

# Help shape health care in your community



The South West Local Health Integration Network (LHIN) is seeking members of the public to participate on its committees and offer their perspective on health care as a patient, family or caregiver to inform our decision-making around health system planning, funding and integration.

## What are the benefits of taking part?

- Share your experiences and ideas about parts of the health care system that could impact your own experience and outcomes.
  - Work with and learn from peers from across the South West LHIN.
  - Build your listening and speaking skills as you share your own experiences and ideas.
  - Learn a great deal about the health care system and the different initiatives designed to improve care.
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We want to hear from anyone who has been a patient, a family member of a patient, or a caregiver because we know that listening to patients and their stories can lead to improvements within the health system. This is a volunteer role.

If you live within the South West LHIN's geography and you would like to participate, visit **[southwestlhin.on.ca](https://southwestlhin.on.ca)** to learn more or **call 1-866-294-5446** to speak with Pauline Adams.