## Physician Development Workshops

Leadership Development workshops are unique classroom experiences for LHSC Leaders, Regional Partners and Physicians focused on cultivating leadership ability and personal effectiveness.

#### **Crucial Conversations for Leaders**

2-day workshop

Crucial Conversations for Leaders teaches skills for creating alignment and agreement by fostering open dialogue around high-stakes, emotional, or risky topics—at all levels of your organization. By learning how to speak and be heard (and encouraging others to do the same), you'll begin to surface the best ideas, make the highest-quality decisions, and then act on your decisions with unity and commitment.

Dates: April 20 & 27, 2016

### **Crucial Accountability**

1-day workshop

This one-day workshop builds on the skills learned in Crucial Conversations. It introduces a powerful set of new skills to resolve the most challenging accountability issues, including: resolving violated expectations, broken commitments and bad behaviour. This workshop will engage you in extensive in-class practice, group participation, and personal reflection as you explore and master these crucial skills.

**Prerequisite:** Crucial Conversations

Dates: October 21, 2015

April 26, 2016

Cost: \$175

#### Influencer

2-day workshop

Drawing on the skills of hundreds of successful influencers, and combining them with five decades of the top-notch social science research, Influencer(TM) teaches powerful principles for change.

#### Prerequisite:

Participants must bring to class a real "influence" challenge project that they will work on and apply the learning to throughout the program.

Dates: September 29 & October 6, 2015

May 17 & 24, 2016

Cost: \$230











## Emotional Intelligence (Module I) Self Awareness

1/2-day workshop

In this session we will explore theory, brain science and frameworks for Emotional Intelligence, and introduce a model for enhancing your interpersonal influence style. Participants will have an opportunity to complete a self-assessment tool and learn techniques for generating insight into patterns of behaviours while increasing assertiveness in the workplace. (This is a prerequisite to Module II - Self Management)

**Dates:** November 30, 2015, February 10, April 13, 2016

# Emotional Intelligence (Module II) Self Management

1/2-day workshop

This workshop is built on the foundational skill of Self Awareness and will introduce theory and the science of motivation and emotional regulation, tools and techniques for managing in the moment and practices for enhancing mindfulness. Participants will have an opportunity to create their own personal vision and intentional plan for change to guide their El development journey.

Prerequisite: Emotional Intelligence (Module I)

Dates: December 16, 2015, March 24, May 18, 2016

### Change Leadership Education for Managers and Physician Leaders: Leading People and Leading the Change Process

1/2-day workshop

Skillful Change Leaders are committed to developing people and creating a culture of learning and continuous improvement. They understand the psychology and science behind engagement, empowerment and innovation and apply this change intelligence to leading people through change. In this session participants will deepen their understanding and build skills for optimally engaging people across the change process and apply change leadership tools to changes planned or underway.

**Date:** February 2, 2016

### Change Leadership Education for Directors and Physician Leaders: Leading People, Leading Change, Leading Strategy

1/2-day workshop

In this session participants will strengthen their skills in developing a change strategy, assessing and building change readiness and creating conditions for sustainable change. This learning experience will focus on strategic change priorities planned or underway.

**Date:** January 20, 2016

### To Register...

Please contact: Team Assistant, Talent Strategy and Development London Health Sciences Centre 519.685.8500 extension 75938