

August 2022

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|---|---|---|--|--|--|
| | 1 Civic Holiday 1:15pm Water Colour Art - SR | 2 10:30am Yard Games - SR 1:30pm Trivia & Treats - MVDR 2:30pm Helping Hands - SL | 3 11:15am Personal Touch (1:1) - SR 1:15pm Cycling without Age - CO 5:45pm Games Night -RH | 4 9:30am Bingo - DR 1:15pm Music Therapy - SR 1:30pm LIVE Musical Entertainment in the Rec Hall | 5 10:30am Walk the Block - CY 1:30pm Ball Pong - SR | 6 9:30am Shuffleboard - TS |
| 7 1:30pm Puzzling Minds - SR | 8 9:30am Social Connections (1:1) - Vari 9:45am Exercise Group - SR 10:30am Through Our Eyes - SR 1:30pm Pet Therapy - Vari 2:30pm Music Appreciation - SR | 9 9:30am Crafty Corner - SR 10:30am Yard Games - SR 1:30pm Trivia & Treats - MVDR | 10 10:30am Catholic Mass - RH 11:15am Personal Touch (1:1) - SR 1:15pm Cycling without Age - CO 5:45pm Games Night -RH | 11 9:30am Bingo - DR 1:30pm Musical Entertainment - SR | 12 9:30am Ball Pong - SR 10:30am Walk the Block - CY 2:30pm Petals & Pots - CY | 13 9:30am Shuffleboard - TS 2:30pm Pic-Tune-Ary - SR |
| 14 | 15 9:30am Social Connections (1:1) - Vari 9:45am Exercise Group - SR 10:30am Cranium Crunches - SR 1:30pm Pet Therapy - Vari 2:30pm Music Appreciation - SR | 16 9:30am Crafty Corner - SR 10:30am Yard Games - SR 1:15pm Freedom Tours - CO | 17 11:15am Personal Touch (1:1) - SR 1:15pm Cycling without Age - CO 5:45pm Games Night -RH | 18 9:30am Bingo - DR 10:30am Residents Council - MVBR 1:15pm Music Therapy - SR 1:30pm LIVE Musical Entertainment in the Rec Hall | 19 10:30am Walk the Block - CY 2:30pm Petals & Pots - CY | 20 10:00am Shuffleboard - TS 2:30pm Pic-Tune-Ary - SR |
| 21 | 22 | 23 10:30am Yard Games - SR 1:30pm Trivia & Treats - MVDR | 24 10:30am Catholic Mass - RH 11:15am Personal Touch (1:1) - SR 2:45pm Cycling without Age - CO 5:45pm Games Night -RH | 25 9:30am Bingo - DR 1:30pm Musical Entertainment - SR | 26 10:30am Walk the Block - CY 2:30pm Petals & Pots - CY | 27 |
| 28 11:00am Puzzling Minds - SR 1:30pm Shuffleboard - TS | 29 9:30am Country Drive - CO 9:30am Social Connections (1:1) - Vari 1:30pm Pet Therapy - Vari 2:30pm Music Appreciation - SR | 30 9:30am Crafty Corner - SR 10:30am Yard Games - SR 1:30pm Trivia & Treats - MVDR 2:30pm Helping Hands - SL | 31 11:15am Personal Touch (1:1) - SR 1:15pm Cycling without Age - CO 5:45pm Pub Night - CY | | | |

