

## Annual Accessibility Plan for St. Joseph's Health Care, London

## September 2008 - August 2009

Submitted to Cliff Nordal Chief Executive Officer 30 September 2008

## Prepared by

SJHC Accessibility Working Group Chair, Derek Lall

This publication is available on the St. Joseph's Heath Care, London's website and in alternative formats upon request

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## **Executive Summary**

On June 13, 2005 the new *Accessibility for Ontarians with Disabilities Act, 2005* (*AODA 2005*) received Royal Assent and is law. The *AODA 2005* will require the provincial government to work with the disability community and the private and public sectors to jointly develop standards to be achieved in stages of five years or less, leading to an accessible Ontario in 20 years.

Since the legal obligations under the *Ontarians with Disabilities Act (ODA) 2001* remain in force until the Act is repealed, St. Joseph's Health Care, London is required to prepare and make public our Year Seven accessibility plan and report on Year Six achievements in accordance with *ODA 2001*. It is expected in January 2010 that the first pillar of five, of the AODA Act, Customer Service Standard will be effective. In addition to the ODA initiatives, work will begin in 2009 to establish the implementation in plan and resource impact of the customer service requirements.

The Ontarians with Disabilities Act (ODA) is designed to improve the identification, removal and prevention of barriers faced by persons with disabilities. The ODA requires hospitals to prepare annual plans that address "the identification, removal and prevention of barriers to persons with disabilities in the organization's by-laws, if any, and in its policies, programs, practices and services," and to make these plans available to the public.

This is the sixth year plan (2008 - 2009) prepared by the St. Joseph's Health Care, London (hereinafter referred to as "SJHC"). The report describes: (1) the measures that SJHC has taken in the past, and (2) the measures that SJHC will take during the year (2008 - 2009), to identify, remove and prevent barriers to people with disabilities who live, work in or use the facilities and services of SJHC, including patients and their family members, staff, health care practitioners, volunteers, members of the community and the continuous awareness from education as we learn more about different barriers which face people with disabilities.

SJHC is committed to continual improvement of access to facilities, policies, programs, practices and services for patients and their family members, staff, health care practitioners, volunteers and members of the community with disabilities; the participation of people with disabilities in the development and review of its annual accessibility plans; and the provision of quality services to all patients and their family members and members of the community with disabilities.

The Accessibility Working Group identified a number of barriers to people with disabilities. The most significant findings were accessibility of the facilities and the need to increase awareness of accessibility issues. This year the Accessibility Working Group will focus on removing and preventing five barriers.

## 1. Aim

This report describes (1) the measures that SJHC has taken in the past, and (2) the five measures that SJHC will take during the next year (2008-2009), to identify, remove and prevent barriers to people with disabilities who live, work in or use the hospital, including patients and their family members, staff, health care practitioners, volunteers and members of the community.

## 2. Objectives

This report:

- 1. Describes the process by which SJHC has and will identify, remove and prevent barriers to people with disabilities.
- 2. Reviews earlier efforts at SJHC to remove and prevent barriers to people with disabilities.
- 3. Describes the measures SJHC will take in the coming year to identify, remove and prevent barriers to people with disabilities.
- 4. Describes how SJHC makes this accessibility plan available to the public.
- 5. Obtain representation from all sites to create a diverse membership.

## 3. Description of St. Joseph's Health Care, London

St. Joseph's Health Care, London is a major patient care, teaching and research centre with an annual operating budget of \$410 million. It is comprised of St. Joseph's Hospital, Parkwood Hospital, Mount Hope Centre for Long Term Care, Regional Mental Health Care, London (RMHC-L) and Regional Mental Health Care, St. Thomas (RMHC-S).

St. Joseph's Hospital is expanding its role in day surgery, treatment and illnessprevention programs with the evolution of an ambulatory care centre. Parkwood Hospital plays a leading role in rehabilitation, complex care, palliative care, Veteran's care and geriatrics for both inpatients and outpatients.

SJHC has a leadership role on the transformation of local and regional mental health services. Both Regional Mental Health Care, London and St. Thomas offer specialized bed-based and community based mental health care services for individuals with serious mental health illness.

New facilities for specialized mental health services will be built beside Parkwood Hospital and in St. Thomas.

Lawson Health Research Institute (LHRI) is the research arm of the London Hospitals. LHRI is one of the largest hospital based research institutes in Canada attracting over \$50 million funding each year. SJHC operates from 23 geographic locations consisting of 1608 beds with more than 7,000 staff and volunteers, caring for more than 18, 600 inpatients and 368, 000 outpatients annually.

For more information refer to www.sjhc.london.on.ca

#### SJHC MISSION, VISION, VALUES

#### MISSION...WHAT WE DO

We help people to maintain and improve their health and work with them to minimize the effects of injury, disease and disability. We do this by pursuing excellence in care, research, and education in a wide range of hospital, clinic, long term and community-based settings.

We work with our partners to create a better health care system.

#### VISION...WHAT WE'LL BE

A respected source of excellent health service ... guided by the people we serve ... provided by people who care.

#### VALUES...HOW WE SERVE

Inspired by the care, creativity and compassion of our founders -- the Sisters of St. Joseph, the Women's Christian Association, and the London and St. Thomas Psychiatric Hospitals -- we serve with...

#### Respect

- Honour the people we serve
- Appreciate the work of others
- Welcome the contributions of all
- Celebrate diversity
- Be truthful, honest and open
- Listen

#### Excellence

- Give our best each day
- Be creative and resourceful with our gifts, skills and talents
- Build on our proud past
- Work as a team to seek the new; the undiscovered
- Make a difference
- Learn

#### Compassion

- Be with others
- Understand their needs, realities and hopes
- Give from the heart
- Sustain the spirit
- Care

## 4. The Accessibility Working Group

#### Establishment of the Accessibility Working Group

The Joint Executive Leadership Team (ELT) of LHSC and Senior Leadership Team (SLT) of St. Joseph's Health Care, London (SJHC) formally constituted the London's hospitals Accessibility Working Groups in April 2003.

The Terms of Reference for SJHC Accessibility Working Group can be found in Appendix A.

Amy Lee, Director Quality and Patient Safety, is the Co-ordinator of the City-wide Steering Group.

Derek Lall, Co-ordinator, Facilities Planning and Development, is the Chair of SJHC Accessibility Working Group.

Karen Trower, Facilities Planning and Development is the Co-chair of SJHC Accessibility Working Group.

| Working Group Member | Department                                       |
|----------------------|--|
| Derek Lall           | Facilities Planning and Development              |
| Karen Trower         | Facilities Planning and Development              |
| Maureen Ellis        | Occupational Health and Safety Services          |
| Amanda Jackman       | Communication & Public Affairs                   |
| Phyllis Brady        | Patient Relations / Risk Management              |
| Terry Kaban          | Ivey Eye Institute                               |
| Susan Vuylsteke      | Occupational Health and Safety Services          |
| Donna McManus        | Andrews Resource Centre                          |
| Peter Berry          | S.T.A.R. Program                                 |
| Margaret Belliveau   | Organizational Development and Learning Services |
| Manuella Giuliano    | Specialized Geriatric Services                   |
| Vivianne Van Leeuwen | Human Resources                                  |
| Karen Shuttleworth   | Organizational Development and Learning Services |

#### Members of the Accessibility Working Group (2007-2008)

## 5. St. Joseph's Health Care, London Commitment to Accessibility Planning

London's hospitals are committed to the following Accessibility Planning Policy:

- The establishment of Accessibility Working Groups at the hospitals.
- The members of the Accessibility Work Groups should encompass a diverse cross section of staff representing departments relevant to accessibility planning such as Human Resources, Planning, Communications, Occupational Health & Safety, Risk Management, Organizational Development, RMHC programs, Volunteer Services, Patient Relations. The

group should also include clinical staff as well as staff members with disabilities.

- The participation of people with disabilities in the development and review of its annual accessibility plans.
- The review of recent barrier-removal initiatives and identification of the barriers to be addressed in the next year.
- Authorize the Working Groups to prepare an accessibility plan each year for approval to Senior Leadership.
- Seek Board approval of the accessibility plan by September 30<sup>th</sup> of each year.
- St. Joseph's Health Care, London is committed to improving health. Building on the tradition of leadership and partnership, we will continue to provide improved access to facilities for patients, their family members, visitors, student, staff, health care practitioners and visitors.
- Establish plan for addressing 14 items in the AODA Customer Service Standards in 2009 for compliance in 2010.

## 6. Recent barrier removal initiatives

The SJHC Accessibility Working Group created a survey to document recent barrier removal initiatives in 2003 and subsequent data and information of project and initiatives up to 2007(see Appendix D). Members of the Working Group have collected data from various departments on recent barrier removal initiatives.

The following initiatives were recorded to identify, remove and prevent barriers to people with disabilities for the period of 2008 – 2009.

