**October 2015 Marian Villa 1 THERAPEUTIC PROGRAMS**

| **SUNDAY** | **MONDAY** | **TUESDAY** | **WEDNESDAY**  | **THURSDAY** | **FRIDAY**  | **SATURDAY** |
| --- | --- | --- | --- | --- | --- | --- |
|  | **Programs in bold are specific to** **Marian Villa 1** | **Wellness Centre Gym****Monday 1:00 – 3:30****Wednesday 1:00 – 3:30****Friday 9:30 – 12:30** |  | 1**10:00 Balance Group**3:00 Drumming-RH | 2 10:00 George Sings TS**11:00 Happy & Healthy**1:30 Card Club -MVDR2:00Alpha Program-RH6:30 Ageless Grace -RH | 31:30 Polish Duo - TS |
| 410:15 Mass - Ch. | 5**9:30 Cards & Board Games****10:45 Exercise**2:00 Bingo and Marian Delight – MVDR**3:15 Spirituality Group** | 6**11:00 Mind Aerobics****4:45 Dinner and Movie-RH** | 710:15 Mass – Ch.**11:00 Exercise****1:30** **Green Thumb****4:00 Java Music Club**6:15 Floor Hockey -RH | 8**10:00 Balance Group****1:30 Manicures**6:45 Pub Night with Wally Maggs- RH | 911:00 Church – Ch.**1:30 Trivia**1:30 Card Club -MVDR2:00 Alpha Program-RH6:30 Ageless Grace -RH | 10 |
| 1110:15 Mass - Ch. | 12**Thanksgiving**10:30 Music with John Moorehouse - RH | 13 Amy is off today10:30 Anglican Church – Ch.**1:30 Baking- CR** | 1410:15 Mass – Ch.**8:30 Breakfast Club****11:00 Exercise****1:30** **Green Thumb****4:00 Java Music Club**6:15 Floor Hockey -RH | 15**10:00 Balance Group****1:30 Manicures**3:00 Drumming-RH6:45 Evening Bingo -MVDR | 16 11:00 Church – Ch.**1:30 Trivia**1:30 Card Club –MVDR2:00 Ageless Grace-RH2:00 Alpha Program-RH | 17 Jen is working today |
| 1810:15 Mass – Ch. | 19**9:30 Cards & Board Games****10:45 Exercise**2:00 Card Bingo and Marian Delight – MVDR**3:15Hymn Sing** | 202:00 Mocha Shrine Concert Band -RH | 2110:15 Mass – Ch.**11:00 Exercise**1:30-Art with Robin-CR**1:30** **Green Thumb****4:00 Java Music Club**6:15 Floor Hockey -RH | 22**10:00 Balance Group**2:00 Happy Hour -RH**6:15 Card Making-Lounge** | 23 10:30 Music w/ Genevieve Fisher - RH2:00 Birthday Party w/ Beth Hickey -MVDR2:00 Wheel Chair Yoga - RH 3:00 Alpha Program – RH6:30 Ageless Grace -RH | 24 |
| 2510:15 Mass - Ch. | 26**9:30 Cards & Board Games****10:45 Exercise**2:00 Bingo and Marian Delight – MVDR | 27**10:00 Shopping****-See Jen****2:00 Baking- CR**2:00 Resident’s Council Meeting -RH | 2810:15 Mass - Ch.**11:00 Exercise****1:30** **Green Thumb****4:00 Java Music Club** | 29**10:00 Balance Group****1:30 Manicures****6:15 Coffee and Conversation-lounge** | 30**11:00 Happy & Healthy**2:00 Halloween Party –RH2:00 Alpha Program-RH6:30 Ageless Grace -RH | 31 |

**MVDR**=Marian Villa Dining Room **Ch.**=Chapel **TS**=Town Square **RH**=Rec Hall **CR=**Craft Room **OPEN ART STUDIO: Tuesday to Friday 9:00am – 4:00pm**

