



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
	9:45am Choir Practice -MVDR 10:30am Indoor Walks - CY 1:30pm *MA-Richard-Piano - TS 2:30pm Bingo - V Lounge 6:30pm Game Show Night - RH	1:30pm Supportive Music Therapy - Vari 1:30pm Book Worm - SR 1:30pm Black History Month Guest Speaker: Christina Lord - RH 2:30pm Mindful Colouring - SR 6:30pm Prime Timers - MVDR 6:30pm Trivia Night! - RH	9:30am Travel Log - SR 10:00am Sacred Music Time 10:30am Catholic Mass - RH 10:30am Manicures - SR 1:15pm SM3 Java Music Club - SR 1:30pm Musical Mixers - SR 2:45pm Rock of Ages-Magnolia Room 6:30pm Floor Hockey - RH	9:30am Hooks & Needles - VRCC 9:30am Exercise - SR 10:00am Sacred Music Time 10:30am Interdenominational Service - RH 10:30am Pet Therapy - Vari 1:30pm Musical Entertainment 1:45pm Personal Touch - SR 3:00pm Curling - SR 3:00pm *MA-Charity Chords - TS 6:00pm *MA-Hayun-Flute - TS	9:30am Try Some Trivia - SR 10:30am Classic Games - SR 10:30am Food Council - MVDR 12:00pm Chinese New Year Lunch - RH 1:30pm Cultural Cafe: German Group - CL 2:30pm Euchre - MVDR 2:30pm Recline & Unwind - SR	11:00am Colour me - SR 1:30pm Bingo - RH
8	9	10	11	12	13	14
11:00am Black History Trivia - SR	9:30am Bocce Ball - SR 9:45am Choir Practice -MVDR 10:30am Indoor Walks - CY 1:30pm Personal Touch - SR 2:30pm Bingo - V Lounge 6:30pm Game Show Night - RH	10:30am Winter Olympics Opening - RH 1:30pm Winter Olympics Closing - RH 3:00pm Go with the Flow - Vari 6:30pm Jumbo Games - CY 6:30pm Prime Timers - MVDR	9:30am Travel Log - SR 10:00am World Day of the Sick - RH 10:30am Manicures - SR 1:15pm SM3 Java Music Club - SR 2:45pm Rock of Ages-Magnolia Room 3:00pm Musical Mixers - SR 6:30pm Floor Hockey - RH	9:30am Hooks & Needles - VRCC 9:30am Exercise - SR 10:00am Sacred Music Time 10:30am History Log - SR 10:30am Interdenominational Service - RH 1:30pm Musical Entertainment 1:45pm Personal Touch - SR 3:00pm Curling - SR 3:00pm *MA-Charity Chords - TS 6:00pm *MA-Hayun-Flute - TS	9:30am Try Some Trivia - SR 10:30am Classic Games - SR 1:30pm Painting with Perry - SR 1:30pm Friends & Allies-Library 2:30pm Euchre - MVDR 2:30pm Recline & Unwind - SR	10:30am Valentine's Day Drop in - RH
15	16	17	18	19	20	21
10:30am Bingo - RH	10:30am Guess the Family - RH 3:30pm Go with the Flow - Vari	1:30pm Supportive Music Therapy - Vari 2:30pm Mindful Colouring - SR 6:30pm Trivia Night! - RH	9:30am Travel Log - SR 10:00am Sacred Music Time 10:30am Catholic Mass - RH 10:30am Manicures - SR 1:15pm SM3 Java Music Club - SR 2:45pm Rock of Ages-Magnolia Room 3:00pm Musical Mixers - SR 6:30pm Pub Night - RH	9:30am Country Drive - Outi 9:30am Hooks & Needles - VRCC 10:00am Sacred Music Time 10:30am Interdenominational Service - RH 10:30am Residents Council - MVDR 10:30am Pet Therapy - Vari 1:00pm Afternoon Outing - CO 1:30pm Musical Entertainment 3:00pm *MA-Charity Chords - TS 6:00pm *MA-Hayun-Flute - TS 6:30pm Prime Timers - MVDR	9:30am Try Some Trivia - SR 10:30am Classic Games - SR 1:30pm Cultural Cafe: French Speaking Group - CL 2:30pm Euchre - MVDR	11:00am How Its Made - SL 1:30pm Bingo - RH
22	23	24	25	26	27	28
11:00am Biography of Ray Charles - SR	9:45am Choir Practice -MVDR 10:30am Indoor Walks - CY 2:30pm Bingo - V Lounge 6:30pm Game Show Night - RH	10:30am Value Based Education - SR 1:30pm Supportive Music Therapy - Vari 1:30pm Book Worm - SR 2:30pm Garden Club - CY 6:00pm Movie Night - RH	9:30am Travel Log - SR 10:00am Sacred Music Time 10:30am Catholic Mass - RH 10:30am Manicures - SR 1:15pm SM3 Java Music Club - SR 1:30pm Alpha Group - CR 2:45pm Rock of Ages-Magnolia Room 3:00pm Musical Mixers - SR 6:30pm Floor Hockey - RH	9:30am Hooks & Needles - VRCC 10:00am Sacred Music Time 10:30am History Log - SR 10:30am Interdenominational Service - RH 1:30pm Musical Entertainment 1:45pm Personal Touch - SR 3:00pm Curling - SR 3:00pm *MA-Charity Chords - TS 6:00pm *MA-Hayun-Flute - TS 6:30pm Prime Timers - MVDR	9:30am Try Some Trivia - SR 10:30am Classic Games - SR 1:30pm Walk Through Black History - RH 2:30pm Euchre - MVDR 2:30pm Recline & Unwind - SR	11:00am How Its Made - SL 1:30pm Bingo - RH 2:00pm *MA-Violin and Piano - TS