



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 2:30pm Big Foot - SR	2 9:30am Our Furry Friends - SR 9:45am Choir Practice -MVDR 10:30am Chatterbox - SR 1:30pm *MA-Richard-Piano - TS 1:30pm Pedal Pushers - SR 2:30pm Let's Talk - V 6:30pm Game Show Night - RH	3 10:00am Music Therapy - SR 1:30pm Go with the Flow - V 1:30pm Black History Month Guest Speaker: Christina Lord - RH 2:30pm Bingo - SL 6:30pm Prime Timers - MVDR 6:30pm Trivia Night! - RH	4 9:30am Cranium Crunches - SR 10:00am Sacred Music Time 10:15am Mile in My Shoes - TS 10:30am Catholic Mass - RH 1:30pm Music Therapy - SR 2:45pm Rock of Ages-Magnolia Room 6:30pm Floor Hockey - RH	5 9:30am Crafty Corner - SR 9:30am Hooks & Needles - VRCC 10:00am Sacred Music Time 10:30am Interdenominational Service - RH 10:30am Music & Memories - V 1:30pm Musical Entertainment 1:45pm Personal Touch - SR 2:45pm Mindful Moments - SR 3:00pm *MA-Charity Chords - TS 6:00pm *MA-Hayun-Flute - TS 6:00pm Supportive Music Therapy - SR	6 9:30am Shuffleboard - TS 10:30am Food Council - MVDR 10:30am Manicures - SR 12:00pm Chinese New Year Lunch - RH 1:30pm Cultural Cafe: German Group - CL 1:30pm Hollywood Heros - SR 2:30pm Euchre - MVDR 2:30pm Yard Games - SR	7 9:30am Colour me - SR 1:30pm Bingo - RH
8 2:30pm Black History Trivia - SL	9 9:30am Our Furry Friends - SR 9:45am Choir Practice -MVDR 10:30am Chatterbox - SR 1:30pm Pedal Pushers - SR 2:30pm Let's Talk - V 6:30pm Game Show Night - RH	10 10:00am Music Therapy - SR 10:30am Winter Olympics Opening - RH 1:30pm Winter Olympics Closing - RH 3:30pm Go with the Flow - V 6:30pm Jumbo Games - CY 6:30pm Prime Timers - MVDR	11 9:30am Cranium Crunches - SR 10:00am World Day of the Sick - RH 10:15am Mile in My Shoes - TS 1:30pm Music Therapy - SR 2:45pm Crafty Corner - SR 2:45pm Rock of Ages-Magnolia Room 6:30pm Floor Hockey - RH	12 9:30am Hooks & Needles - VRCC 9:30am Busy Hands - SR 10:00am Sacred Music Time 10:30am Interdenominational Service - RH 1:30pm Musical Entertainment 1:45pm Personal Touch - SR 2:45pm Mindful Moments - SR 3:00pm *MA-Charity Chords - TS 6:00pm *MA-Hayun-Flute - TS 6:00pm Supportive Music Therapy - SR	13 9:30am Shuffleboard - TS 10:30am Manicures - SR 1:30pm Friends & Allies-Library 2:30pm Euchre - MVDR 2:30pm Yard Games - SR	14 10:30am Valentine's Day Drop in - RH
15 10:30am Bingo - RH 3:00pm Abominable Snowman - SR	16 10:30am Guess the Family - RH 3:30pm Personal Touch - SR	17 10:00am Music Therapy - SR 1:30pm Bingo - SL 2:30pm Immerse Yourself - CL 6:30pm Trivia Night! - RH	18 9:30am Cranium Crunches - SR 10:00am Sacred Music Time 10:15am Mile in My Shoes - TS 10:30am Catholic Mass - RH 1:30pm Music Therapy - SR 2:45pm Crafty Corner - SR 2:45pm Rock of Ages-Magnolia Room 6:30pm Pub Night - RH	19 9:30am Hooks & Needles - VRCC 10:00am Sacred Music Time 10:30am Interdenominational Service - RH 10:30am Residents Council - MVDR 10:30am Music & Memories - V 1:30pm Musical Entertainment 2:45pm Mindful Moments - SR 3:00pm *MA-Charity Chords - TS 6:00pm *MA-Hayun-Flute - TS 6:30pm Prime Timers - MVDR	20 9:30am Shuffleboard - TS 10:30am Manicures - SR 1:30pm Cultural Cafe: French Speaking Group - CL 1:30pm Hollywood Heros - SR 2:30pm Euchre - MVDR 2:30pm Yard Games - SR	21 9:30am Colour me - SR 1:30pm Bingo - RH 3:00pm How Its Made - VS
22 2:30pm Biography of Ray Charles - SR	23 9:30am Our Furry Friends - SR 9:45am Choir Practice -MVDR 10:15am Chatterbox - SR 11:00am Personal Touch - SR 6:30pm Game Show Night - RH	24 10:00am Music Therapy - SR 1:30pm Bingo - SL 2:30pm Garden Club - CY 2:30pm Immerse Yourself - CL 6:00pm Movie Night - RH	25 9:30am Cranium Crunches - SR 10:00am Sacred Music Time 10:30am Catholic Mass - RH 1:30pm Alpha Group - CR 1:30pm Freedom Tours - CO 1:30pm Music Therapy - SR 2:45pm Rock of Ages-Magnolia Room 6:30pm Floor Hockey - RH	26 9:30am Freedom Tours - CO 9:30am Hooks & Needles - VRCC 10:00am Sacred Music Time 10:30am Interdenominational Service - RH 1:30pm Musical Entertainment 1:45pm Personal Touch - SR 2:45pm Mindful Moments - SR 3:00pm *MA-Charity Chords - TS 6:00pm *MA-Hayun-Flute - TS 6:00pm Supportive Music Therapy - SR 6:30pm Prime Timers - MVDR	27 9:30am Shuffleboard - TS 1:30pm Walk Through Black History - RH 2:30pm Euchre - MVDR 2:30pm Yard Games - SR	28 9:30am Colour me - SR 1:30pm Bingo - RH 2:00pm *MA-Violin and Piano - TS 3:00pm How Its Made - VS