

Fluoroscopy Pre-Procedure Instructions

- Your appointment is scheduled in the Outpatient Pain Management Clinic at St. Joseph's Hospital. Please use Grosvenor Street Entrance 2. Take the main elevators to Zone B, Level 3 and register at the Central Registration Desk (B3-030).
- Please **arrive 30 minutes** before your scheduled appointment and arrange for someone to bring you to the hospital and **take you home**. All procedures require this. The appointment itself will take approximately 60 minutes.
- Please bring your valid health card, any relevant WSIB information (claim number, date of injury and site of injury), and all your medications.
- You may eat and drink, but should restrict intake to a light meal before the procedure.
- **If you are taking oral anticoagulant or antiplatelet medication (blood thinners) such as:** ASA (Aspirin[®]), Apixaban (Eliquis[®]), Rivaroxaban (Xarelto[®]), Edoxaban (Lixiana[®]), Dabigatran (Pradaxa[®]), Warfarin (Coumadin[®]), Clopidogrel (Plavix[®]), Ticagrelor (Brilinta[®]), Dipyridamole + ASA (Aggrenox[®]) **you must consult your pain clinic specialist about when to stop this medication before your procedure as most procedures require this.**
 - For patients who take warfarin and have held it for the procedure, your blood will be taken to check the INR (blood clotting ability) before going ahead with the procedure.
- **If you are taking injectable anticoagulant medications (blood thinners)** such as heparin, dalteparin (Fragmin[®]), enoxaparin (Lovenox[®]), tinzaparin (Innohep[®]), or fondaparinux (Arixtra[®]), please **consult your pain specialist for direction on when to stop this medication prior to your procedure.**
- If you have diabetes, you will need to remove any blood sugar sensors/transmitters/receivers or insulin pumps because these items should not be exposed to radiation.
- Due to high patient volumes, wait times for fluoroscopy appointments can be 6-12 months. We require 48 hours' notice to reschedule a fluoroscopy appointment.
- If you have questions, please call the pain clinic at **519-646-6100 ext. 61786**.

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