September 2022



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 9:45am Puzzling Minds - SR 10:30am Petals & Pots - CY 1:30pm Entertainment: Music -RH	9:45am Exercise Group - SR 10:30am Food Council - MVDR 10:30am Walk the Block -TS 1:30pm Pet Therapy - V 2:30pm Pamper Me Please - SR	3 10:15am Hang Man - SR 1:30pm Bingo- RH
4	5	6	7	8	9	10
	Labour Day 10:00am Horse Races - RH	9:45am Travel Log - SR 10:30am Pic-Tune-Ary - SR 1:30pm Trivia in the Garden - SR 2:30pm Helping Hands - SL	11:15am Personal Touch - SR 1:30pm Bingo - DR 2:45pm Book Worm - SR 6:00pm Games Night - RH	9:45am Puzzling Minds - SR 10:30am Through Our Eyes - SR 1:30pm Entertainment: Music -RH 2:30pm Supportive Music Therapy - SR	9:45am Exercise Group - SR 10:30am Walk the Block- TS 1:30pm Pet Therapy - V 2:30pm Pamper Me Please - SR	10:30am Family Fun Day (Skip-A- Thon) Event - MV Parking Lot - RH
11	12	13	14	15	16	17
	9:45am Pump It Up - SR 2:30pm Cycling without Age - CO	9:30am Country Drive - CO 1:00pm Massages - MVDR 1:30pm Trivia in the Garden - SR 2:30pm Helping Hands - SL	11:15am Personal Touch - SR 1:30pm Bingo - DR 6:00pm Games Night - RH	9:45am Puzzling Minds - SR 10:30am Petals & Pots - CY 10:30am Residents Council - MVBR 1:30pm Entertainment: Music -RH 2:30pm Supportive Music Therapy - SR	9:45am Exercise Group - SR 10:30am Walk the Block -TS 1:30pm Pet Therapy - V	
18	19	20	21	22	23	24
10:15am Hangman - SR 1:30pm Bingo - RH	9:45am Pump It Up - SR 10:30am Crafty Corner - SR 1:30pm Yard Games - SR 2:30pm Cycling without Age - CO	9:45am Travel Log - SR 10:30am Pic-Tune-Ary - SR 1:30pm Trivia in the Garden - SR 2:30pm Helping Hands - SL	6:00pm Games Night - RH	9:45am Puzzling Minds - SR 10:30am Petals & Pots - CY 1:30pm Entertainment: Music -RH	9:45am Exercise Group - SR 10:30am Walk the Block -TS 1:30pm Pet Therapy - V	10:15am Hangman - SR 1:30pm Bingo - RH
25	26	27	28	29	30	
	9:45am Pump It Up - SR 10:30am Crafty Corner - SR 1:30pm Yard Games - SR 2:30pm Cycling without Age - CO	-	9:45am Travel Log - SR 10:30am Pic-Tune-Ary - SR 11:15am Personal Touch - SR 1:30pm Bingo - DR 2:45pm Book Worm - SR	9:45am Puzzling Minds - SR 10:30am Petals & Pots - CY 1:30pm Entertainment: Music -RH 2:30pm Supportive Music Therapy - SR	9:45am Exercise Group - SR 1:30pm Pet Therapy - V	