## **September 2021**



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		y	1	2	3	4
			11:15am Virtual Pet Therapy - V	11:30am Social Connections - V	9:45am Exercise Group - SR	1:30pm Bingo - DR
			1:30pm Bingo - DR	1:15pm Jumbo Games - SR	2:30pm Marian Delight - MVDR	2:30pm Cycling without Age - CO
			6:00pm Try Some Trivia - SR	2:00pm Supportive Music Therapy	3:00pm Social Connections - V	
					3:30pm Personal Touch - SR	
5	6	7	8		10	11
		1:30pm Freedom Tours - CO	9:30am Virtual Mass -	9:45am Brain Waves - SR	9:45am Exercise Group - SR	1:00pm Backyard Bash- PL
	2:30pm Learn about Labour day - SR		11:15am Virtual Pet Therapy - V	10:30am Helping Hands - SL	10:30am Expressive Arts - SR	
			1:30pm Bingo - DR	11:00am Food Council - MVDR	1:15pm Outdoor Walks - CY	
			6:00pm Pub Night - CY	11:30am Social Connections - V	2:30pm Marian Delight - MVDR	
				1:15pm Jumbo Games - SR	3:00pm Social Connections - V	
				2:00pm Supportive Music Therapy	-	
				- SR	-	
12	13	14	15		17	18
		10:00am Freedom Tours - CO	11:00am Residents Council - MVDR		9:45am Exercise Group - SR	
		1:30pm Entertainment: Music - SL	11:15am Virtual Pet Therapy - V		10:30am Expressive Arts - SR	\ \
		2:45pm Personal Touch - SR	1:30pm Bingo - DR		1:15pm Outdoor Walks - CY	
			3:00pm Pamper Me Please - SR		2:30pm Marian Delight - MVDR	
			6:00pm Pub Night - CY		3:00pm Social Connections - V	
			_		3:30pm Personal Touch - SR	
19	20	21	22		24	25
	Federal Election Day	9:45am Happy and Healthy - SR	9:30am Virtual Mass -	9:45am Brain Waves - SR	9:45am Exercise Group - SR	
		10:30am Musical Mixers - SR	11:15am Virtual Pet Therapy - V	10:30am Helping Hands - SL	10:30am Expressive Arts - SR	
	1:15pm Cycling without Age - CO 4:00pm Social Connections - V	1:30pm Freedom Tours - CO	1:30pm Bingo - DR	11:30am Social Connections - V	1:15pm Outdoor Walks - CY	
			3:00pm Pamper Me Please - SR	1:15pm Jumbo Games - SR	2:30pm Marian Delight - MVDR	
$\setminus$			6:00pm Try Some Trivia - SR	2:00pm Supportive Music Therapy	3:00pm Social Connections - V	
\				- SR	3:30pm Personal Touch - SR	
26	27	28	29	30		
		10:00am Freedom Tours - CO	11:15am Virtual Pet Therapy - V	9:45am Brain Waves - SR		
		1:30pm Entertainment: Music - SL	1:30pm Bingo - DR	10:30am Helping Hands - SL		
		2:45pm Personal Touch - SR	3:00pm Pamper Me Please - SR	11:30am Social Connections - V		
			6:00pm Pub Night - CY	1:15pm Jumbo Games - SR		
`				2:00pm Supportive Music Therapy		
				- SR		
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