

# COMMUNITY IMPACT REPORT

2016-2017

# Healthcare Excellence **ENABLED BY A GIVING COMMUNITY**

**“ THE HEALTHCARE  
EXCELLENCE WE ENJOY  
IN LONDON WOULD NOT BE  
POSSIBLE WITHOUT THE  
SUPPORT OF OUR COMMUNITY.  
ON BEHALF OF THOSE WE  
SERVE, MY THANKS FOR YOUR  
GENEROSITY AND COMMITMENT  
TO THE WORK OF ST. JOSEPH’S.”**

**DR. GILLIAN KERNAGHAN**  
President and CEO, St. Joseph’s Health Care London

*Healthcare excellence is visible across all parts of St. Joseph’s and regional satellite programs – because of your support. In this, our 2016-17 Community Impact Report read what you’ve helped make possible for care and medical advancements.*

The impact of donor support is evident in the care St. Joseph’s provides. It’s experienced in the new rapid-access prostate cancer screening and assessment program at St. Joseph’s Hospital, which is significantly reducing precious wait time. It’s witnessed in programs like BrainExgo that’s helping people with an acquired brain injury at Parkwood Institute; or seen in the work of medical researchers at Lawson Health Research Institute who are exploring advanced imaging to help surgeons perform more accurate breast care surgery. And, the impact of donor support is seen daily in the care and comfort of long-term residents at Mount Hope Centre for Long Term Care and in the Veterans Care program who are able to enjoy special recreational activities and all the comforts of home.

Thank you for believing in the work we do and for investing in the health of our community. What we are able to celebrate in advancing care, teaching and research is because of you.

**Ian Dantzer**  
Chair, Board of Directors  
St. Joseph’s Health Care Foundation

**Michelle M. Campbell**  
President and CEO  
St. Joseph’s Health Care Foundation



## **MISSION**

*With the support of a giving community, we invest in healthcare innovation and discovery at St. Joseph’s that would otherwise not be possible.*

## **VISION**

*Our donors will have a personally fulfilling giving experience, confident they are improving the lives of people touched by St. Joseph’s care, teaching and research.*

## **VALUES**

*Respect.  
Excellence.  
Integrity.*



**NEW CHAIRS ADVANCE IMAGING RESEARCH**

In a historical-first, the Foundation and Western University announced two research chairs that are advancing imaging research in honour of Dr. Ting-Yim Lee and Dr. Frank Prato.

**The Ting-Yim Lee Chair in Cardiac Computerized Tomography (CT) Imaging Research** is changing the way clinicians diagnose, and prevent, severe tissue damage after a cardiac event. This chair represents the next phase of CT imaging research, developing software and new methods that will save people's lives.

**The Dr. Frank Prato Research Chair in Molecular Imaging** is improving the way clinicians detect diseases and course-correct treatments for life-threatening illnesses. This chair represents the next stage of precision medicine using molecular imaging to distinguish between varying forms of dementias, cancers, as well as detecting the early onset of cardiac disease and diabetes.



**TIMELY PROSTATE CANCER SCREENING AND ASSESSMENT**

St. Joseph's welcomed the Prostate Diagnostic Assessment Program (PDAP) which consolidated all prostate biopsy procedures to St. Joseph's Hospital.

The program provides timely access to high quality diagnostic services, accelerates treatments, reduces wait times, and enhances quality of life throughout the assessment of prostate cancer.

**YOUR DONATIONS HELP**  
people, like Jill, recover from serious injuries



**“ I AM SO GRATEFUL FOR THE HELP I’VE RECEIVED AND I WANT OTHERS TO GET THEIR LIVES BACK TOO.”**

JILL WRIGHT

Life for Jill Wright was full, working as a communication consultant, shuttling her daughters to after school practices, and planning the opening of her family's espresso bar in central London.

It was on a particularly busy evening at home that she hit her head on her kitchen's granite counter upturning her life forever.

Jill's mild traumatic brain injury from the accident was so severe that she couldn't go to work, let alone grocery shop. She also experienced one challenge after another trying to seek out the rehabilitative care she so desperately needed.

It wasn't until she was admitted to the Acquired Brain Injury's BrainEx90 circuit training program at Parkwood Institute that Jill was able to start learning how to get parts of her life back – discovering a career that she enjoys and being social again.

