**November 2015 – St. Mary’s 1 THERAPEUTIC PROGRAMS**

| **SUNDAY** | **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** | **SATURDAY** |
| --- | --- | --- | --- | --- | --- | --- |
| 110:15 Mass-Chapel | 2**9:30 Parlour Visits**2:00 Card Bingo & Marian Delight -MVDR**3:00 Music Therapy****4:00 Travel Cart****6:00 Fun and Fit** | 3**9:30 Country Drive****4:00 Reading Group****6:00 What’s Cookin?** | 7 10:15 Mass-Chapel**1:30 Piano music with Grace 1 SM DR****4:00 Yarn Crafts**6:15 Floor Hockey -RH | 510:30 Greek Liturgy-CH**2:15 Sing-a-Long**3:00 Drumming-RH**4:00 Ball Toss** **6:00 Art with Wendy** | 610:00 George Sings TS11 Church-Chapel/RH**3:00 Spirituality Gr.****4:00 Music & Manicures****6:30 Ageless Grace** | 7Annual Christmas Bazaar & Rummage Sale10:00-3:00 pm |
| 810:15 Mass-Chapel | 92:00 Bingo & Marian Delight -MVDR**3:00 Music Therapy** | 10**9:30 Dorothy Sings**10:30 Anglican Church Service-**CH** | 11**Remembrance Day**10:15 Mass-CH10:45 Remembrance Day Service-CH | 12**1:15 Spirituality Gr.****2:15 Sing-a-Long****4:00 Ball Toss**6:45 Pub Night with Joel -RH | 1311:00 Church-Chapel/RH**3:30**  | 1410:30 Wally Maggs performs - RH |
| 1510:15 Mass-Chapel | 1610:30 Bill Sings – MVDR**2:00 Hymn Sing**2:00 Card Bingo & Marian Delight -MVDR**3:00 Music Therapy****4:00 Travel Cart****6:00 Fun and Fit** | 17 10:00-3:00 pmDressing Room Clothing Sale-RH**4:00 Reading Group****6:00 What’s Cookin?** | 18 10:15 Mass-**CH****10:30 Art with Robin CR****4:00 Yarn Crafts**6:15 Floor Hockey -RH  | 19**1:15 Spirituality Gr.**2:00 Happy Hour –RH**2:15 Sing-a-Long**3:00 Drumming-RH**4:00 Ball Toss** **6:00 Art with Wendy**6:45 Evening BINGO - MVDR | 20 Jen is off today11 Church-Chapel/RH**3:00 Spirituality Gr.** **4:00 Music & Manicures****6:30 Ageless Grace** | 211:30 Polish Duo -TS |
| 2210:15 Mass-Chapel | 232:00 Bingo & Marian Delight -MVDR**3:00 Music Therapy****6:00 Fun and Fit** | 24**1:30 Happy & Healthy**2:00 Residents Council -RH**3:00 Hymn Sing****4:00 Reading Group****6:00 What’s Cookin?** | 2510:15 Mass-**CH****4:00 Yarn Crafts**6:15 Floor Hockey -RH | 262:00 Memorial Service-CH**2:15 Sing-a-Long****4:00 Art with Wendy** **6:00 Fun and Games**  | 2710:30 Music with Randy Grey – RH2:00 Birthday Party Music with Finula - MVDR**4:00 Music & Manicures****6:30 Ageless Grace** | 281:30 Polish Duo -TS |
| 2910:15 Mass-Chapel | 30**9:30 Parlour Visits**2:00 Card Bingo & Marian Delight -MVDR**3:00 Music Therapy****4:00 Travel Cart****6:00 Fun and Fit** |  |  | **Programs in bold are specific to** **St. Mary’s 1** | **Wellness Centre Gym****Monday 1:00 – 3:30****Wednesday 1:00 – 3:30****Friday 9:30 – 12:30** |  |

**MVDR** = Marian Villa Dining Room **CR** = Craft Room **TS** = Town Square **RH** = Recreation Hall **CH=Chapel OPEN ART STUDIO: Tuesday to Friday 9:00am – 4:00pm**

