| **SUNDAY** | **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** | **SATURDAY** |
| --- | --- | --- | --- | --- | --- | --- |
|  | **Programs in bold are specific to Marian Villa 1** | 1Camp Woodeden (invite only) | 210:15Mass - Chapel**11:00 Exercise****1:30** **Green Thumb** | 3Camp Woodeden – Residents Under 65 (invite only)**10:00 Balance Group**3:00 Drumming-RH | 411:00 Church, Chapel/RH**1:30 Trivia** | 5 |
| 610:15 Mass | 7**Labour Day**1:30 - 3:00 Ice Cream Sundae Social -TS6:00 Movie Night - RH | 8 10:30 Anglican Service - MVDR**1:30 Baking- CR** | 9**8:30 Breakfast Club** 10:15Mass - Chapel**11:00 Exercise****1:30** **Green Thumb**6:30 Ageless Grace - RH | 10**10:00** **Balance Group****1:30 Manicures**12:00Blessing of SJHC Chapel- SJHC6:45 Pub Night – Tony Bycraft -RH | 11 11:00 Church, Chapel/RH**11:00 Happy & Healthy** **1:30 Coffee and Conversation**2:00 Alpha Program, RH | 12 10:30 Music with Michael Semenuk- RH |
| 1310:15 Mass | 14**9:30 Travel Log**10:15 Music with Bill –TS**10:45 Exercise**2:00 Bingo and Marian Delight - MVDR | 1510:30am Anglican Church, Chapel | 1610:15Mass - Chapel**11:00 Exercise** **1:30** **Green Thumb****1:30 Art with Robin –CR****4:00 Java Music Club**6:30 Ageless Grace - RH | 17**10:00** **Balance Group****1:30 Manicures**3:00 Drumming-RH6:45 Evening BINGO -MVDR | 1811:00 Church, Chapel/RH**11:00 Happy & Healthy****1:30 Trivia**2:00 Alpha Program, RH | 191:30 Polish Duo - TS |
| 2010:15 Mass | 21**9:30 Travel Log****10:45 Exercise**2:00 Bingo and Marian Delight – MVDR**3:15** **Spirituality Group** | 22**11:00 Mind Aerobics****1:30 Baking- CR** | 2310:15Mass - Chapel**11:00 Exercise** **1:30** **Green Thumb****4:00 Java Music Club** | 24**10:00** **Balance Group**2:00 Happy Hour – RH**6:00 Coffee and Conversation** | 2510:30 Music with Ross Ward-RH2:00 Birthday Party- MVDR2:00 Alpha Program, RH | 26 |
| 2710:15 Mass | 28**9:30 Cards & Board Games****10:45 Exercise**2:00 Bingo and Marian Delight -MVDR | 29**10:00 Community Outing/Drive –invitation****1:30 Mind Aerobics**2:00 Residents Council -RH |  |  | **Wellness Centre Gym****Monday 1:00 – 3:30****Wednesday 1:00 – 3:30****Friday 9:30 – 12:30** |  |

