## DID YOU KNOW...





People of this age will outnumber children under 14 by the year 2021, for the first time in history



Experts estimate 40% of seniors in the south west region are frail, or are at risk of becoming frail. Frailty means a senior is at higher risk for health complications, social isolation, malnutrition, falls, mood and memory problems, and difficulties with daily activities



Of the population in the South West Local Health Integration Network will be seniors by the year 2021



Older adults who are hospitalized never regain full independence



Seniors live with a longstanding illness or disability



\$62.3 BILLION

Health care spending will increase to \$62.3 billion annually by 2026 and \$177.3 billion annually by 2046, if we don't change how we provide care for older Can<u>adian adults</u>

Together we are improving the health care system in the south west region to provide better care for frail seniors.

