

August 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Civic Holiday 10:30am Water Colour Art - L 2:30pm Seasonal Sensations - L 3:00pm Pedal Pushers - L 6:00pm Cranium Crunches - L	2 10:30am Cycling without Age - CO 1:30pm Supportive Music Therapy - V 1:30pm Ladder Golf - L 2:30pm Calming Corner - L	3 9:30am Fun Drum - L 10:30am Book Worm - L 1:30pm Get The Scoop! - MVDR 2:30pm Going Places - VRCC	4 9:30am Bocce Ball - L 10:30am Garden Visits - V 1:30pm Travel Log - L 2:30pm Let's Talk - V	5 9:30am Yoga - L 10:00am Manicures - L 10:30am Food Council - MVDR 1:30pm Bingo - L 2:30pm Expressive Arts - L	6 1:30pm Frisbee Golf - L
7 2:15pm Music Therapy - L	8 1:30pm Busy Hands - L 3:00pm Pedal Pushers - L 6:00pm Cranium Crunches - L	9 10:30am Cycling without Age - CO 1:30pm Supportive Music Therapy - V 1:30pm Ladder Golf - L 2:30pm Calming Corner - L	10 9:30am Fun Drum - L 10:30am Book Worm - L 1:30pm Get The Scoop! - MVDR 2:30pm Going Places - VRCC	11 9:30am Bocce Ball - L 10:30am Garden Visits - V 1:30pm Travel Log - L 2:30pm Let's Talk - V	12 9:30am Freedom Tours - CO 1:30pm Bingo - L 2:30pm Expressive Arts - L	13
14 10:30am Fantastic Franchises - L 1:30pm Frisbee Golf - L	15 1:30pm Busy Hands - L 2:30pm Seasonal Sensations - L 3:00pm Pedal Pushers - L 6:00pm Cranium Crunches - L	16 10:30am Cycling without Age - CO 1:30pm Supportive Music Therapy - V 1:30pm Ladder Golf - L 2:30pm Calming Corner - L	17 9:30am Fun Drum - L 10:30am Book Worm - L 1:30pm Get The Scoop! - MVDR 2:30pm Going Places - VRCC	18 9:30am Bocce Ball - L 10:30am Garden Visits - V 1:30pm Travel Log - L 2:30pm Let's Talk - V	19 11:00am Manicures - L 1:30pm Bingo - L	20
21 11:00am Jumbo Games - L 2:15pm Music Therapy - L	22 1:30pm Busy Hands - L 2:30pm Seasonal Sensations - L 3:00pm Pedal Pushers - L 6:00pm Cranium Crunches - L	23 10:30am Cycling without Age - CO 1:30pm Supportive Music Therapy - V 1:30pm Ladder Golf - L 2:30pm Calming Corner - L	24 9:30am Fun Drum - L 10:30am Book Worm - L 1:30pm Get The Scoop! - MVDR 2:30pm Going Places - VRCC	25 9:30am Bocce Ball - L 10:30am Garden Visits - V 1:30pm Travel Log - L 2:30pm Let's Talk - V	26 9:30am Yoga - L 10:00am Manicures - L 1:30pm Freedom Tours - CO	27 9:30am Yard Games - L
28	29	30 10:30am Cycling without Age - CO 1:30pm Ladder Golf - L 2:30pm Calming Corner - L	31 9:30am Fun Drum - L 10:15am Through Our Eyes - L 10:30am Book Worm - L 1:30pm Get The Scoop! - MVDR 2:30pm Going Places - VRCC			

