

## Instructions for completing the Health Review Form for Volunteers/Students/Co-op Students



In order to fulfill the terms and conditions of your offer, the following information must be provided to Occupational Health and Safety Services, (Volunteers and Co-op Students), no later than 7 business days prior to your start date. **INCOMPLETE FORMS WILL BE RETURNED AND WILL DELAY YOUR START DATE.** Post-secondary students submit forms to your educational institution.

### 1. Red Measles

**You require 2 doses of measles vaccine** with the first dose being given on or after your 1st birthday and the second dose given at least 4 weeks from the first dose OR provide laboratory evidence of your immunity. Immunization is required for those without immunity

### 2. Rubella

**You require 1 dose of rubella vaccine**, given on or after your 1st birthday OR provide laboratory evidence of your immunity. Immunization is required for those without immunity

### 3. Mumps

**You require 2 doses of mumps vaccine** with the first dose being given on or after your 1st birthday and the second dose given at least 4 weeks from the first dose OR provide laboratory evidence of your immunity. Immunization is required for those without immunity

### 4. Varicella (Chicken pox)

**You require 2 doses of varicella vaccine** (e.g. physician's certificate or vaccination record) OR provide laboratory evidence of your immunity or laboratory confirmation of disease. Immunization is required for those without immunity.

### 5. Tuberculosis (TB) Surveillance

**You are required to have a baseline two-step TST** regardless of BGC unless you have: documented results of a prior two-step test which can include: 2 individual skin tests done at least one week apart \*. A single step is required if the last of the 2<sup>nd</sup> step was more than 12 months ago, or if there are indications of travel to an area known for high levels of TB or an exposure to someone known or suspected of having TB or symptoms of TB. (\*The two-step TB skin test is normally given as a series of two single TB skin tests repeated between 1-4 weeks apart. However, two individual TB skin tests performed 4-52 weeks apart are also considered an acceptable "two-step TB skin test" - Canadian Thoracic Society & the Public Health Agency of Canada, 2013).

*PLEASE NOTE: If you have had a live vaccine (Measles, Mumps, Rubella, Chickenpox, and Shingles) within 4 weeks prior to needing a TB skin test, you will not be eligible. A TB skin test may be given on the same day as a live vaccine, but otherwise may not be administered until at least 4 weeks have elapsed. A delay in administration of the test will delay your start date.*

### Individuals with Positive TB Skin Tests

You must provide both documentation of the positive TB skin test(s) and the chest X-ray taken after the positive TB skin test. If you have a history of a confirmed positive TB test and you have already received counseling or advice concerning prophylactic treatment (Isoniazid), you should provide a copy of your consult note. Another chest X-ray may be taken if clinically indicated. Please submit this information together with your health review form. These results will be reviewed by our Occupational Health Physician in order to rule out active disease.

### 6. Hepatitis B

It is highly recommended that all health care workers to receive a course of Hepatitis B vaccine. For your protection, it is important to obtain a Hepatitis B titre test following immunization to ensure that you are adequately protected. If you have been vaccinated, please provide laboratory evidence of immunity. Hepatitis B is not required for Volunteers.

### To update any/all vaccinations and get blood work done:

- Visit your family doctor or local walk-in clinic with the health review form to be completed. A list of walk-in clinics in the London and Middlesex County is available on this link: [London and Middlesex County](#)
- Public Health Units can provide vaccinations/ Immunizations (MMR and Varicella). **To contact Public Health Unit closest to you, please access the link and ask for the Immunization Clinic:** <https://www.phdapps.health.gov.on.ca/PHULocator/>
- As blood tests are required if you are unable to confirm vaccination dates and test results may take 2-4 weeks. You may want to discuss revaccination as an option with your doctor.

### Where to get Record of Immunization or Vaccinations/ Immunizations and Blood Titers

- Current or past employer and request a copy of your record from the Occupational Health Department.
- Health care training school program and request a copy of your immunization record from Student Health Services.
- Facilities where you performed volunteer work and request copies of your record.
- Public Health Department in the school district that you attended to ask for a copy of your vaccination record.
- Childhood record (often a yellow card or form) from your family doctor or other health care professionals you have received care from i.e., obstetricians, midwives or family physicians.

**In the London Area you can get TB skin test through the following:**

1. Some family doctors' offices or walk-in clinics may provide this service. We suggest you call ahead.
2. Students:
  - Western Student Health Services (Western students by appointment) Room UCC 11, 519-661- 3030
  - Fanshawe Student Health Services (Fanshawe students only, walk-in) Room SC 1001, 519-452-4230
4. Hyde Park Medical Walk-In Clinic (walk-in) 640 Hyde Park Rd., 519-641-3627.
5. Oxford Medical Walk-In Clinic (walk-in) 140 Oxford St East, Unit 102, 519-433-4999.
6. Bayshore Home Health (by appointment) 595 Bradley Avenue, 2nd Floor, 519-680-0849.
7. Public Health Unit Care Partners:

<u>Perth:/ Stratford</u> 61 Lorne Avenue East Unit 4 Stratford, ON 1-800-668-4326  Tillsonburg 25 Townline Road Tillsonburg, ON 1-519-688-1853	<u>Oxford/ Woodstock</u> 65 Springbank Drive North Unit 5 Woodstock, ON 1-800-443-4615	<u>St. Thomas:</u> 107 Edward Street St. Thomas, ON 1-800-443-4615 Ext. 3200
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**PLEASE NOTE:** It is not acceptable to copy the information from other records onto the OHSS health review form, without proof of those immunizations. The following are acceptable forms of proof of immunization: Yellow immunization cards, Immigration records, notes from a physician's office as long as signed by the physician, copies of laboratory reports (titre levels), health unit records and/or other hospital electronic immunization records provided they are signed by a physician or nurse.

***\* Any costs incurred during the collecting and reporting of your immunization records is at your own expense\****