

Mental Health Promotions Committee presents

6th annual Music Balm

Music Balm is an annual concert showcasing musicians with lived experience of mental illness.

It's an initiative of London's Mental Health Promotions Committee, a network of community agencies, aiming to reduce the stigma of mental illness.

Featuring musicians from
Belong To Song
with special musical guests from
My Sisters' Place

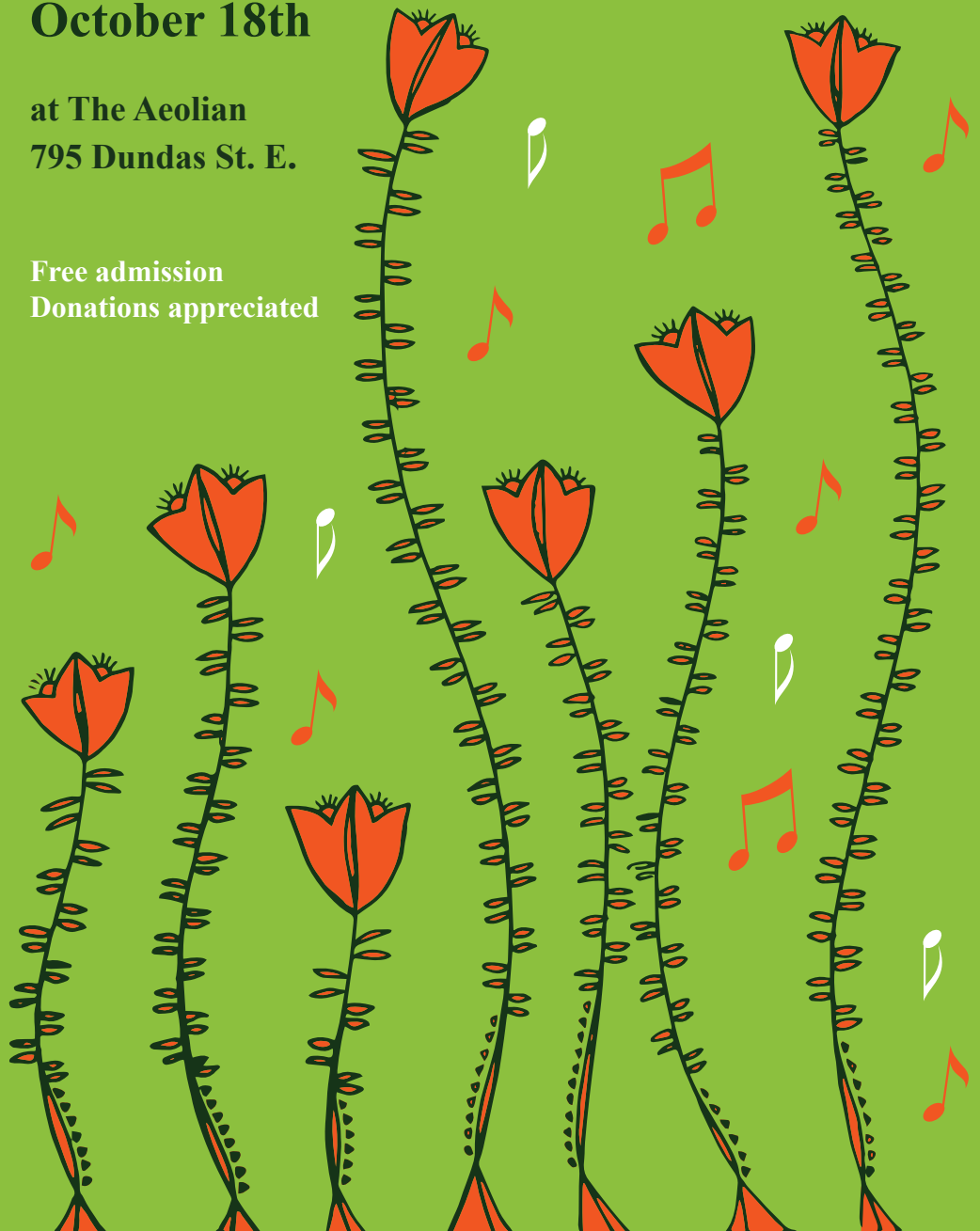


© designer Mariana Laranjeira

**2pm, Sunday
October 18th**

**at The Aeolian
795 Dundas St. E.**

**Free admission
Donations appreciated**



www.mentalhealthpromotions.com