**October 2015 Marian Villa 2 THERAPEUTIC PROGRAMS**

| **SUNDAY** | **MONDAY** | **TUESDAY** | **WEDNESDAY**  | **THURSDAY** | **FRIDAY**  | **SATURDAY** |
| --- | --- | --- | --- | --- | --- | --- |
|  | **Programs in bold are specific to Marian Villa 2** | **Wellness Centre Gym****Tuesday 1:00 – 3:30Thursday 1:00 – 3:30Friday 1:00 – 3:30** |  | 1**9:45 Mind Aerobics****11:00 Music Therapy****1:30 Sing A Long**3:00 Drumming-RH6:30 Movie Night - RH | 210:00 Shuffleboard - TS**10:30 Happy and Healthy**1:30 Card Club – MVDR2:00 Alpha Program - RH6:30 Ageless Grace - RH | 310:00 Halloween Craft-MVDR1:30 Polish Duo - TS |
| 410:15 Mass –Ch. | 5**10:45 Group Exercise**2:00 Bingo and Marian Delight - MVDR | 6**9:30 Spa Time****1:30 News and Views** | 7**9:30 Fun & Games**10:15 Mass - Ch.**11:00 Pet Therapy** **2:45 Chimes**6:15 Floor Hockey - RH | 8**9:45 Mind Aerobics****1:30 Baking -CR**6:45 Pub with Wally Maggs-RH | 910:00 Shuffleboard - TS**10:30 Happy and Healthy**11:00 Church Service – Ch.1:30 Card Club – MVDR2:00 Alpha Program - RH6:30 Ageless Grace - RH | 10 |
| 1110:15 Mass –Ch. | 12Thanksgiving10:30 Music with John Moorhouse-RH | 13**9:30 Spa Time**10:30 Anglican Church – Ch. **3:15 Spirituality Group** | 14**9:30 Fun & Games**10:15 Mass - Ch.**11:00 Pet Therapy**1:30 Creative Art – MVDR**2:45 Chimes**6:15 Floor Hockey - RH | 15**9:45 Mind Aerobics****11:00 Music Therapy****1:30 Sing A Long**3:00 Drumming-RH6:45 Evening Bingo-MVDR | 1610:00 Shuffleboard - TS**10:30 Happy and Healthy**11:00 Church Service - Ch.1:30 Card Club – MVDR2:00 Alpha Program - RH6:30 Ageless Grace - RH | 17 |
| 1810:15 Mass - Ch. | 19**10:45 Group Exercise**2:00 Card Bingo and Marian Delight - MVDR | 20**9:30 Spa Time**2:00 Mocha Shrine Band - RH | 21**9:30 Fun & Games**10:15 Mass - Ch.**11:00 Pet Therapy** **2:45 Chimes**6:15 Floor Hockey - RH | 22**11:00 Music Therapy**2:00 Happy Hour-RH | 2310:30 Music with Genevieve Fisher-RH2:00 Birthday Party –MVDR2:00 Wheel Chair Yoga - RH3:00 Alpha Program - RH6:30 Ageless Grace - RH | 24 |
| 2510:15 Mass - Ch. | 26**10:45 Group Exercise**2:00 Bingo and Marian Delight – MVDR**3:15 Spirituality Group** | 27**9:30 Spa Time**2:00 Residents’ Council - RH | 28**9:30 Fun & Games**10:15 Mass - Ch.**11:00 Pet Therapy**  | 29**11:00 Music Therapy** | 3010:00 Shuffleboard - TS2:00 Halloween Party - RH2:00 Alpha Program- MVDR6:30 Ageless Grace - RH | 31 |

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**October 2015 Marian Villa 3 THERAPEUTIC PROGRAMS**