*Donors help improve the lives of people affected by serious injury by enabling St. Joseph's to invest in equipment, treatments, and medical research that's advancing rehabilitation and recovery.*



*Donors helped advance cutting-edge research in spinal cord, stroke and brain injury to deliver better rehabilitative care.*



*Donors helped purchase items like tablets, online patient education resources and walkers to enhance rehabilitative care.*



*BrainEx90 reduces patient wait times by running 3 sessions per week over 8 weeks.*



*Jill is ensuring others benefit from BrainEx90 through a gift from her family fund.*



**\$277,644 advanced rehabilitation and recovery**

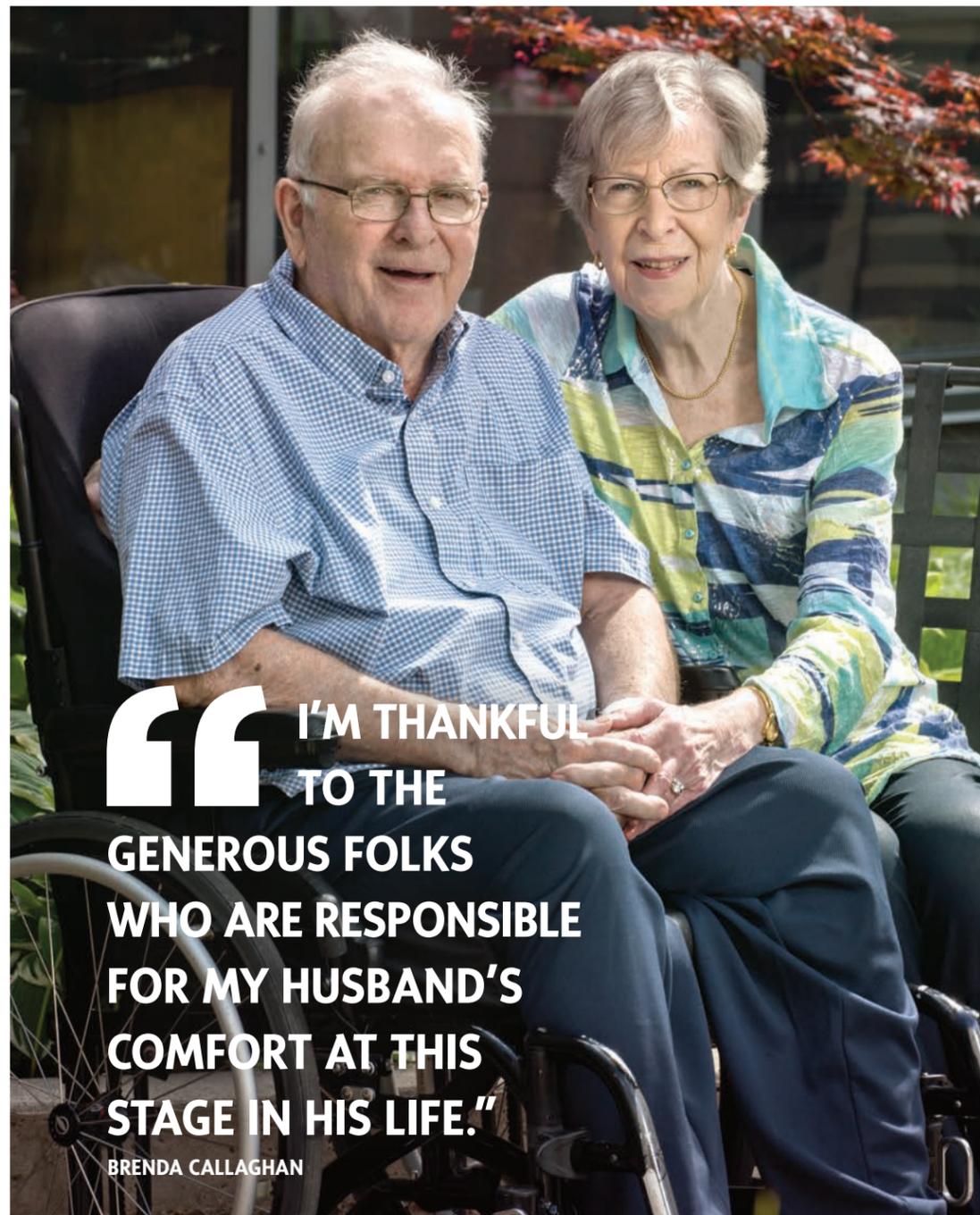
# YOUR DONATIONS HELP residents, like Hans, live happy and healthy lives

Brenda Callaghan's history with St. Joseph's began the day she was born, throughout her career as a radiation technologist and continues today with her husband's care at Mount Hope Centre for Long Term Care.

