

32nd Annual Geriatric Medicine Refresher Day

Current and Practical Knowledge to Inspire and Advance Care

Wednesday, May 2, 2018

7:30 a.m. - 4:00 p.m.

London Convention Centre, London, Ontario

LEGEND - WORKSHOP SUITED FOR: (A) - Allied Health, (N) - Nurses, PSWs, (P) - Physicians, Pharmacists

7:30 - 8:30 a.m. - REGISTRATION, EXHIBITORS & REFRESHMENTS

8:30 - 8:45 a.m. - WELCOMING REMARKS

Laura Diachun, MD, Conference Chair, Division of Geriatric Medicine, St. Joseph's Health Care London

8:45 - 9:45 a.m. - PLENARY SESSION

Video Evidence of How Falls and Fall-Related Injuries Occur in Long-term Care: Implications for Prevention

Stephen Robinovitch, PhD, School of Engineering Science, SFU, BC

- Describe the circumstances that lead to falls in older adults in LTC
- Discuss the factors that determine whether falls lead to injuries in this population

10:00 - 11:00 a.m. MORNING CONCURRENT WORKSHOPS I

1. The Role of Wearable Hip Protectors for Preventing Hip Fractures in Older Adults in Long-term Care (A, N, P)

Stephen Robinovitch, PhD, School of Engineering Science, SFU, BC

- Analyze the clinical and biomechanical evidence regarding fracture prevention through wearable hip protectors
- Discuss the barriers and facilitators to user acceptance with hip protectors in long-term care

2. Getting the Most out of the Neurological Examination in Persons with Dementia (N, P) *Limited to 20 attendees

David F. Tang-Wai, MDCM, University of Toronto

This workshop will not review the entire neurological examination, but rather focus on key aspects of the exam. A knowledge on how to administer the neurological examination is required.

****Reflex hammer is required (not a stethoscope)****

- Describe key features on the neurological examination that may distinguish among the Parkinsonian disorders causing dementia, such as Parkinson's disease dementia, progressive supranuclear palsy, and corticobasal degeneration
- Analyze mild upper motor neuron signs/findings as seen in atypical dementias including vascular, frontotemporal dementia with motor neuron disease, and corticobasal degeneration

3. Avoiding Adverse Drug Events in Older Adults (A, N, P)

Luis Viana, BCGP, North West Telepharmacy Solutions

- Describe reasons why older persons are more sensitive to medications and how this can lead to an increase in adverse drug events
- Discuss strategies to optimize medication prescribing to avoid adverse drug events in older persons

4. What Can Your Patients Learn From You? (A, N, P)

Cathy Parsons, RN, St. Joseph's Health Care London

- Describe proven mental strategies that enhance hope, resilience, confidence and optimism
- Integrate the strategies to enhance your patients' achievement of their defined goals for recovery and rehabilitation

5. Select Topics in Infectious Diseases in the Older Adult (A, N, P)

Michael John, MD, Western University

- Discuss immunization in the older adult
- Describe an approach to antibiotic use in older adults

6. This is Long-term Care 2018 (A, N, P)

Candace Chartier, RN, CEO, Ontario Long Term Care Association

- Describe the current environment and future landscape of LTC with a focus on innovation
- Analyze data and research that will lead to different models of senior care during the next five years

11 - 11:25 a.m. - REFRESHMENTS, DISPLAYS & NETWORKING

11:30 a.m. - 12:30 p.m. - MORNING CONCURRENT WORKSHOPS II

7. Perioperative Geriatrics (N, P)

Camilla Wong, MD, St. Michael's Hospital, Toronto

- Describe the ACS NSQIP/AGS guidelines on the optimal preoperative and perioperative care of older adults
- Discuss the integration of frailty assessment in different interdisciplinary models of perioperative geriatrics

8. Top Geriatric Papers of 2017 (A, N, P)

Chris Brymer, MD, St. Joseph's Health Care London

- Apply current literature to primary elder care

9. Getting the Most out of the Neurological Examination in Persons with Dementia (N, P) *Limited to 20 attendees

Repeat of Workshop #2

David F. Tang-Wai, MDCM, University of Toronto

10. Avoiding Adverse Drug Events in Older Adults (A, N, P)

Repeat of Workshop #3

Luis Viana, BCGP, North West Telepharmacy Solutions

11. Ethical Challenges in Dementia Care (A, N, P)

Raza Naqvi, MD, Markham Stouffville Hospital

- Analyze common clinical scenarios in dementia care from an ethical perspective
- Discuss different perspectives and approaches to challenging ethical scenarios in individuals with dementia

12. Selected Topics in Infectious Diseases in the Older Adult (A, N, P)

Repeat of Workshop #5

Michael John, MD, Western University

12:30 - 1:15 p.m. - Lunch, Displays & Networking

1:15 - 2:15 p.m. - PLENARY SESSION

COPD and the Boomers

Peter Lin, MD, Director of Primary Care Initiatives, Canadian Heart Research Centre