| **SUNDAY** | **MONDAY** | **TUESDAY** | **WEDNESDAY**  | **THURSDAY** | **FRIDAY**  | **SATURDAY** |
| --- | --- | --- | --- | --- | --- | --- |
|  | **Programs in bold are specific to Marian Villa 3** | **Wellness Centre Gym****Tuesday 1:00 – 3:30Thursday 1:00 – 3:30Friday 9:30 – 11:30** |  | 1**10:30 Spirituality Group****1:30 Music Therapy****3:00 Spa Time**3:00 Drumming-RH6:30 Movie Night - RH | 2 **9:30 Happy and Healthy**10:00 Shuffleboard- TS1:30 Card Club – MVDR 2:00 Alpha Program--RH6:30 Ageless Grace - RH | 310:00 Halloween Craft-MVDR1:30 Polish Duo - TS |
| 410:15 Mass-Chapel | 52:00 Bingo and Marian Delight - MVDR | 6**9:30 Music w/ Derek****11:00 Exercise Group****1:30 Tea & Trivia** | 710:15 Mass - Chapel**10:15 Pet Therapy****10:45 Fun & Games** **1:30 Mind Aerobics**6:15 Floor Hockey - RH | 8 Amy H away**10:30 Spirituality Group****3:00 Spa Time**6:45 Pub with Wally Maggs-RH | 9**8:00 Breakfast Club****9:30 Happy and Healthy**11:00 Church Service – Ch.10:00 Shuffleboard- TS1:30 Card Club - MVDR6:30 Ageless Grace - RH | 10 |
| 1110:15 Mass-Chapel | 12Thanksgiving10:30 Music with John Moorhouse - RH | 1310:30 Anglican Church – Ch.**11:00 Exercise Group** | 1410:15 Mass - Chapel**10:00 Creative Art** **10:15 Pet Therapy****1:30 Mind Aerobics**6:15 Floor Hockey - RH | 15**10:30 Spirituality Group****1:30 Music Therapy****3:00 Spa Time**3:00 Drumming-RH6:45 Evening Bingo-MVDR | 16**9:30 Happy and Healthy**10:00 Shuffleboard- TS11:00 Church Service – Ch.1:30 Card Club – MVDR2:00 Alpha Program--RH6:30 Ageless Grace - RH | 17 |
| 1810:15 Mass-Chapel | 19**10:45 Touch & Music**2:00 Card Bingo and Marian Delight - MVDR | 20**9:30 Music w/ Derek****11:00 Exercise Group****1:30 Spelling Bee**2:00 Mocha Shrine Band - RH | 2110:15 Mass – Chapel**10:15 Pet Therapy****10:45 Fun & Games** 6:15 Floor Hockey - RH | 22**10:30 Spirituality Group****10:30 Spa Time****1:30 Music Therapy**2:00 Happy Hour-RH | 2310:30 Music with Genevieve Fisher - RH2:00 Birthday Party –MVDR2:00 Wheel Chair Yoga RH 3:00 Alpha Program-RH6:30 Ageless Grace - RH | 24 |
| 2510:15 Mass -Chapel | 26**10:45 Touch & Music**2:00 Bingo and Marian Delight - MVDR | 27**11:00 Exercise Group****1:30 Sing A Long**2:00 Residents’ Council - RH | 2810:15 Mass - Chapel**10:15 Pet Therapy****10:45 Fun & Games**  | 29**1:30 Music Therapy** | 3010:00 Shuffleboard- TS2:00 Halloween Party - RH2:00 Alpha Program – MVDR6:30 Ageless Grace - RH | 31 |

**MVDR**=Marian Villa Dining Room **Ch.**=Chapel **TS**=Town Square **RH**=Rec Hall **CR=**Craft Room **OPEN ART STUDIO: Tuesday to Friday 9:00am – 4:00pm**

**October 2015 Marian Villa 4 THERAPEUTIC PROGRAMS**

| **s** | **MONDAY** | **TUESDAY** | **WEDNESDAY**  | **THURSDAY** | **FRIDAY**  | **SATURDAY** |
| --- | --- | --- | --- | --- | --- | --- |
|  | **Programs in bold are specific to Marian Villa 4** |  | **Wellness Centre Gym****Monday 1:00 – 3:30****Wednesday 1:00 – 3:30****Friday 9:30 – 12:30** | 13:00 Drumming-RH**1:30 Musical Mixers****4:00 Traveling Cart**  | 210:00 Music with George- TS**1:30 Anything Goes****4:00 Music & Manicures**6:30 Ageless Grace -RH | 31:30 Polish Duo - TS |
| 410:15 Mass-Chapel | 5**10:30 Music and Manicure**2:00 Bingo and Marian Delight –MVDR**4:00 Traveling Cart****6:45Fun and Fit** | 6**9:30 Happy & Healthy**10:30 Anglican Church – Ch.**11:00 Healthy Rhythms****4:00 Reading Group****6:00 What’s Cookin?** | 7**9:30 Ball Toss**10:15 Mass-Chapel**10:15 Baking –CR****1:30 Cranium Crunches**6:15 Floor Hockey -RH | 8**1:30 Musical Mixers****4:00 Traveling Cart**6:45 Pub Night with Wally Maggs –RH | 9**10:30 Coffee and Conversation**11:00 Church – Ch.**4:00 Music & Manicures**6:30 Ageless Grace -RH | 10 |
| 1110:15 Mass-Chapel | 12**Thanksgiving**10:30 John Moorehouse- RH | 13 Amy is off today**11:00 Healthy Rhythms****4:00 Reading Group****6:00 What’s Cookin?** | 1410:15 Mass-Chapel**10:15 Baking -CR****2:30 Dorothy Sings**6:15 Floor Hockey -RH | 15**10:00 Pet Therapy**3:00 Drumming-RH**3:00 Spirituality Group****4:00 Traveling Cart**6:45 Evening Bingo –MVDR | 16**10:30 Coffee and Conversation**11:00 Church – Ch.2:00 Ageless Grace –RH**4:00 Music & Manicures** | 17 |
| 1810:15 MassChapel | 192:00 Card Bingo and Marian Delight –MVDR**4:00 Traveling Cart****6:45 Fun and Fit** | 20**9:30 Country Drive****11:00 Healthy Rhythms**2:00 Mocha Shrine Concert Band –RH**4:00 Reading Group****6:00 What’s Cookin?** | 21**9:30 Art with Robin-CR**10:15 Mass-Chapel**1:30 Cranium Crunches**6:15 Floor Hockey -RH | 22 **1:30 Musical Mixers**2:00 Happy Hour –RH**3:00 Spirituality Group****4:00 Art with Sierra** | 23 10:30 Music with Genevieve Fisher - RH2:00 Birthday Party with music by Beth Hickey -MVDR**4:00 Music and Manicures**6:30 Ageless Grace -RH | 24 |
| 2510:15 MassChapel | 26**10:30-Music and Manicures**2:00 Bingo and Marian Delight –MVDR | 27**11:00 Healthy Rhythms**2:00 Resident’s Council Meeting –RH\**2:00 Hymn Sing****4:00 Reading Group****6:45 Fun on Four** | 28**9:30 Ball Toss****10:15 Baking –CR**10:15 Mass-Chapel**1:30 Cranium Crunches** | 29**10:00 Pet Therapy****1:30 Musical Mixers****4:30 Supper Club** | 30**10:30 Coffee and Conversation**2:00 Halloween Party –RH**4:00 Music & Manicures**6:30 Ageless Grace -RH | 31 |

