



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 9:30am Busy Hands - L 1:30pm Entertainment: Music - L	2 9:30am Exercise Group - L 10:30am Food Council - MVDR 3:30pm Trivia and Treats! 4/5 MVDR	3
4 1:30pm Bingo - MVDR	5 Labour Day 2:00pm Horse Races - L	6 9:30am Pump it Up - L 11:00am Personal Touch - L 2:30pm Jeopardy - L	7 10:15am Outdoor Walks - CY 11:00am Creative Writing - L 1:30pm Bingo - L	8 9:30am Through Our Eyes - L 1:30pm Entertainment Downstairs with Tara 3:30pm Social Connections - V	9 9:30am Exercise Group - L 11:00am Around the World - L 3:30pm Trivia and Treats! 4/5 MVDR	10 1:30pm Family Fun Day (Skip-A-Thon) Event - MV Parking Lot
11	12 10:30am Music Therapy - L 1:30pm Golf (MV3 Lounge) 6:30pm Cranium Crunches - L	13 9:30am Pump it Up - L 11:00am Personal Touch - L 2:30pm Jeopardy - L	14 10:15am Outdoor Walks - CY 11:00am Creative Writing - L 1:15pm Bingo - L	15 9:30am Busy Hands - L 10:30am Residents Council - MVBR 1:15pm Apple Orchard 4/5 - CO 3:30pm Social Connections - V	16 9:30am Exercise Group - L 11:00am Around the World - L 3:30pm Trivia and Treats! 4/5 MVDR	17 11:00am Frisbee Golf - L 1:30pm Bingo - MVDR 1:45pm Supportive Music Therapy - V
18	19 10:30am Music Therapy - L 2:30pm Bocce Ball - L 6:30pm Pub Night with The Beechnut Steel Band -RH	20 9:30am Pump it Up - L 11:00am Personal Touch - L 1:00pm Massages - MVDR 2:30pm Jeopardy - L	21 10:15am Outdoor Walks - CY 11:00am Creative Writing - L 1:30pm Bingo - L	22 9:30am Busy Hands - L 1:30pm Entertainment Downstairs with Paula and Jerome 3:30pm Social Connections - V	23 9:30am Exercise Group - L 3:30pm Trivia and Treats! 4/5 MVDR	24
25 1:30pm Bingo - MVDR	26 10:30am Music Therapy - L 2:30pm Bocce Ball - L 5:00pm Dining In: Pizza Night Sign up Required 6:30pm Pic-Tune-Ary - L	27 9:00am Fall Drive - CO 11:00am Personal Touch - L 2:30pm Jeopardy - L	28 10:15am Outdoor Walks - CY 11:00am Creative Writing - L 1:30pm Bingo - L	29 9:30am Busy Hands - L 1:30pm Entertainment: Music - L 3:30pm Social Connections - V	30 9:30am Exercise Group - L 11:00am Around the World - L 3:30pm Trivia and Treats! 4/5 MVDR	