



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				<b>1</b> 10:30am Exercise Group - L 1:30pm Entertainment: Music - L	<b>2</b> 10:15am Book Club - L 10:30am Food Council - MVDR 1:30pm Yard Games - L 3:30pm Trivia and Treats! 4/5 - MVDR	<b>3</b>
<b>4</b> 1:30pm Bingo - MVDR	<b>5</b>  <b>Labour Day</b> <b>2:00pm Horse Races - L</b>	<b>6</b> 10:15am Creative Writing - L 1:30pm Bingo - L 3:30pm Yoga - L	<b>7</b> 9:30am Through Our Eyes - L 10:15am Outdoor Walks - CY 2:30pm Ball Pong - L	<b>8</b> 10:30am Exercise Group - L 1:30pm Entertainment Downstairs with Tara 3:00pm Personal Touch - L	<b>9</b> 10:15am Book Club - L 1:30pm Yard Games - L 3:30pm Trivia and Treats! 4/5 - MVDR	<b>10</b> <b>1:30pm Family Fun Day (Skip-A-Thon) Event - MV Parking Lot</b>
<b>11</b>	<b>12</b> 1:15pm Pet Therapy - V 1:30pm Supportive Music Therapy - V	<b>13</b> 10:15am Creative Writing - L 1:30pm Bingo - L 3:30pm Yoga - L 6:00pm What's Yours Like (Board Game) - L	<b>14</b> 9:30am Cranium Crunches - L 10:15am Outdoor Walks - CY 2:00pm Ball Pong - L	<b>15</b> 10:30am Exercise Group - L 1:15pm Apple Orchard 4/5 - CO	<b>16</b> 10:15am Book Club - L 1:30pm Yard Games - L 3:30pm Trivia and Treats! 4/5 - MVDR	<b>17</b> 9:30am Music Therapy - L 1:30pm Bingo - MVDR 3:00pm Frisbee Golf - L
<b>18</b>	<b>19</b> 1:15pm Pet Therapy - V 1:30pm Supportive Music Therapy - V 3:30pm Travel Log - L <b>6:30pm Pub Night with The Beechnut Steel Band - RH</b>	<b>20</b> 10:15am Creative Writing - L 1:00pm Massages - MVDR 1:30pm Bingo - L 3:30pm Yoga - L 6:00pm What's Yours Like (Board Game) - L	<b>21</b> 9:30am Cranium Crunches - L 10:15am Outdoor Walks - CY 2:30pm Ball Pong - L	<b>22</b> 10:30am Exercise Group - L 1:30pm Entertainment Downstairs with Paula and Jerome 3:00pm Personal Touch - L	<b>23</b> 10:15am Book Club - L 1:30pm Yard Games - L 3:30pm Trivia and Treats! 4/5 - MVDR	<b>24</b>
<b>25</b> 1:30pm Bingo - MVDR	<b>26</b> 1:15pm Pet Therapy - V 1:30pm Supportive Music Therapy - V 3:30pm Travel Log - L <b>5:00pm Dining In: Pizza Night Sign up Required</b>	<b>27</b> 9:15am Fall Drive - CO 1:30pm Bingo - L 3:30pm Yoga - L 6:00pm What's Yours Like (Board Game) - L	<b>28</b> 9:30am Cranium Crunches - L 10:15am Outdoor Walks - CY 2:30pm Ball Pong - L	<b>29</b> 10:30am Exercise Group - L 1:30pm Entertainment: Music - L 3:00pm Personal Touch - L	<b>30</b> 10:15am Book Club - L 1:30pm Yard Games - L 3:30pm Trivia and Treats! 4/5 - MVDR	