**September 2015 – Marian Villa 1 THERAPEUTIC PROGRAMS**

**September 2015 – Marion Villa 2 THERAPEUTIC PROGRAMS**

| **SUNDAY** | **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** | **SATURDAY** |
| --- | --- | --- | --- | --- | --- | --- |
|  | **Programs in bold are specific to Marion Villa 2** | **1** Camp Woodeden | **2** Camp Woodeden10:15 Mass – Chapel**11:00 Pet Therapy Visits** | **3** Camp Woodeden**11:00 Music Therapy****1:30 Travel Log**3:00 Drumming - RH | **4****10:30 Happy and Healthy**1:30 Card Club – MVDR**4:00 Rosary Group** | **5** |
| **6**10:15 Mass – Chapel | 7 **Labour Day**1:30 Ice Cream Sundae Social – TS6:00 Movie Night - RH | **8****9:45 Spa Time**10:30 Anglican Church - Chapel11:00 Picnic Outing (invitation only)**2:30 Bowling** | **9** 10:15 Mass – Chapel**11:00 Pet Therapy Visits**1:30 Creative Art – MVDR6:30 Ageless Grace - RH | **10****9:45 Mind Aerobics** 1:30 Baking – CR6:45 Pub ft. Tony Bycraft - RH | **11**10:00 Shuffle Board – TS **10:30 Happy and Healthy** 1:30 Card Club – MVDR2:00 Alpha Program - RH  | **12**10:30 Music with Michael Semenek - RH |
| **13**10:15 Mass – Chapel | **14****9:30 Green Thumb**10:15 Music with Bill –TS**10:45 Exercise Group**2:00 Bingo and Marian Delight - MVDR**3:15 Spirituality Group** | **15****9:45 Spa Time****1:30 News and Views****3:15 Spirituality Group** | **16****9:45 Fun and Games**10:15 Mass – chapel**11:00 Pet Therapy Visits****1:30 Travel Log****2:45 Chimes** 6:30 Ageless Grace - RH | **17****9:45 Mind Aerobics** **11:00 Music Therapy****1:30 Shake Loose A Memory** **3:00 Drumming-RH**6:45 Evening BINGO -MVDR | **18**10:00 Shuffle Board – TS**10:30 Happy and Healthy**1:30 Card Club – MVDR2:00 Alpha Program - RH  | **19**1:30 Polish Duo - TS |
| **20**10:15 Mass – Chapel | **21****9:30 Green Thumb****10:45 Exercise Group**2:00 Bingo and Marian Delight – MVDR | **22****9:45 Spa Time**10:00 Shopping Outing (invitation only)**1:30 Bowling**  | **23****9:45 Fun and Games**10:15 Mass – Chapel**11:00 Pet Therapy Visits****2:45 Chimes** | **24****9:45 Mind Aerobics** **11:00 Music Therapy**2:00 Happy Hour – RH4:30 Dinner Club - MVDR | **25**10:30 Music with Ross Ward- RH2:00 Birthday Party -MVDR2:00 Alpha Program - RH | **26** |
| **27**10:15 Mass - Chapel | **28****9:30 Green Thumb**10:00 Country Drive Outing (Invitation Only)**10:45 Exercise Group**2:00 Bingo and Marian Delight –MVDR**3:15 Spirituality Group** | **29****9:45 Spa Time** **1:30 News and Views**2:00 Residents’ Council - RH | **30****9:45 Fun and Games** **10:15 Mass - Chapel****11:00 Pet Therapy Visits****2:00** Men’s Club – MVDR **2:45 Chimes**6:30 Floor Hockey - RH |  | **Wellness Centre Gym****Tuesday 1:00 – 3:30Thursday 1:00 – 3:30Friday 1:00 – 3:30** |  |

**September 2015 – Marian Villa 3 THERAPEUTIC PROGRAMS**

| **SUNDAY** | **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** | **SATURDAY** |
| --- | --- | --- | --- | --- | --- | --- |
|  | **Programs in bold are specific to Marion Villa 3** | **1** Camp Woodeden**11:00 Exercise Group** | **2 C**amp Woodeden**10:15 Pet Therapy Visits**10:15 Mass - Chapel | **3** Camp Woodeden**9:45 Music Therapy****10:30 Spirituality Group**3:00 Drumming-RH | 4**9:30 Happy and Healthy**11:00 Church - Chapel/RH**1:30 Creative Sounds** 1:30 Card Club – MVDR  | **5** |
| **6**10:15 Mass – Chapel | **7** **Labour Day**1:30 Ice Cream Sundae Social – TS6:00 Movie Night - RH | **8****9:30 Music w/ Derek**10:30 Anglican Church – Chapel11:00 Picnic Outing (invitation only)**11:00 Exercise Group****2:30 Fun and Games** | **9** **10:00 Creative Art** **10:15 Pet Therapy Visits**10:15 Mass – Chapel**1:30 Mind Aerobics**6:30 Ageless Grace -RH | **10****10:30 Spirituality Group**1:30 Baking – CR **3:30 Spa Time**6:45 Pub ft. Suzie Q - RH | **11****9:30 Happy and Healthy**10:00 Shuffleboard – TS 11:00 Church – Chapel/RH1:30 Card Club – MVDR2:00 Alpha Program, RH | **12**10:30 Music with Michael Semenek - RH |
| **13**10:15 Mass – Chapel | **14**10:15 Music with Bill –MVDR**10:30 Travel Log**2:00 Bingo and Marian Delight – MVDR **2:00 Green Thumb** | **15****11:00 Exercise Group1:30 Talk and Taste** | **16****10:15 Pet Therapy Visits**10:15 Mass – Chapel **10:45 Fun and Games****1:30 Mind Aerobics**6:30 Ageless Grace -RH | **17****9:45 Music Therapy****10:30 Spirituality Group**3:00 Drumming-RH**3:30Spa Time**6:45 Evening BINGO -MVDR | **18****9:30 Happy and Healthy** 10:00 Shuffleboard – TS11:00 Church - Chapel/RH1:30 Card Club – MVDR2:00 Alpha Program, RH  | **19**1:30 Polish Duo - TS |
| **20**10:15 Mass – Chapel | **21****10:30 Travel Log** 2:00 Bingo and Marian Delight – MVDR**2:00 Green Thumb** | **22** 10:00 Shopping Outing (Invitation Only)**11:00 Exercise Group****1:30 Name That Tune** | **23****10:15 Pet Therapy Visits**10:15 Mass – Chapel**10:45** **Fun and Games****1:30 Mind Aerobics** | **24****9:45 Music Therapy****10:30 Spirituality Group****10:30 Spa Time** 2:00 Happy Hour – RH4:30 Dinner Club – MVDR  | **25****9:30 Happy and Healthy**10:30 Music with Ross Ward – RH2:00 Birthday Party - MVDR | **26** |
| **27**10:15 Mass - Chapel | **28**10:00 Country Drive Outing (invitation only)**10:45 Touch and Music**2:00 Bingo and Marian Delight –MVDR**2:00 Green Thumb** | **29****11:00 Exercise Group****1:30 Shake Loose A Memory**2:00 Residents’ Council - RH | **30****10:15 Pet Therapy Visits**10:15 Mass, Chapel**10:45 Fun and Games**2:00 Men’s Club – MVDR6:30 Floor Hockey - RH |  | **Wellness Centre Gym****Tuesday 1:00 – 3:30Thursday 1:00 – 3:30Friday 9:30 – 11:30** |  |

