



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 11:15am Personal Touch - L 1:30pm Entertainment: Music - L 6:00pm Go with the Flow - V	2 9:45am Bingo - L 10:30am Food Council - MVDR 1:30pm Travel Log - L	3
4 9:30am MV1 Games Galore - L 1:30pm Bingo - MVDR	5 Labour Day 2:00pm Horse Races - L	6 9:45am Mind Aerobics - L 10:45am Going Places - VRCC 1:30pm CANnonball - L	7 9:30am Cycling without Age - CO 11:00am Busy Hands - L 1:30pm Pamper Me Please - L 2:30pm Pic-Tune-Ary - L	8 10:15am Chatterbox - L 1:30pm Entertainment: Music - L 3:00pm Games Galore - L 6:00pm Go with the Flow - V	9 9:45am Bingo - L 10:30am Bocce Ball - L 1:30pm Travel Log - L 2:30pm Book Worm - L	10 1:30pm Family Fun Day (Skip-A-Thon) Event - MV Parking Lot
11	12 1:30pm Music Appreciation - L 2:45pm Supportive Music Therapy - V 3:30pm Petals & Pots - CY	13 9:45am Mind Aerobics - L 10:45am Going Places - VRCC 1:30pm CANnonball - L	14 9:30am Cycling without Age - CO 11:00am Busy Hands - L 1:30pm Pamper Me Please - L	15 10:30am Residents Council - MVBR 11:15am Personal Touch - L 1:30pm Entertainment: Music - L 3:00pm Games Galore - L 6:00pm Go with the Flow - V	16 9:45am Bingo - L 1:30pm Travel Log - L	17 9:30am Frisbee Golf - L 10:30am Music Therapy - L 1:30pm Bingo - MVDR
18	19 1:30pm All About Me - L 2:30pm Petals & Pots - CY 2:45pm Supportive Music Therapy - V 6:30pm Pub Night with The Beechnut Steel Band - RH	20 9:45am Mind Aerobics - L 10:45am Going Places - VRCC 1:00pm Massages - MVDR 1:00pm Massages - MVDR 1:30pm Freedom Tours - CO	21 9:30am Cycling without Age - CO 11:00am Busy Hands - L 1:30pm Pamper Me Please - L 2:30pm Pic-Tune-Ary - L 3:30pm Through Our Eyes - L	22 9:45am Music Appreciation - L 10:30am Chatterbox - L 1:30pm Entertainment: Music - L 3:00pm Games Galore - L	23 10:30am Bingo - L 2:30pm Travel Log - L	24
25 9:30am MV1 Games Galore - L 1:30pm Bingo - MVDR	26 9:45am Music Appreciation - L 10:30am Chatterbox - L 1:30pm All About Me - L 2:30pm Petals & Pots - CY 2:45pm Supportive Music Therapy - V	27 9:45am Mind Aerobics - L 10:45am Going Places - VRCC 1:30pm CANnonball - L	28 9:30am Country Drive - CO 11:00am Busy Hands - L 1:30pm Pamper Me Please - L 2:30pm Pic-Tune-Ary - L	29 11:15am Personal Touch - L 1:30pm Entertainment: Music - L 3:00pm Games Galore - L 6:00pm Go with the Flow - V	30 9:45am Bingo - L 1:30pm Travel Log - L	