

# St. Mary's 4

# August 2019

| Sunday  | Monday  | Tuesday  | Wednesday  | Thursday  | Friday  | Saturday  |
|---|---|--|--|---|---|---|
|   |   |  |  | <b>1</b><br>9:30am - Cultural Cafe - CL<br>9:30am - Maniucures with Voluntters - SR<br>11:00am - Cultural Cafe - CL<br>11:00am - SM4 News and Views - SR<br>1:30pm - Bingo - MVDR<br>1:45pm - Canada Eh - SR<br>2:30pm - Marian Delight - MVDR<br>6:10pm - Talk-umentaries - RH | <b>2</b><br>9:30am - Chatterbox - SR<br>10:00am - News and Views - TS<br>1:30pm - Classic Games - RH<br>1:45pm - Travel Log with Jen - SR<br>6:30pm - Inspirational Hymn Sing - RH                              | <b>3</b><br>10:30am - Bingo - MVDR<br>2:00pm - Entertainment: Music - RH  |
| <b>4</b><br>10:15am - RC Mass - CH<br>1:30pm - Go with the Flow - TS  | <b>5</b><br>10:00am - Yoga - RH<br>2:00pm - Come Sing the Summer Tunes Karaoke - RH   | <b>6</b><br>9:30am - Golf - RH<br>11:00am - Through Our Eyes - CL<br>1:30pm - Musical Entertainment - RH<br>6:30pm - London Our Home - RH  | <b>7</b><br>9:30am - Book Club - TS<br>9:30am - Pet Therapy - Vari<br>10:15am - RC Mass - CH<br>11:00am - Men's Club - CL<br>11:00am - Exercise Group - SR<br>11:30am - Mount Hope BBQ-CY<br>1:30pm - Music Therapy - SR<br>3:00pm - Mind Aerobics - SR<br>3:30pm - The Horizon Project - AS<br>6:15pm - Volleyball - RH   | <b>8</b><br>9:30am - Maniucures with Voluntters - SR<br>1:30pm - Bingo - MVDR<br>1:45pm - Canada Eh - SR<br>2:30pm - Marian Delight - MVDR<br>6:30pm - Pub Night - RH   | <b>9</b><br>10:00am - News and Views - TS<br>11:30am - Outing to Mackies - CO<br>1:30pm - Classic Games - RH  | <b>10</b><br>10:30am - Entertainment: Music - RH<br>2:00pm - Bingo - MVDR |
| <b>11</b><br>10:15am - RC Mass - CH<br>1:30pm - Go with the Flow - TS | <b>12</b><br>10:00am - Yoga - RH<br>11:00am - Chatterbox - SR<br>11:00am - Open Art Studio - AS<br>1:30pm - Blossoming - WC<br>1:45pm - Ladder Golf - SR<br>2:00pm - Greeter Group - CL<br>3:00pm - Nature Alley - WC<br>6:30pm - Around the World - RH                     | <b>13</b><br>10:40am - Worship Service - CH chapel<br>11:00am - Through Our Eyes - CL<br>1:30pm - Musical Entertainment - RH<br>1:45pm - Personal Touch - SR<br>6:00pm - Cruise Night - RH | <b>14</b><br>9:30am - Book Club - TS<br>9:30am - Thumb to Thumb - WC<br>10:15am - RC Mass - CH<br>11:00am - Advanced Gardening - WC<br>11:00am - Men's Club - CL<br>11:00am - Exercise Group - SR<br>1:30pm - Blossoming - WC<br>1:30pm - Pump it Up - RH<br>1:30pm - Music Therapy - SR<br>3:00pm - Mind Aerobics - SR<br>3:00pm - Thumb to Thumb - WC<br>3:30pm - The Horizon Project - AS<br>6:15pm - Volleyball - RH | <b>15</b><br>9:30am - Country Drive - CO<br>9:30am - Cultural Cafe - CL<br>9:30am - Maniucures with Voluntters - SR<br>11:00am - Cultural Cafe - CL<br>11:30am - Outing to Mackies - CO<br>1:30pm - Happy Hour - RH<br>6:10pm - Talk-umentaries - RH                            | <b>16</b><br>9:30am - Funny Bone - SR<br>9:45am - Blossoming - WC<br>10:00am - News and Views - TS<br>1:30pm - Classic Games - RH<br>1:45pm - Travel Log with Jen - SR<br>6:30pm - Inspirational Hymn Sing - RH | <b>17</b><br>10:30am - Bingo - MVDR<br>2:00pm - Entertainment: Music - RH |