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**October 2015 Marian Villa 5 THERAPEUTIC PROGRAMS**

| **SUNDAY** | **MONDAY** | **TUESDAY** | **WEDNESDAY**  | **THURSDAY** | **FRIDAY**  | **SATURDAY** |
| --- | --- | --- | --- | --- | --- | --- |
|  | **Programs in bold are specific to Marian Villa 5** | **Wellness Centre Gym****Tuesday 1:00 – 3:30Thursday 1:00 – 3:30Friday 1:00 – 3:30** |  | 1**10:45 Mind Aerobics**3:00 Drumming-RH6:30 Movie Night - RH | 210:00 Shuffleboard - TS1:30 Card Club – MVDR2:00 Alpha Program - Ch.6:30 Ageless Grace - RH | 310:00 Halloween Craft-MVDR1:30 Polish Duo - TS |
| 410:15 Mass-Chapel | 52:00 Bingo and Marian Delight - MVDR**3:30 Happy and Healthy** | 6**10:45 Music w/ Derek****1:30 Spirituality Group** | 7**9:30 Pet Therapy** 10:15 Mass – Chapel**10:45 Group Exercise****11:00 Rosary Group**6:15 Floor Hockey – RH | 8**10:45 Mind Aerobics****3:00 Java Music Club** 6:45 Pub with Wally Maggs-RH | 910:00 Shuffleboard - TS11:00 Church Service – Ch.1:30 Card Club – MVDR2:00 Alpha Program-RH 6:30 Ageless Grace - RH | 10 |
| 1110:15 Mass -Chapel | 12Thanksgiving10:30 Music with John Moorehouse - RH | 1310:30 Anglican Church – Ch.1:00 Outing: Scenic Tour**1:30 Spirituality Group** | 14**9:30 Pet Therapy**10:15 Mass – Chapel**10:45 Group Exercise****11:00 Rosary Group**6:15 Floor Hockey – RH | 15**10:45 Mind Aerobics**3:00 Drumming-RH6:45 Evening Bingo-MVDR | 1610:00 Shuffleboard - TS11:00 Church Service – Ch.1:30 Card Club – MVDR2:00 Alpha Program-RH6:30 Ageless Grace - RH | 17 |
| 1810:15 Mass-Chapel | 192:00 Card Bingo and Marian Delight - MVDR | 20**10:45 Music w/ Derek**2:00 Mocha Shrine Band - RH | 21**9:30 Pet Therapy**10:15 Mass – Chapel**10:45 Group Exercise****11:00 Rosary Group**6:15 Floor Hockey – RH | 22**1:30 Spirituality Group**2:00 Happy Hour-RH | 2310:30 Music with Genevieve Fisher-RH2:00 Birthday Party –MVDR2:00 Wheel Chair Yoga - RH 3:00 Alpha Program-RH6:30 Ageless Grace - RH | 24 |
| 2510:15 Mass-Chapel | 262:00 Bingo and Marian Delight - MVDR | 272:00 Residents’ Council - RH | 28**9:30 Pet Therapy**10:15 Mass – Chapel**10:45 Group Exercise****11:00 Rosary Group** | 29**3:00 Java Music Club** | 3010:00 Shuffleboard - TS2:00 Halloween Party - RH2:00 Alpha program – MVDR6:30 Ageless Grace - RH | 31 |

**MVDR**=Marian Villa Dining Room **Ch.**=Chapel **TS**=Town Square **RH**=Rec Hall **CR=**Craft Room **OPEN ART STUDIO: Tuesday to Friday 9:00am – 4:00pm**