Every day Brenda visits Hans at Mount Hope to enjoy a cup of coffee in the sitting area overlooking the plant-filled courtyard, take part in therapeutic exercises and watch him compete in floor-hockey games.

As a resident, Hans is able to enjoy quality care in a comfortable environment, activities that promote social interaction and recreational outings that enhance his health and well-being in his home away from home.

*Donors help residents – including long-term, veteran, complex and palliative care – experience the best care possible by enabling St. Joseph's to invest in specialty equipment, soothing environments and therapeutic activities that make the difference to healthcare.*



**“ I'M THANKFUL TO THE GENEROUS FOLKS WHO ARE RESPONSIBLE FOR MY HUSBAND'S COMFORT AT THIS STAGE IN HIS LIFE.”**

BRENDA CALLAGHAN

 **\$57,202 enabled quality care and comfort for long-term residents**

Brenda Callaghan and Hans Beretta



**Donors helped support updates to the Mount Hope courtyard that's enjoyed by nearly 400 residents.**



**Donors helped deliver palliative care education that translates into excellence in patient care.**



**Donors helped purchase care and comfort items that enhance the social and physical well-being of Canada's veterans at Parkwood Institute.**



**Brenda supports the care needs of residents at Mount Hope through annual gifts and a bequest in her Will.**



## NEW FRONTIERS IN MEDICAL RESEARCH

Tribute Dinner showcased researchers and clinicians across St. Joseph's that are looking ahead to what people need to live longer, healthier lives – revealing that what was once considered futuristic is now within reach.

The fundraiser also hosted legendary William Shatner who performed his one-man show *Shatner's World: We Just Live In It* and paid tribute to London X-Ray Associates (LXA), who announced a gift to advance imaging research.



## VISION CARE AT THE IVEY EYE INSTITUTE GETS SUPPORT

The London Central Lion's Club has supported St. Joseph's since 1984, raising funds through their *Fight for Sight Fish Fry and Auction* for St. Joseph's Ivey Eye Institute.

The Lions are also volunteers and donors to the iSee Vision Screening Research Program, which provides screening for undetected eye impairments in young children between 18 months and 5 years of age.



## PARKWOOD INSTITUTE BENEFITS FROM FUNDRAISER

The 22nd annual Dyer Brown Golf Tournament supports initiatives that are enhancing the care of patients and residents, including veterans and those recovering from injury, disease and age-related disability at Parkwood Institute.

“ THROUGH DONOR SUPPORT, OUR RESEARCHERS CHALLENGE THE PRESENT LIMITATIONS OF PATIENT CARE BY ASKING “WHAT IF?”

DR. DAVID HILL, Scientific Director, Lawson Health Research Institute



\$3,323,488 fueled medical discoveries and innovations

# YOUR DONATIONS HELP medical researchers discover new approaches to care and cures that would otherwise not be possible

Some of the brightest minds from across the globe work at St. Joseph’s research enterprise, Lawson Health Research Institute.

With your donations, they test, improve and advance new medications, devices and treatments that will enhance, extend and save the lives of those in our community and beyond.

These “game changers” are boldly going to the future of medical innovation by accelerating patient and resident care in areas like breast cancer, chronic diseases, like heart failure, hand and upper limb and surgical training.

Through the work of Drs. Jeffrey Carson, Savita Dhanvantari, Louis Ferreira, Matthew Teeter, and so many others, St. Joseph’s is looking ahead to what people need to live longer, healthier lives.

**Donors help fuel medical research by enabling St. Joseph’s to invest in discovery and innovation that will advance medicine, and ultimately save lives.**

Pictured above L-R: Drs. Savita Dhanvantari, Louis Ferreira, Matthew Teeter and Jeffrey Carson



**Every \$1 spent on hospital research generates nearly \$3 dollars of economic output and supports nearly 42,000 jobs.**



Donors helped support Dr. Carson’s work developing advanced imaging technology that’s going to help surgeons perform just one surgery to remove all cancer present in the breast.



Donors helped support Dr. Dhanvantari’s team – currently the only research group in the world – to image a specific molecule that could predict heart failure.



Donors helped support Dr. Ferreira’s work developing some of the world’s first technologies to train the next generation of surgeons in hand and upper limb techniques.



Donors helped support Dr. Teeter’s work, which is leading the world’s first imaging study of shoulder implant fixation that will lead to longer lasting joint replacements.

## 2016/2017 HIGHLIGHTS



### NEW APPROACHES TO MENTAL HEALTHCARE

Breakfast of Champions raised critical funds to launch the first phase of Zero Suicide – a first in Canada – that sets a goal of making suicide a never event in health systems.

