

## Who We Are

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The Forensic Psychiatry Program at St. Joseph's Southwest Centre for Forensic Mental Health Care (Southwest Centre) in Central Elgin provides specialized assessment, treatment, rehabilitation and support services to individuals with mental illness who have come into contact with the criminal justice system.

Through intensive work with our care teams, patients are able to develop the new skills and supports needed to successfully reintegrate back into their communities.



## Contact

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Forensic Mental Health Care  
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CARING FOR THE  
BODY, MIND & SPIRIT  
SINCE 1869



[sjhc.london.on.ca](http://sjhc.london.on.ca)

Renowned for compassionate care, St. Joseph's is one of the best academic health care organizations in Canada dedicated to helping people live to their fullest by minimizing the effects of injury, disease and disability through excellence in care, teaching and research.

# Southwest Centre for Forensic Mental Health Care



CARING FOR THE  
BODY, MIND & SPIRIT  
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## OUR PROGRAM

Patients within Southwest Centre's Forensic Psychiatry Program are individuals who have been declared either unfit to stand trial, have been found not criminally responsible on account of a mental health issue, or are referred for assessment by the criminal justice system. All patients are under the jurisdiction of the Ontario Review Board (ORB).

Encompassing a recovery philosophy of care, our state-of-the-art facility includes healing environments and provides neighbourhood and community settings that maximize individual growth and skill development. Five inpatient units provide unique interventions throughout each individual's journey of recovery including different levels of security and privileges which balance autonomy and manage risk.

## OUR TEAM

Interdisciplinary teams of health care providers from psychiatry, nursing, psychology, social work, spiritual care, nutrition, occupational therapy, therapeutic recreation and vocational rehabilitation provide care and clinical services.

*"Through intensive work with our team, patients are able to develop the new skills and supports needed to successfully reintegrate back into their communities."*

## OUR AIM

We strive to provide a positive, respectful and culturally sensitive environment that respects the unique story of the individual and assists them in their personal journey beyond the limitations of the illness and toward recovery and realization of their hopes and dreams.

## OUTREACH SERVICES

The ORB annually reviews the status and progress of each patient as the individual transitions from an inpatient setting back to community living. Patients who have made a transition to the community are managed as outpatients through the forensic outreach team and remain under the disposition of the ORB.

Our outreach team works closely with community-based services and agencies across the Southwestern Ontario catchment area to link patients to the appropriate ongoing supports such as Assertive Community Treatment teams. The outreach team uses its forensic training and expertise to assist the ORB in determining a patient's readiness for absolute discharge from the forensic system.

## EDUCATION AND TEACHING

Southwest Centre participates with educational institutions across Canada and beyond in placing students from across all disciplines in a clinical atmosphere for the purposes of education and training. We take pride in helping to contribute to the education of future care providers. Our staff are continually expanding their knowledge base to become experts in care for our patients.

Our program participates in the education of health care and justice students, staff, and community providers with regard to forensic issues. We also work to promote and participate in research related to forensic psychiatry

## COMMUNITY CONNECTION

We work collaboratively with our community service partners in order to provide coordinated services to patients, to assist in the transition of patients from our services to the community and from the community to us.

