## **Insect Venom Allergies**

Insect stings can cause life-threatening anaphylaxis. Just like anaphylaxis from food allergies, this is a dangerous problem. Up to 5 per cent of the population is at risk, and many of them are unaware.

## Symptoms of anaphylaxis

- Itching and hives over large areas of the body
- Swelling in the throat or tongue
- Difficulty breathing
- Dizziness
- Stomach cramps
- Nausea
- Diarrhea
- In severe cases, a rapid fall in blood pressure may result in shock and loss of consciousness.

Fortunately, there is a good therapy for the treatment of insect sting anaphylaxis that will significantly reduce your risk. Over the long term that reduction seems to last, sometimes even after the treatment is discontinued.