#### a) Healthy Vision Day - 2009

<u>Brief Description:</u> The London Advisory Committee for the visually impaired (LACVI) have organized Healthy Vision Day for <u>2009 (date TBA)</u>. www.healthyvision.ca This one-day symposium for the general public, visually impaired and caregivers is to provide information on various aspects of eye diseases and treatment, allow the people to network and provide a display for various educational groups.

Project Status: Ongoing.

## b) Accessibility Email account established

Brief Description:

A resource for staff to communicate any barriers they or their clients have encountered at St. Joseph's Health Care, London. The submissions are triaged to the appropriate department or person(s) and a response is provided to the Accessibility Working Group.

Project Status: Ongoing

## c) Washroom Modifications – RMHCL – G270

#### **Brief Description:**

Changes were made to the G270 washroom at Regional Mental Health Care London. Renovations include: enlarged door, raised toilet seat and grap bar, barrier free shower with padded shower seat.

Project Status: Complete

## d) Accessibility brochure (Appendix F)

#### Brief Description:

The Accessibility Working Group developed a brochure to assist in education and awareness pertaining to the ODA & AODA. The brochure also describes the Group's responsibilities, outlines what the barriers are, how they can be identified and communicated.

<u>Project Status</u>: Pending – Publication of the ODA brochure has been placed on hold, pending request for direction regarding the communications around the AODA Act, 2005

#### e) Organizational Development & Learning Services (ODLS) – Education / Awareness

#### Brief Description:

OD&LS has partnered with an outside agency to customize and provide four x two-hour awareness and education sessions to staff. Sessions include, video, personal stories, disability simulation exercises, and literature on various barriers and accessibility needs of the disabled

#### Workshop Objectives:

- Acquire increased understanding of barriers faced by persons living with disabilities
- Examine stereotypes and attitudes and increase sensitivity towards persons with disabilities
- Learn how to foster change to enhance accessibility and inclusiveness in the work environment

New legislation: Ministry of Community and Social Services Accessibility for Ontarians with Disabilities (OADA) 2005 Accessible Customer Service Standard – all public sector organizations must be compliant with this legislation by January 1, 2010. This program will raise awareness of the mandate to establish policies, practices, and procedure governing the provision of goods or services to persons with disabilities, including a policy about the use of assistive devices and use reasonable efforts to ensure that their policies, practices and procedures are consistent with the following principles:

- The goods or services must be provided in a manner that respects the dignity and independence of persons with disabilities
- The provision of goods and services to persons with disabilities must be integrated unless an alternative measure is necessary, whether temporarily or on a permanent basis, to enable a person with a disability to obtain, use or benefit from the goods or services.
- Persons with disabilities must be given an opportunity equal to that given to others to obtain, use and benefit from the goods and services.

Further legislative requirements include:

• Communicate with customers with disabilities in a manner that takes into account the customer's disability (for example providing a publication in an alternate format, such as audio or braille)

The program will also begin the following mandate:

• Train their customer service staff, volunteers and people responsible for developing the customer service policies, practices and procedures in the provision of accessible customer service

Workshop Dates:

- ODA01 October 16, 2008, 13:00 15:00 Room R110, Mt. Hope
- ODA02 December 4, 2008, 13:00 15:00 Room V222 Parkwood
- ODA03 April 21, 2009, 13:00 15:00 Room T33, RMHCL
- ODA04 May 28, 2009, 13:00 15:00 Blue Room, RMHCS

Further Information available by visiting:

http://www.mcss.gov.on.ca/mcss/english/pillars/accessibilityOntario/questions/aodo/gaqs\_cusreg.htm

http://www.oha.com – type in "Accessibility: for the Guide to the Accessibility Standards for Customer Service Ontario Regulation 429/07

#### Project Status: Ongoing

## f) Wheelchair Ramp – RMHCS (outside pavilion two)

Brief Description:

Wheelchair ramp added to admitting area that was not previously wheelchair accessible.

Project Status: Complete

#### g) Elevator Accessibility Upgrades – Parkwood

#### Brief Description:

Installation of equipment within the elevator lift-car and at appropriate floor landings to facilitate elevator access by special methods for patients and staff. The equipment will allow residents and staff to independently access the elevator functions (floor selection, door hold, and emergency phone) through the use of adapted infrared wireless technology

Project Status - Ongoing

## h) SJHC - Renovations

Brief Description:

St. Joseph's Hospital has completely renovated the following clinical and non clinical areas, the following departments took occupancy of their new areas between August 2008 – October 2008

- <u>Cataracts</u>
- Urology
- <u>Diabetes</u>
- In-patient
- Health Records

The newly renovated space has many features which allow our clients and staff easier access to services.

#### Project Status – Ongoing

#### i) SJHC – Parking Garage

#### Brief Description:

Installation of door openers from the parking garage to the elevator vestibule at the corner of Richmond and Grosvenor Streets.

#### Project Status: Ongoing

#### j) SJHC – Elevator Phones

#### Brief Description:

The older style hand set phones located in the elevators at MHCLTC, SJHC and Parkwood have been upgraded to hands-free versions.

#### Project Status: Ongoing

#### <u>k) – Wayfinding</u>

#### Brief Description:

Improvement to signage in stairwells at SJHC. Permanent signs incorporate braille. Corridor signs are complete. Interior of stairwell are posted as temporary - order of permanent signs to be delivered in 4 - 6 weeks.

#### Project Status: Ongoing

#### I) – Waiting Room 4 (Ivey Eye Institute)

#### Brief Description:

Improvements made to directional signs include use of a yellow background with black lettering.

#### Project Status: Complete

#### m) – SJHC A3 zone – barrier free door

#### **Brief Description:**

Door in the main corridor on the third floor is not accessible to patients in electric wheelchairs or on scooters due to patient wandering system for the mother and baby unit. An automatic opener will be installed.

#### Project Status: Ongoing

## 7. Barrier-identification methodologies

The Accessibility Working Group used the following barrier-identification methodologies:

| Methodology  | Methodology Description   |  |
|--|---|--|
| Procedure to<br>obtain accessibility<br>feedback and<br>barrier related<br>issues from staff,<br>patients, visitors                              |   | Feedback is reviewed in<br>the Working Group<br>meeting and forwarded<br>onto the appropriate<br>party for response.                           |
| Research in<br>regards to the<br>disability sector of<br>London  | o the "Relationships between stakeholders"  |  |
| Educational<br>Awareness   | Providing an increased awareness,<br>knowledge, understanding and<br>sensitivity about disabilities to invited<br>stakeholders                        | 4 workshops have been<br>conducted.<br>Feedback Positive.<br>Continue to roll out the<br>program.  |
| Research in Senior<br>Friendly Hospital Collection and interpreting of the data<br>understanding of meeting the needs<br>of an aging population. |   | Continued<br>Implementation of<br>initiatives through<br>projects and daily<br>activities each fiscal<br>year.                                 |
| Research from<br>Graduate student<br>on<br>recommendations<br>for deaf and hard<br>of hearing  | Rochester Institute of Technology<br>student prepared a white paper on<br>recommendations for improved<br>access for the deaf and hard or<br>hearing. | Reviewed by the<br>Accessibility Working<br>Group. Specific<br>recommendations have<br>been accepted and<br>moved forth for<br>implementation. |

## 8. Barriers identified

In its review, the Accessibility Working Group has identified several barriers. The review included compiling information obtained from feedback forms from patients. This list is divided into six types: (1) physical; (2) architectural: (3) informational or communication-based; (4) attitudinal; (5) technological; and (6) policies and practices.

| Type of Barrier | Description of Barrier  |
|-----------------|---|
| Physical        | Improve maintenance of sidewalks and appropriate access to accessible doors |
| Physical        | Additional automatic doors required   |
| Physical        | Floor indicator in some elevators are not wheelchair friendly               |
| Physical        | Additional handicap accessible parking spots required                       |
| Physical        | Curb cuts near parking spots and accessible entrances are required          |
| Physical        | Reduce distance from parking lots   |
| Physical        | Limit heavy doors that reduce accessibility.                                |

| Architectural | Increase number of accessible entrances close to parking areas and clinics.       |
|---------------|---|
| Architectural | Improve washroom stalls to accommodate people with scooters or wheelchairs.       |
| Architectural | Additional barrier free washrooms on each<br>floor are required                   |
| Architectural | Some bathroom sinks and towel<br>dispensers are too high for wheelchair<br>users. |

| B                                  |   |
|------------------------------------|---|
| Architectural                      | Accessibility for elevators (access controls, so the residents / patients do not require assistance).   |
| Architectural                      | Improved accessibility to some community based Mental Health sites.   |
| Architectural                      | Improve washrooms with installation of shower seats, grab bars and raised toilet seats & grab bars for toilet.  |
| Communicational /<br>Informational | Improve signage. Consideration for more<br>signage at access points before public<br>enter the parking lots.<br>Standardize communication with size of<br>fonts on pamphlets etc. |
| Communicational /<br>Informational | Improve awareness in the local disability agencies about the hospitals' accessibility reports and the ability to provide feedback.  |
| Communication /<br>Informational   | Consideration of additional TTY phones.   |
| Communication /<br>Informational   | Increase elevators with Braille/ automated voice.   |
| Communication /<br>Informational   | Improve use of visitor pick up and drop off<br>area by limiting obstruction from other<br>vehicles.   |

| Attitudinal   | Determine appropriate response to staff/patients/visitors with disabilities regarding their needs.  |
|---------------|---|
| Attitudinal   | Continued improvement for sensitivity in providing services to persons affected by chronic pain.  |
| Attitudinal   | Increase awareness of Sign language<br>Services and note takers for the hearing<br>impaired.  |
| Attitudinal   | Increased awareness and sensitivity for visible and invisible disabilities.   |
| Attitudinal   | Ongoing communication, education and<br>learning needs of persons with mental,<br>learning, or developmental disabilities and<br>/ or a visual or hearing impairment. |
| Technological | Improve accessibility to diagnostic /<br>ambulatory outpatient and clinical areas.  |
| Technological | Update wheelchairs  |

| Policy / Practice | Access to wheelchairs   |  |
|-------------------|---|--|
| Policy / Practice | Identify access entrances to various points of the hospital from different parking lots |  |

