

St. Mary's 1

August2019

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|--|--|--|--|--|---|
| | | | | 1 9:30am - Cultural Cafe - CL 11:00am - Cultural Cafe - CL 1:30pm - Bingo - MVDR 2:30pm - Marian Delight - MVDR 6:10pm - Talk-umentaries - RH 7:00pm - Supportive Music Therapy - SR | 2 9:30am - Cranium Crunches - SR 10:00am - News and Views - TS 1:30pm - Classic Games - RH 6:30pm - Inspirational Hymn Sing - RH | 3 10:30am - Bingo - MVDR 2:00pm - Entertainment: Music - RH |
| 4 10:15am - RC Mass - CH 1:30pm - Go with the Flow - TS | 5 10:00am - Yoga - RH 2:00pm - Come Sing the Summer Tunes Karaoke - RH | 6 9:30am - Golf - RH 9:30am - Pedal Pushers - SR 11:00am - Busy Hands - SR 11:00am - Through Our Eyes - CL 1:30pm - Musical Entertainment - RH 3:00pm - Music Therapy - SR 6:30pm - London Our Home - RH | 7 9:30am - Book Club - TS 10:00am - Supportive Music Therapy - Vari 10:15am - RC Mass - CH 11:00am - Men's Club - CL 11:30am - Mount Hope BBQ-CY 1:30pm - Cycling without Age 3:00pm - Happy Feet - SR 3:30pm - The Horizon Project - AS 6:15pm - Volleyball - RH 6:30pm - Hollywood Heros - SR | 8 9:30am - Know It Poet - SR 11:00am - Mindful Colouring - SR 1:30pm - Bingo - MVDR 2:30pm - Marian Delight - MVDR 3:30pm - Mile in My Shoes - TS 6:30pm - Pub Night - RH 7:00pm - Supportive Music Therapy - SR | 9 9:30am - Cranium Crunches - SR 10:00am - News and Views - TS 11:00am - Helping Hands - Smal 1:30pm - Classic Games - RH 1:30pm - Petals and pots - SR 3:00pm - Book Worm - SR | 10 10:30am - Entertainment: Music - RH 2:00pm - Bingo - MVDR |
| 11 10:15am - RC Mass - CH 1:30pm - Go with the Flow - TS | 12 9:30am - Travel Log - SR 10:00am - Yoga - RH 11:00am - Personal Touch - SR 11:00am - Open Art Studio - AS 1:30pm - Blossoming - WC 1:30pm - Exercise Group - SR 2:00pm - Greeter Group - CL 3:00pm - Nature Alley - WC 3:00pm - Pet Therapy - Vari 6:00pm - Green Thumb - SR 6:30pm - Around the World - RH | 13 10:40am - Worship Service - CH chapel 11:00am - Through Our Eyes - CL 1:30pm - Musical Entertainment - RH 1:30pm - Worship Service-SR 3:00pm - Music Therapy - SR 6:00pm - Cruise Night - RH | 14 9:30am - Book Club - TS 9:30am - Thumb to Thumb - WC 10:00am - Supportive Music Therapy - Vari 10:15am - RC Mass - CH 11:00am - Advanced Gardening - WC 11:00am - Men's Club - CL 1:30pm - Blossoming - WC 1:30pm - Cycling without Age 1:30pm - Pump it Up - RH 3:00pm - Happy Feet - SR 3:00pm - Thumb to Thumb - WC 3:30pm - The Horizon Project - AS 6:15pm - Volleyball - RH 6:30pm - Hollywood Heros - SR | 15 9:30am - Cultural Cafe - CL 9:30am - Know It Poet - SR 9:30am - Cultural Cafe - CL 11:00am - Mindful Colouring - SR 1:30pm - Happy Hour - RH 3:30pm - Mile in My Shoes - TS 6:10pm - Talk-umentaries - RH 7:00pm - Supportive Music Therapy - SR | 16 9:30am - Cranium Crunches - SR 9:45am - Blossoming - WC 10:00am - News and Views - TS 11:00am - Helping Hands - Smal 1:30pm - Classic Games - RH 1:30pm - Petals and pots - SR 3:00pm - Book Worm - SR 6:30pm - Inspirational Hymn Sing - RH | 17 10:30am - Bingo - MVDR 2:00pm - Entertainment: Music - RH |
