

Up-to-Date Review of Lower Back Pain

Date: Friday, November 2, 2018

Time: 8:30 am-4:00 pm

Location: St. Joseph's Hospital, Shuttleworth Auditorium,
268 Grosvenor St., London, ON
Zone D, Level 0, Room D0-104

LEARNING OBJECTIVES:

- Understand the role of occupational therapy, physiotherapy, and psychology in the management of lower back pain
- Appreciate the variety of pharmacologic options
- Understand the role of non-surgical interventions
- Learn strategies on how to safe guard your practice when prescribing controlled substances
- Appreciate new ministry driven strategies for managing this patient population

Moderated by: Dr. Collin Clarke	
8:30-8:50 am	Registration
8:50-9:00 am	Opening Remarks – Dr. Collin Clarke
9:00-9:40 am	Clinical Management and Expected Outcomes in Mechanical Low Back Pain Dr. Fawaz Siddiqi
9:40–10:20 am	Non-Surgical Intervention for Lumbar Mediated Pain Dr. Qutaiba Tawfic
10:20-10:35 am	<i>Refreshment Break</i>
10:35-11:15 am	Role of Psychology in the Management of Lower Back Pain Dr. Heather Getty
11:15-11:55 am	Evidence Based Review of Pharmacologic Management of Back Pain Ms. Denise Kreutzwiser
11:55-12:55 pm	<i>Lunch</i>
12:55-1:35 pm	Occupational and Physical Therapy for the Management of Lower Back Pain Ms. Karin Hobby and Ms. Gillian Fish and Ms. Stacey Gicante
1:35-2:30 pm	How to Safeguard your Practice when Prescribing Controlled Substances Dr. Collin Clarke
2:30-2:45 pm	Evaluation Form Completion
2:45 – 3:15 pm	Closing Remarks – Dr. Collin Clarke

25% of this program is dedicated to participant interaction

This one-credit-per-hour Group Learning program meets the certification criteria of the College of Family Physicians of Canada and has been certified by the Continuing Professional Development, Schulich School of Medicine & Dentistry, Western University for up to 4.5 Mainpro+ credits.

Each participant should claim only those hours of credit that he/she actually spent participating in the educational program.

This program has no commercial support.