**September 2015 – Marian Villa 4 THERAPEUTIC PROGRAMS**

| **SUNDAY** | **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** | **SATURDAY** |
| --- | --- | --- | --- | --- | --- | --- |
|  | **Programs in bold are specific to Marian Villa 4** | 1Camp Woodeden (invite only)**11:00 Healthy Rhythms** | 210:15 Mass – Chapel | 3Camp Woodeden – Residents Under 65 (invite only) | 4 Sierra off**9:30 Healthy Rhythms**11 Church, Chapel/RH**1:30 Anything Goes** | 5 |
| 610:15 Mass | 7 **Labour Day**1:30 – 3:00Ice Cream Sundae Social - TS6:00 Movie Night - RH | 8 Sierra/Amy G. off10:30 Anglican ServiceMVDR**11:00 Healthy Rhythms****11:00 Garden Walks** | 9**10:15 Baking -CR**10:15 Mass – Chapel**2:30 Dorothy Sings****4:00 Reading Group**6:30 Ageless Grace - RH | 10**10:00 Pet Therapy**6:45 Pub ft. Tony Bycraft - RH | 11**10:30 Coffee and Conversation**11 Church, Chapel/RH**1:30 Anything Goes****6:30 Music & Manicures** | 12 Amy is working10:30 Music with Michael Semenuk- RH |
| 1310:15 Mass | 1410:15 Music with Bill –TS2:00 Bingo and Marian Delight - MVDR**4:00 Fun on Four** | 15**9:30 Country Drive****11:00 Healthy Rhythms****6:00 What’s Cookin?** | 16**9:30 Art with Robin -CR**10:15 Mass – Chapel**1:30 Cranium Crunches**6:30 Ageless Grace - RH | 17**3:00 Spirituality Group****4:00 Popsicles in the Garden (weather permitting)**6:45 Evening BINGO –MVDR | 18 **10:30 Coffee and Conversation**11 Church, Chapel/RH**1:30 Anything Goes****6:30 Music & Manicures** | 191:30 Polish Duo - TS |
| 2010:15 Mass | 21**10:30 Music and Manicures** 2:00 Bingo and Marian Delight – MVDR**4:00 Fun on Four****6:00 Sing a long** | 22**8:30 Breakfast Club****9:30 Fun and Fit****11:00 Garden Walks****11:00 Healthy Rhythms****2:00 Hymn Sing****4:00 Rolls and Strolls****6:00 Whats Cookin?** | 23**9:30 Ball Toss** **10:15 Baking –CR**10:15 Mass – Chapel**1:30 Cranium Crunches****4:00 Reading Group****6:00 Games Night** | 24**10:00 Pet Therapy**2:00 Happy Hour -RH**3:00 Spirituality Group-cancelled today only****4:00 Traveling Cart****6:00 Movie Night** | 2510:30 Music with Ross Ward -RH2:00 Birthday Party -MVDR**4:00 Crafty Corner****6:30 Music & Manicures** | 26 |
| 2710:15 Mass | 28**10:30 Music and Manicures** 2:00 Bingo and Marian Delight –MVDR**4:00 Fun on Four****6:00 Sing a long** | 29**11:00 Healthy Rhythms**2:00 Residents Council –RH**4:00 Rolls and Strolls****6:00 Whats Cookin**? | 30**9:30 Ball Toss****10:15 Baking –CR****1:30 Cranium Crunches****4:00 Reading Group****6:00 Games Night**6:30 Floor Hockey Skills Night -RH |  | **Wellness Centre Gym****Monday 1:00 – 3:30****Wednesday 1:00 – 3:30****Friday 9:30 – 12:30** |  |

