

August 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Civic Holiday 10:15am Water Colour Art - SR	2 10:00am Music Therapy - SR 1:30pm Get the Scoop 6:00pm Calming Corner - SR	3 9:30am Happy Feet - SR 10:30am Musical Guest 1:30pm Music Therapy - SR 2:45pm Horse Races - SR	4 1:30pm Musical Mixers - SR 2:45pm Cycling without Age - CO 6:00pm Supportive Music Therapy - SR	5 10:30am Food Council - MVDR 10:45am Helping Hands - SL 1:30pm Book Worm - SR	6 1:30pm Bocce Ball - SR
7 9:30am Memories and More - SR	8 10:00am Petals & Pots 2:45pm Manicures	9 10:00am Music Therapy - SR 1:30pm Get the Scoop 6:00pm Calming Corner - SR	10 9:30am Happy Feet - SR 10:30am Catholic Mass - RH 10:30am Musical Guest 1:30pm Music Therapy - SR 2:45pm Horse Races - SR	11 9:30am Freedom Tours - CO 1:30pm Musical Mixers - SR 2:45pm Cycling without Age - CO	12 9:30am Travel Log - SR 10:45am Helping Hands - SL 1:30pm DrumFit - VS 2:45pm Book Worm - SR	13 11:00am Violin with Dhriti - SR 1:30pm Bocce Ball - SR
14	15 9:30am Petals & Pots 1:30pm Memories and More - SR 2:45pm Manicures	16 10:00am Music Therapy - SR 1:30pm Get the Scoop 6:00pm Calming Corner - SR	17 9:30am Happy Feet - SR 10:30am Musical Guest 1:30pm Music Therapy - SR 2:45pm Horse Races - SR	18 9:30am Musical Mixers - SR 10:30am Residents Council - MVBR 2:45pm Cycling without Age - CO 6:00pm Supportive Music Therapy - SR	19 9:30am Travel Log - SR 10:45am Helping Hands - SL 1:30pm DrumFit - VS 2:45pm Book Worm - SR	20 11:00am Violin with Dhriti - SR 3:00pm Bocce Ball - SR
21	22 9:30am Petals & Pots 1:30pm Memories and More - SR 2:45pm Manicures	23 10:00am Music Therapy - SR 1:30pm Get the Scoop 6:00pm Calming Corner - SR	24 9:30am Happy Feet - SR 10:30am Catholic Mass - RH 10:30am Musical Guest 1:30pm Music Therapy - SR 2:45pm Horse Races - SR	25 9:30am Musical Mixers - SR 1:00pm Freedom Tours - CO	26 9:30am Travel Log - SR 1:30pm DrumFit - VS 2:45pm Book Worm - SR	27
28 9:30am Musical Mixers - SR 2:30pm Memories and More - SR	29 9:30am Petals & Pots 10:30am Mindful Colouring - SR 3:00pm Manicures - SR	30 1:30pm Get the Scoop - MVDR 6:00pm Calming Corner - SR	31 9:30am Happy Feet - SR 10:30am Musical Guest 1:30pm Music Therapy - SR 2:45pm Horse Races - SR			

