| **SUNDAY** | **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** | **SATURDAY** |
| --- | --- | --- | --- | --- | --- | --- |
|  | **Programs in bold are specific to Marian Villa 1** | 1  Camp Woodeden  (invite only) | 2  10:15Mass - Chapel  **11:00 Exercise**  **1:30** **Green Thumb** | 3  Camp Woodeden – Residents Under 65 (invite only)  **10:00 Balance Group**  3:00 Drumming-RH | 4  11:00 Church, Chapel/RH  **1:30 Trivia** | 5 |
| 6  10:15 Mass | 7  **Labour Day**  1:30 - 3:00 Ice Cream Sundae Social -TS  6:00 Movie Night - RH | 8  10:30 Anglican Service - MVDR  **1:30 Baking- CR** | 9  **8:30 Breakfast Club**  10:15Mass - Chapel  **11:00 Exercise**  **1:30** **Green Thumb**  6:30 Ageless Grace - RH | 10  **10:00** **Balance Group**  **1:30 Manicures**  12:00Blessing of SJHC Chapel- SJHC  6:45 Pub Night – Tony Bycraft -RH | 11  11:00 Church, Chapel/RH  **11:00 Happy & Healthy**  **1:30 Coffee and Conversation**  2:00 Alpha Program, RH | 12  10:30 Music with Michael Semenuk- RH |
| 13  10:15 Mass | 14  **9:30 Travel Log**  10:15 Music with Bill –TS  **10:45 Exercise**  2:00 Bingo and Marian Delight - MVDR | 15  10:30am Anglican Church, Chapel | 16  10:15Mass - Chapel  **11:00 Exercise**  **1:30** **Green Thumb**  **1:30 Art with Robin –CR**  **4:00 Java Music Club**  6:30 Ageless Grace - RH | 17  **10:00** **Balance Group**  **1:30 Manicures**  3:00 Drumming-RH  6:45 Evening BINGO -MVDR | 18  11:00 Church, Chapel/RH  **11:00 Happy & Healthy**  **1:30 Trivia**  2:00 Alpha Program, RH | 19  1:30 Polish Duo - TS |
| 20  10:15 Mass | 21  **9:30 Travel Log**  **10:45 Exercise**  2:00 Bingo and Marian Delight – MVDR  **3:15** **Spirituality Group** | 22  **11:00 Mind Aerobics**  **1:30 Baking- CR** | 23  10:15Mass - Chapel  **11:00 Exercise**  **1:30** **Green Thumb**  **4:00 Java Music Club** | 24  **10:00** **Balance Group**  2:00 Happy Hour – RH  **6:00 Coffee and Conversation** | 25  10:30 Music with Ross Ward  -RH  2:00 Birthday Party- MVDR  2:00 Alpha Program, RH | 26 |
| 27  10:15 Mass | 28  **9:30 Cards & Board Games**  **10:45 Exercise**  2:00 Bingo and Marian Delight -MVDR | 29  **10:00 Community Outing/Drive –invitation**  **1:30 Mind Aerobics**  2:00 Residents Council -RH |  |  | **Wellness Centre Gym**  **Monday 1:00 – 3:30**  **Wednesday 1:00 – 3:30**  **Friday 9:30 – 12:30** |  |