**November 2015 – St. Mary’s 2 THERAPEUTIC PROGRAMS**

| **SUNDAY** | **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** | **SATURDAY** |
| --- | --- | --- | --- | --- | --- | --- |
| 110:15 Mass-Chapel | 2 **11:00 Music Therapy**2:00 Bingo and Marian Delight-MVDR | 3**9:45 Acorns/Oak Trees****12 Meditation****2:30 Mind Aerobics** | 410:15 Mass-**CH****11:30 Rosary Gr.****2:30 Fun and Fit** 6:15 Happy Gang Outing6:15 Floor Hockey-RH | 510:30 Greek Liturgy-**CH**3:00 Drumming6:15 Movie Night | 6**9:30 Green Thumb**11 Church-Chapel/RH**12:30 Meditation**1:30 Card Club**1:30 Church Reading** 6:30Ageless Grace -RH | 7 |
| 810:15 Mass-Chapel | 9**11:00 Music Therapy**2:00 Bingo and Marian Delight-MVDR | 10**9:45 Acorns/Oak Trees**10:30 Anglican Church-**CH****12 Meditation****2:30 Mind Aerobics** | 11Remembrance Day10:15 Mass-**CH****10:45 Remembrance Day Service-Chapel**  | 12**9:30 Music and Memories****12 Meditation**6:45 Pub Night with Joel Horvath- RH | 13**9:30 Green Thumb****9:30 Shopping Trip (Invite Only)**11 Church-Chapel/RH**12:30 Meditation**1:30 Card Club**1:30 Church Reading**  | 1410:30 Music with Wally Maggs- RH1:30 Country Drive |
| 1510:15 Mass-Chapel | 1610:15 Music with Bill- TS**11:00 Music Therapy**2:00 Bingo and Marian Delight-MVDR6:30 Happy Gang - TS | 17**9:45 Acorns/Oak Trees****12 Meditation****3:00 Hymn Sing** | 1810:15 Mass-**CH****10:30 Java Music Club****11:30 Rosary Gr.****2:30 Fun and Fit**6:15 Floor Hockey-RH | 19**12 Meditation**2:00 Happy Hour- RH6:45 BINGO- MVDR3:00 Drumming | 20**9:30 Green Thumb**11 Church/Chapel/RH1:30 Card Club**12:30 Meditation****1:30 Church Reading** 6:30Ageless Grace -RH | 211:30 Polish Duo |
| 2210:15 Mass-Chapel | 23**11:00 Music Therapy**2:00 Bingo and Marian Delight-MVDR5:00 Happy Gang - RH | 24**9:45 Acorns/Oak Trees****12 Meditation**2:00 Residents Council -RH**2:30 Mind Aerobics** | 2510:15 Mass-**CH****10:30 Java Music Club****11:30 Rosary Gr.****2:30 Fun and Fit**6:15 Floor Hockey-RH | 26**9:30 Music and Memories**2pm Memorial Service-Chapel/RH | 27**9:30 Green Thumb**10:30 Music with Randy Grey- TS**1:30 Church Reading Gr.**2:00 Birthday Party- MVDR6:30Ageless Grace -RH | 281:30 Polish Duo |
| 2910:15 Mass-Chapel | 302:00 Bingo and Marian Delight-MVDR6:30 Happy Gang - TS |  |  | **Wellness Centre Gym****Tuesday 1:00 – 3:30****Thursday 1:00 – 3:30****Friday 1:00 – 3:30** | **Programs in bold are specific to** **St. Mary’s 2** |  |

**MVDR** = Marian Villa Dining Room **CR** = Craft Room **TS** = Town Square **RH** = Recreation Hall **CH=Chapel OPEN ART STUDIO: Tuesday to Friday 9:00am – 4:00pm**