- Discuss how to diagnose COPD in the older adult and understand the tests
- Integrate the use of appropriate treatments based on current guidelines

2:15 - 2:40 p.m. - AFTERNOON BREAK

2:45 - 3:45 p.m. - AFTERNOON CONCURRENT WORKSHOPS

13. Drug Update (N,P)

Peter Lin, MD, Director of Primary Care Initiatives, Canadian Heart Research Centre

- Describe the new classes of medications and how they can fit into our therapeutic tool box – SGLT2 Inhibitors, GLP1 Agonists, PCSK9 Inhibitors, COPD Puffers, heart failure medications

14. Top Geriatric Papers of 2017 (A, N, P)

Repeat of Workshop #8

Chris Brymer, MD, St. Joseph's Health Care London

15. Getting the Most out of the Neurological Examination in Persons with Dementia (N,P) *Limited to 20 attendees

Repeat of Workshop #2

David F. Tang-Wai, MDCM, University of Toronto

16. Update in Osteoporosis (A,N,P)

Jenny Thain, MD, St. Joseph's Health Care London

- Describe the consequences of fracture for patients, caregivers and the health system
- Interpret fracture risk criteria to appropriately assess and diagnose osteoporosis

17. Implementation of Senior Friendly Care Training at Parkwood Institute, London, Ontario (A,N,P)

Alison Evans, CNS, St. Joseph's Health Care London

Janice Qubty, Coordinator, St. Joseph's Health Care London

Maureen Morrison, Consultant, St. Joseph's Health Care London

- Describe the elements of Senior Friendly Care training as part of Ontario's Senior Friendly Hospital Strategy
- Describe strategies for implementing interprofessional Senior Friendly Care training in inpatient and ambulatory hospital-based settings

18. Ethical Challenges in Dementia Care (A,N,P)

Repeat of Workshop #11

Raza Naqvi, MD, Markham Stouffville Hospital

3:45 - 4:00 p.m. - EVALUATION

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EVENT DETAILS

Wednesday, May 2, 2018
Registration: 7:30 - 8:30 a.m.
Opening Remarks: 8:30 a.m.
London Convention Centre, 300 York Street, London, ON
\$160 per person
\$60 per full-time student/volunteer (maximum of 30)

WHO SHOULD ATTEND

Given the interdisciplinary nature of geriatric care and the feedback from the 2017 conference evaluations, topics have been selected to appeal to a wide range of care providers including physicians, nurses, therapists (OT, PT, SLP, RT), pharmacists, dietitians, psychologists, social workers, researchers, educators and discharge planners, as well as people serving primarily in administrative positions.

ABOUT THE CONFERENCE

We are proud to present and celebrate our 32nd annual conference in Geriatric Medicine that provides professionals with the opportunity to broaden their knowledge base, to refine specific skills, and to meet with others who share their concern in improving quality care for the older adult. The plenary session encourages interdisciplinary discussion of a subject common to all, while concurrent sessions provide medical updates and review of best practices of topics in geriatric care. All sessions include time for questions from participants and many speakers are available for informal discussions throughout the day. We encourage you to visit our display area in the Exhibitor Hallway.

STUDY CREDITS

This one-credit-per-hour Group Learning program meets the certification criteria of the College of Family Physicians of Canada and has been certified by Continuing Professional Development, Schulich School of Medicine & Dentistry, Western University for up to 5.25 Mainpro+ credits.

This event is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification program of The Royal College of Physicians and Surgeons of Canada, approved by Continuing Professional Development, Schulich School of Medicine & Dentistry, Western University. You may claim a maximum of 5.25 hours (credits are automatically calculated).

Each participant should claim only those hours of credit that he/she actually spent participating in the educational program.

INDUSTRY SPONSORS

This program is sponsored in part by educational grants from McCormick Care Group, Quality Life Services Inc. and Senior Homecare by Angels.

REGISTRATION

All electronic registrations received prior to April 1, 2018 will be entered into our "Early Bird Draw" and are eligible to receive a full refund of the 2018 registration fee. We encourage all to register prior to April 1, 2018. Registered participants who are unable to attend are welcome to send a colleague in their place. Notice of withdrawal in writing after April 27, 2018 will result in a \$40 administration fee. Registrations received after April 27, 2018 will be considered only if space permits.

PARKING

Parking is not included in your registration fee. Please be prepared to pay for your own parking. Parking is available at the London Convention Centre underground lot or in the Impark lot across the street for \$6 - \$10.

ADDITIONAL INFORMATION

The London Convention Centre can get chilly — dress in layers. A coat check will be available on the ground floor of the Convention Centre. This is a fragrance-free conference — be considerate of those with allergies. Be sure to inform us of any special dietary needs.

ONLINE REGISTRATION ONLY

Please register online at sjhc.london.on.ca/grd to ensure that you receive next year's flyer. To receive the 2019 flyer without registering this year, please email Jennifer Whytock at jennifer.whytock@sjhc.london.on.ca