**September 2015 – Marian Villa 1 THERAPEUTIC PROGRAMS**

**September 2015 – Marion Villa 2 THERAPEUTIC PROGRAMS**

| **SUNDAY** | **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** | **SATURDAY** |
| --- | --- | --- | --- | --- | --- | --- |
|  | **Programs in bold are specific to Marion Villa 2** | **1** Camp Woodeden | **2** Camp Woodeden  10:15 Mass – Chapel **11:00 Pet Therapy Visits** | **3** Camp Woodeden  **11:00 Music Therapy**  **1:30 Travel Log**  3:00 Drumming - RH | **4**  **10:30 Happy and Healthy**  1:30 Card Club – MVDR  **4:00 Rosary Group** | **5** |
| **6**  10:15 Mass – Chapel | 7 **Labour Day**  1:30 Ice Cream Sundae Social – TS 6:00 Movie Night - RH | **8**  **9:45 Spa Time**  10:30 Anglican Church - Chapel  11:00 Picnic Outing  (invitation only)  **2:30 Bowling** | **9**  10:15 Mass – Chapel  **11:00 Pet Therapy Visits**  1:30 Creative Art – MVDR  6:30 Ageless Grace - RH | **10**  **9:45 Mind Aerobics**  1:30 Baking – CR  6:45 Pub ft. Tony Bycraft - RH | **11**  10:00 Shuffle Board – TS  **10:30 Happy and Healthy**  1:30 Card Club – MVDR  2:00 Alpha Program - RH | **12**  10:30 Music with Michael Semenek - RH |
| **13**  10:15 Mass – Chapel | **14**  **9:30 Green Thumb**  10:15 Music with Bill –TS  **10:45 Exercise Group**  2:00 Bingo and Marian Delight - MVDR  **3:15 Spirituality Group** | **15**  **9:45 Spa Time**  **1:30 News and Views**  **3:15 Spirituality Group** | **16**  **9:45 Fun and Games**  10:15 Mass – chapel  **11:00 Pet Therapy Visits**  **1:30 Travel Log**  **2:45 Chimes**  6:30 Ageless Grace - RH | **17**  **9:45 Mind Aerobics**  **11:00 Music Therapy**  **1:30 Shake Loose A Memory**  **3:00 Drumming-RH**  6:45 Evening BINGO -MVDR | **18**  10:00 Shuffle Board – TS  **10:30 Happy and Healthy**  1:30 Card Club – MVDR  2:00 Alpha Program - RH | **19**  1:30 Polish Duo - TS |
| **20**  10:15 Mass – Chapel | **21**  **9:30 Green Thumb**  **10:45 Exercise Group**  2:00 Bingo and Marian Delight – MVDR | **22**  **9:45 Spa Time**  10:00 Shopping Outing (invitation only)  **1:30 Bowling** | **23**  **9:45 Fun and Games**  10:15 Mass – Chapel  **11:00 Pet Therapy Visits**  **2:45 Chimes** | **24**  **9:45 Mind Aerobics**  **11:00 Music Therapy**  2:00 Happy Hour – RH  4:30 Dinner Club - MVDR | **25**  10:30 Music with Ross Ward- RH  2:00 Birthday Party -MVDR  2:00 Alpha Program - RH | **26** |
| **27**  10:15 Mass - Chapel | **28**  **9:30 Green Thumb**  10:00 Country Drive Outing (Invitation Only) **10:45 Exercise Group**  2:00 Bingo and Marian Delight –MVDR  **3:15 Spirituality Group** | **29**  **9:45 Spa Time**  **1:30 News and Views**  2:00 Residents’ Council - RH | **30**  **9:45 Fun and Games**  **10:15 Mass - Chapel**  **11:00 Pet Therapy Visits**  **2:00** Men’s Club – MVDR **2:45 Chimes**  6:30 Floor Hockey - RH |  | **Wellness Centre Gym**  **Tuesday 1:00 – 3:30 Thursday 1:00 – 3:30 Friday 1:00 – 3:30** |  |

**September 2015 – Marian Villa 3 THERAPEUTIC PROGRAMS**

| **SUNDAY** | **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** | **SATURDAY** |
| --- | --- | --- | --- | --- | --- | --- |
|  | **Programs in bold are specific to Marion Villa 3** | **1** Camp Woodeden  **11:00 Exercise Group** | **2 C**amp Woodeden  **10:15 Pet Therapy Visits**  10:15 Mass - Chapel | **3** Camp Woodeden  **9:45 Music Therapy**  **10:30 Spirituality Group**  3:00 Drumming-RH | 4  **9:30 Happy and Healthy** 11:00 Church - Chapel/RH  **1:30 Creative Sounds**  1:30 Card Club – MVDR | **5** |
| **6**  10:15 Mass – Chapel | **7** **Labour Day**  1:30 Ice Cream Sundae Social – TS 6:00 Movie Night - RH | **8**  **9:30 Music w/ Derek**  10:30 Anglican Church – Chapel 11:00 Picnic Outing (invitation only)  **11:00 Exercise Group** **2:30 Fun and Games** | **9**  **10:00 Creative Art**  **10:15 Pet Therapy Visits**  10:15 Mass – Chapel  **1:30 Mind Aerobics**  6:30 Ageless Grace -RH | **10**  **10:30 Spirituality Group**  1:30 Baking – CR  **3:30 Spa Time**  6:45 Pub ft. Suzie Q - RH | **11**  **9:30 Happy and Healthy**  10:00 Shuffleboard – TS  11:00 Church – Chapel/RH  1:30 Card Club – MVDR  2:00 Alpha Program, RH | **12**  10:30 Music with Michael Semenek - RH |
| **13**  10:15 Mass – Chapel | **14**  10:15 Music with Bill –MVDR **10:30 Travel Log**  2:00 Bingo and Marian Delight – MVDR  **2:00 Green Thumb** | **15**  **11:00 Exercise Group 1:30 Talk and Taste** | **16**  **10:15 Pet Therapy Visits**  10:15 Mass – Chapel  **10:45 Fun and Games**  **1:30 Mind Aerobics**  6:30 Ageless Grace -RH | **17**  **9:45 Music Therapy**  **10:30 Spirituality Group**  3:00 Drumming-RH  **3:30Spa Time**  6:45 Evening BINGO -MVDR | **18**  **9:30 Happy and Healthy**  10:00 Shuffleboard – TS  11:00 Church - Chapel/RH  1:30 Card Club – MVDR  2:00 Alpha Program, RH | **19**  1:30 Polish Duo - TS |
| **20**  10:15 Mass – Chapel | **21**  **10:30 Travel Log**  2:00 Bingo and Marian Delight – MVDR  **2:00 Green Thumb** | **22**  10:00 Shopping Outing (Invitation Only)  **11:00 Exercise Group**  **1:30 Name That Tune** | **23**  **10:15 Pet Therapy Visits**  10:15 Mass – Chapel  **10:45** **Fun and Games**  **1:30 Mind Aerobics** | **24**  **9:45 Music Therapy**  **10:30 Spirituality Group**  **10:30 Spa Time**  2:00 Happy Hour – RH  4:30 Dinner Club – MVDR | **25**  **9:30 Happy and Healthy**  10:30 Music with Ross Ward – RH  2:00 Birthday Party - MVDR | **26** |
| **27**  10:15 Mass - Chapel | **28**  10:00 Country Drive Outing (invitation only) **10:45 Touch and Music**  2:00 Bingo and Marian Delight –MVDR  **2:00 Green Thumb** | **29**  **11:00 Exercise Group**  **1:30 Shake Loose A Memory**  2:00 Residents’ Council - RH | **30**  **10:15 Pet Therapy Visits**  10:15 Mass, Chapel  **10:45 Fun and Games**  2:00 Men’s Club – MVDR  6:30 Floor Hockey - RH |  | **Wellness Centre Gym**  **Tuesday 1:00 – 3:30 Thursday 1:00 – 3:30 Friday 9:30 – 11:30** |  |