## 9. Barriers that will be addressed 2008 - 2009

The Accessibility Working Group will address five barriers during the coming year.

| Barrier   | Objective   | Means to<br>remove/prevent  | Performance criteria   | Timing  | Responsibility  |
|---|---|---|--|---|---|
| Improve access &<br>awareness to<br>central location for<br>raising and<br>addressing<br>accessibility<br>issues. | Established<br>accessibility email<br>account available to<br>internal staff, visitors<br>to provide feedback.  | Gather all feedback<br>and address through<br>education and<br>awareness to all<br>departments                            | Ensure all emails are<br>addressed and commit<br>to address with working<br>group for<br>implementation into the<br>work plan  | ongoing   | Working Group<br>and Patient<br>Relations   |
| Increase<br>awareness and<br>sensitivity about<br>various visible and<br>invisible<br>disabilities.               | Continue link with<br>external agency to<br>provide training and<br>education to staff.   | Commitment to provide<br>continued education to<br>new staff and existing<br>staff through education<br>workshops.        | Review feedback and<br>discern how to<br>disseminate information<br>to staff and patients.   | Corporate<br>Orientation<br>Learning and<br>Communication | Learning &<br>Communications<br>Human<br>Resources                                |
| Increase number of<br>accessible<br>entrances within<br>existing facilities.                                      | Review accessibility<br>of main entrances to<br>Parkwood, St.<br>Joseph's, Mount<br>Hope, RMHCST and<br>RMHCL   | Engage external<br>consultants to assess<br>main entrances and<br>provide detail report.                                  | Review report and<br>recommendations and<br>discern elements to<br>address   | Fall 2007 /<br>Summer 2008                                | Facilities<br>Planning and<br>Development<br>Occupational<br>Health and<br>Safety |
| Improve current<br>practices to identify<br>patients with<br>special needs.                                       | Ensure people with<br>special needs are<br>identified to allow for<br>awareness of the<br>issue/disability and<br>hence the provision<br>of appropriate<br>accommodations | Electronic Patient<br>Record system EPR -<br>Additional volunteers to<br>offer assistance to<br>people with disabilities. | Staff will be easily able<br>to check to see if<br>patients require<br>accommodation and will<br>attempt to meet the<br>special needs to the<br>best of their abilities. | Educational<br>awareness.                                 | Information<br>Management<br>Registration<br>Volunteers                           |
| Number of poorly<br>placed and<br>confusing signs /<br>lack of clarity of<br>main entrance.                       | Wayfinding initiative<br>being phased into<br>implementation.   | Standardize<br>department names and<br>mappings   | A comprehensive,<br>consistent<br>nomenclature and<br>signage that meets<br>universal design<br>standards  | Total project<br>completion by<br>2009.                   | Wayfinding<br>Committee   |

## 10. Review and monitoring process

The Accessibility Working Group meets monthly to review progress. Subcommittees may be formed to address each barrier. At each meeting, the subcommittees will report to the Accessibility Working Group on their progress in implementing the plan. The Chair of the Accessibility Working Group will also commit to making presentations to the leadership of the hospital and to updating the City-wide Steering Committee on a regular basis.

## 11. Communication of the plan

The St. Joseph's Health Care Accessibility Plan will be posted on the SJHC website and hard copies will be available at each site through the Communications Department. Upon request, the report will be made available on computer disk and in large print.

## APPENDIX A

## SJHC Accessibility Working Group

## **Terms of Reference**

#### Purpose:

The SJHC Accessibility Working Group is responsible to prepare an annual accessibility plan for identifying, removing and preventing barriers to improve access and opportunities for people with disabilities across the hospital.

#### **Definitions:**

"Disability" means:

- any degree of physical disability, infirmity, malformation or disfigurement that is caused by bodily injury, birth defect or illness and, without limiting the generality of the foregoing, includes diabetes mellitus, epilepsy, a brain injury, any degree of paralysis, amputation, lack of physical co-ordination, blindness or visual impediment, deafness or hearing impediment, muteness or speech impediment, or physical reliance on a guide dog or other animal or on a wheelchair or other remedial appliance or device,
- a condition of mental impairment or a developmental disability,
- a learning disability, or a dysfunction in one or more of the processes involved in understanding or using symbols or spoken language,
- a mental disorder, or
- an injury or disability for which benefits were claimed or received under the insurance plan established under the Workplace Safety and Insurance Act, 1997.

"Barrier" Means:

 anything that prevents a person with a disability from fully participating in all aspects of society because of his or her disability, including a physical barrier, an architectural barrier, an informational or communications barrier, an attitudinal barrier, a technological barrier, a policy or a practice.

#### **Objectives:**

- Develop measures to identify, remove and prevent barriers to persons with disabilities.
- Report on the measures in place to ensure that the organization assesses its proposals for by-laws, policies, programs, practices and services to determine their effect on accessibility for persons with disabilities.
- List the by-laws, policies, programs, practices and services that the organization will review in the coming year in order to identify barriers to persons with disabilities.

• Report on the measures that the organization intends to take in the coming year to identify, remove and prevent barriers to persons with disabilities.

#### **Duties:**

- Review recent initiatives and successes in identifying, removing and preventing barriers.
- Identify barriers that may be addressed in the coming year.
- Set priorities and develop strategies to address barrier removal and prevention.
- Specify how and when progress is to be monitored.
- Write, approve, endorse, submit, publish and communicate the plan.
- Review and monitor the plan.

| Working Group Member | Department                                       |
|----------------------|--|
| Derek Lall           | Facilities Planning and Development              |
| Karen Trower         | Facilities Planning and Development              |
| Maureen Ellis        | Occupational Health and Safety Services          |
| Amanda Jackman       | Communication & Public Affairs                   |
| Phyllis Brady        | Patient Relations / Risk Management              |
| Terry Kaban          | Ivey Eye Institute                               |
| Susan Vuylsteke      | Occupational Health and Safety Services          |
| Donna McManus        | Andrews Resource Centre                          |
| Peter Berry          | S.T.A.R. Program                                 |
| Margaret Belliveau   | Organizational Development and Learning Services |
| Manuella Giuliano    | Specialized Geriatric Services                   |
| Vivianne Van Leeuwen | Human Resources                                  |
| Karen Shuttleworth   | Organizational Development and Learning Services |

#### Current Membership 2008-2009:

Each member brings their special expertise, experience, and commitment to identifying, removing and preventing barriers to improve access and opportunities for people with disabilities. Each member does not represent the concerns of only one disability or group. All members of the committee will work together to develop a common approach, which is reasonable and practical.

The Accessibility Working Group may form sub-committees as necessary to address specific issues. These sub-committees will draw upon members of the Accessibility Working Group as well as resource people from within or outside the hospital as deemed necessary.

The Accessibility Working Committee will appoint a Chair. The Chair will be responsible for co-ordinating and developing the plan and should have an understanding of:

• The organization's facilities, by-laws, legislation, policies, programs, practices and services.

- The range of access issues people with disabilities live with every day.
- The organization's annual business and capital planning cycles.

#### **Guidelines:**

There is a general guide to accessibility planning under the Ontarians with Disabilities Act, 2001. The current guide can be found on the Internet at the following address:

# http://www.mcss.gov.on.ca/mcss/english/pillars/accessibilityOntario/what/AODA\_guide.htm

The OHA with the help of many of its members has created a Toolkit for Annual Accessibility Planning under the Ontarians with Disabilities Act. The toolkit will be used as a guide to create the accessibility plan.

#### Accountability:

The Accessibility Working Group will report to a City Wide Steering Committee consisting of members from both LHSC and St. Joseph's Hospital, London. All initiatives to identify and remove barriers will then be reported to the Joint Senior Leadership Taskforce (SLT) group and final approval of the plan will be given by the Boards of each hospital.

#### Frequency of meetings:

The Accessibility Working Group will meet monthly, or at the discretion of the Coordinator.

#### **Deliverables:**

By Sept. 30 of each year, an accessibility plan must be drafted.

