

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 9:30am Cycling without Age - CO 1:30pm Bowling - L 2:30pm Travel Log - L 3:30pm Helping Hands - L	2 11:00am Personal Touch (1:1 Visits) - L 1:30pm Bingo & MarianDelight - L 2:30pm Bingo & Marian Delight - L 6:00pm Music Appreciation - L	3 9:30am Country Drive - CO 1:30pm History of Music - L	4 1:30pm Music Therapy - L
5	6 Labour Day 2:30pm Chatterbox: Labour Day - L	7 9:30am Puzzling Minds - L 1:30pm Musical Entertainment - L 2:00pm Musical Entertainment - L	8 9:30am Cycling without Age - CO 1:15pm Virtual Visits - V 1:30pm Bowling - L	9 10:00am Food Council - MVDR 1:30pm Bingo & MarianDelight - L 2:30pm Bingo & Marian Delight - L 3:15pm Go with the Flow - V 6:00pm Pub Stumpers - CY	10 9:30am Java Music Club - L 10:15am Jeopardy - L 11:00am Dance Ability - L 1:00pm Outing to Apple Orchard - CO	11 2:30pm Backyard Bash
12 Happy Grandparents Day!	13 9:30am Pic-Tune-Ary - L 10:15am Trailblazers - L 11:00am Book Club - L 1:30pm Exercise Group - L 3:15pm Supportive Music Therapy - V	14 9:30am Puzzling Minds - L 1:30pm Musical Entertainment - L 2:00pm Musical Entertainment - L	15 9:30am Cycling without Age - CO 11:00am Residents Council - MVDR 1:15pm Virtual Visits - V 1:30pm Bowling - L 2:30pm Travel Log - L 3:30pm Pamper Me Please - L	16 9:45am Virtual Mass- Lounge - 10:30am Spirit & Song- Lounge - 11:00am Personal Touch (1:1 Visits) - L 1:30pm Bingo & MarianDelight - L 2:30pm Bingo & Marian Delight - L 3:15pm Go with the Flow - V 6:00pm Music Appreciation - L	17 There are colouring pages, puzzles and word searches located in the lounge for resident use :)	18
19	20 Federal Election Day 9:30am Pic-Tune-Ary - L 10:15am Trailblazers - L 11:00am Book Club - L 1:30pm Exercise Group - L 3:15pm Supportive Music Therapy - V	21 9:30am Puzzling Minds - L 1:30pm Musical Entertainment - L 2:00pm Musical Entertainment - L	22 Happy 1st day of Fall!	23	24 9:30am Java Music Club - L 10:15am Oktoberfest Jeopardy - L 11:00am Dance Ability - L 1:00pm Outing to Apple Orchard - CO	25
26 9:30am Chatterbox- Autumn Days - L 10:15am Book Worm- Johnny Apple Seed - L 11:00am Yoga - L	27 9:30am Pic-Tune-Ary - L 10:15am Trailblazers - L 11:00am Book Club - L 1:30pm Exercise Group - L 3:15pm Supportive Music Therapy - V	28 9:30am Puzzling Minds - L 1:30pm Musical Entertainment - L 2:00pm Musical Entertainment - L	29 9:30am Cycling without Age - CO 1:15pm Virtual Visits - V 1:30pm Bowling - L 2:30pm Oktoberfest Traditions! - L 3:30pm Pamper Me Please - L	30 9:45am Virtual Mass- Lounge - 10:30am Spirit & Song- Lounge - 1:30pm Bingo & Marian Delight - L 2:30pm Bingo & Marian Delight - L 3:15pm Look What's Happening - L 6:00pm Oktoberfest Pub Night - CY		