**September 2015 – Marian Villa 4 THERAPEUTIC PROGRAMS**

| **SUNDAY** | **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** | **SATURDAY** |
| --- | --- | --- | --- | --- | --- | --- |
|  | **Programs in bold are specific to Marian Villa 4** | 1  Camp Woodeden (invite only)  **11:00 Healthy Rhythms** | 2  10:15 Mass – Chapel | 3  Camp Woodeden – Residents Under 65 (invite only) | 4 Sierra off  **9:30 Healthy Rhythms**  11 Church, Chapel/RH  **1:30 Anything Goes** | 5 |
| 6  10:15 Mass | 7 **Labour Day**  1:30 – 3:00 Ice Cream Sundae Social - TS  6:00 Movie Night - RH | 8 Sierra/Amy G. off  10:30 Anglican Service  MVDR  **11:00 Healthy Rhythms**  **11:00 Garden Walks** | 9  **10:15 Baking -CR**  10:15 Mass – Chapel  **2:30 Dorothy Sings**  **4:00 Reading Group**  6:30 Ageless Grace - RH | 10  **10:00 Pet Therapy**  6:45 Pub ft. Tony Bycraft - RH | 11  **10:30 Coffee and Conversation**  11 Church, Chapel/RH  **1:30 Anything Goes**  **6:30 Music & Manicures** | 12 Amy is working  10:30 Music with Michael Semenuk- RH |
| 13  10:15 Mass | 14  10:15 Music with Bill –TS  2:00 Bingo and Marian Delight - MVDR  **4:00 Fun on Four** | 15  **9:30 Country Drive**  **11:00 Healthy Rhythms**  **6:00 What’s Cookin?** | 16  **9:30 Art with Robin -CR**  10:15 Mass – Chapel  **1:30 Cranium Crunches**  6:30 Ageless Grace - RH | 17  **3:00 Spirituality Group**  **4:00 Popsicles in the Garden (weather permitting)**  6:45 Evening BINGO –MVDR | 18  **10:30 Coffee and Conversation**  11 Church, Chapel/RH  **1:30 Anything Goes**  **6:30 Music & Manicures** | 19  1:30 Polish Duo - TS |
| 20  10:15 Mass | 21  **10:30 Music and Manicures**  2:00 Bingo and Marian Delight – MVDR  **4:00 Fun on Four**  **6:00 Sing a long** | 22  **8:30 Breakfast Club**  **9:30 Fun and Fit**  **11:00 Garden Walks**  **11:00 Healthy Rhythms**  **2:00 Hymn Sing**  **4:00 Rolls and Strolls**  **6:00 Whats Cookin?** | 23  **9:30 Ball Toss**  **10:15 Baking –CR**  10:15 Mass – Chapel  **1:30 Cranium Crunches**  **4:00 Reading Group**  **6:00 Games Night** | 24  **10:00 Pet Therapy**  2:00 Happy Hour -RH  **3:00 Spirituality Group-cancelled today only**  **4:00 Traveling Cart**  **6:00 Movie Night** | 25  10:30 Music with Ross Ward -RH  2:00 Birthday Party -MVDR  **4:00 Crafty Corner**  **6:30 Music & Manicures** | 26 |
| 27  10:15 Mass | 28  **10:30 Music and Manicures**  2:00 Bingo and Marian Delight –MVDR  **4:00 Fun on Four**  **6:00 Sing a long** | 29  **11:00 Healthy Rhythms**  2:00 Residents Council –RH  **4:00 Rolls and Strolls**  **6:00 Whats Cookin**? | 30  **9:30 Ball Toss**  **10:15 Baking –CR**  **1:30 Cranium Crunches**  **4:00 Reading Group**  **6:00 Games Night**  6:30 Floor Hockey Skills Night -RH |  | **Wellness Centre Gym**  **Monday 1:00 – 3:30**  **Wednesday 1:00 – 3:30**  **Friday 9:30 – 12:30** |  |