#### APPENDIX B

## ST. JOSEPH'S HEALTH CARE, LONDON Corporate Policy

Subject: Ontarians with Disabilities

Approval: Senior Leadership Team

Original Date: September 15<sup>th</sup>, 2005 Review Date: August 2007 Revised Date:

Policy Reviewer: Chair, St. Joseph's Health Care, London Accessibility Working Group

#### Policy

In compliance with the Ontarians with Disabilities Act, St. Joseph's Health Care ensures that its by-laws, policies, programs, practices and services are assessed to determine their affect on accessibility for persons with disabilities.

An annual accessibility plan identifying, removing and preventing barriers to patients, residents and clients and their family members, staff, health care practitioners, volunteers and visitors is prepared and published annually.

The accessibility plan includes:

- a) a report on the measures the organization has taken to identify, remove and prevent barriers to persons with disabilities;
- b) the measures in place to ensure that the organization assesses its proposals for by-laws, policies, programs, practices and services to determine their affect on accessibility for persons with disabilities;
- a list of the by-laws, policies, programs, practices and services that the organization will review in the coming year in order to identify barriers to persons with disabilities;
- d) the measures that the organization intends to take in the coming year to identify, remove and prevent barriers to persons with disabilities; and
- e) all other information that the regulations prescribe for the purpose of the plan.

## Appendix C

#### **Senior-Friendly Hospitals Initiative:**

One of the strategic directions for Specialized Geriatric Services (SGS) is to lead in the creation of Senior-Friendly Hospitals. This work is in alignment with the seventh pillar of the Ontarians with Disabilities Act, which requires hospitals and other public organizations to increase the accessibility of their organizations in terms of the policies, which affect service delivered to persons with disabilities. At SJHC, a number of projects lead by SGS have built policies, environments and processes which address the needs of senior patients at the London Hospitals. Access within a senior-friendly environment ensures that the environment is universal to all users. Universal design principles ensure that the environment is universal to all people, to the greatest extent possible without the need for adaptation or specialized design.

# Rationale for the Senior-Friendly Hospital approach at St. Joseph's Health Care:

Seniors are the most frequent users of hospital services and comprise over 63% of hospital days in Ontario. The average length of stay for seniors over the age of 75 is 22.5 days, compared to 10 days for the general population. Once in hospital, seniors have the highest risk of functional decline and failure to return home. It is projected that in the year 2010, there will be over 5 million elderly Canadians, with more than 50,000 in the London area. Thus it is essential that hospitals create policies and procedures that address the unique needs of senior clients and their caregivers.

Within St. Joseph's Health Care population statistics for St. Joseph's Hospital site reveal that 13% of all hospital admissions and 32% of all outpatients are 65 and older. Further, 12% of admissions to the Urgent Care Centre are 65 and older. At Regional Mental Health Care, London, seniors comprise 30% of all inpatients (97% on Geriatric Nursing Units and 3% on Non Geriatric Units) and approximately 24% of all outpatient visits. At Regional Mental Health Care, St. Thomas, seniors comprise 5% of all inpatients and 9% of all outpatients; however, there are no Geriatric Nursing Units at this site. At Parkwood, within the Geriatric Rehabilitation Unit (inpatient), Geriatric Day Hospital (outpatient) and Musculoskeletal Unit (inpatient), the average age is 80 years old.

#### A Senior-Friendly Environment has the following elements:

Physical environment, process of care, ethics in clinical care and research, emotional and behavioural environment, organizational support. When a model with these elements is in place, all patients (including seniors) receive a targeted approach and best practice care. Care providers report increased job satisfaction and morale. Patient safety is increased, risk decreased and a decrease in length of stay is noted.

#### Senior-Friendly Initiatives at St. Joseph's Health Care:

Acute Care of the Elderly (ACE) Unit, Geriatric Emergency Management (GEM) and Geriatric Consultation-Liaison Team: A partnership between the London Hospitals.

This is a unique partnership between the two London Hospitals resulting in the establishment of several specialized geriatric services within London Health Sciences Center. The development of these new geriatric services in the acute tertiary centre was a Specialized Geriatric Services initiative to build capacity in the assessment and management of elderly in acute care. The goal was to develop a senior-friendly hospital, thereby contributing to improved health outcomes for seniors in the hospital.

#### Adverse Events task Force: (AEF)

The St. Joseph's Health Care AEF has revised the incident reporting form to include a number of items, one of which is delirium. Delirium has been shown to be the most common contributing factor to adverse events for seniors in hospital. This tool will allow the hospital to monitor the prevalence of delirium, assist staff in effective identification of delirium and support effective early management of delirium in senior patients.

#### **Regional Delirium Initiative:**

SGS has developed a regional delirium initiative, which uses an innovative approach to provide education to front-line workers in hospitals and Long Term Care Homes to ensure effective detection and management of delirium.

This project represents an innovative local and regional response to the Ontarians with Disabilities Act as it impacts on the quality of care provided to elderly Ontarians when they are admitted to St. Joseph's Health Care or its regional hospital and community partners.

#### Education:

St. Joseph's Health Care, the lead agency in the southwest in geriatric care, has initiated a number of successful education initiatives, which focus on effective assessment and care of frail seniors who reside in hospitals or long-term care settings. These include the Gentle Persuasion Approach, and the PIECES (Physical, Intellectual, Environmental, Cognitive, Emotional and Social) assessment. SGS staff also train St. Joseph's Health Care staff in the use of these tools and care approaches.

#### Outreach programs:

St. Joseph's Health Care is a leader in community outreach - effectively building the capacity of care partners in delivery of evidence-based care to seniors. In Mental Health, the Geriatric Discharge-Liaison Team and Outreach Team assist senior clients with long-standing mental health diagnoses to re-integrate into their communities. The teams achieve this by working effectively with community care partners.

The above key senior-friendly strategies demonstrate linkages of specific geriatric initiatives and key hospital strategies (patient safety, ODA, education and quality improvement) with involvement of major stakeholders and organizations in the region. Creating a senior friendly environment ensures that the hospital meet its ODA regulation by providing better care of the elderly, improving patient outcomes, reducing LOS, reducing mortality, using resources wisely, enhancing regional partnerships, reducing barriers, meeting accreditation standards and RNAO best practice guidelines.

#### Procedure

A Working Group is appointed annually by the Senior Leadership Team to develop the annual accessibility plan and regularly assess the access to St. Joseph's Health Care by persons with disabilities.

The Working Group reports to the City Wide Ontarians with Disabilities Steering Committee.

The annual accessibility plan is approved by the Senior Leadership Team and the Board of Directors.

Complaint/comments/suggestions regarding accessibility issues are forwarded to the Patient Relations Coordinators to be addressed and summarized for review by the Working Group.

#### Definitions

#### Disability

Any degree of physical disability, infirmity, malformation or disfigurement that is caused by bodily injury, birth defect or illness and, without limiting the generality of the foregoing, includes diabetes mellitus, epilepsy, a brain injury, any degree of paralysis, amputation, lack of physical co-ordination, blindness or visual impediment, deafness or hearing impediment, muteness or speech impediment, or physical reliance on a guide dog or other animal or on a wheelchair or other remedial appliance or device;

• a condition or mental impairment or a developmental disability

- a learning disability or a dysfunction in one or more of the processes involved in understanding or using symbols or spoken language
- a mental disorder, or
- an injury or disability for which benefits were claimed or received under the insurance plan established under the Workplace Safety and Insurance Act, 1997.

#### Barrier

Anything that prevents a person from disability from fully participating in all aspects of society because of his or her disability, including a:

- physical barrier (a door that cannot be operated by a person with limited upper body mobility and strength)
- architectural barrier (a hallway or door that is too narrow for a wheelchair or scooter)
- informational barrier (typefaces that are too small to be read by a person with low vision)
- communicational (a health care professional who talks loudly when addressing a deaf person
- attitudinal (staff who ignore patients/visitors in a wheelchair)
- technological (a paper tray on a printer that requires two strong hands to open)
- policy/practice (announcing important messages over an intercom that people with hearing impairments cannot hear clearly or at all)

#### References

The Ontarians with Disabilities Act, 2001 www.gov.on.ca/citizenship/accessibility/

Accessibility for Ontarians with Disabilities Act, 2005

http://www.e-laws.gov.on.ca/DBLaws/Statutes/English/05a11\_e.htm

## Appendix D

#### Barrier-removal initiatives – 2003 - 2006

The SJHC Accessibility Working Group created a survey to document recent barrier removal initiatives in 2003 to 2006. Members of the Working Group issued the survey to various departments to collect information on recent barrier removal initiatives.

The following initiatives were recorded to identify, remove and prevent barriers to people with disabilities from the period of 2003- 2006.

## a) Accessibility to Human Resources Department - Parkwood

<u>Brief Description</u>: Put in automatic open door for wheelchair accessibility. <u>Project status</u>: Completed

## b) Workplace Harassment and Discrimination Training

<u>Brief Description:</u> Train employees and leaders on Human Rights Code legislation, their responsibility, importance of awareness and SJHC corporate policy.

