

Instructions for completing the health review form



In order to fulfill the terms and conditions of your employment offer, the following information must be provided to Occupational Health and Safety Services no later than 7 business days prior to your start date. INCOMPLETE FORMS AND LATE SUBMISSIONS WILL DELAY YOUR START DATE.

1. Red Measles

You require 2 doses of measles vaccine with the first dose being given on or after your 1st birthday and the second dose given at least 4 weeks from the first dose OR provide laboratory evidence of your immunity. Immunization is required for those without immunity.

2. Rubella

You require 1 dose of rubella vaccine, given on or after your 1st birthday OR provide laboratory evidence of your immunity. Immunization is required for those without immunity.

3. Mumps

You require 2 doses of mumps vaccine with the first dose being given on or after your 1st birthday and the second dose given at least 4 weeks from the first dose OR provide laboratory evidence of your immunity. Immunization is required for those without immunity.

4. Varicella (Chicken pox)

You require 2 doses of varicella vaccine (e.g. physician's certificate or vaccination record) OR provide laboratory evidence of your immunity or laboratory confirmation of disease. Immunization is required for those without immunity.

5. Tuberculosis (TB) Surveillance

You are required to have a baseline two-step TST regardless of BGC unless you have: documented results of a prior two-step test which can include: 2 individual skin tests done 4 weeks apart *. A single step is required if the last of the 2nd step was more than 6 months ago. (*The two-step TB skin test is normally given as a series of two single TB skin tests repeated between 1-4 weeks apart. However, two individual TB skin tests performed 4-52 weeks apart are also considered an acceptable "two-step TB skin test" - Canadian Thoracic Society & the Public Health Agency of Canada, 2013).

PLEASE NOTE: If you have had a live vaccine (Measles, Mumps, Rubella, Chickenpox, Shingles) within 4 weeks prior to needing a TB skin test, you will not be eligible. A TB skin test may be given on the same day as a live vaccine, but otherwise may not be administered until at least 4 weeks have elapsed. A delay in administration of the test will delay your start date.

Tuberculosis Testing Schedule:

Contact your doctor or Occupational Health at St Joseph's to discuss your TB skin test requirements at least 2 weeks before your start date. You must be available to come back for the follow-up read or test.

A. One step process

- Visit 1 – to have your first test
- Visit 2 – to have your first test read (must be back to the clinic 48 to 72 hours after the first test)

B. 2-Step process

- Visit 1 – to have your first test
- Visit 2 – to have your first test read (must be back to the clinic 48 to 72 hours after the first test)
- Visit 3 – to have your second test (given 7-21 days after the first test)
- Visit 4 – to have your second test read (must be back to the clinic 48 to 72 hours after the second)

Individuals with Positive TB Skin Tests

You must provide documentation of chest X-ray taken after the positive TB skin test. If you have a history of a confirmed positive TB test and you have already received counseling or advice concerning prophylactic treatment (Isoniazid), you should provide a copy of your consult note. Another chest X-ray may be taken if clinically indicated. Please submit this information together with your health review form. These results will be reviewed by our Occupational Health Physician in order to rule out active disease.

6. Hepatitis B

It is recommended that all health care workers to receive a course of Hepatitis B vaccine. For your protection, it is important to obtain a Hepatitis B titre test following immunization to ensure that you are adequately protected. If you have been vaccinated, please provide laboratory evidence of immunity.

7. Tetanus/Diphtheria

It is recommended that you receive a primary series of Tetanus/Diphtheria vaccine in childhood followed by a routine booster every ten (10) years. If you have not already received a primary Tetanus/Diphtheria series, then you require three doses as part of adult primary immunizations. Contact your family physician or Public Health Unit in order to complete your primary series.

8. Tetanus/Diphtheria/Pertussis (Tdap)

It is recommended that you receive a one-time dose of Tetanus/Diphtheria and Acellular Pertussis booster. If you are providing care to pregnant women and/or children, you should receive this one-time dose of Tdap as soon as possible. Otherwise, you can wait until your next tetanus booster is due.

9. Influenza

It is strongly advised that you receive the vaccination yearly. If you have not received your influenza vaccination, and your start date is occurring during the times of the year when influenza vaccine is offered, (approximately October to March), you can receive influenza vaccination while at work. If you received influenza vaccination in the community during the months of October to March, you must submit proof of influenza vaccination to Occupational Health and Safety.

To update any/all vaccinations and get blood work done:

- Visit your family doctor or local walk-in clinic with the health review form to be completed. A list of walk-in clinics in the London and Middlesex County is available on this link: [London and Middlesex County](#)
- Public Health Units can provide vaccinations/ Immunizations (MMR and Varicella). **To contact Public Health Unit closest to you, please access the link and ask for the Immunization Clinic:**
<https://www.phdapps.health.gov.on.ca/PHULocator/>
- As blood tests are required if you are unable to confirm vaccination dates and test results may take 2-4 weeks. You may want to discuss revaccination as an option with your doctor.

Where to get Record of Immunization or Vaccinations/Immunizations and Blood Titers

- Current or past employer – request a copy of your record from the Occupational Health Department.
- Health care training school program - request a copy of your immunization record from Student Health Services. Facilities where you performed volunteer work - request copies of your record.
- Public Health Department in the school district that you attended - ask for a copy of your vaccination record.
- Childhood record (often a yellow card or form) from your family doctor or other health care professionals you have received care from i.e., obstetricians, midwives or family physicians
- Immigration records provided they are signed by a physician or nurse
- View your immunization records online by going to [Immunization Connect Ontario \(ICON\) Online System](#)

In the London Area you can get TB skin test through the following:

1. Some family doctors' offices or walk-in clinics may provide this service. We suggest you call ahead.
2. Western Student Health Services (Western students by appointment) Room UCC 11, 519-661- 3030
3. Fanshawe Student Health Services (Fanshawe students only, walk-in) Room SC 1001, 519-452-4230
4. Hyde Park Medical Walk-In Clinic (walk-in) 640 Hyde Park Rd., 519-641-3627
5. Oxford Medical Walk-In Clinic (walk-in) 140 Oxford St East, Unit 102, 519-433-4999
6. Bayshore Home Health (by appointment) 595 Bradley Avenue, 2nd Floor, 519-680-0849.
7. Care Partners:

<u>Perth:/ Stratford</u> 61 Lorne Avenue East Unit 4 Stratford, ON 1-800-668-4326 Tillsonburg 25 Townline Road Tillsonburg, ON 1-519-688-1853	<u>Oxford/ Woodstock</u> 65 Springbank Drive North Unit 5 Woodstock, ON 1-800-443-4615	<u>St. Thomas:</u> 107 Edward Street St. Thomas, ON 1-800-443-4615 Ext. 3200
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