

Access to Care | Right Care | Right Time | Right Place

Home First

Home First

Residents' Orientation Day

What is *Home First*

Home First is an approach to patient care:

- When a patient enters the hospital with an acute episode, every effort is made to ensure adequate resources are in place to support the patient to **return home** on discharge.
- All health care providers should be working together to identify those patients who can safely go home as early as possible in the admission.

What is Home First?



- Home First intends to reduce the number of NEWLY designated ALC-Long Term Care (LTC) patients.
- Allows patients to return to familiar surroundings before making life changing decisions like going to a long term care home.

Home First - who are these patients?

- These are complex patients that we once thought may need Long Term Care when they arrive in the ED or on the inpatient unit, but who can now be supported in their own home with increased community care.



What Should I Be Doing?

- **Lead discussions** by informing patients that we will do everything possible to safely get them home upon discharge.
- **Work collaboratively** with the nursing, allied health and CCAC care team to begin early discussions about discharge planning.

What Should I NOT Be Doing?

- **Do not tell patients** that they can wait here for Long Term Care.
 - Waiting in hospital is **not safe and patients often decline** due to infections, falls, lack of stimulation, etc.
 - Waiting in hospital for LTC should **only be considered** after the entire care team has determined that going home is not safe and there are no other discharge options

What 4 Things Should I Know About Home First?

1. Home First is about identifying patients at risk of a complex discharge earlier.
2. Everyone should promote home as the primary discharge destination.
3. LTC Applications should be done in the community and will not be done in hospital unless all options have been explored first.
4. The CCAC has more capacity to care for high-needs patients in the community than ever before.



How will CCAC support these patients at home

- CCAC has altered their staffing model and processes to support the Home First approach to care, both in hospital and community, so that they can provide intensive care coordination services to our complex needs patients
- CCAC has various levels of intensive service plans to support appropriate complex seniors and adults to go home from hospital.