<u>*Project Status:*</u> Ongoing. Training is done every month for new employees and various sessions offered throughout the year for employees / leaders.

## c) Automatic Applicant Tracking System

<u>Brief Description:</u> Computer program that enables applicants to apply electronically for positions and search for career opportunities. <u>*Project Status:*</u> Complete.

Human Resources created a program to eliminate individuals from having to travel to HR offices to search and apply for jobs. Increased access by delivering 24 hours 7 days a week service. Interviews have been developed with sensitivity to disability issues.

## d) Large Print Books in Patient Library at RMHC-L

<u>Brief Description:</u> Large print books to be used in the patient library and on the travelling book cart. The books will be of particular use to geriatric clients with visual impairment and other clients who may have visual problems associated with their medication. The large print books will allow all clients to enjoy the recreational and relaxing benefits of reading as well as research opportunities. *Project Status: Ongoing*, will always continue to acquire large print books, particularly in response to specific requests

## e) Special Collections at Parkwood Hospital Library Service

<u>Brief Description:</u> Special collections have been developed for the spinal cord injury patients and special shelving has been built to accommodate wheelchairs. A computer with adaptive equipment and a special wheelchair accessible desk is available. The special collections have audio books and large print books. Special attention is given to developing the collections for the veterans and special needs patients.

<u>*Project Status:*</u> Ongoing - adding new materials continually and improving the environment as funding provides.

#### f) Attendant Training (Acute Care training initiative)

<u>Brief Description:</u> Attendants, who are non-regulated personnel, are taught how to ambulate or transfer patients (one or two person transfers) with disabilities (if it fits within their Attendant scope of practice to care for that patient). Attendants are taught how to safely feed patients who may have disabilities. Attendants know how to address minor communications barriers with patients and families and know how to access resources for the patient / family in consultation with the clinical care team. The care team would create a specific plan to address identified barriers; the attendant would be informed and trained as needed by the clinical 'on unit' resources.

<u>*Project Status:*</u> Ongoing - Attendant orientation occurs as required in connection with General Orientation for new staff.

#### g) Patient Resident Education Advisory Committee (PREAC)

<u>Brief Description:</u> The PREAC committee supports teams / programs to access funds (or coaching) to develop learning materials or pays to translate current learning resources into other languages (as funds allow).

<u>*Project Status:*</u> Ongoing - funding is provided each year for departmental management to access for their teams.

#### h) Ivey Eye Institute Initiatives for a Barrier Free Environment

<u>Brief Description:</u> The London Advisory Committee for the Visually Impaired has representation from various professionals from the CNIB, LHSC, SJHC, as well as visually impaired consumers and a local optometrist.

Recent advances to help with a barrier free environment within the lvey Eye Institute include:

- Use of 16 point font for the creation of pamphlets, letters and memos to those with visual impairment. The colour of the paper and printing must be high contrast. i.e. black on white or black on yellow.
- Recommending to cleaning staff to address the floors using a low gloss finish. This reduces glare for visually impaired.

• Regular education workshops and lectures to the visually impaired and general public providing them with the latest educational material and information regarding many topics directly and indirectly related to Eye Care. Past presentations included glaucoma, cataract surgery, age related macular degeneration, visual aids, psychology of dealing with vision loss as well as an entire day of paediatric ophthalmology and their caregivers.

• Linking of the Ivey Eye Institute Web site with the CNIB web site. <u>Project Status:</u> Ongoing.

## i) Increasing Accessibility at the Family Medical and Dental Centre

<u>Brief Description:</u> Three projects have been approved to increase accessibility: (1) Adaptation of interview /consultation room to accommodate larger electric wheelchairs for patients;

(2) Lowering of reception counter to give more face to face level interactions with wheel chair patients;

(3) Grab bars are being installed for patients in the examination rooms. *Project Status:* Completed

## j) Wayfinding Project

<u>Brief Description:</u> St. Joseph's Health Care with the help of Entro Communications has documented signage standards which comply with the ADA (American with Disabilities Act) and the ODA. All signs will meet criteria for character height, character proportion, finish, and contrast.

- Signs will have a foreground / background contrast level of 80%
- A Sans Serif medium font will be used for best readability
  - □ interior directional signs will have a cap height of 25 mm
  - □ suspended directional signs will have a cap height of 32 mm
  - departmental signs will have a cap height of 50 mm
  - exterior signs will have a cap height of 129 mm & 190 mm
- non glare materials will be used on sign surfaces
- all painted components will be painted with Grip Gard ® / Grip Flex ®. Paint will have a matte finish
- language free signage has been developed

<u>Project Status:</u> Ongoing. First phase of implementation has occurred on the recently constructed D. I. Surgical Building. Second phase of the work is schedule for implementation on August 12.

## k) Accessibility Policy

<u>Brief Description:</u> An accessibility Policy has been developed by the Accessibility Working Group.

Project Status: Ongoing. Reviewed on an annual basis.

#### I) Accessibility Awareness Training

Brief Description: A brochure has been developed to raise disability awareness at new staff orientation.

<u>*Project Status:*</u> Ongoing. The Working Group will continue to develop learning options for staff on accessibility awareness.

## m) Specific Accessibility Initiatives

<u>Brief Description:</u> Two washrooms at Parkwood Hospital have been upgraded to reflect the requirements for FADS (Facility Accessibility Design Standards). Grab bars have been modified; washroom accessories have been lowered and meet the design standards of FADS.

Modifications and replacement of millwork and sinks on a patient floor 4AN and 4AE are being completed to the principles of FADS.

<u>*Project Status:*</u> Ongoing. Opportunities to accommodate accessibility issues will be continually investigated for washrooms and entrances.

## n) Project Accessibility Opportunities

<u>Brief Description:</u> Current construction project North package at St. Joseph's Health Care, London is being reviewed to look at accessibility within the facility for washrooms, corridors, location and mounting height of devices, turning radius for wheelchairs and scooters for cost effective solutions.

Recently submitted drawings to the MOH for the two new specialized mental health buildings at Parkwood Hospital and RMHC-St. have incorporated the design principles of FADS.

<u>Project Status</u>: Ongoing. Continued review and monitoring of the drawings in design development to try and accommodate accessibility issues.

## o) Interpreters

<u>Brief Description:</u> All areas of SJHC are advised to provide trained interpreters for language and hearing impaired as required for communication about health care.

Across Languages and Canadian Hearing Society interpreters attend appointments with outpatients, assist patients at interdisciplinary team meetings, and as required. A telephone interpreter service will be added to the resources available for patients, residents and clients

Project Status: Ongoing. Ensure that all staff is aware of service available.

## p) Ivey Eye Institute Staff Workshop Training

<u>Brief Description</u>: CNIB conducted a workshop focusing on Low Vision services, Children's services, Low Vision equipment as well as speakers who talked about growing up and working with vision loss. A visually impaired individual spoke on the aspects of using a guide dog. The intent of the workshop was to make the staff more aware of visual impairment. Also, an interactive session was conducted on how to physically escort visually impaired individuals. *Project Status:* Completed.

## q) Grab Bar Installation in Radiology

<u>Brief Description:</u> A grab bar was installed in the Radiology Department in the Outpatient Services at Parkwood Hospital. The grab was provided to allow patients to lift themselves into position for x-raying and diagnostic imaging. <u>Project Status:</u> Completed

## r) Patient Lift Initiative – Corporate

<u>Brief Description:</u> To facilitate in the movement of patients and to reduce injury to staff, patient lift devices are being installed in various programs throughout the hospitals four main sites.

Project Status: Ongoing

## s) Accessible Front Entrances

<u>Brief Description</u>: To evaluate the accessibility of facilities, to meet the needs of visitors, staff, and patients. Consultants will conduct an assessment; generate a report for review and implementation of main entrances. <u>Project Status</u>: Complete

## u) Patient Bedroom Sink and Countertop Modifications

<u>Brief Description:</u> Patient bedroom sinks and countertops at Parkwood Hospital on Level 4AN, Spinal Cord and Brain Injury wing have been replaced and or modified to meet the FADS document for accessibility. In total 44 sinks and countertops were replaced or modified. *Project Status: Completed* 

## v) Senior-Friendly Hospital Initiative

<u>Brief Description:</u> One of the strategic directions for Specialized Geriatric Services (SGS) at St. Joseph's Health Care is to lead in the creation of Senior-Friendly Hospitals. This work is in alignment with the seventh pillar of the Ontarians with Disabilities Act, which requires hospitals and other public organizations to increase the accessibility of their organizations in terms of the policies, which affect service delivered to persons with disabilities. At St. Joseph's health care a number of projects led by SGS have built policies, environments and processes, which address the needs of senior patients, at both London Hospitals. Access within a senior-friendly environment ensures that the environment is universal to all users. Universal design principles ensure that the environment is universal to all people, to the greatest extent possible without the need for adaptation or specialized design. See Appendix C for more detailed summary. *Project Status: Initial Planning Stage* 

# w) Implementation of the RNAO Best Practice Guideline "Screening for Delirium, Dementia and Depression in Older Adults"