**September 2015 - Marian Villa 5 THERAPEUTIC PROGRAMS**

| **SUNDAY** | **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** | **SATURDAY** |
| --- | --- | --- | --- | --- | --- | --- |
|  | **Programs in bold are specific to Marion Villa 5** | 1 Camp Woodeden | 2 Camp Woodeden  **9:30 Pet Therapy Visits** 10:15 Mass - Chapel **10:45 Group Exercise** | **3** Camp Woodeden  **2:30 Travel Log** | **4**  11:00 Church - Chapel  1:30 Card Club – MVDR | **5** |
| **6**  10:15 Mass – Chapel | 7 **Labour Day**  1:30 Ice Cream Sundae Social – TS 6:00 Movie Night - RH | **8**  **10:30 Spa Time**  10:30 Anglican Service – Chapel  **10:45 Music w/ Derek** 11:00 Picnic Outing (Invitation Only)  **1:30 Spirituality Group** | **9**  **9:30 Pet Therapy Visits**  10:15 Mass – Chapel  **10:45 Group Exercise**  **11:00 Rosary Group**  **1:30 Creative Arts-MVDR**  6:30 Ageless Grace -RH | **10**  **10:45 Mind Aerobics**  **3:00 Java Music Club**  6:45 Pub ft. Suzie Q - RH | **11**  8:00 Breakfast Club  10:00 Shuffleboard – TS  11:00 Church – Chapel  1:30 Card Club – MVDR 2:00 Alpha Program - RH | **12**  10:30 Music with Michael Semenek - RH |
| **13**  10:15 Mass – Chapel | **14**  **9:30 Fun and Games**  10:15 Music with Bill –TS  **10:45 Green Thumb**  2:00 Bingo and Marian Delight - MVDR  3:00 Western Fair Outing (Invitation Only) | **15**  **10:30 Spa Time**  **1:30 Spirituality Group**  **2:30 Bowling** | **16**  **9:30 Pet Therapy Visits**  10:15 Mass – Chapel  **10:45 Group Exercise**  **11:00 Rosary Group**  **2:30 Travel Log**  6:30 Ageless Grace -RH | **17**  **10:45 Mind Aerobics**  **2:30 Coffee and Conversation**  3:00 Drumming - RH  6:45 Evening BINGO -MVDR | **18**  10:00 Shuffleboard – TS  11:00 Church - Chapel  1:30 Card Club – MVDR  2:00 Alpha Program - RH | **19**  1:30 Polish Duo - TS |
| **20**  10:15 Mass – Chapel | **21**  **9:30 Fun and Games**  **10:45 Green Thumb**  2:00 Bingo and Marian Delight – MVDR  **3:30 Happy and Healthy** | **22**  10:00 Shopping Outing (invitation only)  **10:30 Spa Time**  **2:30 Bocce Ball** | **23**  **9:30 Pet Therapy Visits**  10:15 Mass – Chapel  **10:45 Group Exercise**  **11:00 Rosary Group**  **1:30 Baking** | **24**  **10:45 Mind Aerobics**  **1:30 Spirituality Group**  2:00 Happy Hour – RH  **3:00 Java Music Club**  4:30 Dinner Club – MVDR | **25**  10:30 Music with Ross Ward - RH  2:00 Birthday Party – MVDR  2:00 Alpha Program - RH | **26** |
| **27**  10:15 Mass – Chapel | **28**  10:00 Country Drive Outing (Invitation Only)  **10:45 Green Thumb**  2:00 Bingo and Marian Delight –MVDR  **3:30 Happy and Healthy** | **29**  **10:30 Spa Time**  2:00 Residents’ Council - RH  **2:30 Bowling** | **30**  **9:30 Pet Therapy Visits**  10:15 Mass – Chapel  **10:45 Group Exercise** 2:00 Men’s Club – MVDR 6:30 Floor Hockey - RH |  | **Wellness Centre Gym**  **Tuesday 1:00 – 3:30 Thursday 1:00 – 3:30 Friday 1:00 – 3:30** |  |