| <b>18</b><br>10:15am - RC Mass - CH<br>1:30pm - Go with the Flow - TS | <b>19</b><br>10:00am - Rosary Group - SM4<br>11:00am - Chatterbox - SR<br>1:30pm - Blossoming - WC<br>1:30pm - Scripture Study - CR MV2<br>1:45pm - Cycling without Age - CO<br>2:00pm - Greeter Group - CL<br>3:00pm - Nature Alley - WC<br>6:30pm - Around the World - RH | <b>20</b><br>1:45am - Shuffleboard - TS<br>9:30am - Golf - RH<br>10:40am - Worship Service - CH chapel<br>11:00am - Through Our Eyes - CL<br>1:30pm - Musical Entertainment - RH           | <b>21</b><br>9:30am - Book Club - TS<br>9:30am - Thumb to Thumb - WC<br>10:15am - RC Mass - CH<br>11:00am - Advanced Gardening - WC<br>11:00am - Men's Club - CL<br>1:30pm - Blossoming - WC<br>1:30pm - Music Therapy - SR<br>1:30pm - Ambassador Showcase - RH<br>3:00pm - Thumb to Thumb - WC<br>3:30pm - The Horizon Project - AS<br>6:15pm - Volleyball - RH  | <b>22</b><br>9:30am - Cultural Cafe - CL<br>9:30am - Maniucures with Voluntters - SR<br>11:00am - Cultural Cafe - CL<br>1:30pm - Bingo - MVDR<br>2:30pm - Marian Delight - MVDR<br>6:10pm - Talk-umentaries - RH  | <b>23</b><br>9:45am - Blossoming - WC<br>10:00am - News and Views - TS<br>1:30pm - Classic Games - RH<br>6:30pm - Inspirational Hymn Sing - RH  | <b>24</b><br>10:30am - Entertainment: Music - RH<br>2:00pm - Bingo - MVDR |
| <b>25</b><br>10:15am - RC Mass - CH<br>1:30pm - Go with the Flow - TS | <b>26</b><br>10:00am - Rosary Group - MVDR<br>1:30pm - Scripture Study - CR MV2<br>2:00pm - Greeter Group - CL<br>6:30pm - Around the World - RH  | <b>27</b><br>10:40am - Worship Service - CH chapel<br>11:00am - Through Our Eyes - CL<br>1:30pm - Musical Entertainment - RH<br>1:45pm - Shuffleboard - TS                                 | <b>28</b><br>9:30am - Thumb to Thumb - WC<br>10:15am - RC Mass - CH<br>11:00am - Advanced Gardening - WC<br>11:00am - Men's Club - CL<br>1:30pm - Blossoming - WC<br>1:30pm - Pump it Up - RH<br>3:00pm - Thumb to Thumb - WC<br>6:15pm - Volleyball - RH  | <b>29</b><br>9:30am - Cultural Cafe - CL<br>9:30am - Maniucures with Voluntters - SR<br>11:00am - Cultural Cafe - CL<br>1:30pm - Bingo - MVDR<br>2:30pm - Marian Delight - MVDR<br>6:10pm - Talk-umentaries - RH  | <b>30</b><br>9:30am - Mind Aerobics - SR<br>9:45am - Blossoming - WC<br>10:00am - News and Views - TS<br>1:30pm - Classic Games - RH<br>6:30pm - Inspirational Hymn Sing - RH                                   | <b>31</b><br>10:30am - Bingo - MVDR<br>2:00pm - Entertainment: Music - RH |

CR - Craft Room  
MVDR - Marian Villa Dining Room  
RH - Rec Hall  
SR - Sunroom

TS - Town Square  
Vari - Varied  
WC - Wellness Centre

AS - Art Studio  
CH - Chapel  
CL - Computer Lab  
CO - Community Outing