<u>Brief Description:</u> Delirium, dementia and depression are common clinical conditions of the hospitalized elderly in the London Hospitals. Hospital 'barriers' (e.g., physical, architectural, information/communication, attitudinal and practice barriers) can have significant impacts on these geriatric conditions. Delirium can result in increased morbidity and mortality. Implementation of the RNAO Best Practice Guideline "Screening for Delirium, Dementia and Depression in Older Adults" and elements of its adjunct, "Caregiving Strategies for Older Adults with Delirium, Dementia and Depression", will help increase the interdisciplinary staff's capacity to identify and provide quality elder care for those patients with one or more of these clinical conditions. The P.I.E.C.E.S.<sup>TM</sup> approach (please see [i], below) will be used in the implementation of these Best Practice Guidelines. It is planned that this initiative will be done in collaboration with St. Joseph Health Care, London to ensure a consistent London approach on these issues. See Appendix c for more detailed summary. *Status: Initial planning stage.* 

#### x) New Surgical Diagnostic Imagining Building

<u>Brief Description:</u> Construction of new \$30 million building to provide diagnostic imagining services to London was recently completed which provided increased washroom sizes and layouts, automatic door openers, wayfinding signage, increased number of handicap parking for cars and vans, drop off and pick up zones. Addressed transaction counters and workstations layouts to accommodate wheelchair patients and staff accessibility issues. <u>*Project Status:*</u> Completed March 2006

## y) New Geriatric Research Center

<u>Brief Description:</u> Renovation of an existing patient wing of 15,000 sq. ft is almost completed at Parkwood hospital. A number of issues were addressed in the design such as FADS design in washrooms, automatic door openers to rooms, flooring to assist people with visual impairment, multi-level counter heights to accommodate wheelchairs and functional seating. <u>Project Status:</u> Complete

## z) Flooring Standards

<u>Brief Description</u>: Conduct and extensive evaluation of flooring products to standardize on flooring that best suits the patient population needs and house keeping needs.

Project Status: Ongoing

#### aa) Healthy Vision Day - 2005

<u>Brief Description:</u> This workshop was conducted in conjunction with the IVEY Eye Institute, CNIB and other sponsors to promote an education forum for caregivers and individuals interested in eye care, provide an awareness of eye care related resources and provide a venue for patient/caregiver networking.

#### Project Status: Completed

#### bb) Accommodation to Hearing impaired clients in the Psychosis Program

<u>Brief Description:</u> Renovation of rooms at RMHC-L to accommodate the needs of staff to provide services to the hearing impaired for servicing of the STAR mental health program. Caregivers are providing tertiary mental health services to the deaf and hard of hearing - unit is located in STAR program at RMHC-L site. <u>Project Status:</u> Ongoing

#### Barrier-removal initiatives - 2007 - 2008

#### a) Safe Handling of Patient Program (Lifts, Transfer and Repositioning)

<u>Brief Description:</u> OHSS has been developing a Safe Handling Patients Program that is currently being reviewed and finalized. This program includes policy, definitions, assigned responsibilities and training. In addition OHSS offers lift/transfers/repositioning training to staff at all sites.

#### Project Status: Ongoing.

#### b) Lift Installation

<u>Brief Description:</u> A ceiling lift will be installed "over" the Functional Electrical Stimulation (FES) bikes that will eliminate the need to bring in the portable lift. This will create a greater movement ability by all in that area, will allow us improved use of the space for patients to access and increased use of the bikes.

Project Status: Ongoing

#### c) Low-rise Hospital Beds

<u>Brief Description:</u> Replacement of existing hospital beds with low-rise beds, which improves accessibility for patients who do standing transfers or slide board

transfers. The Rehabilitation Engineer has been consulted by the Working Group regarding improved access.

Project Status: Ongoing

## d) Healthy Vision Day - 2007

<u>Brief Description:</u> The London Advisory Committee for the visually impaired (LACVI) have organized Healthy Vision Day for **Sept 8, 2007.** www.healthyvision.ca This one-day symposium for the general public, visually impaired and caregivers is to provide information on various aspects of eye diseases and treatment, allow the people to network and provide a display for various educational groups.

#### Project Status: Ongoing.

## e) Ivey Eye Institute Website enhancements

<u>Brief Description:</u> Revisions to the homepage for the Ivey Eye Institute allow better navigation for the visually impaired, including the option to use larger print for display.

#### Project Status: Ongoing

#### f) City of London Bus Survey

<u>Brief Description:</u> The survey was part of an initiative with the City of London's Accessibility Committee. SJHC Accessibility Working Group distributed the City of London Bus Survey for people with disabilities to SJHC staff, patients, volunteers and visitors to obtain feedback on bus service accessibility to and from our facility. 50 responses were received from all sites.

The committee is awaiting feedback regarding the survey from the chairperson of the City of London Accessibility Committee.

#### Project Status: Ongoing

#### g) Data Valet Service

<u>Brief Description</u>: The DataValet Service (internet access for patients on the unit through their laptop) is a pilot project currently in progress in the Rehabilitation Program.)

#### Project Status: Ongoing

#### h) Updated Code of Conduct – Infectious Diseases

(Referencing the Abusive Behaviour Towards Staff (Guidelines) Corporate Policy)

#### Brief Description:

Updates to the Infectious Diseases Department's Code of Conduct that is posted in the waiting area and offices; also added a multi-lingual page asking that each person respect each other's right for confidentiality and privacy (addressing the number of patients with disabilities, including physical and cognitive limitations)

#### Project Status: Complete

#### i) Accessibility Email account established

#### Brief Description:

A resource for staff to communicate any barriers they or their clients have encountered at St. Joseph's Health Care, London. The submissions are triaged to the appropriate department or person(s) and a response is provided to the Accessibility Working Group.

#### Project Status: Complete

## j) Washroom Modifications – RMHC-L – STAR Program

#### Brief Description:

A raised toilet and grab bars were added to a washroom within the STAR Program at RMHC-L

#### Project Status: Complete

#### k) Raised Toilet Seat

#### Brief Description:

Raised toilet seat was provided for the patient washroom in Nuclear Medicine B5.

#### Project Status: Complete

#### I) Washroom Modifications – Parkwood Hospital – Outpatient Department

#### Brief Description:

Changes were made to the washroom in the Parkwood Outpatients department. The washroom was wheelchair accessible but had slow closure. An electronic enhancement was made to the wheelchair accessible opener to disengage the opener if the washroom was in use.

#### Project Status: Complete

#### m) Accessibility brochure (Appendix F)

#### Brief Description:

The Accessibility Working Group developed a brochure to assist in education and awareness pertaining to the ODA & AODA. The brochure also describes the Group's responsibilities, outlines what the barriers are, how they can be identified and communicated.

#### Project Status: Ongoing

#### n) Visual Fire Alarm

#### Brief Description:

RMHC-L STaR program R2 - have outfitted two rooms with visual fire alarm systems to accommodate hearing impaired clients.

#### Project Status: Complete

# o) Recommended Changes Accommodate Deaf / Hard of Hearing- White Paper

#### Brief Description:

A recommendation report was generated by a graduate student of the Rochester Institute of Technology completing her thesis. The purpose of this report is to provide specific recommendations and suggestions to the identified barriers of the communication needs of deaf, deafened, and hard of hearing patients and visitors at St. Joseph's Hospital, one of the five sites with St. Joseph's Health Care (SJHC) London. This report will also assist SJHC London to develop a more effective annual accessibility plan in the future and allow SJHC London to be more aware and sensitive to the communication and accessibility needs of this population. An accessible hospital environment for deaf, deafened, and hard of hearing patients is the key to receiving good health care services and utilizing the facilities independently.

#### Action Items:

Visual Signage

- Visual signage throughout the facility to identify zones, departments, room numbers, washrooms, elevators, and payphones (TTYs) could be improved.
- Visual signage to show what services are available for patients who are deaf, deafened or hard of hearing such as sign language interpreters, TTYs, and closed captioned TVs should be displayed.

TTYs and Amplified Phones

- Additional payphones with TTYs should be made available at major departments such as urgent care centre, surgical centre, diagnostic imaging centre, preadmissions/registration department, and obstetrics/waiting rooms.
- Payphones with TTYs in the new part of St. Joseph's are suggested.
- The availability of a portable TTY for patients to use in their rooms should be communicated on literature or on pre-admission forms.

Closed Captioned TVs

- Closed captioning should be shown on all TVs in waiting/reception rooms throughout the hospital since some have been turned on since the Capstone Project started.
- The availability of a TV with closed captioning in patients' rooms should be added on literature with Hospitality Network or on pre-admission forms.

Visual Fire Alarm/Emergency System

 Visual alert devices for fire and emergency system should be made available throughout the hospital where feasible. Audible alarms currently available in most areas of St. Joseph's Hospital.

### Interpreters

- St. Joseph's Hospital should display sign language interpreters are provided upon request.
- Health care professionals should have information readily available on how to request a sign language interpreter for deaf, deafened or hard of hearing patients by the telephhone.

