## **September 2022**



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
				9:30am Picture Bingo - L	9:30am Outdoor Walks - CY	3:00pm Garden Visits - V
				1:30pm Live Entertainment - RH	10:30am Food Council - MVDR	
					1:30pm Book Worm - SR	
4	5	6	7	8	9	10
		1:30pm Pedal Pushers - SR	9:30am Puzzling Minds - SR	9:30am Picture Bingo - L	9:30am Outdoor Walks - CY	10:30am Family Fun Day (Skip-A-
	Labour Day	6:00pm Go with the Flow	10:45am Helping Hands - SL	1:30pm Manicures	10:45am Mindful Colouring - SR	Thon) Event - MV Parking
	10:00am Horse Races - RH		2:45pm Personal Touch	2:45pm Cycling without Age - CO	1:30pm DrumFit	Lot
				6:00pm Supportive Music Therapy	2:45pm Book Worm - SR	
				- SR		
11	12	13	14	15	16	17
	9:30am Bowling - SR	10:00am Music Therapy - SR	9:30am Puzzling Minds - SR	9:30am Freedom Tours - CO	9:30am Outdoor Walks - CY	
	1:30pm Travel Log - SR	1:00pm Massages - MVDR	1:30pm Dance Away - SR	10:30am Residents Council - MVBR	2:45pm Book Worm - SR	
		1:30pm Pedal Pushers - SR		1:30pm Live Entertainment - RH		
		6:00pm Go with the Flow		6:00pm Supportive Music		
				Therapy - SR		
18	19	20	21	22	23	24
9:30am Musical Mixer	9:30am Bowling - SR	10:00am Music Therapy - SR	9:30am Puzzling Minds - SR	9:30am Picture Bingo - L	9:30am Outdoor Walks - CY	9:30am Musical Mixers - SR
10:15am Manicures	10:30am Personal Touch - SR	1:30pm Pedal Pushers - SR	10:45am Helping Hands - SL	10:45am Mindful Colouring	2:45pm Book Worm - SR	3:00pm Go with the Flow - V
1:30pm Bingo - RH	1:30pm Travel Log - SR	2:45pm Seasonal Sensations	1:30pm Music Therapy - SR	1:30pm Manicures - SR		
	2:45pm Fun & Fit - SR	6:00pm Go with the Flow	2:45pm Personal Touch	2:45pm Cycling without Age - CO		
25	26	27	28	29	30	
	9:30am Bowling - SR	10:00am Music Therapy - SR	9:30am Puzzling Minds - SR	9:30am Picture Bingo - L	9:30am Outdoor Walks - CY	
	1:30pm Travel Log - SR	1:00pm Massages - MVDR	1:30pm Freedom Tours - CO	10:45am Personal Touch	10:45am Mindful Colouring - SR	
	2:45pm Fun & Fit - SR	1:30pm Pedal Pushers - SR	1:30pm Music Therapy - SR	1:30pm Live Entertainment - RH	1:30pm DrumFit	
		2:45pm Seasonal Sensations		6:00pm Supportive Music	2:45pm Book Worm - SR	
		6:30pm Beechnut Steel and		Therapy - SR		
		Brews - CY				