AGENDA

7:30 a.m. – 8:15 a.m. Registration & Light Breakfast

8:15 a.m. – 8:30 a.m. Welcome & Introduction
Dr. Irene Hramiak

8:30 a.m. – 9:15 a.m. Where is Diabetes Care Going in the Next 20 Years?
Dr. James Gavin

9:15 a.m. – 9:45 a.m. Update on the Diabetes Canada 2018 Guidelines
Dr. Charlotte McDonald

9:45 a.m. – 10:00 a.m. Nutrition Break & Networking

10:00 a.m. – 10:30 a.m. Adjunctive Therapies in Type 1 Diabetes
Dr. Irene Hramiak

10:30 a.m. – 11:00 a.m. Glycemic Monitoring from Past to Present
Amanda Mikalachki & Brooke Asfaha

11:00 a.m. – 11:30 a.m. New Diets and Diabetes
Shaylin Kemmerling (RD)

11:30 a.m. – 11:45 a.m. Nutrition Break & Networking

Bariatric Surgery

11:45 a.m. – 12:10 p.m. Ontario Bariatric Network Facts
Dr. Joe Shaban

12:10 p.m. – 12:30 p.m. Different Surgical Types of Procedures
Dr. Ahmad Elnahas

12:30 p.m. – 12:50 p.m. Preoperative Assessment
Dr. Marko Mrkobrada

12:50 p.m. – 1:05 p.m. Discussion Panel with
Dr. Ahmad Elnahas & Dr. Mrkobrada

1:05 p.m. – 2:05 p.m. Lunch

2:05 p.m. – 2:35 p.m. SGLT2’s and their Emerging Role in Diabetes and Kidney Disease
Dr. Louise Moist

2:35 p.m. – 3:15 p.m. Diabetic Foot Ulcer: Stratifying Risk and Management
Betty Harvey, Heidi Smith & Kandus Wainman

3:15 p.m. – 3:30 p.m. Summary & Adjournment
Dr. Stewart Harris

3:30 p.m. – 3:45 p.m. Evaluation Completion

PROGRAM OBJECTIVES

By attending this program, participants will become familiar with:

1) Understanding the role and use of new emerging therapies in diabetes and related co-morbidities.

2) To review how to screen and management the at-risk diabetic foot.

3) To update and understand new approaches to high-risk patients with diabetes.

4) To overview the current strategy for Bariatric Surgery in South West Ontario.

ACCREDITATION

This event is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada, and approved by Continuing Professional Development, Schulich School of Medicine & Dentistry, Western University. You may claim a maximum of 5.75 hours (credits are automatically calculated).

This one-credit-per-hour Group Learning program meets the certification criteria of the College of Family Physicians of Canada and has been certified by Continuing Professional Development, Schulich School of Medicine & Dentistry, Western University for up to 5.75 Mainpro+ credits.

Each participant should claim only those hours of credit that he/she actually spent participating in the educational program.

25% of the time is for participant interaction and questions.

FEES
Physicians: $125.00
Allied Health Professionals: $50.00
Schulich Medicine Residents: No Charge
COMMITTEE MEMBERS
Ms. Pam Colby
Dr. Hertzel Gerstein
Dr. Stewart Harris
Dr. Irene Hramiak
Dr. Tisha Joy
Ms. Amanda Mikalachki

GUEST FACULTY
Dr. James R. Gavin III, MD, PhD,
Clinical Professor of Medicine at Emory University School of Medicine
and Indiana University School of Medicine
Chief Medical Officer of Healing Our Village, Inc.

Dr. Joe Shaban, MD, FRCP, FACE, DABOM,
Ontario Medical Association Chair of the Section of Endocrinology
and Metabolism. Head of the Subsection of Endocrinology at Windsor
Regional Hospital, and Director of the Regional Bariatric Assessment and
Treatment Centre in Windsor.

Shaylin Kemmerling, BASc, RD, CDE, MBA
Registered Dietitian, Smart Biologicals Inc.

COURSE FACULTY
Brooke Asfaha, MS, NP-PHC, CDE
Department of Endocrinology, St. Joseph’s Health Care London

Dr. Ahmad Elnahas, MD, MSc, FRCSC
Assistant Professor, Division of General Surgery, Department of
Surgery, Schulich School of Medicine & Dentistry,
Western University

Dr. Irene Hramiak, MD, FRCP(C) FACP
Professor of Medicine, Western University, London, ON
Chair/Chief of the Division of Endocrinology and Metabolism at
Western University, Department of Medicine Site Chief at
St. Joseph’s Health Care London

Dr. Charlotte McDonald, MD, MSc, FRCP, Endo (Cert.)
Associated Professor in the Division of Endocrinology, Department of
Medicine at the University of Western Ontario.

Amanda Mikalachki, RN BScN, CDE
Primary Care Diabetes Support Program, St. Joseph’s Health Care London

Dr. Louise Moist, MSc, MD, FRCP
Professor of Medicine and Epidemiology and Biostatistics, Deputy
Chair of the Division of Nephrology and Scientist in the Program of
Experimental Medicine, Western University

Dr. Marko Mrkobrada, MD, MSc
Associated Professor in the Division of General Internal Medicine

Heidi Smith, BSc., RN, WOCC (C)
Primary Care Diabetes Support Program, St. Joseph’s Health Care London

Kandus Wainman, RNEC, BScN, MN, CDE
Primary Care Diabetes Support Program, St. Joseph’s Health Care London

REGISTRATION
Register online at https://www.sjhc.london.on.ca/your-st-josephs/
events/diabetes-update-2018#register

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