

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<b>1</b> Virtual Calls and Social Connections occurring throughout the day	<b>2</b> 3:15pm Puzzling Minds - L	<b>3</b> 2:45pm CANnonball - L	<b>4</b> 2:45pm Music Therapy - L
<b>5</b> 10:15am Garden Gab - L 2:45pm Bingo - L	<b>6</b> <b>Labour Day</b> 3:30pm Chatterbox: Labour Day - L	<b>7</b> 9:30am Cycling without Age - CO 1:30pm Musical Entertainment - L	<b>8</b> 9:30am Exercise Group - L 10:15am Bingo - L	<b>9</b> 9:30am Freedom Tours - CO 10:00am Food Council - MVDR 1:30pm Music Appreciation - L	<b>10</b> Virtual Calls and Social Connections occurring throughout the day !	<b>11</b> 2:30pm Backyard Bash - PL
<b>12</b>	<b>13</b> 10:15am Spirit and Song - 11:15am Eco-Spirituality - 2:45pm Go with the Flow - V 6:00pm Pub Night - CY	<b>14</b> 9:30am Cycling without Age - CO 10:15am Dance Away - L 1:30pm Musical Entertainment - L 1:30pm Supportive Music Therapy - V 2:45pm Personal Touch - L	<b>15</b> 9:30am Pedal Pushers - L 10:15am Book Worm - L 11:00am Residents Council - MVDR 1:30pm Bingo - L	<b>16</b> 9:00am Virtual Mass - 9:30am Music Appreciation - L 11:00am Puzzling Minds - L 1:30pm Freedom Tours - CO	<b>17</b> 9:30am Seasonal Sensations - L 10:15am Java Music Club - L 1:30pm Creative Writing - L 2:45pm Ladder Golf - L	<b>18</b> 10:30am Bocce Ball - L 3:00pm Mind Aerobics - L
<b>19</b> 9:30am Cycling without Age - CO 1:30pm Cranium Crunches - L 2:30pm Go with the Flow - V	<b>20</b> <b>Federal Election Day</b> 1:30pm Marian Delight & Trivia - MVDR 2:45pm Go with the Flow - V 6:00pm Pub Night - CY	<b>21</b> 9:30am Cycling without Age - CO 1:30pm Musical Entertainment - L 1:30pm Supportive Music Therapy - V 2:45pm Personal Touch - L	<b>22</b> 9:30am Exercise Group - L 10:15am Book Worm - L 1:30pm Bingo - L	<b>23</b> 9:30am Freedom Tours - CO 1:30pm Music Appreciation - L 2:45pm Puzzling Minds - L	<b>24</b> 9:30am Seasonal Sensations - L 10:15am Java Music Club - L 1:30pm Creative Writing - L 2:45pm Ladder Golf - L	<b>25</b>
<b>26</b>	<b>27</b> 10:15am Spirit and Song - 11:15am Eco-Spirituality - 1:30pm Marian Delight & Trivia - MVDR 2:45pm Go with the Flow - V 6:00pm Pub Night - CY	<b>28</b> 9:30am Cycling without Age - CO 1:30pm Musical Entertainment - L 1:30pm Supportive Music Therapy - V 2:45pm Personal Touch - L	<b>29</b> 9:30am Pedal Pushers - L 10:15am Book Worm - L 1:30pm Bingo - L	<b>30</b> 9:00am Virtual Mass - 9:30am Music Appreciation - L 11:00am Puzzling Minds - L 1:00pm Freedom Tours - CO		