**September 2015 - Marian Villa 5 THERAPEUTIC PROGRAMS**

| **SUNDAY** | **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** | **SATURDAY** |
| --- | --- | --- | --- | --- | --- | --- |
|  | **Programs in bold are specific to Marion Villa 5** | 1 Camp Woodeden | 2 Camp Woodeden**9:30 Pet Therapy Visits**10:15 Mass - Chapel**10:45 Group Exercise** | **3** Camp Woodeden**2:30 Travel Log** | **4**11:00 Church - Chapel1:30 Card Club – MVDR | **5** |
| **6**10:15 Mass – Chapel | 7 **Labour Day**1:30 Ice Cream Sundae Social – TS6:00 Movie Night - RH | **8****10:30 Spa Time**10:30 Anglican Service – Chapel **10:45 Music w/ Derek**11:00 Picnic Outing (Invitation Only)**1:30 Spirituality Group** | **9****9:30 Pet Therapy Visits**10:15 Mass – Chapel**10:45 Group Exercise****11:00 Rosary Group****1:30 Creative Arts-MVDR**6:30 Ageless Grace -RH | **10****10:45 Mind Aerobics****3:00 Java Music Club**6:45 Pub ft. Suzie Q - RH | **11**8:00 Breakfast Club10:00 Shuffleboard – TS 11:00 Church – Chapel 1:30 Card Club – MVDR2:00 Alpha Program - RH | **12**10:30 Music with Michael Semenek - RH |
| **13**10:15 Mass – Chapel | **14****9:30 Fun and Games**10:15 Music with Bill –TS**10:45 Green Thumb**2:00 Bingo and Marian Delight - MVDR3:00 Western Fair Outing (Invitation Only) | **15****10:30 Spa Time****1:30 Spirituality Group****2:30 Bowling** | **16****9:30 Pet Therapy Visits**10:15 Mass – Chapel**10:45 Group Exercise****11:00 Rosary Group****2:30 Travel Log**6:30 Ageless Grace -RH | **17****10:45 Mind Aerobics****2:30 Coffee and Conversation**3:00 Drumming - RH6:45 Evening BINGO -MVDR | **18**10:00 Shuffleboard – TS11:00 Church - Chapel1:30 Card Club – MVDR 2:00 Alpha Program - RH | **19**1:30 Polish Duo - TS |
| **20**10:15 Mass – Chapel | **21****9:30 Fun and Games****10:45 Green Thumb**2:00 Bingo and Marian Delight – MVDR**3:30 Happy and Healthy** | **22** 10:00 Shopping Outing (invitation only)**10:30 Spa Time****2:30 Bocce Ball**  | **23****9:30 Pet Therapy Visits**10:15 Mass – Chapel**10:45 Group Exercise****11:00 Rosary Group****1:30 Baking** | **24****10:45 Mind Aerobics****1:30 Spirituality Group**2:00 Happy Hour – RH**3:00 Java Music Club**4:30 Dinner Club – MVDR  | **25**10:30 Music with Ross Ward - RH2:00 Birthday Party – MVDR2:00 Alpha Program - RH | **26** |
| **27**10:15 Mass – Chapel | **28**10:00 Country Drive Outing (Invitation Only)**10:45 Green Thumb**2:00 Bingo and Marian Delight –MVDR**3:30 Happy and Healthy**  | **29****10:30 Spa Time** 2:00 Residents’ Council - RH**2:30 Bowling** | **30****9:30 Pet Therapy Visits**10:15 Mass – Chapel**10:45 Group Exercise**2:00 Men’s Club – MVDR6:30 Floor Hockey - RH |  | **Wellness Centre Gym****Tuesday 1:00 – 3:30Thursday 1:00 – 3:30Friday 1:00 – 3:30** |  |