



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 10:30am Exercise Group - L 1:30pm Entertainment: Music - L	2 10:15am Book Club - L 10:30am Food Council - MVDR 1:30pm Yard Games - L 3:30pm Trivia and Treats! 4/5 - MVDR	3
4 1:30pm Bingo - MVDR	5 Labour Day 2:00pm Horse Races - L	6 10:15am Creative Writing - L 1:30pm Bingo - L 3:30pm Yoga - L	7 9:30am Through Our Eyes - L 10:15am Outdoor Walks - CY 2:30pm Ball Pong - L	8 10:30am Exercise Group - L 1:30pm Entertainment Downstairs with Tara 3:00pm Personal Touch - L	9 10:15am Book Club - L 1:30pm Yard Games - L 3:30pm Trivia and Treats! 4/5 - MVDR	10 1:30pm Family Fun Day (Skip-A-Thon) Event - MV Parking Lot
11	12 1:15pm Pet Therapy - V 1:30pm Supportive Music Therapy - V	13 10:15am Creative Writing - L 1:30pm Bingo - L 3:30pm Yoga - L 6:00pm What's Yours Like (Board Game) - L	14 9:30am Cranium Crunches - L 10:15am Outdoor Walks - CY 2:00pm Ball Pong - L	15 10:30am Exercise Group - L 1:15pm Apple Orchard 4/5 - CO	16 10:15am Book Club - L 1:30pm Yard Games - L 3:30pm Trivia and Treats! 4/5 - MVDR	17 9:30am Music Therapy - L 1:30pm Bingo - MVDR 3:00pm Frisbee Golf - L
18	19 1:15pm Pet Therapy - V 1:30pm Supportive Music Therapy - V 3:30pm Travel Log - L 6:30pm Pub Night with The Beechnut Steel Band - RH	20 10:15am Creative Writing - L 1:00pm Massages - MVDR 1:30pm Bingo - L 3:30pm Yoga - L 6:00pm What's Yours Like (Board Game) - L	21 9:30am Cranium Crunches - L 10:15am Outdoor Walks - CY 2:30pm Ball Pong - L	22 10:30am Exercise Group - L 1:30pm Entertainment Downstairs with Paula and Jerome 3:00pm Personal Touch - L	23 10:15am Book Club - L 1:30pm Yard Games - L 3:30pm Trivia and Treats! 4/5 - MVDR	24
25 1:30pm Bingo - MVDR	26 1:15pm Pet Therapy - V 1:30pm Supportive Music Therapy - V 3:30pm Travel Log - L 5:00pm Dining In: Pizza Night Sign up Required	27 9:15am Fall Drive - CO 1:30pm Bingo - L 3:30pm Yoga - L 6:00pm What's Yours Like (Board Game) - L	28 9:30am Cranium Crunches - L 10:15am Outdoor Walks - CY 2:30pm Ball Pong - L	29 10:30am Exercise Group - L 1:30pm Entertainment: Music - L 3:00pm Personal Touch - L	30 10:15am Book Club - L 1:30pm Yard Games - L 3:30pm Trivia and Treats! 4/5 - MVDR	