The fundraiser also featured Patrick Kennedy, former US congressman and son of late Senator Ted Kennedy. He spoke about confronting stigma by changing the way mental illness is viewed and talked about, as well as his own struggles with bipolar disorder and addiction.



### CARE AND COMFORT ARE ENHANCED THROUGH SEASON OF CELEBRATION

Through community support, Season of Celebration is able to raise money for care and comfort items that enhance patient and resident well-being.

The year-end campaign also helps St. Joseph’s fund larger initiatives like the Veteran’s Transition Project at Parkwood Institute. The project is creating healing environments for Canada’s veterans with accessibility upgrades and two new lounges for socializing with family and friends.

# YOUR DONATIONS HELP

advance care and research initiatives that matter to us, our loved ones and our community

Because of donor support, St. Joseph's Health Care Foundation was able to invest \$8.2M in care, teaching and research in 2016-2017.

The Foundation continues its long-term performance improvement strategy that focuses on lower cost/higher return activities – with success. This past year, we were able to complete \$2.5M for a new Clinical Research and Chronic Disease Centre at St. Joseph's Hospital and \$435,000 for the Veteran's Transition Project, which enhances clinical and care space for veterans at Parkwood Institute. We also facilitated a significant investment of \$4M from the City of London for the London Medical Innovation and Commercialization Network.

Fiscal 2016-17 was a year of financial achievements for the Foundation with realized revenue exceeding the prior year by 43%. Operating expenses had a modest increase of 1% over the prior year while planned investment income exceeded slightly over \$7M surpassing the projected investment returns by 6%. Additionally, our commitment to continuous improvement had a favourable impact on our cost per dollar raised to within industry standards.

*With your support, the Foundation is helping grow support for care and research initiatives that matter to us, our loved ones and people in our community – thank you.*

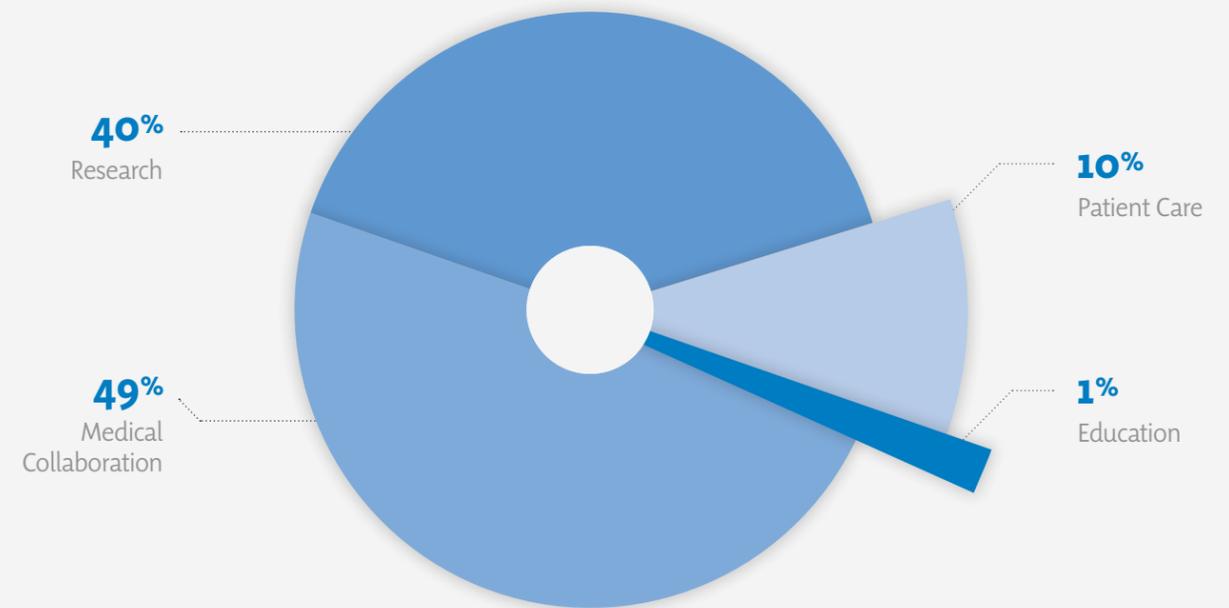
**Paul Way**  
Treasurer/Director  
St. Joseph's Health Care Foundation