Accessibility Awareness Training

 Health care professionals and hospital employees who come in contact with patients should receive training and awareness on a regular basis.

# Project Status: Ongoing

# p) Organizational Development & Learning Services (ODLS) – Education / Awareness

Brief Description:

OD&LS has partnered with an outside agency to customize and provide four x two-hour awareness and education sessions to staff. Sessions include, video, personal stories, disability simulation exercises, and literature on various barriers and accessibility needs of the disabled

# Notable Results to-date:

38 Staff members attended
100% - agreed sessions were 'valuable'
100% - agreed – "as a result of today's session, I will continue to examine my stereotypes and attitudes and sensitivity toward persons with disabilities".

# Workshop Objectives:

- Acquire increased understanding of barriers faced by persons living with disabilities
- Examine stereotypes and attitudes and increase sensitivity towards persons with disabilities

• Learn how to foster change to enhance accessibility and inclusiveness in the work environment

# Project Status: Ongoing

# q) Paper Towel Dispensers Initiative

# Brief Description:

A citywide initiative is being implemented to replace existing paper towel dispensers with ADA compliant units through out the London Hospitals sites

# Project Status: to be completed Fall 2007

# r) TTYs Purchase

# Brief Description:

Based on the recommendations from item (o), additional TTY phones will be purchased and installed through out the various SJHC sites to address various patient and staff needs.

# Project Status: to be completed Fall 2007

# s) Installation of automatic doors at RMHC-L

# Brief Description:

The installation of the automatic doors leading into the south complex of the Geriatric Psychiatry Program, immediately adjacent to the visitors parking lot.

# Project Status: Complete

# t) The purchase of "Pocket Talkers"

# Brief Description:

Geriatric Psychiatry has purchased "Pocket Talkers" that are used for voice amplification when communicating with individuals with hearing difficulty.

# Project Status: Complete

# u) Interpreters/Translations Policy (see appendix E)

# Brief Description: This policy has been developed for the purpose of:

Obtaining accurate histories, obtaining the patient's/SDM's/families' information and perspective of the problem(s), communicating diagnoses, test results, proposed plans of treatment require accurate understanding by the Health Care Professionals and patient/SDM, family. SJHC London ensures that patients/SDMs and families are fully and accurately informed through the use of professional interpretation and translation.

# <u>Project Status:</u> Ongoing – Draft version 9 is currently awaiting approval from Senior Leadership

# v) Additional Volunteers

**Brief Description:** 

Based on feedback to various departments, additional volunteer services have been added to assist clients/visitors in accessing the various programs. The program is called the **New Horizon Service Program** 

Project Status: Ongoing



Appendix E

# INTERPRETATION & TRANSLATION POLICY DRAFT 9

# PREAMBLE

St Joseph's Health Care London will ensure that all reasonable efforts are made to communicate health care information effectively with patients, residents, clients, substitute decision makers and families, consistent with our mission, vision and values. This policy is supported by best practices, College standards, and the 1997 Supreme Court of Canada Elridge Decision. This decision stated that "where sign language interpreters are necessary for effective communication in the delivery of medical services, the failure to provide them constitutes a denial of the Charter of Rights".

# PURPOSE

Obtaining accurate histories, obtaining the patient's/SDM's/families' information and perspective of the problem(s), communicating diagnoses, test results, proposed plans of treatment require accurate understanding by the Health Care Professionals and patient/SDM, family. SJHC London ensures that patients/SDMs and families are fully and accurately informed through the use of professional interpretation and translation.

# POLICY

When a communication barrier is identified, Health Care Professionals inquire into the preferred language. Language includes American Sign Language. When a need for oral interpretation is identified, an interpretation resource will be used to facilitate the communication process. When a need for written translation is identified, a translation resource will be used. SJHC London reserves the right (in collaboration with the patient/SDM/family) to select the most appropriate interpreter/translation service.

Family members and friends of the patient may interpret, but are not designated as interpreters of health care information for the purposes of this policy.

See Appendix for a list of Interpretation and Translation Services.

# PROCEDURE

### Access and Use of Interpreters:

- 1. Upon pre-admission procedure/telephone call, patient admission/presentation or transfer from another Unit/Program/site, all patients are asked, "In what language do you prefer to communicate?" If this information is unavailable, every effort is made to determine the most appropriate and accurate means of communication.
- 2. The appropriate Interpreter service is contacted to obtain consent for the involvement of their services in the provision of treatment. Utilize the attached chart (Appendix 1) that outlines the criteria for using the various interpreter resources, decide on the interpreter resource that best meets the need of the patient in that particular situation.
  - 1. If consent is obtained, continue with the process described below.
  - 2. If consent is declined, the patient is informed that treatment may be compromised, or it may not be possible to provide treatment.
- 3. There is a cost associated with these services, and the cost may be based on a minimum time for the service. Follow the protocol determined by the Program.
- 4.
- A. To access the various interpretation resources, follow guidelines below:
  - for (External) Professional Health Care Interpreters:
    - (Weekdays, Evenings, and Weekends): Call Across Languages at 642-7247 or After Hours call 642-3001(Women's Community House) or fax at 642-1831 and request a health care interpreter. You will need to be prepared to provide the information listed below under 4.B.
    - All urgent situations: Language Line Services at 1-800-874-9426. Provide 6 digit Client ID: 252002 and Company Name: St Joseph's Health Care London. Provide the language needed and your Department. Verbal, over the telephone only.
  - For language interpretation for the Deaf: Call the Canadian Hearing Society Ontario Interpreter Services at 667-3325 (voice) / 667-3323 (TTY) /667-9668 (fax) weekdays between 9:00 - 5:00. To reach the After-Hours Emergency Interpreter Service, call TTY at 1-866-831-4657, or phone 1-866-256-5142; refer to Canadian Hearing Society Emergency brochure.

# for TTY (Teletypewriter)/TDD access:

- Parkwood: Audiology and Pay Phone in lobby
- SJ Hospital: Pay Phone located on main floor and Switchboard
- RMHCL: none
- RMHCS: none
- Mt Hope: none

- Bell Relay Service: 1-800-855-0511
- For Deaf- Blind Intervenors: Call CNIB 685-8420. In general there is a minimum of two weeks notice needed, but they will try to respond in an emergency. Individuals often have a personal intervenor. Therefore it is important to determine this and request this person. There are different communication systems (American Sign language, two hand manual, large print notes, print on palm etc), so it is helpful for them to know the system that is required. In an emergency, the patient may have some residual vision and ability to read notes, so it is appropriate to determine if this method will aid communication.

# **B.** For Across Languages and Canadian Hearing Society interpreting situations, provide the following information:

- language needed and dialect (if applicable)
- client name
- client telephone number (out-patients)
- location (department/unit) and phone local
- unit/department contact person
- gender preference for interpreter, if appropriate
- type of situation (admission, test procedure information, etc.)
- date and time request needed, estimated amount of time needed
- method of billing

# C. Translation Services:

- Across Languages at 642-7247
- Language Line Services: Document Translation 1 888 763-3364

# **DEFINITIONS OF TERMS**

**Interpretation:** The process of rendering spoken language into another spoken language **OR** The process of rendering spoken language into a visual language (eg. American Sign Language ASL for the Deaf).

**Translation:** The process of rendering written communication into another language **OR** The process of rendering written communication into Braille.

**Interpreters:** Any person who formally provides interpretation for the purposes of this policy must meet the standards for health care interpreting: maintain confidentiality, impartiality/objectivity, have respect for the individuals and cultural sensitivity, are accurate and proficient in using both languages and in medical terminology, maintain role boundaries, and use a standardized interpreting format.

**External Professional Health Care Interpreters (HCI):** External specialists who have demonstrated proficiency in signing or language and interpretations skills. They have completed a rigorous training process and meet the standards for health care interpreting. Use of their service costs a fee.

**Health Care Providers (HCP):** A generic term to describe any professional health care giver.

**Telephone Device for the Deaf (TDD/TTY):** The Telephone Device for the Deaf (TDD) or Teletypewriter (TTY) transmits a visual signal over the standard telephone line. This

technology is available for individuals with severe to profound hearing loss or poor speech recognition ability. As one person types his or her message, the signal is transmitted along the telephone line and is decoded at the other end by the TTY device. It is necessary for both parties to have a system to communicate.

**Bell Relay Service:** This service can also be used for telephone communication with the Deaf. Call 1-800-855-0511 to speak to a Bell operator who will place a TTY call to the Deaf patient. The hearing person speaks to the operator who will type the conversation to the Deaf patient and transmit the message to the patient's TTY. With Voice Carry Over the hearing impaired person can read your message on the TTY and respond using their voice.

