

# August 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>1</b> <b>Civic Holiday</b> 11:15am Water Colour Art - SR	<b>2</b> 9:30am Yard Games - SR 1:30pm Musical Mixers - SR 2:30pm Biographies - SR 6:00pm Game Show Night - SR	<b>3</b> 9:30am Persoanl touch with Helma - SR 10:30am Mile in My Shoes - TS 1:30pm Bingo - DR 2:45pm Supportive Music Therapy - SR	<b>4</b> 9:30am Canada Eh - SR 10:30am Wonderful World - SR 1:30pm Entertainment: Music - SL 2:30pm Around the World - SR	<b>5</b> 9:30am Mind Aerobics - SR 10:30am Food Council - MVDR 10:30am Pamper Me - SR 2:30pm What's the Scoop - SR	<b>6</b> 10:30am Shuffleboard - TS
<b>7</b> 11:15am Puzzling Minds - SR	<b>8</b> 9:30am Try Some Trivia - SR 10:30am Book Worm - SR	<b>9</b> 2:30pm Biographies - SR 6:00pm Game Show Night - SR	<b>10</b> 9:30am Persoanl touch with Helma - SR 10:30am Catholic Mass - RH 1:30pm Bingo - DR 2:45pm Supportive Music Therapy - SR	<b>11</b> 1:30pm Entertainment: Music - SL 2:30pm Around the World - SR	<b>12</b> 9:30am Mind Aerobics - SR 10:30am Pamper Me - SR 1:30pm SM5 Helping Hands - SL 1:30pm Through Our Eyes - SR 2:30pm What's the Scoop - SR	<b>13</b> 9:30am Shuffleboard - TS 2:30pm Pic-Tune-Ary - SR
<b>14</b>	<b>15</b> 10:30am Book Worm - SR 2:30pm Garden Visits - V	<b>16</b> 9:30am Yard Games - SR 1:30pm Musical Mixers - SR 2:30pm Biographies - SR 6:00pm Pub Night - RH	<b>17</b> 9:30am Persoanl touch with Helma - SR 10:30am Mile in My Shoes - TS 1:30pm Bingo - DR 2:45pm Supportive Music Therapy - SR	<b>18</b> 9:30am Freedom Tours - CO 10:30am Residents Council - MVBR 1:30pm Entertainment: Music - SL 2:30pm Around the World - SR	<b>19</b> 10:30am Mind Aerobics - SR 1:30pm Pamper Me - SR	<b>20</b> 11:00am Bocce Ball - SR 1:30pm Puzzling Minds - SR
<b>21</b>	<b>22</b> 10:30am Book Worm - SR 2:30pm Garden Visits - V	<b>23</b> 9:30am Yard Games - SR 2:30pm Biographies - SR	<b>24</b> 9:30am Persoanl touch with Helma - SR 10:30am Catholic Mass - RH 10:30am Mile in My Shoes - TS 1:30pm Bingo - DR 2:45pm Supportive Music Therapy - SR	<b>25</b> 10:30am Wonderful World - SR 1:45pm Entertainment: Music - SL	<b>26</b> 9:30am Mind Aerobics - SR 2:30pm Whats the Scoop - MVDR	<b>27</b>
<b>28</b> 11:00am Bocce Ball - SR 1:30pm Puzzling Minds - SR	<b>29</b> 9:30am Try Some Trivia - SR 10:30am Book Worm - SR 1:30pm Garden Visits - V 2:30pm Yard Games - SR	<b>30</b> 9:30am Yard Games - SR 1:30pm Musical Mixers - SR 2:30pm Biographies - SR 6:00pm Game Show Night - SR	<b>31</b> 9:30am Persoanl touch with Helma - SR 10:30am Mile in My Shoes - TS 11:30am Picnic Outing - CO 2:45pm Supportive Music Therapy - SR			

