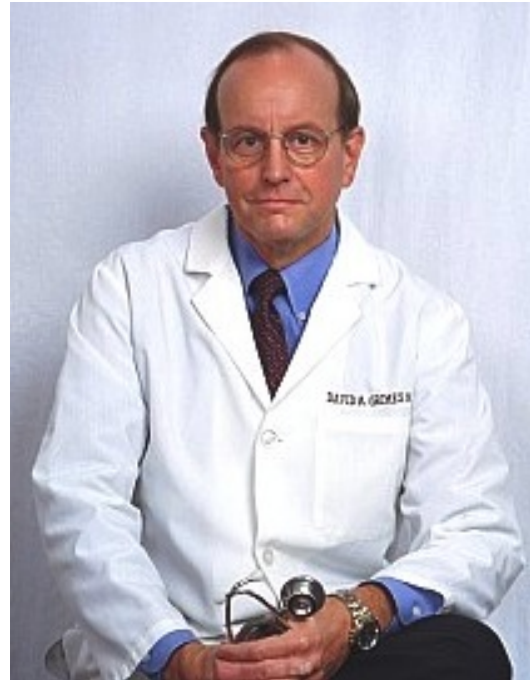
Contact Information

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- www.schulich.uwo.ca/learner-equity-wellness
- Blog:
 - www.schulich.uwo.ca/medicine/postgraduate/current_learners/wellness_blog/index.html

Physician Health: Deep Roots Anchor Strong Trees

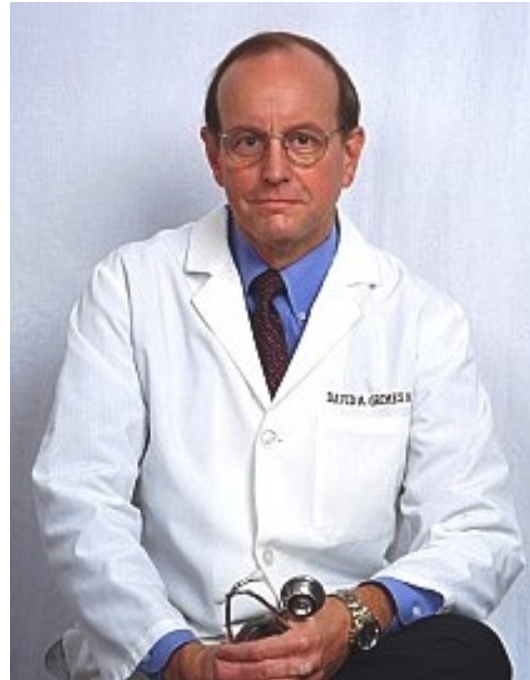






David Grimes, MD
Professor, Obstetrics & Gynecology and
Preventive Medicine
University of North Carolina

‘Excellent medical care must be guided by science, but inspired by love: both are essential.’



David Grimes, MD

Professor, Obstetrics & Gynecology and
Preventive Medicine
University of North Carolina





ENJOY
the
RiDE

