

Critical Care Outreach Team (CCOT)

Background

Ministry of Health Initiative since 2006 Goals:

- -Critical Care to the bedside
- -Aim to reduce Cardiac arrests
- -Aim to reduce ICU length of stay

Team:

ICU consultant, ICU RN and RT.

Call the Critical Care Outreach Team (CCOT) if there is Serious Concern about the patient or

Acute change in:

Signs:

Airway

- Threatened
- Stridor
- Excessive secretions

Breathing

- Respiratory rate \leq 8 or \geq 30
- Distressed breathing
- Saturations < 90% on ≥ 50%
 O₂ or 6 litres/min

Circulation

- Systolic blood pressure
 ≤ 90mmHg or ≥ 200mmHg
 or decrease > 40 mmHg
- Heart rate ≤ 40 or ≥ 130

eurology

Decreased level of consciousness

Other

- Urine output < 100mL over 4hrs
- SERIOUS CONCERN ABOUT THE PATIENT
- NEED MEDICAL ASSISTANCE

CALL 33333 to activate the CCOT



London Health Sciences Centre

Outreach

What about Medical Emergencies?

 We don't replace the Code Blue or Prearrest team

Who do we see?

- Admitted adult patients
- PCCOT is the Paediatric team





Core Functions

- Early identification
- Prophylactic Intervention
- Knowledge Sharing
- Support and Coordination
- Education





Team Leads

<u>VH</u>

- Tara Caslick, RN
- Scott Anderson, MD

<u>UH</u>

- Susan Whitehouse, RN
- Eyad AlThenayan, MD