| 18 10:15am - RC Mass - CH 1:30pm - Go with the Flow - TS | 19 9:30am - Travel Log - SR 10:00am - Rosary Group - SM4 11:00am - Personal Touch - SR 1:30pm - Blossoming - WC 1:30pm - Exercise Group - SR 1:30pm - Scripture Study - CR MV2 2:00pm - Greeter Group - CL 3:00pm - Nature Alley - WC 3:00pm - Pet Therapy - Vari 6:00pm - Green Thumb - SR 6:30pm - Around the World - RH | 20 9:30am - Golf - RH 9:30am - Pedal Pushers - SR 10:40am - Worship Service - CH chapel 11:00am - Busy Hands - SR 11:00am - Through Our Eyes - CL 1:30pm - Musical Entertainment - RH 1:30pm - Worship Service-SR 3:00pm - Music Therapy - SR | 21 9:30am - Book Club - TS 9:30am - Thumb to Thumb - WC 10:00am - Supportive Music Therapy - Vari 10:15am - RC Mass - CH 11:00am - Advanced Gardening - WC 11:00am - Men's Club - CL 1:30pm - Blossoming - WC 1:30pm - Cycling without Age 1:30pm - Ambassador Showcase - RH 3:00pm - Happy Feet - SR 3:00pm - Thumb to Thumb - WC 3:30pm - The Horizon Project - AS 6:15pm - Volleyball - RH 6:30pm - Hollywood Heros - SR | 22 9:30am - Cultural Cafe - CL 9:30am - Know It Poet - SR 11:00am - Cultural Cafe - CL 11:00am - Mindful Colouring - SR 1:30pm - Bingo - MVDR 2:30pm - Marian Delight - MVDR 3:30pm - Mile in My Shoes - TS 6:10pm - Talk-umentaries - RH | 23 9:30am - Cranium Crunches - SR 9:45am - Blossoming - WC 10:00am - News and Views - TS 11:00am - Helping Hands - Smal 1:30pm - Classic Games - RH 1:30pm - Petals and pots - SR 3:00pm - Book Worm - SR 6:30pm - Inspirational Hymn Sing - RH | 24 10:30am - Entertainment: Music - RH 2:00pm - Bingo - MVDR |
| 25 10:15am - RC Mass - CH 1:30pm - Go with the Flow - TS | 26 10:00am - Rosary Group - MVDR 1:30pm - Scripture Study - CR MV2 2:00pm - Greeter Group - CL 6:30pm - Around the World - RH | 27 9:30am - Pedal Pushers - SR 10:40am - Worship Service - CH chapel 11:00am - Busy Hands - SR 11:00am - Through Our Eyes - CL 1:30pm - Musical Entertainment - RH 1:30pm - Worship Service-SR | 28 9:30am - Thumb to Thumb - WC 10:15am - RC Mass - CH 11:00am - Advanced Gardening - WC 11:00am - Men's Club - CL 1:30pm - Blossoming - WC 1:30pm - Cycling without Age 1:30pm - Pump it Up - RH 3:00pm - Happy Feet - SR 3:00pm - Thumb to Thumb - WC 6:15pm - Volleyball - RH 6:30pm - Hollywood Heros - SR | 29 9:30am - Cultural Cafe - CL 9:30am - Know It Poet - SR 11:00am - Cultural Cafe - CL 11:00am - Mindful Colouring - SR 1:30pm - Bingo - MVDR 2:30pm - Marian Delight - MVDR 3:30pm - Mile in My Shoes - TS 6:10pm - Talk-umentaries - RH | 30 9:30am - Cranium Crunches - SR 9:45am - Blossoming - WC 10:00am - News and Views - TS 11:00am - Helping Hands - Smal 1:30pm - Classic Games - RH 1:30pm - Petals and pots - SR 3:00pm - Book Worm - SR 6:30pm - Inspirational Hymn Sing - RH | 31 10:30am - Bingo - MVDR 2:00pm - Entertainment: Music - RH |

MVDR - Marian Villa Dining Room
RH - Rec Hall
SR - Sunroom
Smal - Small Lounge

TS - Town Square
Vari - Varied
WC - Wellness Centre

AS - Art Studio
CH - Chapel
CL - Computer Lab
CR - Craft Room

