

August 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Civic Holiday 1:30pm Water Colour Art - L	2 9:30am Fun & Fit - L 1:30pm Bingo in MVDR 2:30pm Music Therapy - L	3 9:30am Yard Games - L 10:30am Catholic Mass - RH 10:30am Personal Touch - L	4 10:15am Puzzling Minds- Lauren - L 10:30am Interdenominational Service MV - RH	5 11:00am Outdoor Walks Lauren - CY 2:30pm Exercise- Lauren - L	6 11:00am Frisbee Golf - L
7 3:15pm Supportive Music Therapy - V	8 1:30pm Bocce Ball - L 3:00pm Getting To Know You - L 6:00pm What's Yours Like? (Board Game) - L	9 9:30am Cycling without Age - CO 1:30pm Bingo in MVDR 2:30pm Music Therapy - L	10 9:30am Yard Games - L 10:30am Mind Aerobics - L 1:30pm Freedom Tours - CO	11 9:30am Pamper Me Please - L 10:30am Scrabble - L 1:30pm LIVE Entertainment with John M. - L 3:00pm Expressive Arts in Studio	12 10:15am Outdoor Walks - CY 2:30pm Exercise Group - L	13
14 11:00am Frisbee Golf - L 1:30pm Fantastic Franchises - L	15 1:30pm Bocce Ball - L 3:00pm Getting To Know You - L 6:00pm Pub Night - CY	16 9:30am Cycling without Age - CO 1:30pm Bingo in MVDR 2:30pm Music Therapy - L	17 9:30am Yard Games - L 10:30am Helping Hands: BBQ Preparation - L	18 10:15am Puzzling Minds Lauren - L 10:30am Interdenominational Service MV - RH 10:30am Residents Council - MVBR	19 2:30pm Exercise Group - L	20
21 10:15am Jumbo Games - L 3:15pm Supportive Music Therapy - V	22 1:30pm Bocce Ball - L 6:00pm What's Yours Like? (Board Game) - L	23 9:30am Freedom Tours - CO 1:30pm Bingo in MVDR 2:45pm Dance Away - L	24 9:30am Yard Games - L 10:30am Mind Aerobics - L 11:30am Summer BBQ - CY 2:30pm Get The Scoop! - MVDR	25 9:30am Pamper Me Please - L 10:30am Scrabble - L 1:30pm LIVE Entertainment with Jeremy S. - L 3:00pm Expressive Arts in Art Studio - L	26 11:00am Through Our Eyes - L 2:30pm Exercise- Lauren - L	27 10:15am Yard Games - L
28	29 1:30pm Bocce Ball - L 3:00pm Getting To Know You - L 6:00pm What's Yours Like? (Board Game) - L	30 9:30am Cycling without Age - CO 1:30pm Bingo in MVDR 3:00pm Go with the Flow - V	31 9:30am Yard Games - L 10:30am Catholic Mass - RH 10:30am Mind Aerobics - L 1:30pm Go with the Flow: Residents' Choice - V 2:30pm Get The Scoop! - MVDR			

