



ROTH | MCFARLANE
HAND & UPPER LIMB CENTRE

ST. JOSEPH'S HEALTH CARE LONDON

2026 HAND & UPPER LIMB SYMPOSIUM

NOV. 6–7, 2026



KEYNOTE SPEAKER

NORA BARRETT

OTR/L, CHT, WCC

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NORA BARRETT OTR/L, CHT, WCC

Nora Barrett OTR/L, CHT, WCC is a wound care certified hand therapist at IU Health Orthopedics & Sports Medicine in Bloomington, Indiana. Nora serves as a wound subject matter expert for the Hand Therapy Certification Commission (HTCC), is a former Affiliate Board Director for the American Association for Hand Surgery (AAHS), an active member and former Annual Meeting Chair for the American Society of Hand Therapists (ASHT), and a member of the Association for the Advancement of Wound Care (AAWC). She has authored and co-authored numerous textbook chapters on tissue healing, wound management, and burn injury, and presents nationally and internationally on wound care, upper extremity trauma and burn rehabilitation.

PROGRAM AT A GLANCE

FRIDAY, NOVEMBER 6, 2026

TIME	TOPIC	SPEAKER
8:15 am	Welcome	
8:30 am	Managing the Smashed Elbow	Dr. Carlos Prada & Joey Picicelli
9:30 am	Thumbs Up: Contemporary Management of Thumb CMC OA	Dr. Assaf Kadar & Luann Macdonald
10:30 am	BREAK	
10:45 am	Current HULC Research Lab Projects Shaping Management of Upper Extremity Conditions	Joy MacDermid
11:15 am	Management of Extensor Tendon Injuries Zones I-IV	Joey Picicelli & Juliana Larocerie
12:15 pm	LUNCH	
1:15 pm	Shoulder Dysfunction Presenting as Hand Conditions	To be confirmed
2:00 pm	Wound Care Essentials: Evidence-Based Therapeutic Management	Nora Barrett
2:45 pm	BREAK	
3:00 pm	Breakout sessions 90 min Wound Management & Unlocking the Power of EMG-biofeedback	

SATURDAY, NOVEMBER 7, 2026

TIME	TOPIC	SPEAKER
8:15 am	Mastering Wrist Instability: From Assessment to Rehabilitation	Sarah Baier & Samantha Lau
9:15 am	Preserving Motion, Restoring Function: Surgical Options for Wrist Arthritis	Dr. Grewal & Samantha Butterworth
10:15 am	BREAK	
10:30 am	Advances in the Management of Intra-Articular Hand Fractures	Dr. Ross & Joey Picicelli
11:30 am	Evidence and Myths in the Therapeutic Management of Tennis Elbow	Favio Cruz Gutierrez
12:00 pm	LUNCH	
1:00 pm	Therapeutic Management of Complex Mutilating Hand Injuries	Nora Barrett
1:45 pm	Flexor Tendon Injuries: Current Concepts in Surgical and Therapeutic Management	Dr. Chambers & Juliana Larocerie
2:45 pm	BREAK	
3:00 pm	Breakout sessions 90 min Cadaver Lab & Splinting Lab	

REGISTRATION PRICING

FULL 2-DAY CONFERENCE

- Early Bird (ends Oct 9th) \$550
- Regular \$650
- Student \$400

1-DAY OPTION

- Early Bird (ends Oct 9th) \$300
- Regular \$350

SYMPOSIUM HOUSING



THE PARK HOTEL
LONDON
AN ALL SUITE HOTEL

Park Hotel & Suites

242 Pall Mall Street, London, ON

To ensure you receive the group rate, please mention "SJHC Hand and Upper limb symposium" when making your reservation.

Phone: 519-642-4444 ext. 0

[The Park Hotel London - Reservations](#)

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