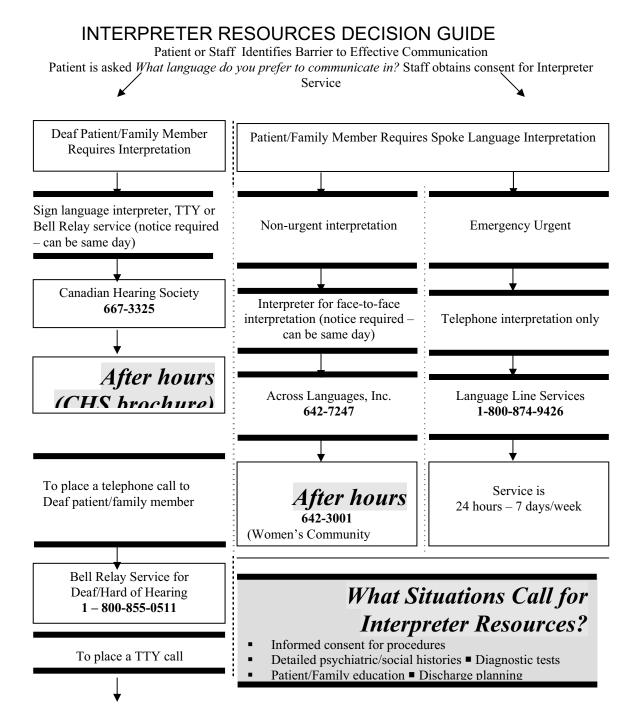
### REFERENCES

Consent Policy Ontario Human Rights Code Supreme Court of Canada Elridge Decision Canadian Charter of Rights APPENDIX 1

# Chart: Criterion for Using Various Language/Sign Language Interpreters

| Question            | External<br>Professional Health Care Interpreter  | Language Line                                    | TTY/Bell Relay   |  |  |  |  |
|---------------------|---|--|--|--|--|--|--|
| Who can<br>access?  | All SJHC staff, including physicians  | All SJHC staff,<br>including physicians          | All SJHC staff,<br>including physicians                    |  |  |  |  |
| Where?              | All sites of hospital, available from Across<br>Languages and other external agencies, including<br>agencies for aboriginal languages and through OIS –<br>Canadian Hearing Society's Ontario Interpreting<br>Services  | All sites in hospital for<br>emergent situations |  |  |  |  |  |
| When?               | Across Languages: 24 hours; however, from 1630<br>– 0830 calls are routed through Women's<br>Community House at 642-3001.<br>Canadian Hearing Society: Between 9 am and 5<br>pm call 667-3325 first for a staff interpreter. After<br>hours or emergency: call TTY: 1-866-831-4635, or<br>phone: 1-866-256-5142. (After-Hours Emergency<br>Interpreter Service brochure)<br>CNIB: as much notice as possible required for deaf-<br>blind intervenors. Phone: 685-8420 | 24 hours x 7 days a<br>week                      | 24 hours x 7 days a<br>week                                |  |  |  |  |
| Availability?       | Requires notice but may be available within same day.   | Available within minutes                         | Available within minutes                                   |  |  |  |  |
| What<br>languages?  | Languages as available from professional services.<br>Canadian Hearing Society provides sign language<br>interpreters for "American Sign Language" only.<br>CNIB: request personal deaf/blind intervenor if<br>patient has one; determine the communication<br>system required  | 140 languages                                    | Used by the Deaf, oral<br>deaf and oral hard of<br>hearing |  |  |  |  |
| What<br>situations? | <ul> <li>informed consent for treatment</li> <li>detailed psychiatric/social histories</li> <li>diagnostic tests</li> </ul>   | brief factual<br>information                     | <ul> <li>brief factual<br/>information</li> </ul>          |  |  |  |  |

| <ul> <li>patient/family education</li> <li>discharge planning</li> <li>treatment sessions</li> <li>detailed technical explanations</li> <li>assessments</li> </ul> | • verbal only, no face-<br>to-face interaction | • verbal only, no face-<br>to-face interaction |
|--|--|--|
|--|--|--|



Telephone Devices for the Deaf Located in: Parkwood Audiology, lobby SJ Hospital main floor and Switchboard

# Who Can Access Interpreter Resources?

All Interpreters Resources can be accessed by all physicians

# QUICK REFERENCE

# **INTERPRETATION SERVICES**

Across Languages, Inc Spoken Language Interpreters 642-7247

After Hours 642-3001 (Women's Community House - has list)

Canadian National Institute for the Blind Deaf- Blind Intervenors 685-8420

Canadian Hearing Society Sign Language Interpreters 667-3325 After Hours/Emergency: TTY: 1-866-831-4657; Phone: 1-866-256-5142

Language Line Services 1-800-874-9426

Bell Relay Service for Deaf/Hard of Hearing 1-800-855-0511

Telephone devices for the Deaf (TTY)

- Parkwood: Audiology, Pay Phone in lobby
- SJ Hospital: Pay Phone on main floor and Switchboard

# PROVIDE TO INTERPRETATION SERVICE

(Across Languages and Canadian Hearing Society)

- client name •
- telephone number for Out-Patients •
- language needed and dialect (if known) dept/unit & local ext. & contact name gender preference situation (admission, procedure) date and time of request estimated amount of time needed •
- •
- •
- :

STJOSEPHS HEALTH CARE NOUNO-Systemic Communication Technological Attitudinal Physical Architectural Our commitment Accessibilitv 5 pillars/accessibilityOntario/what/AODA\_g http://www.mcss.gov.on.ca/mcss/english/ http://www.sjhc.london.on.ca/corp/public/ http://www.london.ca/accessibility/guide. Disabilities Act, 2005 (plain language FADS (Facility Accessibility Design Accessibility for Ontarians with

# Resources

Appendix F

# What is a Barrier?

person with a disability from Anything that prevents a fully participating in al aspects of society.

guide with link to the full act)

architectural, informational attitudinal or technological This includes physical or communications, barriers, a policy or procedure.

SJHC 2006-2007 plan

htm

Standards)

uide.htm

oda/oda.htm

# How to Help

- faced with when visiting any anyone may have or will be We encourage everyone to communicate barriers of SJHC's facilities.
- Accessibility Working Group information is passed along to the appropriate person(s) An email account has been designated member of the and will follow-up with the "Accessibility" and your simply key in the word email will be sent to a set-up in Group wise, who will ensure the findings

members, staff, health care practitioners, and services for patients and their family facilities, policies, programs, practices SJHC is committed to the continuous improvement of access to hospital volunteers and members of the community with disabilities.

# **New Members**

an email to "Accessibility" stating your intent to join the Accessibility Accessibility Working Group send If you are interested in joining the Working Group and you will be contacted

| A few examples of<br>Barrier-Removal Initiatives:   |   | Development of Accessibility  | Policy  | Installation of automatic door<br>for wheelchair accessibility to            | Parkwood  | Workplace harassment and discrimination training                          | Large print books in patient<br>library  | Increased accessibility to<br>Family Medical and Dental               | Centre                       | Accessibility Awareness<br>Training offered throughout         | the year                            | Grab bar installation in  | Improved acrees to sign    | language & interpreters in all                                      | areas of SJHC                  | Installation of visual Fire                 | Alarms at RMHC-London  |                        |
|---|---|---|---|--|---|---|--|---|------------------------------|--|-------------------------------------|---|----------------------------|---|--------------------------------|---|--|------------------------|
| A fe<br>Bar   |   | •   |   | •  |   | •   | •  | •   |                              | •  |                                     | •   |                            |   |                                | •   |  |                        |
| Each organization (public or<br>private) is responsible for<br>ensuring their facilities meet the | set standards by the outlined time<br>frame or penalties can be<br>applied.                                 | What is the Accessibility Working<br>Group?                                   | The Acressibility Working Groun                                     | includes representatives from across<br>all SJHC sites that work together to | complete the annual plan that is submitted by SJH to the  | Accessibility Directorate of Ontario,<br>Ministry of Community and Social | Services. we are partnered with<br>LHSC Accessibility Working Group<br>and The City of London. | The group is responsible for:   | Reviewing recent initiatives | and successes in identifying,<br>removing and preventing       | barriers                            | <ul> <li>Identifying barriers that may be<br/>addressed in the coming year</li> </ul> | Setting priorities and     | address barrier removal and   | prevention                     | <ul> <li>Specifying how and when</li> </ul> | <ul> <li>Progress is to be monitored</li> <li>Writing, publishing and</li> </ul> | communicating the plan |
| What is the ODA?  | The Ontarians with Disabilities Act,<br>2001 (ODA) was designed to<br>improve the identification of visible | and invisible disabilities, removal of<br>and prevention of barriers faced by | persons with disabilities.<br>The ODA requires hospitals to prepare | annual plans which describe the<br>measures SJHC has taken in the past       | year and the inteasures SUTIC will take<br>during the current year to identify,<br>remove and prevent barriers within the | organization's facilities.  | What is the AODA?  | The Accessibility for Ontarians with<br>Disabilities Act. 2005 (AODA) | replaces the ODA.            | The AODA provides for the development of standards in order to | achieve accessibility for Ontarians | with disabilities with respect to goods, services, facilities,                        | accommodation, employment, | buildings, structures and premises<br>on or before January 1, 2025. | The standards are divided into | stages with each stage to be                | achieved in five years or less.  |                        |