

**In-Person Registration Fees:**  
Physicians: \$50.00  
Allied Health Care Professionals: \$25.00  
Medical Students/Residents: No Fee  
**Virtual Registration No Fee**

## DIABETES UPDATE 2023

November 8, 2023

8:00a.m.-1:00p.m.

Registration: 7:30a.m.-8:00a.m.

Platform: Chime Live

Login Time: 8:00a.m.

Venue: Four Points by Sheraton-1150 Wellington Road S, London, ON

**To Register please visit:**  
<https://www.sjhc.london.on.ca/diabetes-update>

## AGENDA

8:00-8:15a.m.

### Welcome & Introduction

Dr. Stewart Harris (C.M.) MD, MPH, FCFP, FACPM

8:15 a.m.-9:00a.m.

### Intergenerational Impact of Type 2 Diabetes in First Nations Communities: Partnerships and Pathways for change

Dr. Brandy Wicklow MD, Msc(epi), FRCPC

#### Objectives

- > Discuss the epidemiology and natural history of type 2 diabetes in First Nations
- > Recognize the importance of routine surveillance for type 2 diabetes complications early in life
- > Describe physiologic differences in type 2 diabetes in children compared to adults and the impacts on treatment

9:00a.m.-9:40a.m.

### Best Practice in Diabetic Kidney Disease

Dr. Louise Moist MSc, MD, FRCPS, CCPE

#### Objectives

- > Integrate knowledge on new treatment for Diabetic Kidney Disease to practice
- > Identify and remove barriers to use of guideline base Diabetic Kidney Disease treatments
- > Apply knowledge in case base examples to integrate knowledge to practice

9:40a.m.-9:55a.m.

### Break

9:55a.m.-10:35a.m.

### Pharmacology for Obesity-Where do we Stand Today?

Dr. Tayyab Khan MD, MPH, FRCPC(C), Dip ABOM

#### Objectives

- > Discuss epidemiology of obesity, including local trends
- > Review the current pharmacologic treatment options available for obesity
- > Discuss emerging treatment options and ongoing cardiovascular outcomes trials

10:35a.m.-11:15a.m.

### Practical Applications of Innovative Technology in Diabetes Care

Dr. Stewart Harris CM, MD, MPH, FCFP, FACPM

#### Objectives

- > Apply new technologies for glucose measurements using Continuous Glucose Monitoring (CGM)
- > Apply new technologies supporting insulin use through connected pens
- > Describe how new technologies can substantially enhance clinical care and patient involvement in their diabetes management

11:15a.m.-11:30a.m.

### Break

11:30a.m.-12:10p.m.

### Principles and Practical Advice on Care of Elderly Patients with Diabetes

Dr. Jenny Thain MD FRCPC & Dr. Tamara Spaic MD, FRCPC, Cert. Endo

#### Objectives

- > Discuss the importance of frailty assessment in diabetes
- > Determine and set appropriate glycemic targets (when to intensify and de-intensify treatment)
- > Describe practical issues in medication administration and support with focus on collaborative care in elderly with diabetes

12:10p.m.-12:50p.m.

### Diabetes, Heart Failure and the Benefits of SGLT2 is Beyond Diabetes Management: A Therapy for all Left Ventricular Ejection Fractions

Dr. Robert McKelvie MD, PhD, FRCPC

#### Objectives

- > Demonstrate the relationship between diabetes and heart failure
- > Demonstrate the impact diabetes has on the outcome of patients with heart failure
- > Demonstrate the expanded role of SGLT2i as a therapy to treat heart failure

12:50p.m.-1:00p.m.

### Summary & Adjournment

Dr. Tamara Spaic MD, FRCPC, Cert. Endo

## PROGRAM OBJECTIVES

At the conclusion of this activity participants will be able to:

- 1) Acquire a greater understanding of diabetes care in indigenous Canadians
- 2) Apply approaches of care to high-risk people living with diabetes and complications; renal disease and congestive heart failure
- 3) Explore the role of new therapies and technology in diabetes and obesity

This one-credit-per-hour Group Learning program meets the certification criteria of the College of Family Physicians of Canada and has been certified by the Continuing Professional Development, Schulich School of Medicine & Dentistry, Western University for up to 4.25 Mainpro+credits

This event is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada, and approved by Continuing Professional Development, Schulich School of Medicine & Dentistry, Western University.

You may claim a maximum of 4.25 hours (credits are automatically calculated)

Each participant should claim only those hours of credit that they actually spent participating in the educational program.