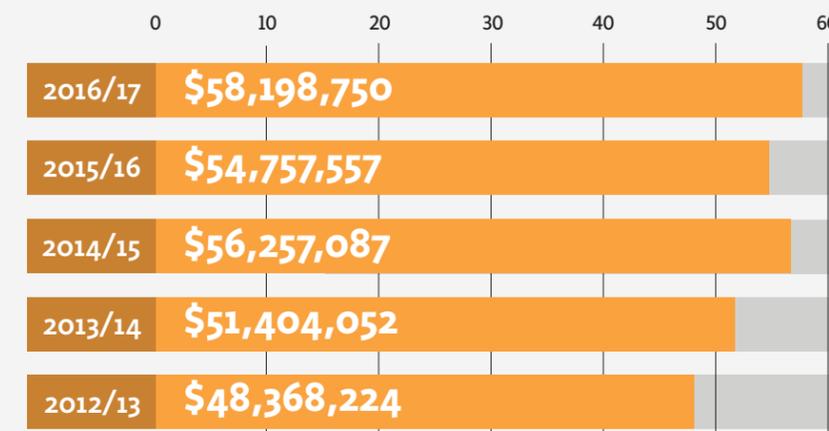
**ST. JOSEPH'S HEALTH CARE FOUNDATION IS COMMITTED, BOTH THROUGH POLICY AND PRACTICE, TO ETHICAL FUNDRAISING PRACTICES AND THE HIGHEST STANDARDS OF FINANCIAL ACCOUNTABILITY."**

**PAUL WAY**, Treasurer/Director,  
St. Joseph's Health Care Foundation

## 2016-2017 GRANT DISBURSEMENT Total Disbursement: \$8,192,621



## ENDOWED FUNDS



St. Joseph's Health Care Foundation has been accredited by Imagine Canada since 2015 for demonstrating excellence in nonprofit accountability, transparency and governance. The Standards Program Trustmark is a mark of Imagine Canada used under license by St. Joseph's Health Care Foundation.



## 2016-2017 CONDENSED STATEMENT OF INCOME (audited)

Year Ended March 31	2016-2017			2015-2016	
	Unrestricted	Restricted	Endowed	Total	Total
Donation Revenue	\$ 1,870,962	\$ 9,691,169	\$ 336,908	\$ 11,899,039	\$ 8,329,412
Expenses	\$ 2,090,047	\$ 1,302,575	\$ 196,136	\$ 3,588,757	\$ 3,554,215
Investment Income	\$ 1,708,334	–	\$ 5,306,219	\$ 7,014,553	\$ (673,848)
Grants	\$ 184	\$ 6,186,639	\$ 2,005,798	\$ 8,192,621	\$ 4,163,094
<b>NET</b>	<b>\$ 1,489,066</b>	<b>\$ 2,201,954</b>	<b>\$ 3,441,193</b>	<b>\$ 7,132,214</b>	<b>\$ (61,745)</b>

In addition to the condensed financial information provided in this report, a complete set of financial statements and 2016-2017 listing of grants are available on our website at [sjhcfoundation.org](http://sjhcfoundation.org) or by calling the Foundation at 519 646-6085.

# BECAUSE OF YOUR DONATIONS



**3,351 children were screened through the iSee Vision Screening Research Program** with 212 detected to be at risk of lazy eye and referred to an optometrist



**822 people had access to the lithotripter, a non-invasive treatment for kidney stones** that helps people recover quickly and more effectively than conventional surgery



**People with an acquired brain injury can use the Planning and Pacing App on a smartphone** to track their daily activities to help them function day to day



**More than 50 patients a day use the physiotherapy gym at Parkwood Institute**, working out with new rehabilitative equipment, experiencing acupuncture in comfortable seating and exercising in an inspirational space that encourages recovery



Researchers in Cognitive Vitality and Brain Health are some of the first in the world to study **ways to combat cognitive impairments for the 40% – 65% of people living with multiple sclerosis** to enhance their quality of life



Operational Stress Injury Clinic staff receive training that enhances care for veterans and returning soldiers – with **almost half of Canadian soldiers reporting a mental illness or addiction** at some point in their lives



**ON THE COVER:**  
**Donor support has helped fuel research, surgical technologies and training led by Dr. Louis Ferreira** in the Surgical Mechatronics Lab to enhance care in the Roth McFarlane Hand and Upper Limb Centre.

## 2016-2017 BOARD OF DIRECTORS

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Renowned for compassionate care, St. Joseph's is one of the best academic health care organizations in Canada dedicated to helping people live to their fullest by minimizing the effects of injury, disease and disability through excellence in care, teaching and research.

CHARITABLE REGISTRATION NUMBER: BN 11918 3390 RR0001



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