**November 2015 – St. Mary’s 3 THERAPEUTIC PROGRAMS**

| **SUNDAY** | **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** | **SATURDAY** |
| --- | --- | --- | --- | --- | --- | --- |
| 110:15 Mass-Chapel | 2 **9:30 Music and Memories**2:00 Bingo and Marian Delight-MVDR | 3**11:00 Mind Aerobics****1:30 Pet Therapy**2:00 Exercise Class**3:00 Chimes/Harmony** | 710:15 Mass-**CH****1:30 Bocce**6:15 Happy Gang – TS6:15 Floor Hockey-RH | 510:30 Greek Liturgy-**CH****1:30 Java Music Club**2:15 Balance Group3:00 Drumming6:15 Movie Night | 611 Church-Chapel/RH1:30 Card Club**1:30 Fun and Fit**6:30 Ageless Grace -RH | 7 |
| 810:15 Mass-Chapel | 9**9:30 Music and Memories**2:00 Bingo and Marian Delight-MVDR | 1010:30 Anglican Church-**CH****1:30 Pet Therapy**2:00 Exercise Class**3:00 Chimes/Harmony** | 11Remembrance Day 10:15 Mass-**Ch****10:45 Remembrance Day Service Chapel/RH** | 12**1:30 Java Music Club**2:15 Balance Group6:45 Pub Night with Joel Horvath- RH | 13**9:30 Shopping Trip (invite only)**11 Church-Chapel/RH**1:30 Fun and Fit**1:30 Card Club**3:00 Spirituality Gr.** | 1410:30 Music with Wally Maggs- RH1:30 Country Drive |
| 1510:15 Mass-Chapel | 1610:15 Music with Bill- TS2:00 Bingo and Marian Delight-MVDR6:30 Happy Gang - TS | 17**11:00 Mind Aerobics**2:00 Exercise Class**1:30 Pet Therapy****3:00 Chimes/Harmony** | 18 **9:30 News and Views**10:15 Mass-**CH****1:30 Bocce**6:15 Floor Hockey-RH | 192:00 Happy Hour- RH6:45 BINGO- MVDR2:15 Balance Group3:00 Drumming | 2011 Church-Chapel/RH**1:30 Fun and Fit**1:30 Card Club6:30 Ageless Grace -RH | 211:30 Polish Duo |
| 2210:15 Mass-Chapel | 232:00 Bingo and Marian Delight-MVDR5:00 Happy Gang - RH | 24**11:00 Mind Aerobics**2:00 Residents Council -RH2:00 Exercise Class**3:00 Chimes/Harmony** | 25**9:30 Cranium Crunches**10:15 Mass-**CH****1:30 Bocce**6:15 Floor Hockey-RH | 262:00 Memorial Service Chapel/RH2:15 Balance Group | 2710:30 Music with Randy Grey- TS**1:30 Fun and Fit**2:00 Birthday Party- MVDR**3:00 Spirituality Gr.**6:30 Ageless Grace -RH | 281:30 Polish Duo |
| 2910:15 Mass-Chapel | 302:00 Bingo and Marian Delight-MVDR6:30 Happy Gang - TS |  |  | **Wellness Centre Gym****Monday 1:00 – 3:30****Wednesday 1:00 – 3:30****Friday 9:00 – 11:30** | **Programs in bold are specific to St. Mary’s 3** |  |

**MVDR** = Marian Villa Dining Room **CR** = Craft Room **TS** = Town Square **RH** = Recreation Hall **CH = Chapel OPEN ART STUDIO: Tuesday to Friday 9:00am – 4:00pm**

**November 2015 – St. Mary’s 4 THERAPEUTIC PROGRAMS**

| **SUNDAY** | **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** | **SATURDAY** |
| --- | --- | --- | --- | --- | --- | --- |
| 110:15 Mass-Chapel | 2 **11:00 Music and Memories**2:00 Bingo and Marian Delight-MVDR | 3**10:30 Mind Aerobics** | 710:15 Mass-CH**1:30 Java Music Club**6:15 Happy Gang Outing6:15 Floor Hockey-RH | 510:30 Greek Liturgy-**CH****11:00 Group Exercise**3:00 Drumming6:15 Movie Night | 6**9:30 Bocce****11:00 Green Thumb**11 Church-Chapel/RH1:30 Card Club6:30 Ageless Grace-RH | 7 |
| 810:15 Mass-Chapel | 9**11:00 Music and Memories**2:00 Bingo and Marian Delight-MVDR | 1010:15 Anglican Church Service-**CH****10:30 Mind Aerobics** | 11Remembrance Day 10:15 Mass-**CH****10:45 Remembrance Day Service-Chapel** | 12**11:00 Group Exercise**6:45 Pub Night with Joel Horvath- RH | 13**11:00 Green Thumb**11 Church-Chapel/RH1:30 Card Club | 1410:30 Music with Wally Maggs- RH1:30 Country Drive |
| 1510:15 Mass-Chapel | 1610:15 Music with Bill- TS2:00 Bingo and Marian Delight-MVDR6:30 Happy Gang -TS | 17 | 1810:15 Mass-**CH****11:00 Happy and Healthy** **1:30 Java Music Club** 6:15 Floor Hockey-RH  | 19**11:00 Group Exercise**3:00 Drumming2:00 Happy Hour- RH6:45 BINGO- MVDR | 20**9:30 Shopping Trip (Invite Only)****11:00 Green Thumb**11 Church-Chapel/RH1:30 Card Club6:30 Ageless Grace-RH | 211:30 Polish Duo |
| 2210:15 Mass-Chapel | **23**2:00 Bingo and Marian Delight-MVDR5:00 Happy Gang -TS | 24**10:30 Mind Aerobics**2:00 Residents Council -RH | 2510:15 Mass-**CH****10:30 Pet Therapy with Simon****1:30 Java Music Club**6:15 Floor Hockey-RH | 26**11:00 Group Exercise**2:00 Memorial Service Chapel/RH | 2710:30 Music with Randy Grey- TS**11:00 Green Thumb**2:00 Birthday Party- MVDR6:30 Ageless Grace-RH | 281:30 Polish Duo |
| 2910:15 Mass-Chapel | 30 Lisa is Off2:00 Bingo and Marian Delight-MVDR6:30 Happy Gang -TS |  |  | **Wellness Centre Gym****Monday 1:00 -3:30****Wednesday 1:00 -3:30****Friday 9:00 -11:30** | **Programs in bold are specific to St. Mary’s 4** |  |

