

DIABETES UPDATE 2018

WEDNESDAY, NOVEMBER 14, 2018

Best Western Lamplighter Inn & Conference Centre - Crystal Ballroom

591 Wellington Road South, London

7:30 a.m. - 4:00 p.m.

AGENDA

7:30 a.m. – 8:15a.m.	Registration & Light Breakfast
8:15 a.m. – 8:30a.m.	Welcome & Introduction Dr. Irene Hramiak
8:30 a.m. – 9:15a.m.	Where is Diabetes Care Going in the Next 20 Years? Dr. James Gavin
9:15 a.m. – 9:45a.m.	Update on the Diabetes Canada 2018 Guidelines Dr. Charlotte McDonald
9:45a.m. – 10:00a.m.	Nutrition Break & Networking
10:00a.m. – 10:30a.m.	Adjunctive Therapies in Type 1 Diabetes Dr. Irene Hramiak
10:30a.m. – 11:00a.m.	Glycemic Monitoring from Past to Present Amanda Mikalachki & Brooke Asfaha
11:00a.m. – 11:30a.m.	New Diets and Diabetes Shaylin Kemmerling (RD)
11:30a.m. – 11:45a.m.	Nutrition Break & Networking
Bariatric Surgery	
11:45a.m. – 12:10p.m.	Ontario Bariatric Network Facts Dr. Joe Shaban
12:10p.m. – 12:30p.m.	Different Surgical Types of Procedures Dr. Ahmad Elnahas
12:30p.m. – 12:50p.m.	Preoperative Assessment Dr. Marko Mrkobrada
12:50p.m. – 1:05p.m.	Discussion Panel with Dr. Ahmad Elnahas & Dr. Mrkobrada
1:05p.m. – 2:05p.m.	Lunch
2:05p.m. – 2:35p.m.	SGLT2's and their Emerging Role in Diabetes and Kidney Disease Dr. Louise Moist
2:35p.m. – 3:15p.m.	Diabetic Foot Ulcer: Stratifying Risk and Management Betty Harvey, Heidi Smith & Kandus Wainman
3:15p.m. – 3:30p.m.	Summary & Adjournment Dr. Stewart Harris
3:30p.m. – 3:45p.m.	Evaluation Completion

PROGRAM OBJECTIVES

By attending this program, participants will become familiar with:

- 1) Understanding the role and use of new emerging therapies in diabetes and related co-morbidities.
- 2) To review how to screen and management the at-risk diabetic foot.
- 3) To update and understand new approaches to high-risk patients with diabetes.
- 4) To overview the current strategy for Bariatric Surgery in South West Ontario.

ACCREDITATION

This event is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada, and approved by Continuing Professional Development, Schulich School of Medicine & Dentistry, Western University. You may claim a maximum of 5.75 hours (credits are automatically calculated).

This one-credit-per-hour Group Learning program meets the certification criteria of the College of Family Physicians of Canada and has been certified by Continuing Professional Development, Schulich School of Medicine & Dentistry, Western University for up to 5.75 Mainpro+ credits.

Each participant should claim only those hours of credit that he/she actually spent participating in the educational program.

25% of the time is for participant interaction and questions.

FEES

Physicians: \$125.00

Allied Health Professionals: \$50.00

Schulich Medicine Residents: No Charge

COMMITTEE MEMBERS

Ms. Pam Colby
Dr. Hertzel Gerstein
Dr. Stewart Harris
Dr. Irene Hramiak
Dr. Tisha Joy
Ms. Amanda Mikalachki

GUEST FACULTY

Dr. James R. Gavin III, MD, PhD,
Clinical Professor of Medicine at Emory University School of Medicine
and Indiana University School of Medicine Chief Medical Officer of
Healing Our Village, Inc.

