








CENTRALIZED WEEKLY EVENTS



September 2017

SUNDAY	Roman Catholic Communion Service Chapel of Hope Main Floor, F2-205 2:30 pm – 3:30 pm			
MONDAY	Drop-in Gym Fitness Centre Main Floor, F2-441A 10:00 am – 11:00 am	Floor Hockey or Drop-in Gym Fitness Centre Main Floor, F2-441A 1:00 pm – 2:30 pm	Patient Drop-In Centre Patient & Family Council Volunteers Main Floor, Downtown 6:30 pm – 8:00 pm	
TUESDAY	Hope Group  (spirituality discussion group @ coffee) Multi-Faith Prayer Rm. Main Floor, F2-206 11:00 am - 11:45 am	Alcoholics Anonymous Main Floor, F2-167 6:30 pm – 7:30 pm		
WEDNESDAY	Coffee Drop-In  Patient Council Office Main Floor, F2-167 10:00 am – 11:00 am	Drop-In Gym/Fitness Fitness Centre Main Floor, F2-441A 1:00 pm – 2:00 pm Guest Performer Sing-a-long  Main Floor, Downtown 1:00 pm – 3:00 pm	Patient Council Meeting 3 rd Wednesday each month By referral, call 47064 4 th Floor, F4-201/202 1:30 pm – 4:00 pm	Patient Drop-In Centre Patient & Family Council Volunteers Main Floor, Downtown 6:30 – 8:00 pm
THURSDAY	Ecumenical Chapel Service Chapel of Hope Main Floor, F2-205 11:00 am – 11:45 am	Intro to Concurrent Disorders Group By referral, call 47747 4 th Floor, F4-343 1:00 pm – 2:00 pm	Drop-In Gym/Fitness Fitness Centre Main Floor, F2-441A 1:15 pm – 2:00 pm	Narcotics Anonymous Main Floor, F2-167 6:30 pm – 7:30 pm Patient Drop-In Centre Patient & Family Council Volunteers Main Floor, Downtown 6:30 – 8:00 pm
FRIDAY	Guided Meditation and Labyrinth Walks Multi-Faith Prayer Rm Main Floor, F2-206 11:30 am – 12 pm 	Basketball or Drop-In Gym/Fitness Main Floor, F2-445A 1:00 pm – 2:30 pm 		
SATURDAY				



September



CARING FOR THE BODY, MIND & SPIRIT SINCE 1869

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