**MVDR** = Marian Villa Dining Room **CR** = Craft Room **TS** = Town Square **RH** = Recreation Hall **CH = Chapel OPEN ART STUDIO: Tuesday to Friday 9:00am – 4:00pm**

**November 2015 – St. Mary’s 5 THERAPEUTIC PROGRAMS**

| **SUNDAY** | **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** | **SATURDAY** |
| --- | --- | --- | --- | --- | --- | --- |
| 1 10:15 Mass-Chapel | 2 **9:45 Music Therapy**2:00 Bingo and Marian Delight-MVDR**3:30 Mind Aerobics** | 3**9:30 Cranium Crunches****1:30 Music and Memories** | 710:15 Mass-CH**3:00 Green Thumb**6:15 Happy Gang Outing6:15 Floor Hockey- RH | 5**9:30 Pet Therapy**10:30 Greek Liturgy-**CH****3:00 Bowling**3:00 Drumming6:15 Movie Night | 611 Church-Chapel/RH**11:00 News and Views** 1:30 Card Club6:30 Ageless Grace -RH | 7 |
| 810:15 Mass-Chapel | 9**9:45 Music Therapy**2:00 Bingo and Marian Delight-MVDR | 10**9:30 Cranium Crunches**10:30AnglicanChurch-CH**1:30 Music and Memories** | 11Remembrance Day 10:15 Mass-CH**10:45 Remembrance Day Service-CH/RH** | 12**9:30 Pet Therapy****11:00 Bowling**6:45 Pub Night with Joel Horvath- RH | 1311 Church-Chapel/RH1:30 Card Club6:30 Ageless Grace -RH | 1410:30 Music with Wally Maggs- RH1:30 Country Drive |
| 1510:15 Mass-Chapel | 16**9:45 Music Therapy**10:15 Music with Bill- TS2:00 Bingo and Marian Delight-MVDR**3:30 Mind Aerobics**6:30 Happy Gang -TS | 17**10:15 Spirituality Gr.** **2:00 Hymn Sing** | 1810:15 Mass-CH **3:00 Green Thumb** 6:15 Floor Hockey- RH  | 19**9:30 Pet Therapy**2:00 Happy Hour- RH3:00 Drumming6:45 BINGO- MVDR | 20**9:30 Shopping Trip (Invite Only)**11 Church-Chapel/RH1:30 Card Club6:30 Ageless Grace -RH | 211:30 Polish Duo |
| 2210:15 Mass-Chapel | 23**9:45 Music Therapy**2:00 Bingo and Marian Delight-MVDR**3:30 Mind Aerobics**5:00 Happy Gang - TS | 24**9:30 Cranium Crunches****10:15 Spirituality Gr. 1:30 Music and Memories** | 2510:15 Mass**-Ch****3:00 Green Thumb**6:15 Floor Hockey- RH | 26**9:30 Pet Therapy****11:00 Bowling**2:00 Memorial Service-Chapel/RH | 2710:30 Music with Randy Grey- TS2:00 Birthday Party- MVDR6:30 Ageless Grace -RH | 281:30 Polish Duo |
| 2910:15 Mass-Chapel | 30**9:45 Music Therapy**2:00 Bingo and Marian Delight-MVDR**3:30 Mind Aerobics**6:30 Happy Gang - TS |  |  | **Wellness Centre Gym****Tuesday 1:00 -3:30****Thursday 1:00 -3:30****Friday 1:00 -3:30** | **Programs in bold are specific to** **St. Mary’s 5** |  |

**MVDR** = Marian Villa Dining Room **CR** = Craft Room **TS** = Town Square **RH** = Recreation Hall **CH = Chapel OPEN ART STUDIO: Tuesday to Friday 9:00am – 4:00pm**