Dr. Joe Shaban, MD, FRCPC, FACE, DABOM,
Ontario Medical Association Chair of the Section of Endocrinology
and Metabolism. Head of the Subsection of Endocrinology at Windsor
Regional Hospital, and Director of the Regional Bariatric Assessment and
Treatment Centre in Windsor.

Shaylin Kemmerling, BASc, RD, CDE, MBA
Registered Dietitian , Smart Biologicals Inc.

COURSE FACULTY

Brooke Asfaha, MS, NP-PHC, CDE
Department of Endocrinology, St. Joseph's Health Care London

Dr. Ahmad Elnahas, MD, MSc, FRCSC
Assistant Professor, Division of General Surgery, Department of
Surgery, Schulich School of Medicine & Dentistry,
Western University

Elisabeth Harvey, RNEC, BN, MScN
Primary Care Diabetes Support Program,
St. Joseph's Health Care London

Dr. Irene Hramiak, MD, FRCPC(C) FACP
Professor of Medicine, Western University, London, ON
Chair/Chief of the Division of Endocrinology and Metabolism at
Western University, Department of Medicine Site Chief at
St. Joseph's Health Care London

Dr. Charlotte McDonald, MD, MSc, FRCPC, Endo (Cert.)
Associated Professor in the Division of Endocrinology, Department
of Medicine at the University of Western Ontario.

Amanda Mikalachki, RN BScN, CDE
Primary Care Diabetes Support Program, St. Joseph's
Health Care, London Platt's Lane Family Medical Centre

Dr. Louise Moist, MSc, MD, FRCPC
Professor of Medicine and Epidemiology and Biostatistics, Deputy
Chair of the Division of Nephrology and Scientist in the Program of
Experimental Medicine, Western University

Dr. Marko Mrkobrada, MD, MSc
Associated Professor in the Division of General Internal Medicine

Heidi Smith, BSc., RN, WOCC (C)
Primary Care Diabetes Support Program, St. Joseph's Health Care London

Kandus Wainman, RNEC, BScN, MN, CDE
Primary Care Diabetes Support Program, St. Joseph's Health Care London

REGISTRATION

Register online at <https://www.sjhc.london.on.ca/your-st-josephs/events/diabetes-update-2018#register>

CANCELLATION POLICY

Western University reserves the right to cancel this program due to insufficient registrations or circumstances beyond its control. Registrants will be notified at the earliest possible date in the event of a cancellation. Tuition fees for courses canceled by Western will be refunded in full, however Western will not be liable for any loss, damages or other expenses that such cancellations may cause.

REFUND POLICY

Notice of cancellation for requesting a refund must be within 30 day of registration and will include at \$20.00 administrative fee. PayPal cannot refund more than 30 days after payment has been made.

PRIVACY POLICY

Western respects your privacy. The personal information collected on this form is collected under the authority of The University of Western Ontario Act, 1982, as amended, and is used for the following purposes:

1. Provide you with confirmation of registration for this program
2. Provide follow-up information to you about this course, as necessary
3. Inform you of future educational opportunities
4. Maintain class lists and attendance records so that you can obtain study credits/certificate of attendance where applicable.

This information may be disclosed to professional bodies, as required. Please note that no information about you, including your e-mail address, will be disclosed to external third-party organizations without your consent. Your name and contact information can be removed from our database at any time by contacting Continuing Professional Development by telephone, fax, e-mail or by regular mail. Please direct questions about this collection, use or disclosure of personal information to the Manager, Continuing Professional Development by telephone 519.661.2111, ext. 82936. By submitting your information, you are giving consent to Western to use your information as stated above.

ACCESSIBILITY

Western is committed to achieving barrier free accessibility for persons with disabilities studying, visiting and working at Western. Please let us know if you require information in a different format or if other arrangements can make this event accessible to you.

EDUCATIONAL SPONSORS

This program has received an educational grant from the following:

Abbott	Eli-Lilly
AstraZeneca	Merck
Boehringer-Ingelheim	Novo Nordisk
Janssen	Sanofi